

**HIP OR KNEE REPLACEMENT?**  
 THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause  
**Restrictions in Walking or Dressing** may qualify.  
 FOR EXPERT HELP:  
**1-844-453-5372**



**Love Coffee News?**

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
 Please put "Readers" in the subject line.

**Please include:**  
 1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

**Reader of the Month**  
 Kelly Kadla from Edmonton

**Coffee News** Fun Reading. Serious Advertising.

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC** Prairie Scented Candles  
 www.prairiescentedcandles.com

**Sunset Scents**  
 a RAY of Fragrance  
 prairiescentedcandles@gmail.com  
 www.prairiescentedcandles.com

**WINTER CLEARANCE**  
 Save Up To  
**50%**  
*Off Our Already Low, Low Prices*

**Direct Workwear Ltd.**  
 5361 Gateway Blvd NW, Edmonton AB  
 Open 7 Days A Week

**Exclusive Offer!**

Coffee News Readers - Receive **\$100 OFF** their Website Development!

*"Mention this ad to redeem!"*

**Frontline** web consulting  
 (780) 760-6922  
 FRONTLINECONSULTING.COM

SCAN ME



**PERSONAL CONCIERGE FOR SENIORS**

Never enough hours in the day? Let us help you with your needs so you can spend more time doing the things you love.

**PEACE OF MIND CONCIERGE**

We offer a variety of services that are flexible and customizable to fit your needs.

**Tammy Lautner, RSW**  
 Founder/Owner

**780.720.3035 | www.peacemindconcierge.com**  
 CONTACT US TO SET UP A FREE CONSULTATION

*Upscale Dining in a Relaxed Atmosphere*

**fuzed** KITCHEN + BAR

SCAN ME 10% COUPON

The Heart of Century Park has all you need for a memorable experience! We have daily food & beverage specials, a beautiful brunch, local and international wines, sports on the big screens, and a table waiting for you!

**2335 111 St NW, Edmonton, AB PH: (587) 200-6786**

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**

2830 Parsons Road  
 (south extension of 99th St. above South Edmonton Common)


**mybottledepot.ca**  
 14 receiving stations to serve you **REALLY FAST!**

**BEST IN THE CITY!**

Mon - Sat 8:30 am - 7 pm  
 Sunday 10 am - 6 pm

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

**FREE!** *New Issue Every Week!*  
**Coffee News**  
 "News To Be Enjoyed Over Coffee"  
**South Edmonton Edition**  
**780-220-6397**  
 www.coffee-news.ca



Vol. 20 No. 11 March 13, 2023

**Everybody's Talking**

**Sparkly crime:** The glitter is what gave them away. Police were able to pin a crime on two Florida (U.S.) women because the sparkly stuff was all over the inside of their car. The crime was burglary. Sarah Franks and Kaitlin O'Donovan had an argument with a man named Jacob Colon, who was standing on the balcony of his apartment in the city of Clearwater. One of the angry pair got into Colon's apartment, tossing glitter all over the place. With a licence plate number, the authorities traced the women to their home, where they found the car with glitter inside. Franks and O'Donovan face felony charges for the incident.

**Fun with food:** Japanese artist Gaku can eat his art after creating it. This is because he makes art out of food. He uses an X-Acto knife to carve intricate designs into all kinds of vegetables and fruit, including apples, broccoli, zucchini, lemons, avocados, and more. He might cut the food item in half first, and then carve elaborate geometrical patterns into the flesh. Other times, he'll carve the designs in the skin of the food. He's been known to turn a broccoli spear into an eagle and has etched a cartoon character into a banana. He shoots photos of his creations before the food spoils, and then eats them if he is so inclined.

**Human shape:** On the Italian island of Sicily, not far from Mount Etna, a small town named Centuripe has an interesting shape when observed from the air. While viewing the town on Google Earth, photographer Pio Andrea Peri realized that Centuripe, which is perched on a hill, looked like a person with outstretched arms and legs. He decided to take photos with his drone to try to reproduce this sight. But his drone couldn't get high enough to take pictures of the whole town, so he had to use several images and piece them together. The night shots are especially interesting because the lights of the town stand out from the black surroundings

**Insect phobia:** What better way to get over a fear of insects than to face them every day. Michael Amoia of New York City did just that by covering most of his skin with tattoos of insects and bugs. In fact, he has 864 tattoos of insects, plus spiders and millipedes, one of which is 17 x 19 inches (43 x 48 cm) and another is 50 inches (127 cm). A spider and web are under his arm, a dragonfly perches on his temple, and a gigantic fly graces his foot. Amoia has earned a place in the Guinness World Records book for this feat, which he began almost 30 years ago when he was 21. His first bug tattoo was a red queen ant on his forearm.

**Quoteable Quotes**

"Don't sit down and wait for the opportunities to come. Get up and make them."  
 —Madam C.J. Walker

"Keep on going and the chances are you will stumble on something... I have never heard of anyone stumbling on something sitting down."  
 —Charles F. Kettering

**What's Happening**

**Mar 12 -Devon Monthly Arts Market** Join us for our first Spring Market from Noon to 4 pm at the Devon Community Centre. Meet our creative souls and check out unique items for any season, any occasion. Email ArtsDevon@gmail.com for more info.

**Mar 11-12 - Edmonton Coin Show** Canada's largest coin show for lovers of all things numismatic - coins, medals, tokens, paper money from around the world, through the centuries - ancient to modern. 11113 113 Street.

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
 \*Coffee News Bucks  
 Over 150 participating sponsors!  
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. This is an enclosed portico attached to a church.
2. The Greek goddess of hearth and home is Hera, Persephone, or Hestia?
3. Where is Mt. Joffre?
4. The study of a country's overall economic activity is called what?
5. Ancient Rome's open-air, public gathering centre was The \_\_\_\_.

(Flip bottom of page for answers)

**Recipe of the month**


**Nutella-Stuffed Strawberries**

12 large fresh strawberries 1/4 cup chopped hazelnuts  
 1/4 cup Nutella hazelnuts  
 1 cup milk chocolate chips, melted Confectioners' sugar

Prep Time: 15 min. + chilling Yield: 1 dozen

- 1 Remove stems from strawberries. Using a paring knife, cut out centres; pipe Nutella into strawberries.
- 2 Insert a toothpick into the side of each strawberry. Holding toothpick, quickly dip stem end of strawberry into melted chocolate; allow excess to drip off. Sprinkle with hazelnuts; place strawberries on a waxed paper-lined baking sheet, point side up. Remove toothpicks; refrigerate strawberries until set. Just before serving, dust with confectioners' sugar.

Source: <https://www.fastcofhome.com>



**WE CLEAN YOUR HOME LIKE IT'S OUR OWN!**

- ◆ Weekly/Biweekly/Monthly Personalized Cleans
- ◆ Residential and Small Business
- ◆ Move In/Outs
- ◆ Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

**NOBODY CLEANS LIKE MOM**  
 780.700.6686 • [www.nobodycleanslikemom.com](http://www.nobodycleanslikemom.com)



**THIS SPACE FOR RENT**  
**780-220-6397**

**You Used To Do It Yourself...**

**WE CAN HELP!**  
 CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE ANDYMAN services**

Give Us Your List. We'll Do The Rest.

780.940.2127 | [www.HOHS.ca](http://www.HOHS.ca)



**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005


**jerry forbes**  
 Centre for Community Spirit

93,000 SQ. FT. OF SHARED SPACE  
 SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We are having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

[jerryforbescentre.ca](http://jerryforbescentre.ca)



**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
 New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)



**inogen**  
**FREEDOM. TO BE YOU.**  
 Call 1-888-998-6714 for a free consultation.  
 MKT-PO240

Do you have a favourite quilt that needs repair?  
**Longarm Quilting Services**  
**Quilting**  
 Offering a variety of quilting services  
 • Longarm Quilting • Digital Edge2Edge  
 • Competitive Rates • Friendly Environment  
 780.554.1350 | reidse@shaw.ca  
 Free Quote!

**BLUE BLOODS**  
 MON - THURS 9:00  
**yesTV**

**WE COME TO YOU!**  
**NERDS2YOU**  
 VIRUS REMOVAL & COMPUTER REPAIR  
**ONSITE COMPUTER REPAIR**  
 Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.  
**587-772-NERD(6373)**  
 FAST, FRIENDLY AND PROFESSIONAL  
 DEBIT, VISA AND MASTERCARD ACCEPTED  
**NERDS2YOU.CA**

**GET THE JOB DONE RIGHT. HIRE AN ELECTRICIAN.**  
**Breault**  
 ELECTRICAL SERVICE  
 ✓ 40 Years Experience  
 ✓ Commercial and Residential Service  
**780.999.0927**  
 Master Electrician | Licensed and Insured  
 REASONABLE RATES!  
 SPECIALIZING IN ALL TYPES OF ELECTRICAL REPAIRS FOR YOUR HOME OR BUSINESS

**RETIREMENT LIVING**  
**CHRISTENSON**  
 Optional Meals • Personalized Services • On-site Care  
**Join Our Safe & Social Community**  
 1 and 2 Bedroom suites now available  
**DEVONSHIRE VILLAGE**  
 Scan QR Code  
 Full Kitchens • Social & Recreation • U/G Parking  
 1728 Rabbit Hill Road, Edmonton  
**780-934-6636**  
 CDLhomes.com

**Running for office?**  
 Give your campaign a kickstart with **Coffee News®!**  
 Call for opportunities in your local community.

# Your Weekly Horoscope

**ARIES**  
**(March 21 - April 20)**  
 Over the next two weeks, be careful about your communication style with others. Being overly assertive could alienate the people you are trying to cultivate to help accomplish your goal. Lucky numbers: 5, 10, 13, 26, 28, 43.

**TAURUS**  
**(April 21 - May 21)**  
 Those born under Taurus are often cautious about risk taking. Right now, you may feel a higher level of optimism and courage, which you might use to unearth an unusual opportunity. Lucky numbers: 9, 14, 15, 16, 25, 48.

**GEMINI**  
**(May 22 - June 21)**  
 Your mental process is something you rely on as a Gemini. This ability may be disrupted for a few days early in the week. Be patient until this dynamic passes. Lucky numbers: 11, 15, 17, 26, 32, 43.

**CANCER**  
**(June 22 - July 22)**  
 Cancers can be introverted. Right now, however, the energy is favourable to socializing with others. How could you be encouraged to come out of your shell and have some fun? Lucky numbers: 6, 7, 12, 15, 41, 44.

**LEO**  
**(July 23 - Aug. 23)**  
 Leos are known to lead from the heart. But right now, your mind may be in opposition to your emotions. How might you be able to find a way to balance the two? Lucky numbers: 12, 15, 25, 27, 29, 33.

**VIRGO**  
**(Aug. 24 - Sept. 23)**  
 "Slow and steady wins the race" might be your motto for a few weeks. How might you use this patient energy to make progress on something that is close to your heart? Lucky numbers: 1, 4, 20, 44, 45, 47.

**LIBRA**  
**(Sept. 24 - Oct. 23)**  
 You may find that your diplomatic way of interacting with others suddenly abandons you over the next two weeks. Try to dig into your empathetic nature to help the situation improve. Lucky numbers: 10, 12, 17, 32, 36, 44.

**SCORPIO**  
**(Oct. 24 - Nov. 22)**  
 Do you sometimes get tired of being so intense, with yourself and others? Now may be a good time to find a way to slow down and simply enjoy being alive. Lucky numbers: 14, 31, 34, 40, 43, 45.

**SAGITTARIUS**  
**(Nov. 23 - Dec. 21)**  
 An important theme for Sagittarius is having a personal philosophy or belief system. Now may be a good time to contemplate how to manifest your beliefs into the world at large. Lucky numbers: 16, 17, 21, 26, 29, 41.

**CAPRICORN**  
**(Dec. 22 - Jan. 20)**  
 Opportunities may continue to expand your intuition. Be aware of how this affects those in your life. You might consider having an honest discussion about how it impacts their expectations of you. Lucky numbers: 12, 17, 19, 22, 38, 43.

**AQUARIUS**  
**(Jan. 21 - Feb. 19)**  
 Now may be a good time for a personality reset. Remember those qualities that make you uniquely you. Then plan what you want to do next to express your authentic self. Lucky numbers: 10, 13, 23, 25, 31, 42.

**PISCES**  
**(Feb. 20 - March 20)**  
 This week your sign is being buffeted about by a lot of planetary energies. You may feel overwhelmed. This might be a good time to do a retreat, if you can. Lucky numbers: 6, 22, 23, 29, 38, 40.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 25.

## Did You Know...

**Wandering soul:** In the American legend "The Leatherman," a mid-1800s man wore a handmade leather suit as he continually walked a 365-mile (587-km) circuit between the Hudson and the Connecticut rivers.

**Blue hunter:** The Bluetick Coonhound is a dog bred for its hunting ability. They need a lot of exercise, but make good pets because they are affectionate and loyal. Their coats have a blue tinge with black and tan markings.

**Staying still:** During the rapid eye movement (REM) part of sleep, which is when dreams occur, people don't usually move much because their arms and legs are temporarily paralyzed. This is called "atonia."

**Garden getaway:** In Toronto, Ontario (Canada), the Allan Gardens Conservatory is warm, even on a cold winter day. Full of tropical plants and flowers such as cacti and orchids, it's open year round.

**Scoop uses:** An ice cream scoop can be used for more than just portioning out the creamy treat into a bowl or cone. It also works well for scooping out uniform amounts of cookie dough for a batch of same-sized cookies.

## On the Lighter Side

What did one unicorn say to the other? You've got a point!

Most people prefer summer to winter. Yet snow happens, weather you like it or not.

Knock! Knock! Who's there? Wendy Katz. Wendy Katz who? Wendy Katz away, the mice will play!

Can I fill you in on my trip to the dentist?

Customer: "Waiter, there's a fly in my soup!"  
 Waiter: "Don't worry, the spider on the bread will take care of it."

### Answers

**Trivia answers:** 1. North 2. Hestia 3. Western Canada 4. Macroeconomics 5. Forum

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**WE COME TO YOU - HOME, OFFICE, COFFEE SHOP OR VIRTUALLY!**  
 I HAVE BEEN DOING TAX RETURNS SINCE 1985  
 Personal Tax Returns • Corporate Tax Returns  
 GST Returns • Preparation of T4s/T5s  
**DBA** Donald B. Verbeke CPA  
 CHARTERED PROFESSIONAL ACCOUNTANT  
 CHARTERED FINANCIAL PLANNER  
 Terwillegar Gardens, Edmonton • don@verbeke.ca  
**Cell: 780.945.6190 • www.verbeke.ca**

**Flash Travel SALES**  
 Cruise | Sun/Winter Destinations | Tours | Resorts | Sightseeing  
**Travelmart | 780.487.1034**  
**www.bit.ly/flashtravelsales**  
 \*Limited availability. Dates subject to change without notice.

**Ray's Coins and Stamps**  
 THE CHOICE OF DISCERNING COLLECTORS  
**BUY and SELL**  
 Coins Graded coins and collectible coins from the Royal Canadian Mint and a few other mints  
 Tim Hortons Hockey Cards ...available to finish your set. Text 780.2619.2929 with your list!  
 Paper Money Graded Canadian currency  
 Cell.: 780-619-2928  
 rgrikinis@yahoo.com | www.rayscoinsandstamps.com  
 Check our showcase # letter "i" at Old Strathcona Antique Market, 10323-78 Ave.

**STOP STREAMING! IT'S FUNNIER LIVE**  
 AT THE COMIC STRIP  
 BOURBON STREET, WEST EDMONTON MALL  
 PURCHASE TICKETS ONLINE AT **thecomicstrip.ca**  
**Rick Bronson's THE COMIC STRIP**  
 DRINK • DINE • LAUGH

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**  
**SAFE STEP WALK-IN TUB**  
**1-855-977-9805**  
 With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Are you a business owner/office manager? Have 3-20 employees in your office? **Paying too much for your current phone system? We can save you up to 50% off your current phone rates!**  
 ✓ VOIP Solutions at a fraction of the traditional carrier cost  
 ✓ Long distance rates that outcompete the competition  
**587.760.2800**  
**https://zettatelecom.com**  
 DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**Need ONE More Reason to Join?**  
 1 You don't have an up to date will  
 2 You don't understand the difference between a trust and a will  
 3 The CRA selects you for an audit  
 4 You need a letter written on your behalf by a lawyer  
 5 You receive a speeding ticket  
 6 You need a lawyer's advice on any matter  
**LegalShield**  
 Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

**SAVE YOUR FAMILY memories**  
 Transfer your old film, VHS, DVR, & reels to a digital format.  
 For more information & pricing email: [info@thecreativehive.ca](mailto:info@thecreativehive.ca)  
**780.996.7510** [www.hive-media.com](http://www.hive-media.com)