

HIP OR KNEE REPLACEMENT?


THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500
YEARLY TAX CREDIT

\$30,000
LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372



FREE! *New Issue Every Week!*


Coffee News®

"News To Be Enjoyed Over Coffee"

Edmonton Northeast Edition

780-220-6397

www.coffee-news.ca



Est. 1988

Congratulations

to November's **Coffee News® Guy** contest winners!

Your prizes are in the mail!

**Peter Samel
Jeanne Gulinsky
Colin Walther
Julia Tweedle**

Enter today for your chance to win at www.coffee-news.ca



Love Coffee News®?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 1 Your name
 2 Your phone number and
 3 Your address
 so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News® Fun Reading. Serious Advertising.



Readers of the Month
Aja Welsh & Friend from St. Albert

THIS SPACE FOR RENT

780-220-6397

Everyone Welcome!

Monthly Special Events!

- ✓ 3 Meat Draws/Week
- ✓ Thursday Night Jam with Dancing
- ✓ Friday & Saturday Night Dances
- ✓ Hall Rentals with Catering

Branch #175 **Kingsway Legion**

14339-50 Street, Edmonton
780.425.8654 | <https://kingswaylegion.ca>



Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Recipe of the month

Festive Guacamole Appetizers


2 tubes (8 ounces each) refrigerated seamless crescent dough sheet
 1-1/2 teaspoons taco seasoning, divided
 20 pretzel sticks, broken in half
 4 ounces cream cheese, softened

1 cup guacamole
 2 medium sweet yellow peppers
 1 medium sweet red pepper
 1 medium green pepper
 Chopped fresh cilantro, optional

Prep Time: 1 hour Bake: 10 min. + cooling Yield: 40

- Preheat oven to 375°. On an ungreased baking sheet, unroll one tube of crescent dough and press into a 13x8-in. rectangle. Prick with a fork; sprinkle with 3/4 teaspoon taco seasoning. Repeat with remaining dough and seasoning.
- Bake until golden brown, 10-12 minutes. Transfer to wire racks to cool completely.
- Cut each rectangle crosswise to make 4 strips (about 8x4-in.). For trees, cut each strip into 5 triangles, reserving scraps at each end for another use. For trunks, insert a pretzel piece into the base of each triangle.
- Beat cream cheese and guacamole until smooth; spread over trees. Halve and seed peppers. Cut 40 stars from yellow peppers using a 3/4-in. star-shaped cookie cutter. Dice and julienne remaining peppers for tree decorations. Decorate trees with pepper pieces and, if desired, cilantro. Refrigerate until serving.

Source: <https://www.tasteofhome.com>




Everybody's Talking

Fun houses: Parents who want to impress their kids with a playhouse that will tickle their imaginations need only call a company in Lethbridge, Alberta (Canada). The brainchild of Tyson Leavitt, Charmed Playhouses produces custom-made structures that can cost anywhere from a few thousand dollars to several hundred thousand. One might resemble a castle, while another might look like a cabin in the woods. They even make "Harry Potter" and "Star Wars" structures. But whatever form they take, the attention to detail is amazing, from windows to furnishings to interior design details. The Charmed Playhouse team builds the structure, takes it apart to move it to the buyer's location, then puts it back together.

Pet problem: When Wyverne Flatt got his beloved potbellied pig Ellie in 2018 when she was quite small, as an emotional support animal, he was living in the U.S. state of South Carolina. But when he moved to the town of Canajoharie, New York, he ran into trouble. Officials in that area consider Ellie a farm animal, and keeping her in the town is illegal. But Flatt refused to give up his 110-pound (50-kilogram) ovine companion, whom he claims is affectionate, smart, and clean. The pet owner, who also has two dogs and a cat, is willing to go to court in an attempt to keep Ellie as part of his household.

False alarm: A concerned driver spotted something that caused her great worry. She thought she saw a swan caught on a fence in the flooded River Stour, in County Dorset, England. The animal lover called the Royal Society for the Prevention of Cruelty to Animals (RSPCA), which immediately sent help. As Officer Graham Hammond prepared to summon a rescue team, he found a closer vantage point to check out the swan's predicament. Luckily, he was able to cancel the team before they started on their way because he discovered that the trapped feathered friend was actually a white plastic lawn chair. In its topsy-turvy position in the water, it did indeed resemble a swan.

Balcony living: People have been known to live in vans or motor homes or lean-to huts, but how about paying rent to live in a tent on the balcony of someone's apartment? That is what a woman is advertising in Zurich, Switzerland. Places to live in this city are scarce and expensive, so the apartment dweller decided to try subsidizing her rent while providing "living space" for someone in need. The lucky candidate will receive a two-person, waterproof tent, with bedding, and will have access to the kitchen, bathroom, and living room of the apartment. Her advertised rate for the opportunity is 500 Swiss francs per month. The unusual idea apparently is legal in the city.

Quoteable Quotes

"Every exit is an entry somewhere else." —Tom Stoppard
 "If you keep going with a definite purpose, you will find the way and reach the destination." —Debasish Mridha

What's Happening

Jan 25 - Beppie Come join Beppie at 10:30am play for kids of all ages at the City Arts Space 105 - 125 Carleton Dr. Her multi-genre family music is modern, fun, innovative, and pushes the boundaries of childrens music to appeal to all ages.

Feb 12 - Devon Monthly Arts Market Join us for our Pre-Valentine Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is a group of islands called?
2. Who was Gerardus Mercator?
3. What colour tongues do Chow Chows and Shar-Peis have?
4. What is the acronym for the colours of the rainbow?
5. Who was the first U.S. president to hold a live TV press conference?

(Flip bottom of page for answers)


Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city?
 We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

780.853.5706
 Contact our office at admin@vdhf.ca
www.vdhf.ca
 5401-46 St., Vermilion

Vermilion & District Housing Foundation



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS




Creating Smiles That Last A Lifetime...

BECAUSE YOUR SMILE DESERVES IT!

- General Dentistry • Cosmetic Dentistry
- Restorative Dentistry • Botox Treatments

Dr. Derek Fika Family Dentistry
 Call today to book your appointment:
587-760-4227
www.drderekfika.com
 Visit us at 12943-97 Street NW, Edmonton

FREE TAKE HOME WHITENING KITS
 WITH EVERY ANNUAL EXAM AND MAINTENANCE VISIT




Exclusive Offer!

Coffee News Readers - Receive **\$100 OFF** their Website Development!

*Mention this ad to redeem!

SCAN ME

Frontline
 web consulting
 (780) 760-6922
FRONTLINECONSULTING.CA



WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- ◆ Weekly/Biweekly/Monthly Personalized Cleans
- ◆ Move In/Outs
- ◆ Residential and Small Business

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM
780.700.6686 • www.nobodyscleanslikemom.com



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!


PSC Prairie Scented Candles
 a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



25 WORDS OR LESS

WEEKDAYS 3PM

yes tv



Calling all Fishermen

50 YEARS & OVER

Come find fishing buddies at
THE EDMONTON Old Timers' FISHING CLUB

Monthly meetings Monthly newsletter

...with guest speaker, free coffee & donuts. For more info, call or text Gary Preece at 780.940.6679

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So – you're not advertising with **Coffee News®** because...?

780-220-6397
coffee-news.ca

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
 Scuba Diving & Snorkeling
780.483.0044
 11781-156 St., Edmonton
www.thediveoutfitters.ca

Learn to Scuba Dive
 Ask about our Buddy Special

Discover Snorkeling
 1-Hour Lesson at the Pool!
 Snorkeling Sets for the Family

SAVE YOUR FAMILY memories

Transfer your old film, VHS, DVR, & reels to a digital format.

For more information & pricing email: info@thecreativehive.ca

780.996.7510 www.hive-media.com

Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

Keeping our community warm.

United Way
 Alberta Capital Region

coatsforkidsandfamilies.ca

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Branson's **THE COMIC STRIP**
 DRINK • DINE • LAUGH

Visit us on Facebook-CoffeeNewsWeekly

Your Weekly Horoscope

ARIES
(March 21 – April 20)

Aries are often very focused on self achievements that provide a sense of success. Right now, though, it may be time to expand your sense of self through humanitarian endeavours. Lucky numbers: 9, 17, 19, 21, 46, 48.

TAURUS
(April 21 – May 21)

This week you may receive sudden or unusual insights. This information is a gift. Use your steady, practical nature to evaluate how you could use it positively, and then act. Lucky numbers: 4, 11, 14, 16, 32, 37.

GEMINI
(May 22 – June 21)

While Gemini thought processes are rapid and insightful, execution of plans can be spotty. If you are presented with an opportunity that resonates with your nature, resist the urge to procrastinate. Lucky numbers: 3, 8, 10, 13, 14, 17.

CANCER
(June 22 – July 22)

Protecting yourself and those you love is an important focus for the Cancer-born. Are you feeling confident about your life situation now? If not, what can you do to improve it? Lucky numbers: 6, 9, 11, 12, 21, 39.

LEO
(July 23 – Aug. 23)

Leo is known as the Pied Piper of the zodiac for your ability to draw people to you. How can you make sure your interactions with others are a win-win for everyone? Lucky numbers: 8, 10, 16, 19, 38, 40.

VIRGO
(Aug. 24 – Sept. 23)

The work Virgo chooses to do is often a form of service to others. Do you need to make an adjustment in the type of service or how you provide it? Lucky numbers: 1, 7, 20, 22, 42, 43.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 17.

Did You Know...

Friendly goat: Originating in the Cameroon Valley of West Africa, pygmy goats have been found to make good pets. They are cute and playful, and also very friendly and social. They need a big yard with a high fence, and grass or hay to eat.

Smelly basement: One way to reduce the musty smell that sometimes plagues basements is to use a dehumidifier. These appliances remove mildew-inducing moisture from the air, which contributes to the musty odor.

Very big berry: Eggplants are considered berries because they come from a single flower. However, with all the grilling, frying, baking, and roasting that occurs in the kitchen, they are often thought of as a vegetable.

Busy volcano: Mauna Loa in Hawaii (U.S.) is the largest volcano in the world. It is 13,681 feet (4,170 m) above sea level. Although its last eruption was in 1984, it has erupted 33 times since 1843, an average of every five years.

Moldable toy: Silly Putty was created in the 1940s, and is still available today. Made from boric acid and silicone oil, its invention was an accident. When it didn't work as a synthetic rubber substitute, it was marketed as a toy.

On the Lighter Side

Did you hear about the skeleton comedian? He tried tibia little humerus.

Knock! Knock! *Who's there? Zombies. Zombies who? Zombies make honey, others don't.*

When I saw the pile of free pants on the street, I really picked up the slack.

Student: "The moon was full the other day, but now it's only a crescent."

Teacher: "Don't worry. It's just a phase."

What kinds of haircuts do sponges get? Bobs.

Answers
Trivia answers: 1. Archipelago 2. Cartographer 3. Blue-black 4. ROYGBIV 5. John F. Kennedy

For available franchise opportunities – visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

LIBRA
(Sept. 24 – Oct. 23)

Right now a focus may be on your relationship to your mother or your children. Remember that how well you were nurtured influences how well you are able to do so yourself. Lucky numbers: 12, 19, 27, 29, 41, 47.

SCORPIO
(Oct. 24 – Nov. 22)

Scorpios sometimes have difficulty reaching out and connecting with others. However, the Universe may be asking you to do exactly that right now. How can you feel safe in doing so? Lucky numbers: 5, 6, 20, 30, 35, 45.

SAGITTARIUS
(Nov. 23 – Dec. 21)

A personal philosophy or belief system is important to many Sagittarians. Now may be a good time for you to explore and then act on those beliefs to help humanity. Lucky numbers: 2, 4, 6, 7, 23, 44.

CAPRICORN
(Dec. 22 – Jan. 20)

Capricorns usually focus on practical accomplishments. Now, however, you may have the opportunity to unearth a different type of success that is in alignment with your heart, perhaps in the arts. Lucky numbers: 15, 16, 30, 31, 42, 46.

AQUARIUS
(Jan 21 – Feb. 19)

The planetary energies right now are strongly Aquarian. How might you be able to use this energy to shine a spotlight on yourself, so that others can see who you truly are? Lucky numbers: 11, 12, 25, 40, 42, 45.

PISCES
(Feb. 20 – March 20)

You are entering a period of several months where you may want to be sure that you see any romantic partner clearly. Dig deep to understand the truth of a relationship. Lucky numbers: 13, 17, 18, 27, 37, 42.

inogen

FREEDOM. TO BE YOU.

1-888-998-6714 MKT-PO253

Jennifer Miles, Agent
 125-15 Circle Dr
 St. Albert AB T8N 3Y7
 780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products. Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Coffee News is proud to support **Make-A-Wish® Canada**

Transform lives, one wish at a time.

Make-A-Wish.
 Visit makeawish.ca

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

PROVIDING THE GREATEST RETURN ON YOUR GREATEST INVESTMENT!

SELLING YOUR HOME?

Invite me over for a coffee. I'll give you real estate advice and a **FREE** market evaluation.

Your Community Realtor
GEORGE VAN DE WALLE
780.982.4247 **RE/MAX®**

FREE ROLLING TRAY

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

8060 - 167 AVE. NW 420 **BUBONIC KRONIK** EDMONTON
 ECIGS VAPORIZORS BONGS 780.371.0106

Can't get to your Coffee News® each week?

Check out our PDF editions online!
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Reliable Service for 25+ Years

Expert repairs, maintenance and installations on any residential or commercial plumbing or HVAC equipment.

RBA MECHANICAL INC.
780.474.7481 | www.rbamechanical.ca

77-Northeast Edmonton