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Feb 26 - Cross-Country Ski Try It Day Want to try crossountry skiing but not sure where to start Join us at this event! All ages welcome to this free event taking place at the Whitecourt Golf Country Club. Please pre-register at rec.whitecourt.ca

> NON profit organizations may submit events for FREE at www.coffee-news.ca







www.scubagearcanada.ca

Trivia

- 1. The largest island of the Philippines is
- 2. This Egyptian frog goddess represents fertility.
- 3. What refrigerant destroys the ozone layer?
- 4. The French horn is a woodwind instrument—T/F?
- 5. The word "cappuccino" originally referred to what brown item?

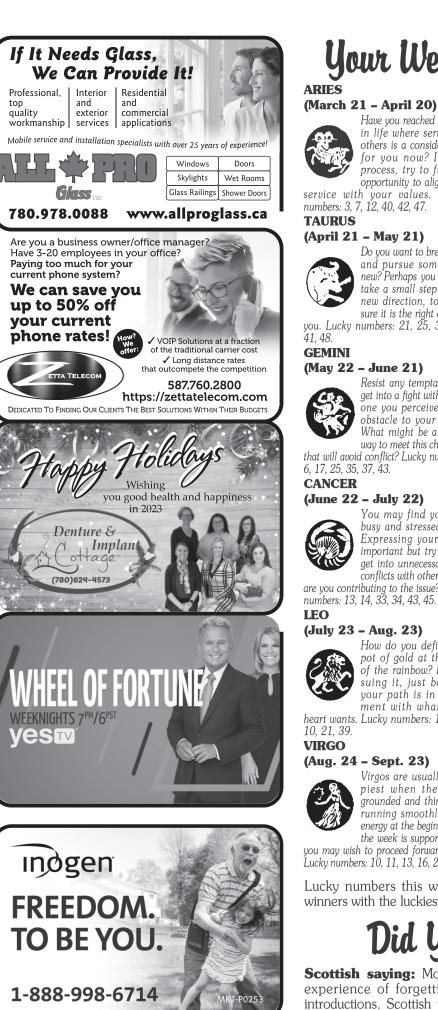
(Flip bottom of page for answers)

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Your Weekly Horoscope LIBRA

(Sept. 24 - Oct. 23)

Seek out the beauty that

is all around you in the

world. Perhaps take a museum trip? Use this

energy to reinforce the

natural grace, kindness.

Are you feeling a bit para-

noid about the thoughts

and actions of those

around you? Take a deep

breath, wait a few days,

You may find yourself

thinking now about what

legacy you want to leave behind. Whatever you de-

cide, be sure to incorpo-

rate your personal philos-

You may have been under-

going a long period of per-

sonal transformation, which

often might have been

confusing. At mid-week, you

could receive some insights

You may find that you

and empathy within yourself. Lucky

and the feeling will most likely pass. Lucky numbers: 14, 20, 21,

ophy and belief system into your plans. Lucky numbers: 5, 14, 16, 19, 32, 36.

about the process. Look for them. Lucky

numbers: 2, 15, 17, 33, 36, 41.

(Oct. 24 - Nov. 22)

SCORPIO

28.33.35.

SAGITTARIUS

CAPRICORN

(Dec. 22 - Jan. 20)

numbers: 4, 15, 33, 39, 42, 44.

(Jan. 21 - Feb. 19)

AQUARIUS

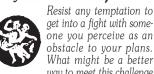
(Nov. 23 - Dec. 21)

Have you reached a place in life where service to others is a consideration for you now? In this process, try to find an opportunity to align your service with your values. Lucky numbers: 3, 7, 12, 40, 42, 47.

(April 21 - May 21)

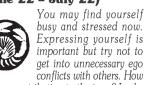
Do you want to break free and pursue something new? Perhaps you should take a small step in the new direction, to make sure it is the right one for you. Lucky numbers: 21, 25, 33, 35,

(May 22 – June 21)



obstacle to your plans. What might be a better way to meet this challenge that will avoid conflict? Lucky numbers:

(June 22 – July 22)



are you contributing to the issue? Lucky numbers: 13, 14, 33, 34, 43, 45.

(July 23 - Aug. 23)

How do you define the pot of gold at the end of the rainbow? In pursuing it, just be sure your path is in alignment with what your heart wants. Lucky numbers: 1, 3, 6,

(Aug. 24 - Sept. 23)

Virgos are usually happiest when they feel grounded and things are running smoothly. The energy at the beginning of the week is supportive, so

you may wish to proceed forward now. Lucky numbers: 10, 11, 13, 16, 24, 46.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 11.

Did You Know...

Scottish saying: Most people have had the embarrassing experience of forgetting someone's name when making introductions. Scottish people ease these awkward situations by saying, "Pardon my tartle!"

Maple leaf: The Canadian Flag has a red maple leaf in the middle, which is flanked by two vertical red rectangles. Designed by Canadian George Stanley, it became official in 1965.

Poetry time: To write an acrostic poem, just pick a word or name. Then use each letter of the word or name as the first letter of each line of the poem. The word can be any length and the poem does not have to rhyme.

Bad bread move: Don't put a loaf of bread upside down on a table when dining in Italy. An Italian belief is that bread is a symbol of life, and therefore placing it upside down will bring bad luck.





need to make an adjustment now to your work style. Keep your Aquarius antenna alert for new information that could help you in this process. Lucky numbers: 7, 24, 29, 30, 36, 42. PISCES

(Feb. 20 - March 20)

You may be feeling that you are on information overload right now, and vou would be correct. It may be best to wait a few days to assimilate it

before acting. Lucky numbers: 12, 14, 18, 21, 33, 40.

Pesky stump: Tree stumps take years to rot on their own. To accelerate the process, drill holes in the stump and sprinkle Epsom salt on it. Keep the stump covered to protect from rain, and apply more salt every few weeks.

On the Lighter Side

Why did the student throw away his lunch? It was full of junk food.

Tom: "I used to have a terrible fear of hurdles." Tim: "What did you do?" Tom: "I got over it."

I know a woman who used to be a train driver, but she got sidetracked.

Remember: Models of dragons are not to scale.

Knock! Knock! Who's there? Bertha. Bertha who? Happy Bertha-day to you!

Answers

5. Capuchin monks' clothing I rivia answers: 1. Luzon 2. Heget 3. Freon 4. False

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