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For more details:
Affordability Action Plan | Alberta.ca

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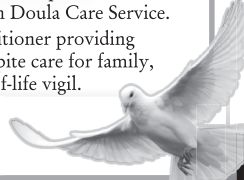
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Everybody's Talking

Sparkly crime: The glitter is what gave them away. Police were able to pin a crime on two Florida (U.S.) women because the sparkly stuff was all over the inside of their car. The crime was burglary. Sarah Franks and Kaitlin O'Donovan had an argument with a man named Jacob Colon, who was standing on the balcony of his apartment in the city of Clearwater. One of the angry pair got into Colon's apartment, tossing glitter all over the place. With a licence plate number, the authorities traced the women to their home, where they found the car with glitter inside. Franks and O'Donovan face felony charges for the incident.

Fun with food: Japanese artist Gaku can eat his art after creating it. This is because he makes art out of food. He uses an X-Acto knife to carve intricate designs into all kinds of vegetables and fruit, including apples, broccoli, zucchini, lemons, avocados, and more. He might cut the food item in half first, and then carve elaborate geometrical patterns into the flesh. Other times, he'll carve the designs in the skin of the food. He's been known to turn a broccoli spear into an eagle and has etched a cartoon character into a banana. He shoots photos of his creations before the food spoils, and then eats them if he is so inclined.

Human shape: On the Italian island of Sicily, not far from Mount Etna, a small town named Centuripe has an interesting shape when observed from the air. While viewing the town on Google Earth, photographer Pio Andrea Peri realized that Centuripe, which is perched on a hill, looked like a person with outstretched arms and legs. He decided to take photos with his drone to try to reproduce this sight. But his drone couldn't get high enough to take pictures of the whole town, so he had to use several images and piece them together. The night shots are especially interesting because the lights of the town stand out from the black surroundings

Insect phobia: What better way to get over a fear of insects than to face them every day. Michael Amoia of New York City did just that by covering most of his skin with tattoos of insects and bugs. In fact, he has 864 tattoos of insects, plus spiders and millipedes, one of which is 17 x 19 inches (43 x 48 cm) and another is 50 inches (127 cm). A spider and web are under his arm, a dragonfly perches on his temple, and a gigantic fly graces his foot. Amoia has earned a place in the Guinness World Records book for this feat, which he began almost 30 years ago when he was 21. His first bug tattoo was a red queen ant on his forearm.

Quoteable Quotes

"Don't sit down and wait for the opportunities to come. Get up and make them."
—Madam C.J. Walker

"Keep on going and the chances are you will stumble on something... I have never heard of anyone stumbling on something sitting down."
—Charles F. Kettering

What's Happening

Apr 8 - Gibbons Easter Egg Hunt Taking place at the cultural centre from 11am-1pm. Hosted by the Sturgeon River Agricultural Society. Free activities and paid concession

Apr 8 - Gibbons Pancake Breakfast This fundraising pancake breakfast will be taking place at the legion from 8am-10am. Hosted by the Ladies Auxillary 226

Mar 17 - 2023 Ron Falls Memorial Cribbage Tournament at the Alcomdale Hall, Alcomdale. Doors open at 7:00, games begin at 7:30. \$7.50 per person to play. Cash prizes, booby prize, concession. No preregistration, pay at the door.

NON profit organizations may submit events for FREE at www.coffee-news.ca

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Trivia

- This is an enclosed portico attached to a church.
- The Greek goddess of hearth and home is Hera, Persephone, or Hestia?
- Where is Mt. Joffre?
- The study of a country's overall economic activity is called what?
- Ancient Rome's open-air, public gathering centre was The ____.

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES
(March 21 - April 20)

Over the next two weeks, be careful about your communication style with others. Being overly assertive could alienate the people you are trying to cultivate to help accomplish your goal. Lucky numbers: 5, 10, 13, 26, 28, 43.

TAURUS
(April 21 - May 21)

Those born under Taurus are often cautious about risk taking. Right now, you may feel a higher level of optimism and courage, which you might use to unearth an unusual opportunity. Lucky numbers: 9, 14, 15, 16, 25, 48.

GEMINI
(May 22 - June 21)

Your mental process is something you rely on as a Gemini. This ability may be disrupted for a few days early in the week. Be patient until this dynamic passes. Lucky numbers: 11, 15, 17, 26, 32, 43.

CANCER
(June 22 - July 22)

Cancers can be introverted. Right now, however, the energy is favourable to socializing with others. How could you be encouraged to come out of your shell and have some fun? Lucky numbers: 6, 7, 12, 15, 41, 44.

LEO
(July 23 - Aug. 23)

Leos are known to lead from the heart. But right now, your mind may be in opposition to your emotions. How might you be able to find a way to balance the two? Lucky numbers: 12, 15, 25, 27, 29, 33.

VIRGO
(Aug. 24 - Sept. 23)

"Slow and steady wins the race" might be your motto for a few weeks. How might you use this patient energy to make progress on something that is close to your heart? Lucky numbers: 1, 4, 20, 44, 45, 47.

LIBRA
(Sept. 24 - Oct. 23)

You may find that your diplomatic way of interacting with others suddenly abandons you over the next two weeks. Try to dig into your empathetic nature to help the situation improve. Lucky numbers: 10, 12, 17, 32, 36, 44.

SCORPIO
(Oct. 24 - Nov. 22)

Do you sometimes get tired of being so intense, with yourself and others? Now may be a good time to find a way to slow down and simply enjoy being alive. Lucky numbers: 14, 31, 34, 40, 43, 45.

SAGITTARIUS
(Nov. 23 - Dec. 21)

An important theme for Sagittarius is having a personal philosophy or belief system. Now may be a good time to contemplate how to manifest your beliefs into the world at large. Lucky numbers: 16, 17, 21, 26, 29, 41.

CAPRICORN
(Dec. 22 - Jan. 20)

Opportunities may continue to expand your intuition. Be aware of how this affects those in your life. You might consider having an honest discussion about how it impacts their expectations of you. Lucky numbers: 12, 17, 19, 22, 38, 43.

AQUARIUS
(Jan. 21 - Feb. 19)

Now may be a good time for a personality reset. Remember those qualities that make you uniquely you. Then plan what you want to do next to express your authentic self. Lucky numbers: 10, 13, 23, 25, 31, 42.

PISCES
(Feb. 20 - March 20)

This week your sign is being buffeted about by a lot of planetary energies. You may feel overwhelmed. This might be a good time to do a retreat, if you can. Lucky numbers: 6, 22, 23, 29, 38, 40.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 25.

Did You Know...

Wandering soul: In the American legend "The Leatherman," a mid-1800s man wore a handmade leather suit as he continually walked a 365-mile (587-km) circuit between the Hudson and the Connecticut rivers.

Blue hunter: The Bluetick Coonhound is a dog bred for its hunting ability. They need a lot of exercise, but make good pets because they are affectionate and loyal. Their coats have a blue tinge with black and tan markings.

Staying still: During the rapid eye movement (REM) part of sleep, which is when dreams occur, people don't usually move much because their arms and legs are temporarily paralyzed. This is called "atonia."

Garden getaway: In Toronto, Ontario (Canada), the Allan Gardens Conservatory is warm, even on a cold winter day. Full of tropical plants and flowers such as cacti and orchids, it's open year round.

Scoop uses: An ice cream scoop can be used for more than just portioning out the creamy treat into a bowl or cone. It also works well for scooping out uniform amounts of cookie dough for a batch of same-sized cookies.

On the Lighter Side

What did one unicorn say to the other? You've got a point!
Most people prefer summer to winter. Yet snow happens, weather you like it or not.

Knock! Knock! *Who's there?* Wendy Katz. *Wendy Katz who?* Wendy Katz away, the mice will play!
Can I fill you in on my trip to the dentist?

Customer: "Waiter, there's a fly in my soup!"
Waiter: "Don't worry, the spider on the bread will take care of it."

Answers
4. Macroeconomics 5. Forum
Trivia answers: Northex 2. Hestia 3. Western Canada

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