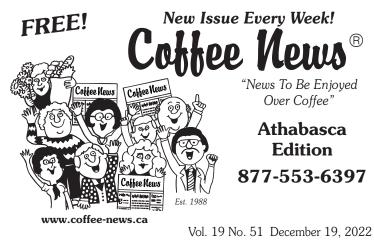




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Reader of the Month

Heath Bowen fr



Everybody's Talking

Pretty camels: Getting a Botox injection is something some people do to improve the appearance of aging skin. In Saudi Arabia, however, camel breeders have been known to beautify their animals with the substance. At the annual King Abdulaziz Camel Festival, breeders can enter their animals in a camel beauty contest. Cheating by way of Botox injections and other methods is not allowed. But the prize money of approximately \$66 million (USD) is a powerful temptation, and some camels and their owners are kicked out of the competition for trying to get around the rules. The festival also offers races and other activities in honour of this important animal.

Long address: A recent occurrence in Ireland proves that a mailed letter might have a chance of landing in the recipient's mailbox, even without an address on the envelope. Feargal Lynn of Cushendall, Country Antrim in Northern Ireland, received a letter from an old acquaintance in Belfast. Instead of Lynn's address, the envelope contained a little story, with details that the sender must have hoped would lead to Lynn. The story included the names of Lynn's parents, recalls that Lynn played guitar, and that one of his friends was the butcher. Royal Mail worker Fergus McAlister saw the story and knew exactly who was the intended recipient.

Peculiar paint job: When painting a house, most people choose from an array of colours on the spectrum. However, real estate agent Seth Goodman of Lincoln, Illinois (U.S.), went a different route when he purchased an octagonal home. He painted it black, both inside and out. Now known as the "goth" house, he put the property on the market, knowing it would appeal to those who like the colour black. When Goodman renovated the home, he originally just painted the roof black, but then he was inspired to give the entire house a black theme. The inside has some white and gray accents, and lots of both natural and artificial light, making the space cozy and unique.

Visit with dolphins: At a beach on the coast of Western Australia, within the Shark Bay World Heritage Area, wild bottlenose dolphins drop in daily for visits. The beach is called Monkey Mia and, under supervision, members of the public are allowed to feed them. Back in the 1960s, many people did this and the dolphins became endangered because the adults stopped teaching their young how to fish in the natural world. Researchers took note and began to regulate the activity. Today, only a few of these marine mammals come daily, and conservation officers ensure that they are only given a tiny amount of their daily needs so they'll forage for more food.

Quoteable Quotes

"You never know if you can actually do something against all odds —Abby Wambach until you actually do it." "Worry never robs tomorrow of its sorrow; it only saps today of its strength." —A.J. Cronin

What's Happening

Nov 23 to Dec 31 - Luminaria Come stroll through the candlelit pathways of the Kurimoto Japanese Garden, sip hot apple cider, enjoy a capella singers and spot magical glittering ice sculptures. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County AB, Alberta

Dec 16 to 17 - Last Minute Wrap Up Market A Christmas Sip and Shop. Friday: 2pm-8pm, Saturday: 1am-6pm, Elk's Hall, 10806-106 St Grande Prairie

Dec 18 - Skate with Santa From 3pm - 6pm come down to skate



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Trivia

- 1. In what country is the Great Barrier Island?
- 2. What is the largest organ of the human body?
- 3. Tom Hanks received his first Oscar nomination for this movie.
- 4. Tashkent is the capital of what country?
- 5. Which bird's genome was the first to be genetically sequenced?

(Flip bottom of page for answers)

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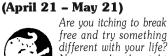


Your Weekly Horoscope

ARIES

(March 21 - April 20) The disturbing effects of a past issue may begin to dissipate now. What do you think you might have learned? You may need to wait a bit to begin a new phase. Lucky numbers: 3, 7, 14,





Now may be the right time, especially if it involves connecting with a new romantic partner. Lucky numbers:

9, 11, 15, 17, 26, 32. GEMINI

(May 22 - June 21)

Are you having trouble right now communicating with those of another gender? Adjusting your viewpoint to see the world through their eyes may

help the situation. Lucky numbers: 4, 8, 10, 13, 35, 41. CANCER

(June 22 – July 22)

The astrological energies for the next month may not be conducive for you to make progress in your endeavours. Consider hunkering down in your shell

for now and recharge. Lucky numbers: 3, 8, 9, 10, 12, 44. LEO

(July 23 - Aug. 23)

At week's end, you may feel that your head and heart are not in svnc. Be aware of this dynamic, especially if you are celebrating holidays with

difficult family members. Lucky numbers: 7, 14, 21, 22, 36, 45. VIRGO

(Aug. 24 - Sept. 23)

Holidays often trigger nostalgia. This may be true for you early this week. If you encounter an unpleasant memory, reliving it at the dinner table

might not be productive. Lucky numbers: 10, 11, 25, 30, 36, 40.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 17.

Did You Know...

Boning up: Adults have over 200 bones in their bodies. The largest of these is the femur, which is the thigh bone. The smallest is found in the eardrum and is called the stirrup.

Brilliantly beautiful: There are 92 known species of the peacock spider, most of which live in Australia. The males are brilliantly coloured and do a dance for their mate, just like a peacock.

Yummy spread: Hummus, originating in the Middle East, is now known in many places. The chickpea, tahini, and olive oil spread is flavoured with garlic and lemon juice. Many other ingredients, such as peppers and onions, can be added.

Wrap it up! Bubble Wrap was invented in 1957 to be a new style of three-dimensional wallpaper. When that didn't succeed, people soon recognized its use as packaging material. Popping the bubbles is fun, too.







The astrological landscape has begun to shift away from Sagittarius energy. The middle of the week might provide one final boost, and you could try

(Sept. 24 - Oct. 23)

17, 21, 32, 41, 43, 48.

(Oct. 24 - Nov. 22)

SCORPIO

You may be entering a

period that requires con-

sciousness of how you are

opposing others, or vice-

versa. The differences can

Your thoughts and feel-

ings may be more in sync

than usual at the begin-

ning of the week. This

might be a good time to

use your intuitive skills to

get blown out of propor-tion, compared to reality. Lucky numbers:

to take advantage of it. Lucky numbers: 6, 12, 18, 21, 27, 40. CAPRICORN

(Dec. 22 - Jan. 20)



taking a small risk in an area of new opportunities. Lucky numbers: 1, 2, 5, 19, 31, 36. **AQUARIUS**

(Jan. 21 - Feb. 19)

Many Aquarians communicate through lofty, idealistic concepts. At mid-week, you may have an opportunity to add a more practical element that

others can readily follow. Lucky numbers: 5, 12, 23, 38, 42, 46. **PISCES**

(Feb. 20 - March 20)

Pisces are known for being able to touch the invisible, ethereal plane. This week, however, you may be able to incorporate into your psyche some information

of a more grounded nature. Lucky numbers: 2, 7, 16, 41, 42, 45.

Festive Guacamole Appetizers

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of the

month

2 tubes (8 ounces each) efrigerated seamles cent dough sheet 1-1/2 teaspoons taco sea divided 20 pretzel sticks broken in half ounces cream cheese, softened

1 cup guacamole 2 medium sweet yellow peppers 1 medium sweet red pepper 1 medium green pepper Chopped fresh cilantro, optional

Prep Time: 1 hour Bake: 10 min. + cooling Yield: 40

Preprime: Fround Bake. Formin: + Cooling Freu: +0
Preprinte: Thou Bake. Formin: + Cooling Freu: +0
Preck with a 575°. On an ungreased baking sheet, unroll one tube of crescent dough and press into a 13x8-in. rectangle. Prick with a fork; sprinkle with 3/4 teaspoon taco seasoning. Repeat with remaining dough and seasoning.
Bake until golden brown, 10-12 minutes. Transfer to wire racks to cool completely.
Cut each rectangle crosswise to make 4 strips (about 8x4-in.). For trees, cut each strip into 5 triangles, reserving scraps at each end for another use. For trunks, insert a pretzel piece into the base of each triangle.

each triangle Beat crea

eam cheese and guacamole until smooth; spread over Beat cream cheese and guacamole until smooth; spread over rees. Halve and seed peppers. Cut 40 stars from yellow peppers using a 3/4-in, star-shaped cookie cutter. Dice and lilenne remaining peppers for tree decorations. Decorate trees with

pepper pieces and, if desired cilantro. Refrigerate until serving

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Well-rooted: Kapot trees grow very tall, and part of the roots stay above ground for stabilization. The trunk has big thorns. Kapots produce fibre-filled pods that are used in pillows and other items. These trees grow in the world's rainforests.

On the Lighter Side

Him: "...and that's how they invented hockey." Her: "I-cy."

Why did the barn fall down? It wasn't stable.

Why was the astronaut late for school? He forgot his launch box and had to go back home for it.

Knock! Knock! Who's there? Mater. Mater who? See you mater, alligator.

How does bee part his hair? With a honeycomb.

Answers

4. Uzbekistan 5. Chicken Trivia answers: I. New Zealand 2. Skin 3. Big

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