

ESTATE Spring 2023

Estate Administration Week

Edmonton Community Foundation is pleased to present **FREE** Estate Administration Seminars April 17-21, 2023

Join us for in-person and virtual sessions to learn how to be an executor, how to choose an executor, and much more

Topics include:

website for update

- Estate Planning 101 and General Executor Duties
- Estate Accounting & Tax Implications

· What NOT To Do as an Executor

- Handling Disputes
- And more!

For session details, webinar recordings, and to register, please visit ecfoundation.org/estate-administration-week

Session schedule and details are subject to change. See the ECF

Edmonton Community Foundation | ecfoundation.org

THIS SPACE **FOR RENT**

780-220-6397





Exclusive Offer!

Coffee News Readers - Receive **\$100 OFF** their

Website

Development!

Paid



Frontline

(780) 760-6922







Braithwaite Injury Law

Boul€

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

one of three \$400 prepaid Visa cards

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

awarded monthly



GEORGE VAN DE WALLE 780.982.4247 **RF/MEX**°

Your Community Realtor

GREATEST INVESTMENT!

Invite me over

for a coffee.

real estate advice and a

FREE market

evaluation.

jerry forbes Centre for Community Spirit **HOME FOR 25 CHARITIES &**

PROVIDING THE GREATEST RETURN ON YOUR

SELLING

YOUR

HOME?

NON-PROFITS 93,000 SQ. FT. OF **SHARED SPACE**

SERVING OVER

For

Sale

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit! Sincerely

200,000 ALBERTANS jerryforbescentre.ca

Creating Smiles That Last A Lifetime... RECAUSE YOUR SMILE DESERVES IT! General Dentistry • Cosmetic Dentistry • Restorative Dentistry • Botox Treatment Dr. Derek Fika

Family Dentistry **DEREK FIKA** 587-760-4227 www.drderekfika.com

Visit us at 12943-97 Street NW, Edmonton

WINTER CLEARANCE Save Up To

Off Our Already Low, Low Prices

Direct Workwear Ltd.

5361 Gateway Blvd NW, Edmonton AB Open 7 Days A Week





Check out our PDF editions online! New editions are sted every Monday

Sign up here to receive

never have to www.coffee-news.ca/editions weekly dose of good news.

ШШ

come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town! Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

780.853.5706 5401-46 St., Vermilion



Running for office?

Give your campaign a kickstart with Coffee News !

Call for opportunities



2. In which ocean is the island nation of Tuvalu?

3. Athlete Sonja Henie competed in gymnastics, figure skating, or

4. What is bauxite?

5. John Montagu claimed to have invented what?

© Published with Permission by Capital Marketing Ltd





www.coffee-news.ca

Vol. 20 No. 14 April 3, 2023

780-220-6397

Everybody's Talking

Food history: For someone who not only likes food but enjoys learning about its history, a museum called LA Plaza Cocina may be a place to visit. Part of a larger cultural centre called LA Plaza de Cultura y Artes and calling itself the first museum dedicated to Mexican food, LA Plaza Cocina's purpose is to reveal the long history of the cuisine. Visitors to the location in downtown Los Angeles, California (U.S.), can view tools and utensils used in the distant past and discover how maize and other ingredients became important parts of the country's dishes. The museum offers cooking classes and has a shop with cookbooks, gifts, and traditional kitchenware for preparing Mexico's classic foods.

Bats and bugs: Two libraries in Portugal, both caretakers of invaluable, centuries-old manuscripts, have an extraordinary way to keep bugs from damaging the pages of their books: colonies of bats live in the rafters, swooping down at night to eat flies and other pests. The bats are thought to have lived for centuries at the Joanina Library at the University of Coimbra, in central Portugal, and at the National Palace of Mafra library, near Lisbon. Their presence has always been welcome. The bats at both libraries exit through open windows to find water, then come back to the libraries to roost. These bat colonies provide the institutions with a natural way to preserve their precious, ancient holdings.

Big bucks: Boarding schools are usually fairly expensive, but few cost as much as Institut Le Rosey in Switzerland. It welcomes students from all over the world, provided their parents can pay tuition of between CHF 87,000 and 119,000. One of the school's two campuses is in the Chateau du Rosey estate in Rolle (for the spring, summer, and fall terms), while the other is located at the ski resort of Gstaad (for the winter term). Founded in 1880, the co-ed Institut Le Rosey has many famous alumni, including kings, princes, and other world leaders. Students at this exclusive school range in age from 8 to 18, and many of them go on to prestigious universities.

Cat-loving artist: There is no question that Louis Wain (1860-1939) loved cats; the artist from London, England, loved to draw and paint them. He would put an amusing, human touch on the felines, depicting them dancing on their hind feet, playing musical instruments, making speeches, and singing carols. The artist spent a few years of his life in the Bethlem Royal Hospital in southeast England. The hospital is showing an exhibition of his work. Recently, a film was made about the artist's life, entitled The Electrical Life of Louis Wain. It starred English actors Benedict Cumberbatch as Wain and Claire Foy as Emily, his wife.

Quoteable Quotes

"The greatest mistake you can make in life is to be continually fearing that you'll make one." —Elbert Hubbard

"We must be willing to get rid of the life we've planned, so as to have —Joseph Campbell the life that is waiting for us."

What's Happening

Apr 29-30 - Melodies at the Manor Join the South East Edmonton Seniors Association as they present Melodies at the Manor on the 29th 7pm and the 30th 1pm. Visit seesa.ca for more

Ongoing - Abbottsfield Rec Centre The Youth Gym is for kids 12-17 years old to play their favorite sports, get physically active, and make friends! This event takes place every Tuesday, Thursday and Friday from 4-7pm. For more info please contact 780-239-8523 or visit beverlytown.com

NON profit organizations may submit events for FREE at www.coffee-news.ca



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

... or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 5LA. Be certain to include your full name, complete maling address (including postal code), phone number, email address and your birth date. Aso include the name of the ad in which you found the hidden Coffee News Guy

Trivia

1. When was Guinness Book of World Records first published?

(Flip bottom of page for answers)

(Over)

The World's #1 Restaurant Publication!

Insurance Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.

Fédération des caisses Desjardins du Québec, used under licence.





In need of dentures? We can help.



giving our students valuable hands-on experience.

To book an appointment, call 780.471.7786 or email dentalclinic@nait.ca



Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca

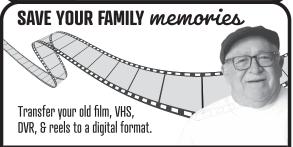
nd 3 Your name 4 Your phone names

of that we can send you some cool prizes

that we can send you some cool prizes



Coffee News* Fun Reading. Serious Advertising



For more information & pricing email: info@thecreativehive.ca



Affordable-Effective-Exclusive-CALL NOW!

Your Weekly Horoscope

(March 21 - April 20)



Aries are usually confident about their strengths and abilities. But you may be feeling discouraged right now. This might not last long, so try not to let

it get you down. Lucky numbers: 9, 16, 21, 28, 29, 34.

TAURUS





Are you suddenly feeling eager to go on a journey? Consider planning a local trip that you can do quickly, during the short period that this energy

may be in play. Lucky numbers: 11, 14, 15, 17, 35, 45.

GEMINI

(May 22 - June 21)



Geminis usually are capable of quickly plucking a lot of information out of the ether. This week, though, you might want to slowly sift through that

data before making any decisions. Lucky numbers: 5, 13, 27, 28, 43, 44. **CANCER**

(June 22 - July 22)



Are you feeling that the concerns you have expressed about a situation are not being heard? Consider trying again at week's end, and your argument

may finally break through to others. Lucky numbers: 3, 4, 6, 11, 14, 15.

(July 23 - Aug. 23)



NAIT

Try to be sure that your interactions with others reflect your integrity, especially early in the week. If you don't, you may risk damaging your reputation

and relationship with those involved. Lucky numbers: 12, 18, 33, 39, 41, 44.

VIRGO

(Aug. 24 - Sept. 23)



Virgos usually can work patiently at difficult projects. Early in the week, the energy may support you in doing so. Try not to let any insecurities get

in the way. Lucky numbers: 6, 14, 17,

(Sept. 24 - Oct. 23)



Look back over the last six months. What projects are ready to be brought to completion? This can free you up to begin to plan your next phase of activities. Lucky numbers: 7, 9, 10, 13,

SCORPIO

(Oct. 24 - Nov. 22)



Your intuitive antenna may ping wildly toward the end of the week. If you can, try retreating from the world for a few days. This might be ben-

eficial for your emotions. Lucky numbers: 2, 5, 7, 37, 45, 47.

SAGITTARIUS (Nov. 23 - Dec. 21)



Does your enthusiasm lead you to impulsive conversations with others? For the next few months, you may want to make an adjustment, and slow

down when talking with them. Lucky numbers: 17, 23, 33, 36, 39, 47.

CAPRICORN (Dec. 22 - Jan. 20)



Capricorns generally project a stable persona to others. The energy late this week enhances this image and might reassure others in your orbit that

you can be relied upon. Lucky numbers: 5, 6, 15, 17, 19, 40.

AQUARIUS (Jan. 21 - Feb. 19)



Aquarius can often address situations with many theoretical ideas. Early in the week, you may have an opportunity to take a more grounded approach, which

others might be likely to appreciate. Lucky numbers: 15, 25, 26, 29, 34, 43.

PISCES (Feb. 20 - March 20)



Pisces sometimes look at people and events through rose-coloured glasses. At week's end, you may be faced with a more realistic view regarding someone

or something that you love. Lucky numbers: 10, 23, 29, 30, 31, 36.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 17.

Did You Know...

Long career: British actress Angela Lansbury (1925-2022) was well known for her various Broadway and movie roles. However, she'll be remembered as crime novelist Jessica Fletcher in the television series, Murder, She Wrote.

Good horse: Horse lovers say the Appaloosa breed is wonderful to own because of its gentle, friendly disposition. These horses have spotted coats of colourful patterns, and are intelligent and loyal.

Eye to behold: The Richat Structure is in western Mauritania. From the air, concentric rings of rock in this Sahara Desert landform look like a blue bull's-eye. The diametre of the "Eye of the Sahara" is about 40 kilometres (25 mi.).

Orange tint: Like ginger, turmeric is a root plant. With only a teaspoon or two, the dried or powdered form flavours many dishes in Southeast Asia and India with its peppery, bitter, and earthy taste.

Healthy skin: As people age, their skin may become drier because oil glands become less active. Therefore, dermatologists recommend giving the skin a boost by using moisturizer, which helps with hydration.

On the Lighter Side

What do you call an alligator in a vest? An investigator.

Customer: "Waiter, this soup tastes funny." Waiter: "Then why aren't you laughing?

What do you call a tiny onion? A minion.

Take it from a scientist: never believe atoms. They make up everything.

Knock! Knock! Who's there? Tick. Tick who? Is tock there? It's time we got back together!

Auswers

4. Aluminum ore 5. Sandwich Trivia answers: 1. 1955 2. Pacific 3. Figure skating

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd



✓ 3 Meat Draws/Week Monthly Special Events! Jam with Dancing ✓ Friday & Saturday Night Dances with Catering

14339-50 Street, Edmonton 780.425.8654 | https://kingswaylegion.ca

Branch #175 Kingsway



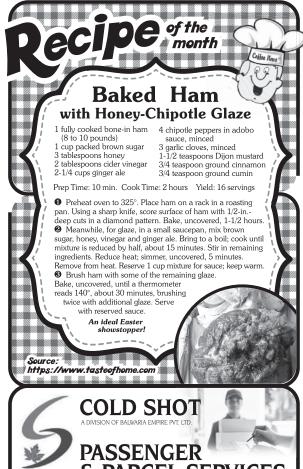
residential or commercial

equipment.

plumbing or HVAC



RBA MECHANICAL INC.





Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TO 77-Northeast Edmonton