

CANADA'S LARGEST FAMILY FRIENDLY
COIN SHOW & SALE
 - free evaluations (of your coins, medals, tokens, paper money, watches, etc.)
 - youth and adult coin auctions
 - educational displays
 - strike your own coin
 - 40+ dealers from across Canada
www.edmontoncoinclub.com
MARCH 11 & 12
 10 am - 4 pm both days
 Central Lions Centre
 11113-113 St., Edmonton
 - SPONSORED BY THE EDMONTON NUMISMATIC SOCIETY -

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**
SAFE STEP WALK-IN TUB
1-855-977-9805
With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

MILLWOODS Bottle Depot
 2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)
mybottledepot.ca
14 receiving stations to serve you REALLY FAST!
 Mon - Sat 8:30 am - 7 pm
 Sunday 10 am - 6 pm
BEST IN THE CITY!
 Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Love Coffee News?
 Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!
 Send your selfie to **contests@coffee-news.ca**
 Please put "Readers" in the subject line.
 Please include:
 1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!
Reader of the Month
 Kelly Kadla from Edmonton
Coffee News Fun Reading. Serious Advertising.

jerry forbes
 Centre for Community Spirit
93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS
HOME FOR 25 CHARITIES & NON-PROFITS
jerryforbescentre.ca
 Dear Edmonton,
 We are having a great time and the people here are amazing. You should come for a visit!
 Sincerely,
 JFC

You Used To Do It Yourself...
WE CAN HELP!
 CONTACT THE EXPERIENCED PROFESSIONALS AT
HOME & OFFICE HANDYMAN services
780.940.2127 | www.HOHS.ca
 Give Us Your List. We'll Do The Rest.

NEED TO EXPAND YOUR MARKETING EFFORTS?
Coffee News provides:
 ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
 ✓ Access to thousands of online readers weekly
 ✓ Free ad design
 ✓ Free ad changes
 ✓ Free sponsorship in our CN Bucks program
 ✓ Exclusivity in your industry
So - you're not advertising with Coffee News because...?
780-220-6397
coffee-news.ca

FREE! **New Issue Every Week!**
Coffee News
 "News To Be Enjoyed Over Coffee"
Ellerslie East Edition
780-220-6397
www.coffee-news.ca
 Vol. 20 No. 10 March 6, 2023

Everybody's Talking

A rock and a hard place: Only the intrepid have the nerve to step onto a certain boulder in Norway. "Kjeragbolten" is jammed in a crevasse on the 1,084-metre (3,556-foot) Kjerag mountain near the town of Lysebotn in southern Norway. The boulder sits above an abyss that is about 1,000 metres (3,280 feet) above Lysefjord below. Hopping down onto it is not for the faint of heart, but many complete the feat, ending up with a great photo. Adventurers can get to Kjeragbolten by hiking a 12-kilometre (7.5-mile) trail, if they are in reasonable physical shape. The scenery is a reward for the effort, even without jumping onto the famous boulder.

Floating hotel: In the 1980s, a floating hotel was moored in the Great Barrier Reef Marine Park in Australia. The Four Seasons Barrier Reef Resort was 70 kilometres (43 miles) off the coast of Queensland, and developers expected it to be a hit with tourists. But the long boat ride to the nearly 200-room venue, plus financial problems, caused its closure after a year. It was purchased by a Vietnamese company, moved to Ho Chi Minh City, and anchored in the Saigon River. When it closed after more financial trouble, North Korea bought the structure for the Mt. Kumgang tourist region, where the renamed Hotel Haegumgang operated for a decade before permanently closing.

Colourful place: In Amsterdam, Netherlands, is a museum with a cabinet full of rocks. Visitors won't realize the significance of these seemingly plain-looking stones. But when the flip of a switch turns on a black light, these rocks glow with neon colour because they contain fluorescent flecks. The venue is the Electric Ladyland, after the Jimi Hendrix album, with a formal name of The First Museum of Fluorescent Art. In it, visitors can also see works of fluorescent art and be fully immersed in an ethereal environment of coloured light. Fittingly, the museum, which is the brainchild of American artist Nick Padalino, is located in a basement venue, making the colourful light seem even more dazzling.

Time for a tune: The piano company Steinway and Sons received a unique contract from the U.S. government during World War II: making more than 3,000 pianos for American troops to use for their amusement and relaxation between 1942 and 1953. Known as "Victory Vertical" pianos, the 40-inch (102-cm) tall, specially built instruments were manufactured in military colours of olive drab, blue, and gray). Most were air dropped by parachute to the locations of the troops. The company even made sure soldiers could enjoy playing in tune; instructions and tuning equipment were packaged with the pianos. Anecdotal evidence, via letters from soldiers, indicated that the operation helped raise spirits.

Quoteable Quotes

"My mission in life is not merely to survive, but to thrive." —Maya Angelou
 "There is always light. If only we're brave enough to see it. If only we're brave enough to be it." —Amanda Gorman

What's Happening

Mar 12 -Devon Monthly Arts Market Join us for our first Spring Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

Mar 11-12 - Edmonton Coin Show Canada's largest coin show for lovers of all things numismatic - coins, medals, tokens, paper money from around the world, through the centuries - ancient to modern. 11113 113 Street.

NON profit organizations may submit events for FREE at **www.coffee-news.ca**

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries
 To enter, visit **www.coffee-news.ca**
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is the fourth longest river in Africa?
2. The Davis Cup is awarded in what sport?
3. Kava is a traditional drink in this South Pacific island country.
4. A calcographer draws with what?
5. What is the boiling point of water at sea level?

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!
PSC Prairie Scented Candles
Sunset Scents
 a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

THIS SPACE FOR RENT
780-220-6397

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!
 How? We offer:
 ✓ VOIP Solutions at a fraction of the traditional carrier cost
 ✓ Long distance rates that outcompete the competition
587.760.2800
https://zettatelecom.com
 DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

WINTER CLEARANCE
 Save Up To
50%
 Off Our Already Low, Low Prices
Direct Workwear Ltd.
 5361 Gateway Blvd NW, Edmonton AB
 Open 7 Days A Week

HIP OR KNEE REPLACEMENT?
 THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND
 COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.
 FOR EXPERT HELP:
1-844-453-5372

WE COME TO YOU!
NERDS2YOU
 VIRUS REMOVAL & COMPUTER REPAIR
ONSITE COMPUTER REPAIR
 Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.
587-772-NERD(6373)
 FAST, FRIENDLY AND PROFESSIONAL DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

Running for office?
 Give your campaign a kickstart with **Coffee News!**
 Call for opportunities in your local community.

FROM \$85 A MONTH
DRUG AND DENTAL PLANS
 LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
 RESP PLANS (up to \$9200 grants + 15% bonus)
Vikram Saggi
780-999-3000
ONKAR INSURANCE BROKERS
www.scubagearcanada.ca

NOT AN ORDINARY STAMP SHOW!

The Edmonton Stamp Club National Stamp Show welcomes all hobby organizations and collectors to exhibit Vintage Collections related to Edmonton's hockey history at

EDMONTON'S HOCKEY HISTORY THEN & NOW

EDMONTON STAMP CLUB Spring SHOW

March 25 (10 am - 5 pm) & March 26 (10 am - 4 pm)
Central Lions Rec Centre (11113-113 St.)

Items of interest include vintage photographs, prints, post-cards, game programs, newspaper clippings, pennants, crests, envelopes/letterhead, posters and other items related to Edmonton's hockey history 1900s-2000.

For more info contact John at 780.456.7095

Full details at www.edmontonstampclub.ca

SPONSOR, DONATE OR EXHIBIT AND BE FEATURED IN VARIOUS ESC MEDIA

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Safe & Social Community
1 and 2 Bedroom suites now available

DEVONSHIRE VILLAGE

Scan QR Code

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton

780-934-6636
CDLhomes.com

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST
yesTV

Mortgage Advice

We provide mortgage options, value, flexibility, and convenience.

Let's talk:
Michael Rennie
Mobile Mortgage Specialist
T: 780 499 4749
michael.rennie@td.com
mms.tdcanadatrust.com/michael.rennie

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.

JAY BERG GROUP
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com

THE TODAY CENTRE

Family violence help starts today

PROVIDING IMMEDIATE, INCLUSIVE, INTEGRATED SERVICES FOR THOSE IMPACTED BY FAMILY VIOLENCE

780.455.6880
www.thetodaycentre.ca

Experiencing family violence and don't know where to turn?
We can help.
Find the road to healing at The Today Centre.

Your Weekly Horoscope

ARIES
(March 21 - April 20)

Sometimes Aries have a tendency to immediately respond to stimuli and input. This week, you may want to consider taking a step back and waiting a bit before taking action.
Lucky numbers: 18, 20, 21, 25, 41, 43.

TAURUS
(April 21 - May 21)

Taurus-born are entering a period where focus may be on relationships. Are your emotional needs being met by a partner? How much emotional support are you able to provide?
Lucky numbers: 16, 17, 19, 23, 43, 44.

GEMINI
(May 22 - June 21)

Geminis are most comfortable interacting with others on an intellectual level. Now you may have an opportunity to show your emotional side, especially about something you passionately value.
Lucky numbers: 6, 14, 19, 20, 34, 46.

CANCER
(June 22 - July 22)

You may be in a period where your natural emotional intelligence level is expanding. How might you use this skill to help others deal with issues caused by emotional trauma?
Lucky numbers: 1, 5, 8, 11, 20, 25.

LEO
(July 23 - Aug. 23)

Over the next two years, the universe may call on you to expand your level of compassion. How might you manifest that in a way that helps your fellow human beings?
Lucky numbers: 4, 22, 27, 36, 41, 44.

VIRGO
(Aug. 24 - Sept. 23)

Virgos have a natural practical talent. That energy is highlighted now. You might use it to bring a project or other effort to completion, and begin to plan your next steps.
Lucky numbers: 7, 35, 37, 42, 43, 45.

LIBRA
(Sept. 24 - Oct. 23)

Your natural diplomacy may be heightened mid-week. If you or one of your loved ones is experiencing a conflict with someone else, you might be able to act as a mediator.
Lucky numbers: 11, 13, 18, 22, 33, 39.

SCORPIO
(Oct. 24 - Nov. 22)

Scorpios have an ability to pick up psychological impressions from others. Late this week, this skill may become a bit overwhelming for you. Perhaps you could retreat for a few days.
Lucky numbers: 3, 15, 27, 34, 40, 41.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Are you feeling dissatisfied right now with your place in the world? You might want to consider what you want your legacy to be, and how to create a path toward it.
Lucky numbers: 2, 3, 7, 28, 30, 40.

CAPRICORN
(Dec. 22 - Jan. 20)

Capricorn is one of the signs that belong to the "earth element" group. Now, however, you have an opportunity to add some "water element" energy. This may help stimulate your intuition.
Lucky numbers: 8, 10, 26, 27, 35, 47.

AQUARIUS
(Jan. 21 - Feb. 19)

The last two years, you may have felt external pressure to be disciplined about mundane, everyday tasks. This period is ending, as is the energy that helped you achieve them.
Lucky numbers: 12, 20, 27, 28, 29, 38.

PISCES
(Feb. 20 - March 20)

A planetary shift is going to put pressure on Pisces for the next two years. The challenge of this period will be to ground your intuitive nature with more practicality.
Lucky numbers: 5, 8, 10, 36, 41, 48.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 7.

Did You Know...

Sweet cat: A Persian cat is an affectionate and adaptable feline friend. With a long, luxurious coat, which can be of various colours, and a sweet expression, one type of Persian is nicknamed "Doll Face."

Silent star: A silent film star of the early 20th century, American Buster Keaton was a master at physical comedy. Born Joseph Frank Keaton in 1895, he got his start at age 3 when he joined his parents' touring vaudeville act.

Protective clothing: Sunscreen is common to protect skin from the sun's harmful rays, and clothing can also provide protection. Dark, tightly woven fabric helps prevent ultraviolet light from reaching the skin.

Glowing place: The Newnes Glow Worm Tunnel near Putty, Australia, once housed a railway. Today the limestone tunnel is home to the glowing larvae of the *Arachnocampa Richardsae*, a type of fungus gnat.

Low maintenance: Some say it looks like a baseball, others a sea urchin. The baseball plant (*Euphorbia obesa*), a succulent of South Africa, is a popular houseplant because of its appearance and easy maintenance.

On the Lighter Side

Teacher: "What does it mean when the barometer is falling?"
Student: "Whoever nailed it up didn't do a good job."

How do you know the dishes are in trouble? They're in hot water.

Never discuss infinity with a mathematician. They can go on about it forever.

Knock! Knock! *Who's there?* Decode. Decode who? Decode is getting worse, open up!

Geology rocks, but geography is where it's at.

Answers

Trivia answers: 1. Zambesi (Zambesi) 2. Men's tennis 3. Fiji 4. Chalk 5. 212 F (100 C)

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- Weekly/Biweekly/Monthly Personalized Cleans
- Residential and Small Business
- Move In/Outs
- Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM
780.700.6686 • www.nobodycleanslikemom.com

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

SAVE YOUR FAMILY memories

Transfer your old film, VHS, DVR, & reels to a digital format.

For more information & pricing email: info@thecreativehive.ca
780.996.7510 • www.hive-media.com

inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.
MKT-P0240

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Exclusive offer for Facebook and Google Ads

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922