

## Running for office?

Give your campaign a kickstart with **Coffee News®!**

Call for opportunities in your local community.

**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Fairview Edition**

**877-553-6397**

www.coffee-news.ca Est. 1988

## PEACE RIVER VISION CLINIC

Family Eye Care  
**780-624-4265**  
www.drmikehopperoptometry.com

Eye Exams  
Designer Frame Lenses  
Contact Lenses  
Glaucoma Eye Evaluations  
Diabetes Eye Evaluations  
Safety Glasses

New Patients and Walk-ins Welcome!

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

PROMPT APPOINTMENTS AVAILABLE  
DIRECT BILLING

**FREE** Orthodontic/Invisalign Consult  
**FREE** Implant/Implant Denture Consult

## PEACE VALLEY DENTAL

**Dr. Michael Ho, DMD**

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

9811-100 Avenue  
Peace River, Alberta  
www.peacevalleydental.com

780.624.3355 • info@peacevalleydental.com

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

## WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST  
yesTV

## THIS SPACE FOR RENT

**780-220-6397**

## Happy Holidays

Wishing you good health and happiness in 2023

### Denture & Implant Cottage

(780)624-4573

## NEED TO EXPAND YOUR MARKETING EFFORTS?

**Coffee News® provides:**

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So -- you're not advertising with **Coffee News®** because...?

**780-220-6397**  
coffee-news.ca

## A wide range of safety training programs for industrial applications

Scan for courses Don't see the course you need? Call us -- we will work with you to find it. Have new hires? Ask about our multi class discount. Special rates for local on site equipment courses with a class minimum

**PROVIDING THE SKILLS NECESSARY TO EXCEL IN YOUR CAREER**

Servicing from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home

**DXP | HISE INTEGRATED** **780.532.2088**  
https://hseintegrated.com gptraining@dxpe.com

## Everybody's Talking

**Hanging loose:** A sloth found itself in a little bit of trouble when it made its way up an electrical pole in Taraza, a town in northwestern Colombia. Perhaps disoriented, it swung itself out onto live wires. Town locals noticed the animal's predicament and worried for the animal's safety. They called electrical workers to come to the rescue. The Empresas Publicas de Medellin public safety workers were extremely careful with their attempts to get the sloth to safety, an operation that took about 20 minutes. Everyone witnessing the event was pleased to know that the animal was released back into the wild, where it could find plenty of safer "wires" to crawl around and hang on.

**Good food:** On the Caribbean island of Puerto Rico, food stalls called chinchorros are part of the local economy. These ubiquitous stands serve all kinds of fare, ranging from bowls of rice and peas, to skewers of beef, to decadent fritters and croquetas de jamón y queso (ham, cheese, and potato croquettes). The food stalls are not fancy, but they attract locals and tourists alike, who might wander or even dance between the stalls. Live bands sometimes play, and children romp around together while their parents visit. Some chinchorros have been owned by the same family for many generations, and all of them contribute to preserving the island's vibrant food culture.

**Pig visitor:** A men's club in County Durham in England got a surprise visitor: a pig! The Easington Colliery Club's members couldn't believe their eyes when the black-and-tan farm animal sauntered into the premises. The animal turned out to be a friendly critter, as he strolled through the facility looking for an ear rub and a meal. Eventually, patrons managed to lure the little porker outside using a few morsels of food. They confined him to a nearby garden and posted the story on social media. In only about 15 minutes, someone identified the pig, who was believed to have been named Roddy. The owner soon arrived to take him home.

**Sweeping success:** Most people think brooms are primarily for sweeping floors, and they may be right. However, the brooms made at Berea College in the U.S. state of Kentucky are so beautifully crafted that they are more apt to be hung as decoration. These unique brooms are handmade by students at this liberal arts college. Broomcorn (Sorghum vulgare) is dyed various colours, which the students might braid into elaborate designs. They make 15 different types of brooms of various sizes. Founded in 1855, Berea was the South's first interracial, co-educational institution, and began making brooms in 1920. Today, students produce about 5,000 of these well-made brooms every year, and the product is in high demand.

## Quoteable Quotes

"I never lose. I either win or learn." —Nelson Mandela  
"Never fear shadows. They simply mean there's a light shining somewhere nearby." —Ruth E. Renkel

## What's Happening

**Feb 26 - Cross-Country Ski Try It Day** Want to try cross-country skiing but not sure where to start Join us at this event! All ages welcome to this free event taking place at the Whitecourt Golf Country Club. Please pre-register at rec.whitecourt.ca

**Mar 9-13 - Ladies Open Bonspiel** Come to this event hosted by Athabasca Curling Club, registration includes 3 events, appetizers Friday night and banquet Saturday night. For more info visit athabascacurling.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca

## Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

**NEW FEATURE!**

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Who won the 1989 Booker Prize for The Remains of the Day?
2. If one of a mammal's jaws is wider than the other, the condition is \_\_\_\_\_.
3. The Pipiles are Indigenous people in what country?
4. What year was The Jazz Singer, the first talking movie, released?
5. This era is known as "Age of the Dinosaurs."

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

**Everyone has the right to live free of violence and abuse**

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

PEACE RIVER REGIONAL WOMEN'S SHELTER

**1-877-624-3466**  
www.prrws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)

## HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

## WEBSITES

From \$129/Month

**(780) 760-6922**  
FRONTLINECONSULTING.CA

## Communities in Mind

From February 6th to March 3rd, Co-op is working with the Mental Health Foundation to raise funds for mental health services in your community.

Donate at your local Co-op food store, gas bar, liquor store, or home centre.

mentalhealthfoundation.ca

Mental Health Foundation  
in partnership with  
**CO-OP**

Helping you rediscover **fun** in the kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.  
**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

## Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?

We can assist with any and all unpaid rental amounts, including your entitlement to interest

**KMSC LAW LLP**  
LongRunClassAction.ca

Visit us on Facebook-CoffeeNewsWeekly

## Return to a Gentler Time...

Stay in one of our cozy rooms with delightful vintage detail. Invite your friends for breakfast, or for charcuterie by the fire, or plan a dinner party.

We'll prepare a sit down meal for up to 10, or a fireside schmooze for as many as 30. Or plan something al fresco and we'll prepare a gourmet picnic for you!

**Miramichi House**  
BED & BREAKFAST  
11120-103 Avenue, Fairview  
miramichihouse@gmail.com | www.mhbnb.ca

## Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore  
www.dragonsofnibiru.com

## Can't get to your Coffee News® each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

## AUTOMOTIVE LIGHT TRUCK REPAIR

Out of Province Inspections - \$230  
Rate: \$115/hour  
We service most vehicles, beginning at \$29.95\*  
\*For labour only.  
Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.

**TRINITY REPAIR LTD.**  
780.338.3848  
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

## Pregnant? Facing Difficult Decisions?

We can help.  
Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice

www.smallmiraclesadoption.com

## If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**  
Sunset Scents a RAY of Fragrance  
prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

## Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

**microbusiness TRAINING CENTRE INC**  
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
780.482.4462 | www.microbusiness.ca

## COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

## PASSENGER & PARCEL SERVICES

SHIP BY BUS  
GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: www.coldshotca.com  
Passenger Website: www.coldshot.ca  
TICKETS: 587-557-7719 | PARCEL: 587-557-7718  
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

# Your Weekly Horoscope

### ARIES (March 21 - April 20)

This week you may uncover a hidden opportunity, allowing you to make progress on a goal. Finding it might require facing and addressing an unresolved wound from the past. Lucky numbers: 1, 12, 19, 25, 38, 40.

### TAURUS (April 21 - May 21)

For the next few weeks, keep your eyes open for an unusual or unexpected opportunity. Taurus can tend to overanalyze things, but this opportunity may not last long. Lucky numbers: 12, 13, 14, 18, 27, 36.

### GEMINI (May 22 - June 21)

Your antenna for picking up data from the ether may be particularly sensitive at the beginning of the week. Evaluate the information for a few days before deciding how to proceed. Lucky numbers: 5, 8, 22, 29, 33, 41.

### CANCER (June 22 - July 22)

You may find that your emotions are strong and close to the surface at the beginning of the week. If this causes you stress, breathe deeply and wait a few days. Lucky numbers: 6, 7, 28, 29, 40, 42.

### LEO (July 23 - Aug. 23)

Added Leo energy at midweek may be favourable for getting what you want in a particular situation. Just be sure that it doesn't come at a high cost for someone else. Lucky numbers: 11, 13, 14, 20, 25, 46.

### VIRGO (Aug. 24 - Sept. 23)

Virgos are usually well grounded. For the next couple of weeks, though, your thoughts and ability to communicate clearly may be muddled. Use this as an opportunity to expand your comfort zone. Lucky numbers: 5, 15, 20, 29, 37, 42.

### LIBRA (Sept. 24 - Oct. 23)

Libras' diplomatic nature helps them try to avoid conflict in relationships. Right now, though, you may find you have a strong urge for an honest discussion to resolve an issue. Lucky numbers: 3, 12, 17, 19, 28, 32.

### SCORPIO (Oct. 24 - Nov. 22)

Are you possibly feeling restricted by your partner and/or relationship? Consider where a change in viewpoint could improve the situation, and discuss that change with the other person. Lucky numbers: 2, 13, 17, 18, 26, 33.

### SAGITTARIUS (Nov. 23 - Dec. 21)

Your mind and emotions may be in conflict at the beginning of the week. Take a deep breath and wait a few days before taking action on any important issue. Lucky numbers: 17, 20, 23, 33, 39, 45.

### CAPRICORN (Dec. 22 - Jan. 20)

Pluto entered Capricorn in 2008, catalyzing a deep transformation for you. It will soon begin to dip its toe into Aquarius. You may now begin to feel a change in the pattern. Lucky numbers: 2, 11, 12, 14, 15, 27.

### AQUARIUS (Jan. 21 - Feb. 19)

Do you have a project that requires the support of others? Midweek could be a good time to reach out, as your ability to successfully communicate may be heightened. Lucky numbers: 7, 13, 17, 24, 25, 26.

### PISCES (Feb. 20 - March 20)

Are you having a difficult time making a decision about an important matter? Keep your eyes open for information that might help clarify your intuitive sense of the situation. Lucky numbers: 4, 7, 10, 21, 32, 33.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 17.

## Did You Know...

**Island city:** A popular tourist destination, Venice, Italy, is built on 118 small islands connected by bridges. Popular beaches are found on the islands of Lido and Pellestrina, while Murano is known for its glass-making industry.

**Teary times:** Humans have three types of tears with very different functions. Basal tears moisten the eye, while irritant (or reflex) tears rid the eye of dirt, protecting it from infections. Other tears reveal emotions like joy or sadness.

**Ouch!** Among the uncomfortable fashion trends was the corset, which Western women wore from the 16th to early 20th centuries. Designed to shape the body, corsets could be so tight that breaking a rib was a real danger.

**Cheese peeler:** Most people are familiar with those handy vegetable peelers that make easy work of peeling potatoes and carrots. They can also be used to "peel" strips from a block of cheese to use in salads or pasta dishes.

**Pumpkin facts:** Because they are full of seeds, pumpkins are a fruit. Like zucchini, they belong to the squash family. They ripen in the fall (in time for Halloween!), and are known as a "winter squash."

## On the Lighter Side

The failed poet decided to leave the writing to the prose.

Ned: "Can you skate?"  
Fred: "I don't know. I can't stand up long enough to find out!"

What was Rumpelstiltskin doing in the Olympics? Going for gold!

A broken can opener is really just a can't opener.

Knock! Knock! Who's there? Breed. Breed who? Breed deep and say "Ahh!"

**Answers**  
Trivia answers: 1. Kazuo Ishiguro 2. Antisocialism 3. El Salvador 4. 1927 5. Mesozoic

For available franchise opportunities - visit coffeenewscanada.com  
© Published with Permission by Capital Marketing Ltd

## LARGEST SELECTION of Machines and Notions

baby lock  
FOR THE LOVE OF SEWING

Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm  
NEW LOCATION NOW OPEN!  
SOUTH 780.469.1147 8649-63 Ave., Edmonton  
WEST 780.486.0047 18514-104 Ave., Edmonton  
www.centraisewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

## Are You A Good Fit?

Capital Marketing, publishers of Coffee News in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.

If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email info@coffee-news.ca and tell us why you love Coffee News, and why you would like to share the good news stores we provide with your community. We'll be in touch after we get your email. Don't forget to include your name and phone number!

## inogen FREEDOM. TO BE YOU.

1-888-998-6714

## SHOP ONLINE!

www.scubagearcanada.ca

Snorkelling Gear • Reef-Safe Sunscreen • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

## Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

Possession  
Acquisition  
License  
Training

For more info, contact Robyn at 780-977-0725  
301 Saskatchewan Ave. Spruce Grove

## PLANT & ASSOCIATES APPRAISAL SERVICES INC.

Alan A. Duncan A.A.C.I.

Real Estate Appraisals  
Residential  
Agricultural  
Commercial

780.219.7511

## EQUIPMENT FINANCING

with ENTOURAGE CAPITAL GROUP  
EQUIPMENT FINANCING • ASSET BASED LENDING

Cash Back Options with Sale Leasebacks & Refinancing

We Finance Used: AGRICULTURE, TRANSPORTATION, CONSTRUCTION, FORESTRY, MOWERS & LANDSCAPING, EQUIPMENT REPAIRS

APPROVALS IN HOURS, NOT DAYS  
Call or Text Adam Today! 780.919.2003  
adam@entouragecapitalgroup.com entouragecapitalgroup.com

## If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca