


SAVE YOUR FAMILY memories



Transfer your old film, VHS, DVR, & reels to a digital format.

For more information & pricing email: info@thecreativehive.ca

780.996.7510 www.hive-media.com

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products. Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Bras Briefs Boxers Bikinis

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove

780.962.4944 | 1.855.962.4944
www.romanticnotions.ca

@romanticnotionsab @romanticnotionsboutique

30 YEARS OF EXCELLENCE FINDING THE BEST BRA FIT FOR ALL BODIES

ASK US ABOUT GIFT WRAPPING!

THIS SPACE FOR RENT

780-220-6397

Commission a **Unique Family Heirloom**

Enjoy a custom artistic quilt experience; choose your own colours and design.

Scan QR code to see the colours!

BearDogQuiltery.com

THE ULTIMATE ENDURING GIFT FOR SOMEONE SPECIAL

Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

coatsforkidsandfamilies.ca

Keeping our community warm.

United Way Alberta Capital Region

coatsforkidsandfamilies.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

West Edmonton Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 20 No. 1 January 2, 2023

Everybody's Talking

Faking it: A Chinese art student graduated from Central Academy of Fine Arts in Beijing after completing an interesting, although controversial, three-week-long experiment on capitalism and consumerism. Zou Yaqi figured out how to live for free in Beijing, and she did it by disguising herself as a rich socialite. By doing so, she managed to sleep on comfy couches in an airport VIP lounge, eat at free buffets, and use saunas and steam rooms at fancy hotels. When she was criticized for abusing the system, she stood her ground, emphasizing that her actions had nothing but artistic intent. After graduation, she landed a job with an art agency, and is planning more socially engaged art.

Shell shocked: Anegada is one of the British Virgin Islands in the Caribbean Sea, where Indigenous people lived for over 1,000 years. Just east of this beautiful sand and coral place is a man-made phenomenon called Conch Island, which has been centuries in the making. It consists of thousands of conch shells discarded by generations of fishermen. The piles of shells rise as much as 10 feet above the water. Conch meat is a traditional meal in the Caribbean, where these marine creatures have been harvested for eons. Some shells extricated from the bottom of the huge mountain date back to 1245 CE. The white-and-pink-shell island is a curiosity for tourists, where beachcombing is not necessary for finding shells!

Portuguese hideaway: Visitors to Portugal should not miss making a stop in Porto, an old city on the northern coast and the second largest in the country. In the medieval district of Ribeira, a designated UNESCO World Heritage Site, tourists will find narrow cobblestone streets, cafes, and shops. The eight-bedroom Guest House Douro has views of the River Douro and the spectacular Dom Luís I Bridge. This structure was designed by Théophile Seyrig, a one-time associate of Eiffel Tower engineer Gustave Eiffel. The Guest House Douro is the first of its kind to be located in this World Heritage Site location.

Floral fragrance: It appears that it's possible for women to have a natural, perfume-like scent emanating from their skin. At least, that is what two Vietnamese women claim. One of the women, Dang Thi Tuoi, discovered that when she rubs her skin, it releases a floral scent. The smell is stronger in the evening, when it can be detected by people in her immediate vicinity. After her claims were reported on social media, another Vietnamese woman described a similar phenomenon. Some bodily odors can indicate various conditions or diseases, but these women's experiences are unusual. Obviously, the two don't need to buy expensive perfumes!

Quoteable Quotes

"A party without a cake is really just a meeting." —Julia Child
"You just gotta keep going and fighting for everything, and one day you'll get to where you want." —Naomi Osaka

What's Happening

Nov 23 to Dec 31 - Luminaria Come stroll through the candle-lit pathways of the Kurimoto Japanese Garden, sip hot apple cider, enjoy a capella singers and spot magical glittering ice sculptures. University of Alberta Botanic Gardens - 51227 Hwy 60, Parkland County AB, Alberta

Feb 12 - Devon Monthly Arts Market Join us for our Pre-Valentine Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. This German zeppelin crashed on May 6, 1937.
2. _____ is the longest river in Australia.
3. The Olympic motto "Citius, Altius, Fortius—Communiter" means what?
4. Which two planets in our solar system do not have moons?
5. The Wizard of Oz was written by Lewis Carroll, L. Frank Baum, or C.S. Lewis?

(Flip bottom of page for answers)

THE TODAY CENTRE

Family violence help starts today

PROVIDING IMMEDIATE, INCLUSIVE, INTEGRATED SERVICES FOR THOSE IMPACTED BY FAMILY VIOLENCE

780.455.6880
www.thetodaycentre.ca

Experiencing family violence and don't know where to turn?
We can help.
Find the road to healing at The Today Centre.

WESTMOUNT (by Pizza Hut and Dairy Queen)

NEW SPROUT PHARMACY *New Open!*

13328-114 Avenue, NW Edmonton

Free prescription delivery | Rapid antigen tests for travel | Immunizations | Prescribing pharmacists

Certified diabetes educators • Senior discounts
Free compliance packaging

780-540-9215
newsproutpharmacy@gmail.com

Mon-Fri, 9-7 | Sat, Sun, Statutory Holidays, 10-4

Anastasia Bakunina, Owner/Clinical Pharmacist | Joseph Kamel, Owner/Clinical Pharmacist

Calling all Fishermen
50 YEARS & OVER

Come find fishing buddies at the **EDMONTON Old Timers' FISHING CLUB**

Monthly meetings | Monthly newsletter

...with guest speaker, free coffee & donuts.

For more info, call or text Gary Preece at 780.940.6679

Can't get to your **Coffee News®** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community

VILLAGE AT Westmount

Scan QR Code

Ask about our rental promotion

Full Kitchens • Social & Recreation • U/G Parking

13317-115th Ave, Edmonton

780-452-2030
CDLhomes.com

CHRISTENSON COMMUNITIES

Exclusive offer for Facebook and Google Ads

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline www.frontline.ca 780.760.6922

COLD SHOT
A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Don't know what's wrong...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE
HANDYMAN
services**

780.940.2127 | www.HOHS.ca

Give Us Your List.
We'll Do The Rest.

WE COME TO YOU!

NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED

NERDS2YOU.CA

**STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP**
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rick Bronson's
THE COMIC STRIP
DRINK · DINE · LAUGH

Happy New Year

from your friends at **Coffee News®**

WEST EDMONTON

jiffy lube

Oil Changes • Cabin Filters • Transmission and Driveline Service • Air Filters • Fuel Filters

WARRANTY APPROVED
NO APPOINTMENT NECESSARY!

780.483.2281
17771 - 98A Avenue, Edmonton (beside the Domo)

\$10 OFF
ANY OIL CHANGE PACKAGE (WITH THIS AD)

With the cool autumn weather fast approaching, **Let's get cozy!**

Introducing our new **Maple Cider manicures and pedicures** and for our pumpkin lovers, add on a **yam and pumpkin peel facial**

DAMARA
Day Spa and Medical Aesthetics

780.888.5013
www.edmontondamaradayspa.com

16615-109 Ave. NW
Edmonton

QUIT SMOKING TODAY!

Free juice bar with over 200 flavours to sample

Incredibly helpful staff who will set up your new device and teach you how to use it

Liberty Vape
eCig • eJuice • Tech

Located in West Edmonton Mall Phase 1, Lower Level, next to The Bay

780.893.1838
libertyvape.ca

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

www.thediveoutfitters.ca
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Someone in your circle of family and friends may present you with an opportunity right now. Try not to let a past issue keep you from at least considering it. Lucky numbers: 1, 3, 6, 14, 18, 28.

TAURUS
(April 21 - May 21)

An opportunity may suddenly emerge. Examine it carefully to be sure it isn't too good to be true. If it is still available in a few weeks, perhaps consider it again. Lucky numbers: 4, 8, 28, 38, 42, 47.

GEMINI
(May 22 - June 21)

Your natural ability to tap into unseen information about people and situations may be heightened early this week. Before acting, think through how to use it fairly for all involved. Lucky numbers: 13, 15, 17, 22, 31, 36.

CANCER
(June 22 - July 22)

This may be a good week to analyze and decide options for successfully completing your current projects. You can then begin to plan new activities for the next six months. Lucky numbers: 17, 20, 21, 26, 30, 37.

LEO
(July 23 - Aug. 23)

Your heart and mind might be well balanced at the week's end. This may be a good time to reconsider a decision, if you can now see a positive path of resolution. Lucky numbers: 2, 9, 10, 12, 34, 40.

VIRGO
(Aug. 24 - Sept. 23)

Virgos are known for being grounded and practical. Now, though, you may be focused on what it means to be fortunate in life and how to create that for yourself. Lucky numbers: 16, 25, 39, 42, 44, 46.

LIBRA
(Sept. 24 - Oct. 23)

Libras often focus on the needs of others above their own. However, an important focus for you right now may be on how to nurture yourself and secure what you need. Lucky numbers: 5, 9, 12, 30, 31, 41.

SCORPIO
(Oct. 24 - Nov. 22)

Your public reputation or your legacy may be something you need to address right now. If so, look for clues to a solution in the remnants of an unresolved past situation. Lucky numbers: 3, 6, 11, 23, 27, 34.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Recently the astrological energy has been heavily focused on Capricorn. That may have created a stressful vibration for you. You might try to positively incorporate it, or just ride it out. Lucky numbers: 6, 8, 17, 25, 29, 35.

CAPRICORN
(Dec. 22 - Jan. 20)

You may encounter problems now with cars, computers, or other instruments of technology, as well as communicating with others. Try to hang on; this should pass in a few weeks. Lucky numbers: 10, 11, 16, 20, 24, 32.

AQUARIUS
(Jan. 21 - Feb. 19)

You are entering a period where you may be focused on relationships. It could be a good time for a conversation, but be careful when going back over old territory. Lucky numbers: 15, 17, 19, 22, 28, 44.

PISCES
(Feb. 20 - March 20)

Pisces is often happiest swimming in the waters of the unconscious. This week, though, a focus on the mundane world may reveal an interesting opportunity. Give it careful consideration before acting. Lucky numbers: 12, 13, 21, 25, 34, 42.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 17.

Did You Know...

Magma to lava: When the hot molten rock in a volcano, called magma, erupts, it is called lava. Lava can be thick and sticky, or it can be like a runny liquid. It's dangerous and burns everything in its path.

Roof no-no: Pressure washers work well for lots of jobs around the house. But don't pressure wash a roof with asphalt shingles. The pressure will remove the granules on the shingles, which are needed to protect the roof.

Pet pig: For the right person, a pig can make a good pet. They are affectionate, clean, and smart, and can actually learn to do tricks. And, because they have hair rather than fur, they're not as likely to bother people with allergies.

Sunny flag: The flag of Argentina consists of two light blue horizontal rectangles, with a white strip in between that contains a stylized golden sun. It was first raised in 1812, with the sun being added in 1818.

New name: Dionne Warwick's last name is actually Warrick. The American rhythm and blues singer's last name was misspelled as "Warwick" on a 1962 recording of a Burt Bacharach song, and she kept the new moniker from then on.

On the Lighter Side

"This job isn't for everyone," said the scarecrow. "But hay, it's in my jeans."

Ned: "What is the best way to carve wood?"
Fred: "Whittle by whittle."

How did the panda do in school? He bearly made it.

Never marry a tennis player. To them, love means nothing.

Knock! Knock! *Who's there?* Summertime. *Summertime who?* Summertime you can be really funny!

Answers

Trivia answers: 1. The Hindenburg 2. The River Murray 3. "Faster, Higher, Stronger—Together" 4. Mercury and Venus 5. L. Frank Baum

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen

**FREEDOM.
TO BE YOU.**

1-888-998-6714

MKT-P0253

Coffee News is proud to support Make-A-Wish® Canada

Transform lives,
one wish at a time.

Make-A-Wish.
Visit makeawish.ca

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon ⚡ Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

Life Is Better At Home

INFINITY HEALTHCARE PROVIDES THE FOLLOWING SERVICES:

- Personal Care • Companionship • Nursing
- Meal Preparation • Light Housekeeping
- Respite Care • Palliative/End of Life

"PEOPLE WHO CARE"

INFINITY HEALTHCARE

For a free assessment, contact Penny:
pphillips@infinity-8.ca
780.934.0806

780.809.7884 | www.infinity-8.ca/

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So - you're not advertising with Coffee News® because...?

780-220-6397
coffee-news.ca

25 WORDS OR LESS

WEEKDAYS 3PM

yes tv