



Apr 14 -Centra Cam's Annual Bowl-a-thon Fundraiser Help us reach our goal of \$23,000 in 2023 to purchase a 7 passenger van plus related expenses.Please support our clients when you see

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them out in the community For more info or to make a donation contact Centra Cam @ 780 672-9995

> NON profit organizations may submit events for FREE at www.coffee-news.ca



actions.'



...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy



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Trivia

1. What does a chirogymnast device do?

2. The New Stone Age, beginning about 10,000 BCE, is also called what? 3. Where is Manning Strait—Solomon Islands, Bering Sea, Mediterranean Sea?

4. When did Western Samoa become independent from New Zealand?

5. In Roman mythology, he was the twin brother of Remus.

(Flip bottom of page for answers)

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Your Weekly Horoscope

LIBRA

36, 46.

SCORPIO

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

numbers: 3, 6, 8, 26, 38, 43.

(Nov. 23 - Dec. 21)

SAGITTARIUS

CAPRICORN

44.46. **AQUARIUS**

(Dec. 22 - Jan. 20)

(Jan. 21 - Feb. 19)

8, 13, 18, 21, 30, 32.

(Feb. 20 - March 20)

PISCES

27, 35, 39, 47.

ARIES

(March 21 – April 20)

During the next month, the Sun will return to the same position as at your birth. This is an annual reset moment. What do you want to accomplish

this solar year? Lucky numbers: 9, 18, 24, 36, 44, 48. **TAURUS**

(April 21 - May 21)

Early in the week is conducive to getting out and socializing with others. A few days later, you may want to nest at home, so take advantage

14, 18, 20, 23, 26. **GEMINI**

(May 22 - June 21)

your persona to be more nurturing. Lucky numbers: 5, 7, 9, 12, 13, 43. CANCER

Are you angry about an unresolved situation? Try to be careful about it blowing up over the next two months. How might you proactively work with

others to find a resolution? Lucky numbers: 6, 9, 17, 18, 33, 45. LEO

Leos are known for their

easier this may be. Lucky numbers: 12, 18, 19, 26, 33, 42. VIRGO

(Aug. 24 - Sept. 23)

You may find your emo-

ritory. Lucky numbers: 4, 9, 13, 15,

winners with the luckiest number being 7.

Did You Know...

Mushroom madness: "Burn morels" are mushrooms that grow exclusively in burned conifer forest areas in the western United States. Many mushroom foragers scour burned areas to find the delicacy.

Fabric fight: During World War II, wool, silk, and other materials were rationed or unavailable. Clothing made of alternate fabrics became common, such as viscose, rayon, or fabric found in the home, like curtains.

Bothersome thumb: A common spot for osteoarthritis is the thumb joint. The associated pain can make opening jars or turning doorknobs difficult. Treatments include medications and the use of a splint to stabilize the thumb.

Race horse: Seabiscuit was a famous racehorse during the Great Depression in the 1930s. He won 33 of the 89 races in which he participated. He was the father of 108 foals.





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just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay,

maybe just our wit (haha). There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some



Geminis often approach their interactions with others from a mental perspective. If you work at it, you may now have an opportunity to expand

(June 22 – July 22)



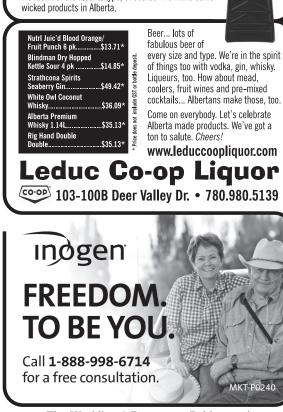
(July 23 - Aug. 23)

confidence. You are entering an era that might test that and reshape your sense of self. The more self-aware you are, the

tions focused on the idea of mothering. Your role could be as a mother or as a child. You might be going back over old ter-

24.42.

Lucky numbers this week: This week's odds favour Libra



The World's #1 Restaurant Publication!

Colourful place: At Pigment, an art store in Tokyo, artists can find thousands of colours in the form of pigment, a concentrated dust that is used to give colour to such things as paint, fabric, and ink.

On the Lighter Side

Gardeners hate weeds because if you give them an inch, they'll take a yard.

Knock! Knock! Who's there? Myth. Myth who? I myth you when you're gone.

Did you hear about the restaurant on the moon? The food is good but it has no atmosphere.

Juliet: "Romeo, oh Romeo, wherefore art thou?" Romeo: "Down here in the flowers. The trellis broke!"

How does Big Foot tell time? With a Sasguatch.

Answers

3. Solomon Islands 4. 1962 5. Romulus Irivia answers: Exercises pianists' fingers 2. Neolithic

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