

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

Possession
Acquisition
License
Training

For more info, contact Robyn at
780-977-0725
301 Saskatchewan Ave. Spruce Grove

If You Have Room In Your Heart To:

- Provide a safe, loving, stable temporary home to an animal in need
- Care for an injured animal, expectant mom, abandoned senior or animal needing rehab;
- Nurture a young animal until it reaches an adoptable age;

BECOME A FOSTER!

The Humane Society Will Provide:

- Required food & supplies (bedding, litter/box, etc.
- Veterinary care & expensed
- Ongoing monitoring & support of the animal/foster home

Lac La Biche REGIONAL HUMANE SOCIETY
www.llbrhs.com or on Facebook Lac La Biche Regional Humane Society

ZERO FUSS 100% ADVENTURE.

Plan your summer staycation:
LACLABICHEREGION.COM

Criminal Defence | Family Law

New Beginning Law

- Driving Offences
- Adoptions
- Independent Child Counsel
- Child Support
- Separation Agreements
- Divorce

Renée L.T. Moore B.A., B.Comm.(Co-op), J.D. Barrister & Solicitor
Jerred L.T.T. Moore B.A. (Adv.), J.D. Barrister & Solicitor

4802-49 Avenue, St. Paul (Located behind ATB)
780.645.0050 | www.newbeginninglaw.ca

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore
www.dragonsofnibiru.com

MISSION VIEW FUNERAL CHAPEL LTD.

SERVING LAC LA BICHE, PLAMONDON, BOYLE, GRASSLAND AND SURROUNDING COMMUNITIES FOR OVER 25 YEARS

FUNERALS - CREMATION - MONUMENTS - PRE-PLANNING

CURRENTLY OFFERING UP TO **35% OFF** SELECT REMCO MONUMENTS

780-623-1815 • info@missionview.ca

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Lac La Biche and Area Edition

877-553-6397

www.coffee-news.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

THIS SPACE FOR RENT

780-220-6397

LIFE HAPPENS AT THE BOLD CENTER.

www.boldcenter.ca

BOLD CENTER

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Vol. 20 No. 8 February 20, 2023

Everybody's Talking

Reforestation in Turkey: Hikmet Kaya of Turkey may have retired two decades ago, but his years-long work in forest management lives on. Kaya was responsible for planning the reforestation effort that would turn an area of bleak hills near the town of Sinop into a flourishing forest. Starting in 1978, the former forest management chief toiled with his team and local villagers to plant 30 million saplings on 25 hectares (62 acres). Recently, Kaya returned to the area. As he stood in today's green, forested environment, he held a large photo of the once-barren and brown land. His work is important in this country, where loss of forests has been a concern.

Change of canvas: Painting delicate portraits and images of birds on porcelain is how a tattoo artist from Bucheon, South Korea, got her start. Today, Abii uses her abundant skill and artistic talent to create similar images on skin. Instead of using brushes and paint to decorate porcelain, she now uses a needle and ink, with skin as her canvas. Her creations are exquisite, sophisticated, and realistic; they contain lots of colour and intricacy, whether the design is a luminescent hummingbird in flight, a pair of cardinals resting on a leafy branch, or a mother and child. The artist admires the work of Claude Monet and Vincent van Gogh, and incorporates their styles in her creations.

Doggie DNA: Dog walkers everywhere know that when a canine companion does its business on public land, the polite thing to do is scoop it up and dispose of it. However, a woman in Spain learned that the hard way. Hailing from Paterna, in the country's Valencia region, the woman had been on vacation in Benalmadena, over 600 kilometres (373 miles) from her home. When she didn't clean up after her Bull Terrier, authorities were able to track the pet using DNA, and she was fined. The doggie DNA database is primarily available to help owners find their lost pets, but in this case, the pet owner discovered it can have another use!

Love it or hate it: In the capital city of Bratislava, Slovakia, one unusual structure to visit is an upside-down pyramid. Designed by architects Stefan Svetko, Stefan Durkovic, and Barnabas Kissling, it is the Slovak Radio Building and is known as the Pyramid. People tend to either love or hate the eye-catching, inverted pyramid, which was completed in 1983 after a decade and a half of construction. Standing 80 metres (262 feet) high, it houses broadcasting studios and a concert hall. Another claim to fame is that within its walls is one of the largest organs in Central Europe, an instrument that has 6,300 pipes.

Quoteable Quotes

"To give anything less than your best is to sacrifice the gift."
—Steve Prefontaine

"The most sincere compliment we can pay is attention."
—Walter Anderson

What's Happening

Mar 9-13 - Ladies Open Bonspiel Come to this event hosted by Athabasca Curling Club, registration includes 3 events, appetizers Friday night and banquet Saturday night. For more info visit athabascacurling.ca

Feb 19 to 21 - Snow Fever A three-day festival of snowy fun, co-hosted by the City of Cold Lake, M.D. of Bonnyville and Kinosoo Ridge Resort, in three different locations on the Family Day long weekend in February each year. Visit the Snow Fever Facebook page for more info

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Happy Family Day!

from your friends at **Coffee News**

Running for office?

Give your campaign a kickstart with **Coffee News**!

Call for opportunities in your local community.

VOTE

BUY A HOME, BRING YOUR HOME OR RENT A HOME AT DEER MEADOWS

Call 780.594.4101 for more information

Where Thrifty Dreams Come True

Mon - Fri 10 am - 6 pm
Saturdays 11 am - 5 pm

Lolly Pop Thrift Shop

4913-51 Street Athabasca

DONATIONS WELCOME

Supporting Children's Clubs, groups and organizations with their fundraising goals

- Trivia**
1. Where is LEGO Group's corporate headquarters—Canada, Denmark, or Belgium?
 2. When was the BBC (British Broadcasting Corporation) founded?
 3. What is Finland's highest peak?
 4. What invasive, amphibious species was introduced to Australia in the 1930s?
 5. Django Reinhardt is best known for playing this instrument.

(Flip bottom of page for answers)

Get More Traffic, Leads & Sales



- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
780.760.6922
frontlineconsulting.ca



inogen
FREEDOM. TO BE YOU.

1-888-998-6714

MKT-P0253

Home | Auto | Business | Farm

Insurance that fits

780.623.4246
10117 101 Ave., Lac La Biche
BrokerLink.ca

BrokerLink Insurance

©2022 BrokerLink Inc. "BrokerLink & Design" is a trademark of BrokerLink Inc. All rights reserved.

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

LARGEST SELECTION of brother Machines and Accessories

brother at your side

802450

Come in for a test drive!
Mon-Fri, 9 am - 5 pm Sat, 9 am - 3 pm

NEW LOCATION NOW OPEN!
SOUTH 780.469.1147 WEST 780.486.0047
8649-63 Ave., Edmonton 18514-104 Ave., Edmonton

www.centra Sewing.com

SEWING | EMBROIDERY | QUILTING | INDUSTRIAL | SERVICE

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Aries is one of the action-oriented signs. However, this week you may want to take advantage of an opportunity to slow down and contemplate any issues in your life. Lucky numbers: 10, 27, 28, 32, 35, 38.

TAURUS
(April 21 - May 21)

The middle of the week may bring an opportunity for you to do steady, patient work. If you run into an obstacle, try not to be stubborn. Instead, look for a unique solution. Lucky numbers: 7, 12, 19, 25, 29, 44.

GEMINI
(May 22 - June 21)

Are you in a tug of war with someone about something that is important to both of you? The week could start with an opportunity to find a win-win outcome. Lucky numbers: 6, 16, 18, 21, 24, 45.

CANCER
(June 22 - July 22)

For the next few weeks, you may be focused on fun and pleasure. That is important for a balanced life, but be sure not to completely neglect your work, relationships, or responsibilities. Lucky numbers: 18, 21, 26, 30, 44, 47.

LEO
(July 23 - Aug. 23)

Leos are naturally sociable individuals and that trait may be heightened now. This energy might provide an opportunity for you to achieve a goal that is in line with your values. Lucky numbers: 1, 6, 7, 9, 16, 20.

VIRGO
(Aug. 24 - Sept. 23)

At the start of the week, you may be feeling "out of sorts" for no apparent reason. If you are patient and wait a few days, the situation might improve. Lucky numbers: 2, 15, 18, 28, 35, 42.

LIBRA
(Sept. 24 - Oct. 23)

Libras are normally peacemakers, but this week you may be feeling combative about a cause or something else you passionately value. Where could you productively focus your efforts? Lucky numbers: 4, 6, 18, 37, 38, 48.

SCORPIO
(Oct. 24 - Nov. 22)

Your mind and emotions may not be in sync, and this could spill over into your public interactions. To avoid being argumentative, be aware of how you are communicating with others. Lucky numbers: 13, 14, 18, 23, 35, 41.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Like Aquarius, Sagittarius has an interest in the evolution of humanity. This desire may be heightened now, but you might have to reach for, or perhaps create, an opportunity. Lucky numbers: 3, 8, 10, 17, 20, 22.

CAPRICORN
(Dec. 22 - Jan. 20)

Capricorns are often talented in achieving goals such as career and monetary success. For the next few weeks, an adjustment in your attitude could lead you to higher aspirations. Lucky numbers: 11, 12, 14, 20, 23, 25.

AQUARIUS
(Jan. 21 - Feb. 19)

An Aquarian can easily get lost in theories of how things should be. This week, though, you may be able to unearth an opportunity to achieve something that is more concrete. Lucky numbers: 5, 6, 19, 28, 29, 39.

PISCES
(Feb. 20 - March 20)

Pisces energy is amplified at the beginning of the week. This may be a good time for retreat and contemplation, to regroup and develop a new plan going forward. Lucky numbers: 14, 17, 21, 23, 33, 43.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 7.

Did You Know...

Blue House: Mexico City is home to La Casa Azul, where renowned artist Frida Kahlo grew up. Today, the blue-painted structure is a museum that showcases the artist's work and life.

Active dreams: Everyone dreams, but some people have "rapid eye movement sleep behaviour disorder." They may perform actions in their dreams by talking, laughing, yelling, kicking, or even getting out of bed.

Moon nut: Peanuts are not nuts, but legumes, which means they are seeds enclosed in a pod. Interestingly, a peanut found its way to the moon and back in 1971 when U.S. astronaut Alan Shepard took one aboard Apollo 14.

Cuddly pet: A Shih Tzu makes a great pet because these dogs are affectionate and outgoing. The little canines love to jump up on laps. Even though the name means "lion dog," the friendly, playful creatures are alert but not aggressive.

American plant: Native to Europe, Lamb's quarters (*Chenopodium album*) grows throughout North America, even near busy city streets. It can reach 6.5 feet (2 m) tall and its leaves can be used like spinach.

On the Lighter Side

Knock! Knock! Who's there? July. July who? July awake at night?

I just produced a theatrical performance on puns. It was a play on words.

Flo: "Why are you taking those math questions to the gym?"
Jo: "I have to reduce some fractions."

What kind of shampoo does Medusa use? Snakes Heads and Shoulders.

These reverse-angle cameras in cars are great. I got one and I never look back.

Answers

Trivia answers: 1. Denmark 2. 1922 3. Haiti 4. Felli (Haitian) 5. Guitar

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd



BLUE BLOODS
MON - THURS 9:00
yesTV

MENTION THIS AD FOR A DISCOUNT!

LET US HELP YOU QUIT SMOKING
Come learn the facts and make a plan
780-623-2158
10208-101 Ave., Lac La Biche
10 am - 6 pm, 7 days a week
Closed on holidays

OHMY VAPE LOUNGE

Are You A Good Fit?

Capital Marketing, publishers of *Coffee News* in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.

If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email info@coffee-news.ca and tell us why you love *Coffee News*, and why you would like to share the good news stores we provide with your community. We'll be in touch after we get your email. Don't forget to include your name and phone number!

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

LegalShield

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We Get Your House **SOLD:**

- ✓ 3D Tours & Professional Photos
- ✓ 300+ websites
- ✓ Social media ads
- ✓ 24/7 Info Direct # for your home ...and MORE!

WE HELP BUYERS TOO!

FIND OUT HOW YOU CAN **SAVE UP TO 50%!**

seindirect
Northern Homes Realty
Diana Noble Owner/Broker

780.747.8372

PROUDLY SERVING LAC LA BICHE, PLAMONDON, WANDERING RIVER & SURROUNDING AREAS

www.sellerdirectnorthernhomes.com

Silver Sage Enterprises Ltd

Les Helm, RPFT
Cell 780.520.4000
Office 780.623.2494
Fax 780.623.2894
l.helmsilversage@gmail.com

Land Resource Planning

- Gravel Pits
- Mapping
- Reclamation
- Road Engineering