

Pregnant? Facing Difficult Decisions?
 We can help.
 Call 780.421.1177 or text 587.596.5380

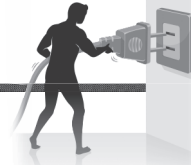


A Small Miracle Adoption
 Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

GET THE JOB DONE RIGHT. HIRE AN ELECTRICIAN.



Breault ELECTRICAL SERVICE

- ✓ 40 Years Experience
- ✓ Commercial and Residential Service

780.999.0927
 Master Electrician | Licensed and Insured

REASONABLE RATES!
 SPECIALIZING IN ALL TYPES OF ELECTRICAL REPAIRS FOR YOUR HOME OR BUSINESS

THIS SPACE FOR RENT
780-220-6397

Canada's **HEALTHY Choice for Pets!**



GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
 Save **15%**
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
 780-980-8711 • www.globalpetfoods.com

HIP OR KNEE REPLACEMENT?
 THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND



COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

Up In Arms
 Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license



Possession
Acquisition
License
Training

For more info, contact Robyn at
780-977-0725
 301 Saskatchewan Ave. Spruce Grove

Legal Services You Can Trust



COOPER REGEL LLP
 LAWYERS

- Wills, Enduring Powers of Attorney and Personal Directives
- Probate & Administration • Estate Litigation
- Real Estate Sales, Purchases and Refinance

Shantelle Smith | 780.570.8453
 77 Chippewa Road, Sherwood Park AB

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.



PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

FREE! **New Issue Every Week!**

Coffee News[®]
 "News To Be Enjoyed Over Coffee"

Beaumont Edition
780-220-6397



www.coffee-news.ca Est. 1988

Vol. 20 No. 2 January 9, 2023

Everybody's Talking

Lonely house: On a rocky outcrop high in the mountains in Italy, a structure has become known as "the world's loneliest house." Called Buffa di Perrero, it is in the Dolomite Mountains on Monte Cristallo. The brick dwelling, with windows, two doors, and a slanted roof, is embedded on a ledge nearly 3,000 metres (over 9,000 feet) above sea level. Italian soldiers are thought to have built the house during World War I as a place to hide and rest. To reach it, visitors must travel on the Via Ferrata Ivano Dibona ("iron path"), which consists of steel ladders and cables. For the original builders, getting materials up the mountain would have been quite a feat.

Cow virtual reality: Virtual reality (VR) headsets aren't just for people to use to experience simulated scenes. Cows can use them, too! Izzet Kocak, a farmer from Aksaray, Turkey, wanted to encourage his cows to produce more milk in the winter, when they are cooped up in a barn. He used technology developed by veterinarians that fits VR headsets to the animals and plays scenes of green pastures. A study conducted on this unique idea showed that the cows grew calmer and less stressed. Kocak tested the devices with two cows in his herd and found that with the VR goggles they did, indeed, produce more milk.

Dancing driver: A bus driver in Orlando, Florida (U.S.), knows how to bring joy to one little girl. Mom Brette-Ashley Schmitt of Rochester, New York, was on vacation with her family, including her young daughter Emerson. As their bus arrived at their stop, Emerson's favourite song, Taylor Swift's "Shake it Off," was playing through the public address system. Excitedly, she told the driver she loved the song and started dancing. Despite what was probably a busy schedule, the driver chose to enjoy the moment; he turned up the volume and started dancing in his seat, smiling and laughing along with Emerson. Schmitt was thankful to the driver for taking the extra time to make her daughter smile.

Fingerprint island: Baljenac (or Bavljenac) Island is a fingertip-shaped island in the Adriatic Sea off Croatia's coast. The island also looks like a fingerprint when viewed from above. That's because this 0.14-square-kilometre (0.09-square-mile) island has over 23 kilometres (14 miles) of waist-high walls made of piled-up rocks. From the air, the long rows of walls look like the labyrinth of ridges on a fingerprint. The walls protect crops from the high winds common in the area. No one lives on the island, and farmers come from Kaprije, another island nearby, to plant the crops. Most likely, the walls have been there since at least the 19th century.

Quoteable Quotes

"Every right is married to a duty; every freedom owes a corresponding responsibility."
 —Russell Kirk

"I'd rather regret the risks that didn't work out than the chances I didn't take at all."
 —Simone Biles

What's Happening

Jan 30 - Will's Jams This prodigy will give you a morning of pure fulfillment with his witty wordplay and sing-along choruses the perfect kick-start to the day. Horizon Stage 10am, more info at www.horizonstage.com

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Who wrote the Pink Panther theme?
2. Who paddled the Kon Tiki?
3. The Le Mans car race was first run in 1923, 1934, or 1950?
4. Which elephant has larger ears—African or Asian?
5. Who is the Scottish author of Treasure Island?

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd
(Over)

The World's #1 Restaurant Publication!

Working together to provide your loved one with the best IN HOME Care



FOREVER HOME SENIOR CARE
 Because your family is our family

To book your Free Consultation, visit:
www.foreverhomeseniorcare.com | 780.245.1499

Call today to book your appointment!



We only want to make you SMILE

Millet Denture Clinic
 780.387.3311 • 5022 - 50 Street, Millet
 BARB UNGER, DD • barb@milletdenture.ca

FROM **\$85** A MONTH
DRUG AND DENTAL PLANS

ONKAR
 INSURANCE BROKERS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
 RESP PLANS (up to \$9200 grants + 15% bonus)


Vikram Saggi
 780-999-3000




Can't get to your **Coffee News** each week?

Check out our PDF editions online!
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.
 Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions



We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!



Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts – 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal – provincial and federal inspected

778-835-0239 Follow us 

Starting at \$4.25/lb plus head off and cleaned

BLUE BLOODS
 MON - THURS 9:00



yesTV

Helping you rediscover **fun** In the kitchen!

Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220



CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
 web consulting frontlinewebsites.com

ONE
93.1 FM
LEDUC'S BEST COUNTRY

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness

TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore
www.dragonsofnibiru.com

Pain Management

We have a cream for that!

As a compounding pharmacy, we can create the custom medication you need, such as a topical cream for arthritis

COVID-19 Vaccine - Pfizer and Moderna Available without an appointment!

AbEx Pharmacy Beaumont
#112, 6102-29 Ave., Beaumont, AB T4X 0H5
780.929.1810 | abexhealthservices.ca

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So -- you're not advertising with Coffee News® because...?

780-220-6397
coffee-news.ca

The Mona LaHaie Group
www.horsepower ranch.com

Living and working in the BEAUMONT AREA for over 40 years, offering our clients **EXCEPTIONAL SERVICE!**

Put your trust in this experienced group SPECIALIZING in Residential, Acreages, Farms & Real Estate Development.

780.850.0800

Bryden LaHaie-Ochiltwa Marketing Coordinator
Mona LaHaie Realtor®
Melissa LaHaie-Scott Realtor®

RE/MAX ELITE
Each office independently owned & operated

Your Weekly Horoscope

ARIES
(March 21 - April 20)

You may be experiencing difficulty communicating with others, especially a romantic partner. Consider putting aside any old emotional wounds. Look for an opportunity that will be agreeable to all involved. Lucky numbers: 12, 16, 27, 32, 35, 44.

TAURUS
(April 21 - May 21)

An unusual or unexpected event may make you see something in a relationship that was never quite visible before. Now might be a good time for a gentle conversation about it. Lucky numbers: 6, 8, 19, 21, 31, 48.

GEMINI
(May 22 - June 21)

You may have a strong desire to explore possibilities for projects that are in alignment with your values. However, waiting a few weeks to implement your plans may be best. Lucky numbers: 3, 6, 16, 17, 34, 35.

CANCER
(June 22 - July 22)

Cancer natives sometimes prefer to be foot soldiers rather than generals. At this time, however, you may willingly assume the mantle of leadership to achieve something important to you. Lucky numbers: 15, 16, 22, 28, 30, 37.

LEO
(July 23 - Aug. 23)

How have you defined good fortune in life? Now may be a good time to reexamine that definition and to see how it fits in with your sense of self. Lucky numbers: 2, 15, 20, 23, 40, 41.

VIRGO
(Aug. 24 - Sept. 23)

Virgos are known for being practical and well grounded. Those qualities might receive a boost in the middle of the week, and you may use them to complete detail-oriented tasks. Lucky numbers: 9, 21, 34, 35, 44, 45.

LIBRA
(Sept. 24 - Oct. 23)

You may find that your natural ability to be diplomatic will be highlighted at the end of the week. This may be a good time to plan a social event. Lucky numbers: 11, 19, 23, 39, 41, 42.

SCORPIO
(Oct. 24 - Nov. 22)

Is there an issue that keeps resurfacing and blocking you from making progress? Perhaps it is the effect of an old karmic event. Consider what steps you can take to clear it. Lucky numbers: 7, 12, 14, 15, 27, 39.

SAGITTARIUS
(Nov. 23 - Dec. 21)

For the last couple of months, have you felt that your normal level of energy and ambition has been diminished? This dynamic could begin to abate over the next couple of weeks. Lucky numbers: 1, 4, 5, 8, 18, 46.

CAPRICORN
(Dec. 22 - Jan. 20)

Your natural Capricorn leadership qualities may be highlighted now. You might use this to accomplish much, if you are careful not to get into an unnecessary conflict of ego with others. Lucky numbers: 16, 17, 20, 27, 31, 38.

AQUARIUS
(Jan. 21 - Feb. 19)

Are you feeling out of sync now with those closest to you? Strive for clear communications and a willingness to adjust your viewpoint about something important to all of you. Lucky numbers: 10, 11, 31, 34, 40, 47.

PISCES
(Feb. 20 - March 20)

You might consider taking a retreat day at the end of the week. Quiet contemplation may give you practical insight into a situation that has been confusing you until now. Lucky numbers: 6, 12, 14, 17, 18, 33.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 27.

Did You Know...

Japanese treat: Sashimi, the Japanese specialty, is thinly sliced, fresh, high-quality food (typically fish and seafood) that is served raw, usually with soy sauce. The types of fish used in this dish are often tuna, yellowtail, mackerel, and salmon.

Tricky trickster: Leprechauns are part of Irish folklore. In popular imagination, they wear green, have beards, and stand about three feet tall. The mischievous creatures make shoes for a living and keep a pot of gold in the forest.

Dryer solution: For environmental reasons, some people are avoiding using dryer sheets to reduce static cling in their laundry. An alternative is multiple-use, natural wool dryer balls, which fluff up the wet clothes, reducing friction.

Cute as a puppy: When puppies are born, they don't have teeth, and they can't see or hear. They find their mothers by using their sense of smell.

Rubber duckies: In 1992, containers with almost 30,000 rubber duckies, the bath toys that kids love, fell off a cargo ship in the Pacific Ocean. The currents took them around the world, helping scientists learn about ocean movements and waves.

On the Lighter Side

Mutt: "I'm learning to be a barber."
Jeff: "Will it take long?"
Mutt: "No, I'm studying all the short cuts."

Why are pickles so slow? They tend to dilly-dally.

I know lots of jokes about pole vaulters, but none of them go over well.

Knock! Knock! Who's there? Gucci. Gucci who? Gucci-gucci-goo!

What do you call a food court when you're on a diet? A craveyard.

Answers

Trivia answers: 1. Henry Mancini 2. Thor Heyerdahl 3. 1923 4. African 5. Robert Louis Stevenson

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

FREEDOM. TO BE YOU.

1-888-998-6714

MKT-PO253

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

Where Safety Meets Savings

SCAN THIS CODE TO ENTER

- ✓ Competitive Pricing
- ✓ Knowledgeable Service
- ✓ Great Selection
- ✓ Check Out Our Sale Page For Even Better Deals

What's In Your Glass?

HUGE SELECTION with R&R

Alberta Has It All

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.

Nutri Juic'd Blood Orange/ Fruit Punch 6 pk.....	\$13.71*
Blindman Dry Hopped Kettle Sour 4 pk.....	\$14.85*
Strathcona Spirits Seaberry Gin.....	\$49.42*
White Owl Coconut Whisky.....	\$36.09*
Alberta Premium Whisky 1.14L.....	\$35.13*
Rig Hand Double Double.....	\$35.13*

* Price does not include GST or health deposit.

Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too.

Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoopliquor.com

Leduc Co-op Liquor

103-100B Deer Valley Dr. • 780.980.5139

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca

You never listen to me, you only hear what you want to hear

Sure, I'll have a beer

Communication not what it once was?

Call us today!

frequency HEARING

4920-50 Avenue, Beaumont • 780-737-7117

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com