

# Recipe of the month

## Festive Guacamole Appetizers

2 tubes (8 ounces each) refrigerated seamless crescent dough sheet  
1-1/2 teaspoons taco seasoning, divided  
20 pretzel sticks, broken in half  
4 ounces cream cheese, softened

1 cup guacamole  
2 medium sweet yellow peppers  
1 medium sweet red pepper  
1 medium green pepper  
Chopped fresh cilantro, optional

Prep Time: 1 hour Bake: 10 min. + cooling Yield: 40

- Preheat oven to 375°. On an ungreased baking sheet, unroll one tube of crescent dough and press into a 13x8-in. rectangle. Prick with a fork; sprinkle with 3/4 teaspoon taco seasoning. Repeat with remaining dough and seasoning.
- Bake until golden brown, 10-12 minutes. Transfer to wire racks to cool completely.
- Cut each rectangle crosswise to make 4 strips (about 8x4-in.). For trees, cut each strip into 5 triangles, reserving scraps at each end for another use. For trunks, insert a pretzel piece into the base of each triangle.
- Beat cream cheese and guacamole until smooth; spread over trees. Halve and seed peppers. Cut 40 stars from yellow peppers using a 3/4-in. star-shaped cookie cutter. Dice and julienne remaining peppers for tree decorations. Decorate trees with pepper pieces and, if desired, cilantro. Refrigerate until serving.

Source: <https://www.tasteofhome.com>

## Have You Considered Adopting Your Step-Children?

We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

*A Small Miracle Adoption*

Adoption is the ultimate expression of a committed heart

780.421.1177  
[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

# THIS SPACE FOR RENT

## 780-220-6397

Bras Briefs Boxers Bikinis

# Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove

780.962.4944 | 1.855.962.4944  
[www.romanticnotions.ca](http://www.romanticnotions.ca)

ASK US ABOUT GIFT WRAPPING!

## Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

## Get Your Meters' Calibrations Right

— RELAX WHEN YOU GET AUDITED! —

MEASUREMENT INC.

780-621-2555  
[www.MeasurementInc.ca](http://www.MeasurementInc.ca)

PORTABLE TEST SEPARATOR RENTALS

## Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore  
[www.dragonsofnibiru.com](http://www.dragonsofnibiru.com)

FREE! New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

Whitecourt Edition  
877-553-6397

www.coffee-news.ca

Vol. 20 No. 1 January 2, 2023

## Everybody's Talking

**Faking it:** A Chinese art student graduated from Central Academy of Fine Arts in Beijing after completing an interesting, although controversial, three-week-long experiment on capitalism and consumerism. Zou Yaqi figured out how to live for free in Beijing, and she did it by disguising herself as a rich socialite. By doing so, she managed to sleep on comfy couches in an airport VIP lounge, eat at free buffets, and use saunas and steam rooms at fancy hotels. When she was criticized for abusing the system, she stood her ground, emphasizing that her actions had nothing but artistic intent. After graduation, she landed a job with an art agency, and is planning more socially engaged art.

**Shell shocked:** Anegada is one of the British Virgin Islands in the Caribbean Sea, where Indigenous people lived for over 1,000 years. Just east of this beautiful sand and coral place is a man-made phenomenon called Conch Island, which has been centuries in the making. It consists of thousands of conch shells discarded by generations of fishermen. The piles of shells rise as much as 10 feet above the water. Conch meat is a traditional meal in the Caribbean, where these marine creatures have been harvested for eons. Some shells extricated from the bottom of the huge mountain date back to 1245 CE. The white-and-pink-shell island is a curiosity for tourists, where beachcombing is not necessary for finding shells!

**Portuguese hideaway:** Visitors to Portugal should not miss making a stop in Porto, an old city on the northern coast and the second largest in the country. In the medieval district of Ribeira, a designated UNESCO World Heritage Site, tourists will find narrow cobblestone streets, cafes, and shops. The eight-bedroom Guest House Douro has views of the River Douro and the spectacular Dom Luís I Bridge. This structure was designed by Théophile Seyrig, a one-time associate of Eiffel Tower engineer Gustave Eiffel. The Guest House Douro is the first of its kind to be located in this World Heritage Site location.

**Floral fragrance:** It appears that it's possible for women to have a natural, perfume-like scent emanating from their skin. At least, that is what two Vietnamese women claim. One of the women, Dang Thi Tuoi, discovered that when she rubs her skin, it releases a floral scent. The smell is stronger in the evening, when it can be detected by people in her immediate vicinity. After her claims were reported on social media, another Vietnamese woman described a similar phenomenon. Some bodily odors can indicate various conditions or diseases, but these women's experiences are unusual. Obviously, the two don't need to buy expensive perfumes!

## Quoteable Quotes

"A party without a cake is really just a meeting." —Julia Child  
"You just gotta keep going and fighting for everything, and one day you'll get to where you want." —Naomi Osaka

## What's Happening

**Nov 23 to Dec 31 - Luminaria** Come stroll through the candle-lit pathways of the Kurimoto Japanese Garden, sip hot apple cider, enjoy a capella singers and spot magical glittering ice sculptures. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County AB, Alberta

**Jan 30 - Will's Jams** This prodigy will give you a morning of pure fulfillment with his witty wordplay and sing-along choruses the perfect kick-start to the day. Horizon Stage 10am, more info at [www.horizonstage.com](http://www.horizonstage.com)

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

## Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

- This German zeppelin crashed on May 6, 1937.
- \_\_\_\_\_ is the longest river in Australia.
- The Olympic motto "Citius, Altius, Fortius—Communiter" means what?
- Which two planets in our solar system do not have moons?
- The Wizard of Oz was written by Lewis Carroll, L. Frank Baum, or C.S. Lewis?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
(Over)

# 25 WORDS OR LESS

WEEKDAYS 3PM

yes tv

## Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

# microbusiness

TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
780.482.4462 | [www.microbusiness.ca](http://www.microbusiness.ca)

Helping you rediscover

# fun

In the Kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

Call today and receive a

## FREE SHOWER PACKAGE PLUS \$1600 OFF

# SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

## HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND

FOR EXPERT HELP:  
1-844-453-5372

## Get your refund instantly.

Walk in with your taxes and walk out with your refund.

Open year round. Personal, small business, corporate income tax, bookkeeping, GST and payroll services.

# H&R BLOCK

780.778.3030  
New address: 4723-50 Ave., Whitecourt

## Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty\* An \$895 Value!

REQUEST A FREE QUOTE  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
(888) 688-0973

GENERAC

## If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

HEALTH | BEAUTY | PREVENTION

## THE IMPORTANCE OF *Skin* CARE



**780.706.6690**

*Aesthetics*  
CLINIQUE

4908-51 Ave. Whitecourt

WAXING | LASER HAIR REMOVAL | FACIALS | MUCH MORE!

**inogen**

## FREEDOM. TO BE YOU.



**1-888-998-6714**

MKT-P0253

HOME AND LAND FOR RENT AT

## RIVER VALLEY ESTATES



Call 780.778.2901 for more information

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**

Visit [makeawish.ca](http://makeawish.ca)

## SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Learn to SCUBA DIVE at our Edmonton location – call for details

11781-156 St., Edmonton **780.483.0044**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Home | Auto | Business | Farm

## Insurance that fits

**780.778.3000**

5024 51 Ave, Whitecourt

**BrokerLink Insurance**

©2022 BrokerLink Inc. "BrokerLink & Design" is a trademark of BrokerLink Inc. All rights reserved.

NEED TO EXPAND YOUR MARKETING EFFORTS?

**Coffee News® provides:**

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry


So – you're not advertising with Coffee News® because...?

**780-220-6397**

[coffee-news.ca](http://coffee-news.ca)


# Your Weekly Horoscope

**ARIES**  
(March 21 – April 20)




Someone in your circle of family and friends may present you with an opportunity right now. Try not to let a past issue keep you from at least considering it. Lucky numbers: 1, 3, 6, 14, 18, 28.

**TAURUS**  
(April 21 – May 21)




An opportunity may suddenly emerge. Examine it carefully to be sure it isn't too good to be true. If it is still available in a few weeks, perhaps consider it again. Lucky numbers: 4, 8, 28, 38, 42, 47.

**GEMINI**  
(May 22 – June 21)




Your natural ability to tap into unseen information about people and situations may be heightened early this week. Before acting, think through how to use it fairly for all involved. Lucky numbers: 13, 15, 17, 22, 31, 36.

**CANCER**  
(June 22 – July 22)




This may be a good week to analyze and decide options for successfully completing your current projects. You can then begin to plan new activities for the next six months. Lucky numbers: 17, 20, 21, 26, 30, 37.

**LEO**  
(July 23 – Aug. 23)




Your heart and mind might be well balanced at the week's end. This may be a good time to reconsider a decision, if you can now see a positive path of resolution. Lucky numbers: 2, 9, 10, 12, 34, 40.

**VIRGO**  
(Aug. 24 – Sept. 23)



Virgos are known for being grounded and practical. Now, though, you may be focused on what it means to be fortunate in life and how to create that for yourself. Lucky numbers: 16, 25, 39, 42, 44, 46.

**LIBRA**  
(Sept. 24 – Oct. 23)




Libras often focus on the needs of others above their own. However, an important focus for you right now may be on how to nurture yourself and secure what you need. Lucky numbers: 5, 9, 12, 30, 31, 41.

**SCORPIO**  
(Oct. 24 – Nov. 22)



Your public reputation or your legacy may be something you need to address right now. If so, look for clues to a solution in the remnants of an unresolved past situation. Lucky numbers: 3, 6, 11, 23, 27, 34.

**SAGITTARIUS**  
(Nov. 23 – Dec. 21)




Recently the astrological energy has been heavily focused on Capricorn. That may have created a stressful vibration for you. You might try to positively incorporate it, or just ride it out. Lucky numbers: 6, 8, 17, 25, 29, 35.

**CAPRICORN**  
(Dec. 22 – Jan. 20)




You may encounter problems now with cars, computers, or other instruments of technology, as well as communicating with others. Try to hang on; this should pass in a few weeks. Lucky numbers: 10, 11, 16, 20, 24, 32.

**AQUARIUS**  
(Jan. 21 – Feb. 19)



You are entering a period where you may be focused on relationships. It could be a good time for a conversation, but be careful when going back over old territory. Lucky numbers: 15, 17, 19, 22, 28, 44.

**PISCES**  
(Feb. 20 – March 20)



Pisces is often happiest swimming in the waters of the unconscious. This week, though, a focus on the mundane world may reveal an interesting opportunity. Give it careful consideration before acting. Lucky numbers: 12, 13, 21, 25, 34, 42.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 17.

## Did You Know...

**Magma to lava:** When the hot molten rock in a volcano, called magma, erupts, it is called lava. Lava can be thick and sticky, or it can be like a runny liquid. It's dangerous and burns everything in its path.

**Roof no-no:** Pressure washers work well for lots of jobs around the house. But don't pressure wash a roof with asphalt shingles. The pressure will remove the granules on the shingles, which are needed to protect the roof.

**Pet pig:** For the right person, a pig can make a good pet. They are affectionate, clean, and smart, and can actually learn to do tricks. And, because they have hair rather than fur, they're not as likely to bother people with allergies.

**Sunny flag:** The flag of Argentina consists of two light blue horizontal rectangles, with a white strip in between that contains a stylized golden sun. It was first raised in 1812, with the sun being added in 1818.

**New name:** Dionne Warwick's last name is actually Warrick. The American rhythm and blues singer's last name was misspelled as "Warwick" on a 1962 recording of a Burt Bacharach song, and she kept the new moniker from then on.

## On the Lighter Side

"This job isn't for everyone," said the scarecrow. "But hay, it's in my jeans."

Ned: "What is the best way to carve wood?"  
Fred: "Whittle by whittle."

How did the panda do in school? He bearly made it.

Never marry a tennis player. To them, love means nothing.

Knock! Knock! *Who's there?* Summertime. *Summertime who?* Summertime you can be really funny!

## Answers

**Trivia answers:** 1. The Hindenburg 2. The River Murray 3. "Faster, Higher, Stronger—Together" 4. Mercury and Venus 5. L. Frank Baum

For available franchise opportunities – visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## Get More Traffic, Leads & Sales



- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** web consulting

780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

**How? We offer:**

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

## WE BUY USED GOLD AND DIAMONDS



*Blue Diamond Jewellers*

**780.968.0040**

Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Family Owned Local Alberta Business

Since 1986

SCAN THIS CODE TO ENTER

**WIN A \$500 Gift Certificate**

[www.directworkwear.com](http://www.directworkwear.com)

Always low prices & great deals... save money.

**DIRECT WORKWEAR LTD.**  
since 1986

We ship across Canada  
Huge Women's Selection  
XXS up to 7XL Sizing

## Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

**LegalShield** Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

## Happy New Year



from your friends at **Coffee News®**

## Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

- Possession
- Acquisition
- License
- Training

For more info, contact Robyn at  
**780-977-0725**  
301 Saskatchewan Ave. Spruce Grove