

Happy **Family Day!**
from your friends at **Coffee News**

FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Athabasca Edition
877-553-6397

www.coffee-news.ca Est. 1988

Are You A Good Fit?
Capital Marketing, publishers of **Coffee News** in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.
If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email info@coffee-news.ca and tell us why you love **Coffee News**, and why you would like to share the good news stores we provide with your community. We'll be in touch after we get your email. *Don't forget to include your name and phone number!*

Home | Auto | Business | Farm
Insurance that fits
780.675.2241
4801 49 St, Athabasca
BrokerLink.ca
BrokerLink Insurance

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB
1-855-977-9805
With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

GENERAC
Prepare for power outages today
WITH A HOME STANDBY GENERATOR
FREE 7-Year Extended Warranty! An \$895 Value!
REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973
*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Congratulations to December's **Coffee News Guy** contest winners!
Your prizes are in the mail!
Enter today for your chance to win at www.coffee-news.ca

Lucas Findlay
Kathy Gurnett
Heidi Hooper
Manny Langman

Start Your Own Business!
FREE government funded Self-Employment Training
NOW ONLINE
microbusiness TRAINING CENTRE INC
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

QUALITY WORK. REASONABLE RATES.
RRC
■ 5" Continuous Eavestrough
■ Decks
■ Asphalt Roofing
■ Siding ■ Soffit ■ Fascia
CALL RYAN TODAY FOR YOUR FREE ESTIMATE:
780.519.1335
Serving Athabasca/Slave Lake and area

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Everybody's Talking

Smart birds: A cleaning company based in Sweden is testing a way to get rid of a certain kind of garbage that tends to be strewn on the street by litterers: cigarette butts. Called "Corvid Cleaning," the company has devised a way to use wild crows as street maids. Crows are smart birds, and company founder Christian Gunther-Hanssen is tapping into their intelligence by rewarding them for their work. After several steps of training, he and his team hope the birds will eventually learn to drop the butts in a garbage can in exchange for food dispensed from a machine. Testing of the idea will take place in Sodertalje, not far from Stockholm.

Well water: A vast artesian well on the arid continent of Australia stretches about 1.7 million square kilometres (670,000 sq. mi.). Called the Great Artesian Basin, this source of groundwater lies under parts of several states in the east part of the country. One of the largest underground freshwater resources in the world, the Basin's water can be accessed by drilling a well. The water also creeps up through natural cracks in the rock, emerging as springs, creeks, and rivers. This happens more toward the southern part of the Basin because the water lies closer to the surface. Conservation of the Great Artesian Basin is a priority in the country.

Soccer sleuths: Soccer is a sport loved all around the world, with India being no exception. But humans aren't the only creatures that enjoy kicking around a ball. In the village of Sukhigaon, Odisha, in the Nabarangpur forest area, a group of children was playing soccer when one of them accidentally kicked the ball into a forested area adjacent to the field. To the surprise of both players and spectators, a mother bear and her young cub emerged from the woods, found the ball and started playing with it. Now, instead of cheering on their team, everyone cheered for the bears and filmed their antics. Eventually, the bear family returned to the forest.

Fortunate win: Gabriel Fierro, of Cornelius, North Carolina (U.S.), likes to take his wife out for lunch on Saturdays. Their usual haunt is an Asian restaurant in nearby Charlotte, where they order their favourite dishes, and end the meal with a fortune cookie. After one recent lunch, Fierro decided to use the numbers from his fortune cookie to play the Mega Millions lottery. The fortune cookie numbers turned out to be, indeed, quite fortunate. They were winners! Fierro's prize, before tax, was \$4 million (USD). The big winner and his wife plan to use some of the money to build a new home and then invest the rest. They'll probably buy themselves a few more meals at their favourite restaurant, too.

Quoteable Quotes

"You do not find the happy life. You make it." —Camilla Eyring Kimball
"Morale is when your hands and feet keep on working when your head says it can't be done." —Benjamin Morrell

What's Happening

Mar 9-13 - Ladies Open Bonspiel Come to this event hosted by Athabasca Curling Club, registration includes 3 events, appetizers Friday night and banquet Saturday night. For more info visit athabascacurling.ca

Feb 11 - Community Fun Night Rock it out dance night at the Allan Jean Millar Centre from 5:30-8:30pm. Come check out free fieldhouse activities and the inflatable obstacle course. Children under 8 must be accompanied by an adult

Feb 12 - Devon Monthly Arts Market Join us for our Pre-Valentine Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE
Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.
To enter, visit www.coffee-news.ca
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

THIS SPACE FOR RENT
780-220-6397

Cedar Manor Upgraded apartments starting at \$660!
Save \$100!
(780) 214-1300

Tesla Estates Luxury apartments starting at \$1,105!
\$399 Security Deposits
(780) 214-1300
*On approved application, while promotion lasts.

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV

February 14
HAPPY Valentine's Day
from your friends at **Coffee News**

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition
587.760.2800
<https://zettatelecom.com>
DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

HIP OR KNEE REPLACEMENT?
THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND
Restrictions in Walking or Dressing may qualify.
FOR EXPERT HELP:
1-844-453-5372

Trivia

1. What year was George Orwell's Animal Farm first published?
2. This is the highest peak in South America.
3. The only North American marsupial is _____.
4. Do adult humans commonly have 29, 32, or 36 teeth?
5. Approximately how deep is the ocean's epipelagic zone?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

WEBSITES

From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

Recipe of the month

Nutella-Stuffed Strawberries

12 large fresh strawberries 1/4 cup chopped hazelnuts
1/4 cup Nutella 1 cup milk chocolate chips, melted
Confectioners' sugar

Prep Time: 15 min. + chilling Yield: 1 dozen

- Remove stems from strawberries. Using a paring knife, cut out centres; pipe Nutella into strawberries.
- Insert a toothpick into the side of each strawberry. Holding toothpick, quickly dip stem end of strawberry into melted chocolate; allow excess to drip off. Sprinkle with hazelnuts; place strawberries on a waxed paper-lined baking sheet, point side up. Remove toothpicks; refrigerate strawberries until set. Just before serving, dust with confectioners' sugar.

Source: <https://www.tasteofhome.com>

Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

inogen FREEDOM. TO BE YOU.

1-888-998-6714

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

LegalShield

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Dragons of the Past

Book Four of The Dragons of Nibiru

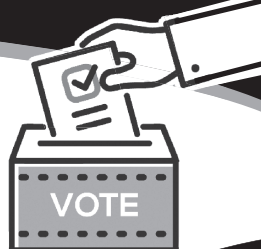
Available now at your local bookstore

www.dragonsofnibiru.com

Running for office?

Give your campaign a kickstart with Coffee News®!

Call for opportunities in your local community.



Your Weekly Horoscope

ARIES

(March 21 - April 20)



Keep your eyes open this week for an opportunity that can manifest a successful endeavour. It may be subtle, so pay close attention to be sure you don't miss it. Lucky numbers: 7, 19, 29, 33, 36, 47.

TAURUS

(April 21 - May 21)



Many factors are in flux in your environment right now. If you can stay centered in the chaos, you may be able to identify which factor could provide a new opportunity. Lucky numbers: 2, 6, 9, 20, 25, 27.

GEMINI

(May 22 - June 21)



You may be feeling argumentative and out of sorts at the beginning of the week. Wait a few days and things might improve. In the meantime, don't engage negatively with others. Lucky numbers: 3, 10, 13, 18, 30, 35.

CANCER

(June 22 - July 22)



You may have recently felt emotionally overwhelmed by others' pain. The energies are shifting in a positive direction. You still can't help everyone, but the burden might be lighter for you. Lucky numbers: 11, 16, 21, 28, 43, 44.

LEO

(July 23 - Aug. 23)



Your heart and mind may be out of sync right now. Consider how you can bridge the gap between the two, but try waiting a few days before you act. Lucky numbers: 10, 12, 21, 23, 39, 41.

VIRGO

(Aug. 24 - Sept. 23)



Did you set up a plan about six months ago on your birthday? If so, how are you progressing with it? Where do you need to make changes to stay on track? Lucky numbers: 25, 34, 41, 46, 47, 48.

LIBRA

(Sept. 24 - Oct. 23)



For the next couple of weeks, you may be able to easily communicate your ideas to people. This might be a good time to ask others for what you want. Lucky numbers: 8, 13, 14, 17, 23, 31.

SCORPIO

(Oct. 24 - Nov. 22)



You may have a lot of energy to accomplish something right now. Just consider where you should make an adjustment, in order to garner the support of others whose help you need. Lucky numbers: 5, 8, 11, 17, 25, 32.

SAGITTARIUS

(Nov. 23 - Dec. 21)



For a few days at the beginning of the week, you may feel particularly enthusiastic and optimistic. How do you want to take advantage of this to achieve something positive? Lucky numbers: 1, 15, 17, 22, 25, 34.

CAPRICORN

(Dec. 22 - Jan. 20)



You may feel the need to forge an intense psychological connection to your romantic partner. However, first make sure they are receptive to this level of interaction in the relationship. Lucky numbers: 9, 20, 21, 22, 32, 46.

AQUARIUS

(Jan. 21 - Feb. 19)



Are you caught between your work and romantic commitments? Look for opportunities that might allow you to accommodate both, while neither is neglected. This may take some creative thinking! Lucky numbers: 6, 19, 33, 40, 41, 43.

PISCES

(Feb. 20 - March 20)



The Sun is returning to the position where it was when you were born. This gives you the opportunity to plan your new year. Include values that you are passionate about. Lucky numbers: 4, 10, 22, 23, 36, 37.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 37.

Did You Know...

Sour to sweet: A berry that grows in West Africa makes sour foods taste sweet. Known commonly as "miracle fruit" or "miracle berry" (*Synsepalum dulcificum*), it contains a special protein that works by activating the sweet receptors on the tongue.

Favourite veggie: Known as the *Le Roi Soleil* (The Sun King), France's Louis XIV (1638-1715) had a fondness for green peas, which were considered a gourmet treat. They were imported to his court from Italy, wrapped in roses to keep them fresh.

Special coin: Queen Isabella of Spain appeared on the American quarter in 1893. She was the first real woman to appear on a U.S. coin. The occasion was the World's Columbian Exhibition in Chicago, Illinois.

Just visiting: The late American musician Elvis Presley was world famous, but never performed in England. He stopped in the U.K. during his time serving in the U.S. Army, but not as a performer.

Sweet side dish: The long and slender green zucchini is commonly used in many different dishes. Golden zucchini is shaped just like the green variety and is just as appealing. It can be a little bit sweeter than the green one.

On the Lighter Side

Pat: "The last time I sang my voice fell on a thousand ears."
Pam: "Were you singing in a cornfield?"

What do you call a silly pickle? A daffy dill.

My grandfather keeps his gingerbread recipe secret. He shares on a knead-to-know basis.

Knock! Knock! Who's there? Fangs. Fangs who? Fangs for opening the door!

When construction workers party, they raise the roof.

Answers

Trivia answers: 1. 1945 2. Cerro Aconcagua, Argentina 3. Common (Virginia) opossum 4. 32 5. 650 feet

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
 Your name Your phone number and Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Baby Bandojo from Edmonton

Coffee News® Fun Reading. Serious Advertising.

Home is Where Your Story Begins.

Let Me Help You Finance Your Dream Home!

Debbie Jacobsen, AMP
780.805.8840
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES
Mortgage Mentors

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

Possession Acquisition License Training

For more info, contact Robyn at **780-977-0725**
301 Saskatchewan Ave. Spruce Grove

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Learn to SCUBA DIVE at our Edmonton location - call for details
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

We truck wild Alaskan salmon from the boat to the prairie folk!

Best quality salmon at the best price for Albertans!

Flash Frozen at Sea, which maintains its freshness, taste and quality, making it safer to eat.

- Volume discounts - 1000lb and up!
- Buy 10, get 1 free (includes cases, freshly smoked or fillet)
- Legal - provincial and federal inspected

778-835-0239 Follow us

Starting at \$4.25/lb plus head off and cleaned