

Have You Considered Adopting Your Step-Children?
 We prepare and file your step-parent adoption, adult adoption, relative adoption and private direct placement adoption.

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

780.421.1177
www.smallmiraclesadoption.com

Machining | Welding | Fabrication

GM
 GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

780-962-1772 CALL US TO DISCUSS YOUR PROJECT!
www.grovmachnewelding.com | 35 South Ave., Spruce Grove

First Time Customers: 10% Off*
*To a maximum of \$200

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500 Gift Certificate**

SCAN THIS CODE TO ENTER

Where Safety Meets Savings

✓ Competitive Pricing
 ✓ Knowledgeable Service
 ✓ Great Selection
 ✓ Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD.
 Since 1986

THIS SPACE FOR RENT
780-220-6397

WEBSITES From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC
 Prairie Scented Candles

Sunset Scents
 a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
 Scuba Diving & Snorkeling
780.483.0044
 11781-156 St., Edmonton
www.thediveoutfitters.ca

Learn to Scuba Dive
 Ask about our Buddy Special

Discover Snorkeling
 1-Hour Lesson at the Pool!
 Snorkeling Sets for the Family

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

I BUY GUN COLLECTIONS and WW II COLLECTIBLES

Call Jay:
780-686-1350

FREE! *New Issue Every Week!*
Coffee News[®]
 "News To Be Enjoyed Over Coffee"
Spruce Grove Edition
780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 20 No. 1 January 2, 2023

Everybody's Talking

Faking it: A Chinese art student graduated from Central Academy of Fine Arts in Beijing after completing an interesting, although controversial, three-week-long experiment on capitalism and consumerism. Zou Yaqi figured out how to live for free in Beijing, and she did it by disguising herself as a rich socialite. By doing so, she managed to sleep on comfy couches in an airport VIP lounge, eat at free buffets, and use saunas and steam rooms at fancy hotels. When she was criticized for abusing the system, she stood her ground, emphasizing that her actions had nothing but artistic intent. After graduation, she landed a job with an art agency, and is planning more socially engaged art.

Shell shocked: Anegada is one of the British Virgin Islands in the Caribbean Sea, where Indigenous people lived for over 1,000 years. Just east of this beautiful sand and coral place is a man-made phenomenon called Conch Island, which has been centuries in the making. It consists of thousands of conch shells discarded by generations of fishermen. The piles of shells rise as much as 10 feet above the water. Conch meat is a traditional meal in the Caribbean, where these marine creatures have been harvested for eons. Some shells extricated from the bottom of the huge mountain date back to 1245 CE. The white-and-pink-shell island is a curiosity for tourists, where beachcombing is not necessary for finding shells!

Portuguese hideaway: Visitors to Portugal should not miss making a stop in Porto, an old city on the northern coast and the second largest in the country. In the medieval district of Ribeira, a designated UNESCO World Heritage Site, tourists will find narrow cobblestone streets, cafes, and shops. The eight-bedroom Guest House Douro has views of the River Douro and the spectacular Dom Luís I Bridge. This structure was designed by Théophile Seyrig, a one-time associate of Eiffel Tower engineer Gustave Eiffel. The Guest House Douro is the first of its kind to be located in this World Heritage Site location.

Floral fragrance: It appears that it's possible for women to have a natural, perfume-like scent emanating from their skin. At least, that is what two Vietnamese women claim. One of the women, Dang Thi Tuoi, discovered that when she rubs her skin, it releases a floral scent. The smell is stronger in the evening, when it can be detected by people in her immediate vicinity. After her claims were reported on social media, another Vietnamese woman described a similar phenomenon. Some bodily odors can indicate various conditions or diseases, but these women's experiences are unusual. Obviously, the two don't need to buy expensive perfumes!

Quoteable Quotes

"A party without a cake is really just a meeting." —Julia Child
 "You just gotta keep going and fighting for everything, and one day you'll get to where you want." —Naomi Osaka

What's Happening

Nov 23 to Dec 31 - Luminaria Come stroll through the candle-lit pathways of the Kurimoto Japanese Garden, sip hot apple cider, enjoy a capella singers and spot magical glittering ice sculptures. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County AB, Alberta

Jan 30 - Will's Jams This prodigy will give you a morning of pure fulfillment with his witty wordplay and sing-along choruses the perfect kick-start to the day. Horizon Stage 10am, more info at www.horizonstage.com

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. This German zeppelin crashed on May 6, 1937.
2. _____ is the longest river in Australia.
3. The Olympic motto "Citius, Altius, Fortius—Communiter" means what?
4. Which two planets in our solar system do not have moons?
5. The Wizard of Oz was written by Lewis Carroll, L. Frank Baum, or C.S. Lewis?

(Flip bottom of page for answers)

THE ONE 88.1 FM
 PARKLAND'S BEST COUNTRY

Bras Briefs Boxers Bikinis

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
www.romanticnotions.ca

@romanticnotionsab @romanticnotionsboutique

30 YEARS OF EXCELLENCE FINDING THE BEST BRA FIT FOR ALL BODIES

ASK US ABOUT GIFT WRAPPING!

Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

Keeping our community warm.

United Way
 Alberta Capital Region

coatsforkidsandfamilies.ca

Dragons of the Past
 Book Four of The Dragons of Nibiru

Available now at your local bookstore
www.dragonsofnibiru.com

Helping you rediscover **FUN** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
 Main Street, Stony Plain
www.bluediamondjewellers.com

Our Bakery features specialty coffees, baked goods, soups, and sandwiches. Dine-in, take it to go, or sip while you shop!

Homegrown Foods LTD.

#10 - 19 Granite Dr. Stony Plain
780.963.5305

Taste the Organic Difference!

HORIZON STAGE Performing Arts Centre

2022-23 Season

Tickets available in person at the Border Paving Athletic Centre, #100, 9 Tri Leisure Way, or by phone at 780.962.8995.

Scan here for season details!

BLACK FRIDAY SALE!
40% OFF STORE WIDE!

SALE RUNS BLACK FRIDAY UNTIL MIDNIGHT

Gold'n Loan Pawn Shop CALL TODAY! 587-521-4653

201, 5007-48 Street Stony Plain

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So -- you're not advertising with **Coffee News®** because...?

780-220-6397
coffee-news.ca

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

FOR ALL YOUR AUTOMOTIVE NEEDS

TRAILTIRE AUTO CENTERS

- Tires and Wheels • Tire Storage
- All Mechanical Repairs
- Inspections

780-571-0778

Visit us today at 140 Century Crossing, Spruce Grove

SERVING THE AREA FOR OVER 39 YEARS

Polish & Sparkle CLEANING SERVICES

Weekly • Bi-Weekly • Move Ins
Move Outs • Spring/Fall Cleans

OFFICE CLEANING NOW AVAILABLE IN STONY PLAIN AND SPRUCE GROVE

LICENSED AND BONDED **WCB**

Member, Greater Parkland Regional Chamber of Commerce

Call Sherry
780.962.4659 or 780.916.5133

ELATION GLASS & VAPE

OPEN 7 DAYS A WEEK

M-Sat 10 am - 10 pm
Sun 11 am - 10 pm

780.571.0021 | 101 Main Street, Unit B, Spruce Grove

Affordable-Effective-Exclusive-CALL NOW!

Your Weekly Horoscope

ARIES

(March 21 - April 20)



Someone in your circle of family and friends may present you with an opportunity right now. Try not to let a past issue keep you from at least considering it. Lucky numbers: 1, 3, 6, 14, 18, 28.

TAURUS

(April 21 - May 21)



An opportunity may suddenly emerge. Examine it carefully to be sure it isn't too good to be true. If it is still available in a few weeks, perhaps consider it again. Lucky numbers: 4, 8, 28, 38, 42, 47.

GEMINI

(May 22 - June 21)



Your natural ability to tap into unseen information about people and situations may be heightened early this week. Before acting, think through how to use it fairly for all involved. Lucky numbers: 13, 15, 17, 22, 31, 36.

CANCER

(June 22 - July 22)



This may be a good week to analyze and decide options for successfully completing your current projects. You can then begin to plan new activities for the next six months. Lucky numbers: 17, 20, 21, 26, 30, 37.

LEO

(July 23 - Aug. 23)



Your heart and mind might be well balanced at the week's end. This may be a good time to reconsider a decision, if you can now see a positive path of resolution. Lucky numbers: 2, 9, 10, 12, 34, 40.

VIRGO

(Aug. 24 - Sept. 23)



Virgos are known for being grounded and practical. Now, though, you may be focused on what it means to be fortunate in life and how to create that for yourself. Lucky numbers: 16, 25, 39, 42, 44, 46.

LIBRA

(Sept. 24 - Oct. 23)



Libras often focus on the needs of others above their own. However, an important focus for you right now may be on how to nurture yourself and secure what you need. Lucky numbers: 5, 9, 12, 30, 31, 41.

SCORPIO

(Oct. 24 - Nov. 22)



Your public reputation or your legacy may be something you need to address right now. If so, look for clues to a solution in the remnants of an unresolved past situation. Lucky numbers: 3, 6, 11, 23, 27, 34.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Recently the astrological energy has been heavily focused on Capricorn. That may have created a stressful vibration for you. You might try to positively incorporate it, or just ride it out. Lucky numbers: 6, 8, 17, 25, 29, 35.

CAPRICORN

(Dec. 22 - Jan. 20)



You may encounter problems now with cars, computers, or other instruments of technology, as well as communicating with others. Try to hang on; this should pass in a few weeks. Lucky numbers: 10, 11, 16, 20, 24, 32.

AQUARIUS

(Jan. 21 - Feb. 19)



You are entering a period where you may be focused on relationships. It could be a good time for a conversation, but be careful when going back over old territory. Lucky numbers: 15, 17, 19, 22, 28, 44.

PISCES

(Feb. 20 - March 20)



Pisces is often happiest swimming in the waters of the unconscious. This week, though, a focus on the mundane world may reveal an interesting opportunity. Give it careful consideration before acting. Lucky numbers: 12, 13, 21, 25, 34, 42.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 17.

Did You Know...

Magma to lava: When the hot molten rock in a volcano, called magma, erupts, it is called lava. Lava can be thick and sticky, or it can be like a runny liquid. It's dangerous and burns everything in its path.

Roof no-no: Pressure washers work well for lots of jobs around the house. But don't pressure wash a roof with asphalt shingles. The pressure will remove the granules on the shingles, which are needed to protect the roof.

Pet pig: For the right person, a pig can make a good pet. They are affectionate, clean, and smart, and can actually learn to do tricks. And, because they have hair rather than fur, they're not as likely to bother people with allergies.

Sunny flag: The flag of Argentina consists of two light blue horizontal rectangles, with a white strip in between that contains a stylized golden sun. It was first raised in 1812, with the sun being added in 1818.

New name: Dionne Warwick's last name is actually Warrick. The American rhythm and blues singer's last name was misspelled as "Warwick" on a 1962 recording of a Burt Bacharach song, and she kept the new moniker from then on.

On the Lighter Side

"This job isn't for everyone," said the scarecrow. "But hay, it's in my jeans."

Ned: "What is the best way to carve wood?"
Fred: "Whittle by whittle."

How did the panda do in school? He bearly made it.

Never marry a tennis player. To them, love means nothing.

Knock! Knock! *Who's there?* Summertime. *Summertime who?* Summertime you can be really funny!

Answers

Trivia answers: 1. The Hindenburg 2. The River Murray 3. "Faster, Higher, Stronger—Together" 4. Mercury and Venus 5. L. Frank Baum

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

For more info, contact Robyn at
780-977-0725
301 Saskatchewan Ave.
Spruce Grove

Possession
Acquisition
License
Training

NO NEED TO GO BANKRUPT!

CHANGE YOUR LIFE and eliminate your debt with a Consumer Proposal!

780-809-4413 FIND OUT MORE

CAMERON • OKOLITA INC
LICENSED INSOLVENCY TRUSTEES
www.bankruptcysprucegrove.com

CREDIT COUNSELLING CONSUMER PROPOSALS BANKRUPTCY DEBT HELP

ISP COMPUTERS

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS - Your Tech 911

780-960-2150
Email: iain@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts – 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal – provincial and federal inspected

778-835-0239 Follow us

Starting at \$4.25/lb plus head off and cleaned

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

25 WORDS OR LESS

WEEKDAYS 3PM

yesTV

LARGEST SELECTION of Machines and Notions

Husqvarna

Come in for a test drive!
Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

NEW LOCATION NOW OPEN!

CENTRAL SEWING MACHINES

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

780.469.1147 **780.486.0047**
8649-63 Ave., Edmonton 18514-104 Ave., Edmonton
www.centralesewing.com