

Your Feet Will Thank You!

Certified Master Pedicurist for Seniors, Diabetics, Those With Toenail Troubles

Family Footcare & Reflexology

Colleen Waddell – Registered CMP, Certified Reflexologist
780.984.9774 | www.familyfootcareandreflexology.ca

LARGEST SELECTION of Machines and Notions

Husqvarna

CENTRAL SEWING MACHINES

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

NEW LOCATION NOW OPEN!

SOUTH 780.469.1147 8649-63 Ave., Edmonton
WEST 780.486.0047 18514-104 Ave., Edmonton

www.centalsewing.com

THIS SPACE FOR RENT

780-220-6397

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts – 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal – provincial and federal inspected

778-835-0239 Follow us

Starting at \$4.25/lb plus head off and cleaned

Bras Briefs Boxers Bikinis

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove

780.962.4944 | 1.855.962.4944
www.romanticnotions.ca

@romanticnotionsab @romanticnotionsboutique

30 YEARS OF EXCELLENCE FINDING THE BEST BRA FIT FOR ALL BODIES

MERIDIAN CREEK RV STORAGE

Secure, Clean, Easy-Access Storage at a Fair Price

53322 SH779, Parkland County

Serving Parkland County at the same convenient location right off Highway 779 since 2010.

780.960.1110 | www.meridiancreekrv.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

FREE! New Issue Every Week!

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397

www.coffee-news.ca

Est. 1988

Vol. 20 No. 4 January 23, 2023

Everybody's Talking

Fun houses: Parents who want to impress their kids with a playhouse that will tickle their imaginations need only call a company in Lethbridge, Alberta (Canada). The brainchild of Tyson Leavitt, Charmed Playhouses produces custom-made structures that can cost anywhere from a few thousand dollars to several hundred thousand. One might resemble a castle, while another might look like a cabin in the woods. They even make "Harry Potter" and "Star Wars" structures. But whatever form they take, the attention to detail is amazing, from windows to furnishings to interior design details. The Charmed Playhouse team builds the structure, takes it apart to move it to the buyer's location, then puts it back together.

Pet problem: When Wyverne Flatt got his beloved potbellied pig Ellie in 2018 when she was quite small, as an emotional support animal, he was living in the U.S. state of South Carolina. But when he moved to the town of Canajoharie, New York, he ran into trouble. Officials in that area consider Ellie a farm animal, and keeping her in the town is illegal. But Flatt refused to give up his 110-pound (50-kilogram) ovine companion, whom he claims is affectionate, smart, and clean. The pet owner, who also has two dogs and a cat, is willing to go to court in an attempt to keep Ellie as part of his household.

False alarm: A concerned driver spotted something that caused her great worry. She thought she saw a swan caught on a fence in the flooded River Stour, in County Dorset, England. The animal lover called the Royal Society for the Prevention of Cruelty to Animals (RSPCA), which immediately sent help. As Officer Graham Hammond prepared to summon a rescue team, he found a closer vantage point to check out the swan's predicament. Luckily, he was able to cancel the team before they started on their way because he discovered that the trapped feathered friend was actually a white plastic lawn chair. In its topsy-turvy position in the water, it did indeed resemble a swan.

Balcony living: People have been known to live in vans or motor homes or lean-to huts, but how about paying rent to live in a tent on the balcony of someone's apartment? That is what a woman is advertising in Zurich, Switzerland. Places to live in this city are scarce and expensive, so the apartment dweller decided to try subsidizing her rent while providing "living space" for someone in need. The lucky candidate will receive a two-person, waterproof tent, with bedding, and will have access to the kitchen, bathroom, and living room of the apartment. Her advertised rate for the opportunity is 500 Swiss francs per month. The unusual idea apparently is legal in the city.

Quoteable Quotes

"Every exit is an entry somewhere else." —Tom Stoppard
"If you keep going with a definite purpose, you will find the way and reach the destination." —Debasish Mridha

What's Happening

Jan 30 - Will's Jams This prodigy will give you a morning of pure fulfillment with his witty wordplay and sing-along choruses the perfect kick-start to the day. Horizon Stage 10am, more info at www.horizonstage.com

Feb 12 - Devon Monthly Arts Market Join us for our Pre-Valentine Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is a group of islands called?
2. Who was Gerardus Mercator?
3. What colour tongues do Chow Chows and Shar-Peis have?
4. What is the acronym for the colours of the rainbow?
5. Who was the first U.S. president to hold a live TV press conference?

(Flip bottom of page for answers)

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News[®] provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So – you're not advertising with Coffee News[®] because...?

780-220-6397
coffee-news.ca

HORIZON STAGE Performing Arts Centre

2022-23 Season

Tickets available in person at the Border Paving Athletic Centre, #100, 9 Tri Leisure Way, or by phone at 780.962.8995.

Scan here for season details!

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: 1-844-453-5372

Let's Make A Deal!

We pawn, buy, sell, trade and consign a wide variety of products at our new location in Stony Plain!

Gold'n Loan Pawn Shop

CALL TODAY! 587-521-4653

201, 5007-48 Street | Stony Plain goldnloan.com

GOT SOMETHING TO SELL OR PAWN?

Coats for Kids & Families

We accept clean, gently used, or new winter outerwear for men, women, and children in need.

Keeping our community warm.

United Way Alberta Capital Region

coatsforkidsandfamilies.ca

SHOP DIRECT WORKWEAR ONLINE
www.directworkwear.com

Enter to **WIN a \$500** Gift Certificate

Where Safety Meets Savings

SCAN THIS CODE TO ENTER

Competitive Pricing
Knowledgeable Service
Great Selection
Check Out Our Sale Page For Even Better Deals

DIRECT WORKWEAR LTD. since 1986

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Online Seated Fitness Program

✓ Three classes weekly via Zoom
✓ Ends March 15, 2023

FREE TO PARTICIPATE

Email zoom@connectedcanadians.ca, subject line "Move More", with your name and phone number to be added to the class list!

Connected Canadians, a nonprofit organization that provides free technology training and support to older adults across Canada, is offering these classes thanks to funding from the New Horizons for Seniors Program.

Connected Canadians
www.connectedcanadians.ca

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton
www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

THE ONE 88.1 FM

PARKLAND'S BEST COUNTRY

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
frontlineconsulting.ca

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV

I BUY GUN COLLECTIONS and WW II COLLECTIBLES

Call Jay:
780-686-1350

Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

Possession
Acquisition
License
Training

For more info, contact Robyn at
780-977-0725
301 Saskatchewan Ave. Spruce Grove

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Aries are often very focused on self achievements that provide a sense of success. Right now, though, it may be time to expand your sense of self through humanitarian endeavours. Lucky numbers: 9, 17, 19, 21, 46, 48.

TAURUS
(April 21 - May 21)

This week you may receive sudden or unusual insights. This information is a gift. Use your steady, practical nature to evaluate how you could use it positively, and then act. Lucky numbers: 4, 11, 14, 16, 32, 37.

GEMINI
(May 22 - June 21)

While Gemini thought processes are rapid and insightful, execution of plans can be spotty. If you are presented with an opportunity that resonates with your nature, resist the urge to procrastinate. Lucky numbers: 3, 8, 10, 13, 14, 17.

CANCER
(June 22 - July 22)

Protecting yourself and those you love is an important focus for the Cancer-born. Are you feeling confident about your life situation now? If not, what can you do to improve it? Lucky numbers: 6, 9, 11, 12, 21, 39.

LEO
(July 23 - Aug. 23)

Leo is known as the Pied Piper of the zodiac for your ability to draw people to you. How can you make sure your interactions with others are a win-win for everyone? Lucky numbers: 8, 10, 16, 19, 38, 40.

VIRGO
(Aug. 24 - Sept. 23)

The work Virgo chooses to do is often a form of service to others. Do you need to make an adjustment in the type of service or how you provide it? Lucky numbers: 1, 7, 20, 22, 42, 43.

LIBRA
(Sept. 24 - Oct. 23)

Right now a focus may be on your relationship to your mother or your children. Remember that how well you were nurtured influences how well you are able to do so yourself. Lucky numbers: 12, 19, 27, 29, 41, 47.

SCORPIO
(Oct. 24 - Nov. 22)

Scorpios sometimes have difficulty reaching out and connecting with others. However, the Universe may be asking you to do exactly that right now. How can you feel safe in doing so? Lucky numbers: 5, 6, 20, 30, 35, 45.

SAGITTARIUS
(Nov. 23 - Dec. 21)

A personal philosophy or belief system is important to many Sagittarians. Now may be a good time for you to explore and then act on those beliefs to help humanity. Lucky numbers: 2, 4, 6, 7, 23, 44.

CAPRICORN
(Dec. 22 - Jan. 20)

Capricorns usually focus on practical accomplishments. Now, however, you may have the opportunity to unearth a different type of success that is in alignment with your heart, perhaps in the arts. Lucky numbers: 15, 16, 30, 31, 42, 46.

AQUARIUS
(Jan 21 - Feb. 19)

The planetary energies right now are strongly Aquarian. How might you be able to use this energy to shine a spotlight on yourself, so that others can see who you truly are? Lucky numbers: 11, 12, 25, 40, 42, 45.

PISCES
(Feb. 20 - March 20)

You are entering a period of several months where you may want to be sure that you see any romantic partner clearly. Dig deep to understand the truth of a relationship. Lucky numbers: 13, 17, 18, 27, 37, 42.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 17.

Did You Know...

Friendly goat: Originating in the Cameroon Valley of West Africa, pygmy goats have been found to make good pets. They are cute and playful, and also very friendly and social. They need a big yard with a high fence, and grass or hay to eat.

Smelly basement: One way to reduce the musty smell that sometimes plagues basements is to use a dehumidifier. These appliances remove mildew-inducing moisture from the air, which contributes to the musty odor.

Very big berry: Eggplants are considered berries because they come from a single flower. However, with all the grilling, frying, baking, and roasting that occurs in the kitchen, they are often thought of as a vegetable.

Busy volcano: Mauna Loa in Hawaii (U.S.) is the largest volcano in the world. It is 13,681 feet (4,170 m) above sea level. Although its last eruption was in 1984, it has erupted 33 times since 1843, an average of every five years.

Moldable toy: Silly Putty was created in the 1940s, and is still available today. Made from boric acid and silicone oil, its invention was an accident. When it didn't work as a synthetic rubber substitute, it was marketed as a toy.

On the Lighter Side

Did you hear about the skeleton comedian? He tried tibia little humerus.

Knock! Knock! Who's there? Zombies. Zombies who? Zombies make honey, others don't.

When I saw the pile of free pants on the street, I really picked up the slack.

Student: "The moon was full the other day, but now it's only a crescent."

Teacher: "Don't worry. It's just a phase."

What kinds of haircuts do sponges get? Bobs.

Answers

Trivia answers: 1. Archipelago 2. Cartographer 3. Blue-black 4. ROYGBIV 5. John F. Kennedy

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jeweller

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness
TRAINING CENTRE INC
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

NWT SAFETY SUPPLIES

FIRE SALES & SERVICE
EXTINGUISHER

BAY 2, 1906-4 ST. NISKU
780 955 8797
X
50 SHEP ST. SPRUCE GROVE
780 962 1778

Our Bakery features specialty coffees, baked goods, soups, and sandwiches. Dine-in, take it to go, or sip while you shop!

Homegrown Foods
LTD.
#10 - 19 Granite Dr. Stony Plain
780.963.5305

Taste the Organic Difference!

ISP COMPUTERS

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS - Your Tech 911
780-960-2150
Email: ia@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

Machining | Welding | Fabrication

GM
GROVE MACHINE & WELDING

- Ramps
- Flywheels
- Farming Equipment
- Gear Parts
- ...and more

780-962-1772
www.grovemachnewelding.com | 35 South Ave., Spruce Grove

CALL US TO DISCUSS YOUR PROJECT!

First Time Customers: 10% OFF*
*To a maximum of \$300

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca
or visit us in person at 111 First Avenue, Spruce Grove

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore
www.dragonsofnibiru.com

Affordable-Effective-Exclusive-CALL NOW!