

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Grande Prairie Edition

877-553-6397

www.coffee-news.ca

The World's #1 Restaurant Publication!

COLD SHOT
A DIVISION OF BALMORIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

The charm of yesteryear... with the amenities of today

ENJOY EUROPEAN CUISINE WHILE YOU ARE HERE!

VISIT US ON FACEBOOK FOR UPCOMING EVENTS

INQUIRE ABOUT OUR ROOM RENTALS

Olde Country Inn

780.524.9540
4810-50 Avenue, Valleyview

Tuesday - Sunday, 11 am - 8 pm
Mondays - Closed

- Balloons & Party Supplies
- Aida Cloth & Embroidery Floss
- Wool & Crocheting Products
- Paints & Canvases
- Bead Feathers & Ribbons
- Foothills Ice Cream
- Wiltons Cake Products

Are You A Good Fit?

Capital Marketing, publishers of *Coffee News* in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.

If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email info@coffee-news.ca and tell us why you love *Coffee News*, and why you would like to share the good news stores we provide with your community. We'll be in touch after we get your email. Don't forget to include your name and phone number!

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Running for office?

Give your campaign a kickstart with *Coffee News*!

Call for opportunities in your local community.

GRANDE PRAIRIE'S FIRST AND ONLY INDOOR PLANT SHOP

@ealainemills
Follow Us!

Elaine's Unique Plants

- Wide Variety of Indoor Houseplants
- Handmade Macramé
- Market Baskets

AND MORE!

Back entrance of GP Farmers' Market (10032-101 Avenue)
Regular Hours: Tues.-Sat., 10 a.m. to 4 p.m. | Open during Market hours as well!

Recipe of the month

Baked Ham with Honey-Chipotle Glaze

1 fully cooked bone-in ham (8 to 10 pounds)
1 cup packed brown sugar
3 tablespoons honey
2 tablespoons cider vinegar
2-1/4 cups ginger ale

4 chipotle peppers in adobo sauce, minced
3 garlic cloves, minced
1-1/2 teaspoons Dijon mustard
3/4 teaspoon ground cinnamon
3/4 teaspoon ground cumin

Prep Time: 10 min. Cook Time: 2 hours Yield: 16 servings

- Preheat oven to 325°. Place ham on a rack in a roasting pan. Using a sharp knife, score surface of ham with 1/2-in.-deep cuts in a diamond pattern. Bake, uncovered, 1-1/2 hours.
- Meanwhile, for glaze, in a small saucepan, mix brown sugar, honey, vinegar and ginger ale. Bring to a boil; cook until mixture is reduced by half, about 15 minutes. Stir in remaining ingredients. Reduce heat; simmer, uncovered, 5 minutes. Remove from heat. Reserve 1 cup mixture for sauce; keep warm.
- Brush ham with some of the remaining glaze. Bake, uncovered, until a thermometer reads 140°, about 30 minutes, brushing twice with additional glaze. Serve with reserved sauce.

An ideal Easter showstopper!

Source: <https://www.tasteofhome.com>

Vol. 20 No. 13 March 27, 2023

Everybody's Talking

Floridian flamingo: Visitors to the U.S. state of Florida soon discover that flamingos, the pink birds with spindly legs and long necks, are a common sight. Fittingly, then, an art installation at the Tampa International Airport honours that bird. Called "HOME" and created by artist Matthew Mazzotta, the sculpture is a huge likeness of the pink creature. It stands 21 feet (6.4 metres) tall, and it appears to be bending its neck down into water to feed at eye level with visitors; the water's surface is visible near the airport ceiling. Special ceiling lighting creates this optical illusion. Travelers are encouraged to touch and interact with this interesting piece of art.

Piece of the puzzle: In 1980, in the northern Spain town of Castrojeriz, a church was the victim of a crime. A thief got away with six invaluable, centuries-old Flemish tapestries. After several years, police finally recovered these works of art, made by Corneille Schutz. However, until recently, one piece from the largest tapestry had remained missing. This was a 2-x-2-foot (0.6-x-0.6-metre) square in the bottom left corner. An investigator with the Spanish National Police reopened the case in 2021, after over 40 years, and found a lead. The missing square contains an image of an angel. It was returned to the church in February 2022.

Cartoon passport: When Belgian citizens open their new passports, they may think it looks like some kind of odd comic book. That is because the new design for these important pieces of identification include background images of cartoon characters, including the Smurfs and boy reporter Tintin, who are beloved in Belgium. Some of the images, appropriately, include elements of travel, such as the rocket that took Tintin to the moon. On another page, a Smurf looks at a globe and a number of maps. Note that the cartoons are not just to make the document look flashy; they also contain many security elements that prevent counterfeiters from making copies.

Home with travelers: A Chinese man who doesn't get along very well with his family decided to find another abode. That was over 14 years ago, and the place he found to call home is the Beijing Capital International Airport. Wei Jianguo gets a monthly government allowance that provides him with funds to buy enough food to keep him from going hungry. Sometimes he buys food from a restaurant and sometimes he prepares it on an electric cooker. At night, he sets up his bed in a waiting area of the airport. A few times over the years security has taken him home, but he always ends up coming back and setting up again.

Quoteable Quotes

"It's a whole lot more satisfying to reach for the stars, even if you end up landing only on the moon."
—Kermit the Frog

"If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."
—Martin Luther King, Jr.

What's Happening

Jun 23 Jul 14 Aug 11 - Night Market GP Night Market Festival is a unique and exciting event that brings together the best of food, music, and culture. Join us June 23-25, July 14-16, and August 11-13 at 55051 Twp Rd 710, for more information call 780-228-6969

Apr 14 - First Aid Course Taking place at the Quality Inn and Conference Center in Peace River from 10am-5pm. Visit robideauexpressdelivery.com and click on the course calendar to sign up. Space is limited to 18 people.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address (including your birth date). Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

- Mozart liked to play this indoor game while composing.
- Movie director Elia Kazan's birth city is now called _____.
- In King Lear, the eldest daughter is Goneril, Regan, or Cordelia?
- In 1964, Jean-Paul Sartre declined what?
- Andorra is a co-principality on which continent?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

Dragons of the Past
Book Four of The Dragons of Nibiru

Available now at your local bookstore

www.dragonsofnibiru.com

THIS SPACE FOR RENT

780-220-6397

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?

We can assist with any and all unpaid rental amounts, including your entitlement to interest

KMSC LAW LLP
LongRunClassAction.ca

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

CN IS HIRING CONDUCTORS



✓ Paid training
Great pay
and benefits

cn.ca/careers



2 FOR 1
TRAINING

BEING OFFERED
FOR FEBRUARY
and MARCH
CALL US FOR
DETAILS!

Serving from Whitecourt
to High Level, Grande
Prairie to Fort Nelson, we call
the Peace Region our Home

780.532.2088

<https://hseintegrated.com>
gptraining@dxpe.com

Creating memories ...one vacation at a time!

NORDEGG VACATION RENTALS

Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information:
1-855-NORDEGG (667-3344)

nordeggvacationrentals.ca



SEW MUCH FUN!

Sewing Machine Sales & Service • Fabric Notions • Patterns
Classes • Kits
...and more!

COTTON CANDY

★ QUILTS & SEWING ★

10545A-117 Ave., Grande Prairie | Shop our online store any time

780.532.2202 | www.cottoncandyquilts.ca

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500
YEARLY
TAX CREDIT
\$30,000
LUMP SUM
REFUND

COPD, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.


FOR EXPERT HELP:
1-844-453-5372



25 WORDS OR LESS

WEEKDAYS 3PM

yes TV



FREE HEARING TEST



NORTH STAR
HEARING

#110, 9719-98 Avenue, Grande Prairie

780.533.3444 | www.northstarhearing.ca

THE ONLY LOCALLY OWNED AND OPERATED HEARING CLINIC IN NORTHERN AB



SCAN
HERE TO
BOOK
NOW!

Coffee News is proud to support
Make-A-Wish® Canada



Transform lives,
one wish at a time.

Make-A-Wish.

Visit makeawish.ca


Your Weekly Horoscope

ARIES (March 21 – April 20)



Opportunities for you to be successful may be plentiful right now. The key, however, might be to pick the ones in line with your values and that also benefit others. Lucky numbers: 3, 11, 13, 29, 30, 44.

TAURUS (April 21 – May 21)



At the beginning of the week, you may come into possession of some startling information. Consider it carefully before sharing it with others, especially if it could trigger a confrontation. Lucky numbers: 5, 8, 11, 27, 36, 43.

GEMINI (May 22 – June 21)



Things may be very busy for you at the start of the week, especially regarding calls and texts. Try to use these conversations to get the help you need with your endeavours. Lucky numbers: 11, 14, 15, 41, 44, 46.

CANCER (June 22 – July 22)



Midweek, you may feel particularly emotional. This could be a catalyst to bringing a situation to resolution. Be sure, though, that you aren't arguing a point just for the sake of doing so. Lucky numbers: 14, 18, 23, 26, 27, 43.

LEO (July 23 – Aug. 23)



Your natural optimism is highlighted at midweek. This feeling will only last for a few days, so you may want to capitalize on it to move something forward. Lucky numbers: 2, 7, 12, 23, 29, 36.

VIRGO (Aug. 24 – Sept. 23)



Virgos often find success through hard work. For the next two years, that dynamic may be tested. However, if you are flexible, you might find yourself with a new skill set. Lucky numbers: 4, 11, 32, 33, 43, 46.

LIBRA (Sept. 24 – Oct. 23)



Are you experiencing dissatisfaction with your life overall, or a relationship in particular? This may be a good time to make an adjustment that will put you on a better path. Lucky numbers: 7, 10, 16, 27, 36, 47.

SCORPIO (Oct. 24 – Nov. 22)



Scorpios often intuitively understand the hidden wounds in people. You may need to make an adjustment this week, to avoid impulsively communicating to others what you know about them. Lucky numbers: 10, 13, 30, 36, 44, 47.

SAGITTARIUS (Nov. 23 – Dec. 21)



You may find that your heart and mind are out of sync at the beginning of the week. You might want to postpone any important decisions for a few days. Lucky numbers: 1, 9, 16, 19, 31, 47.

CAPRICORN (Dec. 22 – Jan. 20)



Are you feeling emotionally out of sorts, perhaps angry at minor annoyances? Now may be a good time to analyze the underlying cause of your feelings and find a resolution. Lucky numbers: 9, 14, 22, 23, 28, 30.

AQUARIUS (Jan. 21 – Feb. 19)



Aquarius often presents a subdued, intellectual persona to the world. At midweek, the astrological energy might encourage you to add more heart into your approach with others. Lucky numbers: 6, 8, 12, 29, 35, 47.

PISCES (Feb. 20 – March 20)



You may be working harder now, perhaps at the behest of others. Try to be aware of your own needs, and don't overly tax yourself while you adjust to the new pattern. Lucky numbers: 11, 18, 22, 29, 31, 35.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 7.

Did You Know...

Big and wide: South America is home to the giant water lily (*Victoria amazonica*), or Amazon Water-platter. Sitting on the surface of the water, this fast-growing plant can be as wide as 2.4 metres (8 ft.), and has a sweet scent.

Rock band tie: Actress Naomi Watts has had many roles, including Nora Brannock in the TV series *The Watcher*. She was born in 1968 in England. Her father, Peter Anthony Watts, was once a sound engineer for the rock band Pink Floyd.

Big hole: Near Winslow, Arizona (U.S.), a large meteor strike 50,000 years ago caused the Barringer (or Meteor) Crater. The hole is 1,300 metres (4,265 ft.) wide with a maximum depth of 174 metres (570 ft.).

Gloved hands: In the 1950s, wearing white gloves as part of dressy attire became fashionable for women. While the gloves may have looked classy, they weren't very practical for the women wearing them.

Corn collector: Bundt pans may have been designed for making cakes, but they're also useful when cutting corn off a cob. Put the end of the cob into the pan's centre hole, then cut off the corn and it falls neatly into the pan.

On the Lighter Side

Knock! Knock! *Who's there?* Lotus. *Lotus who?* Lotus in and we'll tell you.

What do you call the ghost of a chicken? A poultry-geist.

Bob: "I went window shopping today."
Bill: "Did you get anything?"
Bob: "Yes, four windows."

Why was the ruler so confused? It couldn't think straight!

I don't like elevator music. It's bad on many levels.

Answers

4. Nobel Prize in Literature 5. Europe
Trivia answers: 1. Billiards 2. Istanbul, Turkey 3. Goneril

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

A wide range of safety training programs for industrial applications



Scan for courses
Don't see the course you need? Call us – we will work with you to find it.
Have new hires? Ask about our multi class discount. Special rates for local on site equipment courses with a class minimum



Serving from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home

780.532.2088

<https://hseintegrated.com>
gptraining@dxpe.com

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Kelly Kadla from Edmonton

Coffee News®

Fun Reading. Serious Advertising.

REAL ESTATE TO ACCOMMODATE

We'll help you buy or sell on your schedule



Curtis VALENTINE

REALTOR®



587-343-2551

curtis@cmoorerealty.ca | cmoorerealty.ca

WEBSITES

From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

Up In Arms

Offering the non restricted and restricted
Canadian Firearms
Safety Course to apply
for a firearm license

Possession
Acquisition
License
Training

For more info, contact Robyn at
780-977-0725
301 Saskatchewan Ave.
Spruce Grove

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!




prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News®

provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So – you're not advertising with Coffee News® because...?



780-220-6397

coffee-news.ca