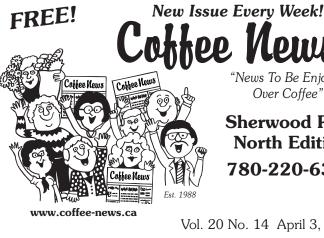






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Vol. 20 No. 14 April 3, 2023

Over Coffee"

### Everybody's Talking

Food history: For someone who not only likes food but enjoys learning about its history, a museum called LA Plaza Cocina may be a place to visit. Part of a larger cultural centre called LA Plaza de Cultura y Artes and calling itself the first museum dedicated to Mexican food, LA Plaza Cocina's purpose is to reveal the long history of the cuisine. Visitors to the location in downtown Los Angeles, California (U.S.), can view tools and utensils used in the distant past and discover how maize and other ingredients became important parts of the country's dishes. The museum offers cooking classes and has a shop with cookbooks, gifts, and traditional kitchenware for preparing Mexico's classic foods.

Bats and bugs: Two libraries in Portugal, both caretakers of invaluable, centuries-old manuscripts, have an extraordinary way to keep bugs from damaging the pages of their books: colonies of bats live in the rafters, swooping down at night to eat flies and other pests. The bats are thought to have lived for centuries at the Joanina Library at the University of Coimbra, in central Portugal, and at the National Palace of Mafra library, near Lisbon. Their presence has always been welcome. The bats at both libraries exit through open windows to find water, then come back to the libraries to roost. These bat colonies provide the institutions with a natural way to preserve their precious, ancient holdings.

Big bucks: Boarding schools are usually fairly expensive, but few cost as much as Institut Le Rosey in Switzerland. It welcomes students from all over the world, provided their parents can pay tuition of between CHF 87,000 and 119,000. One of the school's two campuses is in the Chateau du Rosey estate in Rolle (for the spring, summer, and fall terms), while the other is located at the ski resort of Gstaad (for the winter term). Founded in 1880, the co-ed Institut Le Rosey has many famous alumni, including kings, princes, and other world leaders. Students at this exclusive school range in age from 8 to 18, and many of them go on to prestigious universities.

Cat-loving artist: There is no question that Louis Wain (1860-1939) loved cats; the artist from London, England, loved to draw and paint them. He would put an amusing, human touch on the felines, depicting them dancing on their hind feet, playing musical instruments, making speeches, and singing carols. The artist spent a few years of his life in the Bethlem Royal Hospital in southeast England. The hospital is showing an exhibition of his work. Recently, a film was made about the artist's life, entitled The Electrical Life of Louis Wain. It starred English actors Benedict Cumberbatch as Wain and Claire Foy as Emily, his wife.

## Quoteable Quotes

The greatest mistake you can make in life is to be continually fearing that you'll make one." *—Elbert Hubbard* "We must be willing to get rid of the life we've planned, so as to have —Joseph Campbell the life that is waiting for us."

### What's Happening

Apr 29-30 - Melodies at the Manor Join the South East Edmonton Seniors Association as they present Melodies at the Manor on the 29th 7pm and the 30th 1pm. Visit seesa.ca for more information

Apr 22 - Free Clothing Exchange Join us on Saturday 10:30 am -12:30 pm at Sherwood Park Alliance Church. Everyone is welcome. It is not necessary to contribute in order to receive. Drop





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off donations at the South gym after 4 pm on April 22 until 11 am on April 23. Info: 780 467-8404.

> NON profit organizations may submit events for FREE at www.coffee-news.ca

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### Trivia

1. When was Guinness Book of World Records first published?

2. In which ocean is the island nation of Tuvalu?

3. Athlete Sonja Henie competed in gymnastics, figure skating, or archerv?

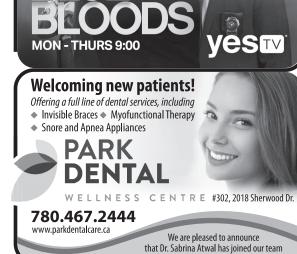
4. What is bauxite?

5. John Montagu claimed to have invented what?

(Flip bottom of page for answers)

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# Your Weekly Horoscope

LIBRA

33.48.

**SCORPIO** 

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

numbers: 2, 5, 7, 37, 45, 47.

(Nov. 23 – Dec. 21)

**SAGITTARIUS** 

**CAPRICORN** 

5, 6, 15, 17, 19, 40. **AQUARIUS** 

**PISCES** 

(Jan. 21 - Feb. 19)

(Dec. 22 - Jan. 20)

Look back over the last six months. What projects

are ready to be brought to

completion? This can free

you up to begin to plan

your next phase of activi-

Your intuitive antenna

may ping wildly toward the end of the week. If

you can, try retreating

from the world for a few

days. This might be ben-

Does your enthusiasm lead you to impulsive

conversations with others?

For the next few months, you may want to make an

adjustment, and slow

Capricorns generally pro-

ject a stable persona to

others. The energy late

this week enhances this

image and might reassure

others in your orbit that

Aquarius can often address

situations with many the-

oretical ideas. Early in the

week, you may have an

opportunity to take a more grounded approach, which

Pisces sometimes look at

people and events through

rose-coloured glasses. At

week's end, you may be

faced with a more realistic

view regarding someone

ties. Lucky numbers: 7, 9, 10, 13,

eficial for your emotions. Lucky

down when talking with them. Lucky numbers: 17, 23, 33, 36, 39, 47.

you can be relied upon. Lucky numbers:

others might be likely to appreciate. Lucky numbers: 15, 25, 26, 29, 34, 43.

or something that you love. Lucky numbers: 10, 23, 29, 30, 31, 36.

(Feb. 20 - March 20)

ARIES

(March 21 – April 20) Aries are usually confident about their strengths and abilities. But you may be feeling discouraged

right now. This might not last long, so try not to let it get you down. Lucky numbers: 9, 16, 21, 28, 29, 34.

#### **TAURUS** (April 21 - May 21)

Are you suddenly feeling eager to go on a journey? Consider planning a local trip that you can do quickly, during the short period that this energy

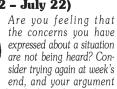
may be in play. Lucky numbers: 11, 14, 15, 17, 35, 45. **GEMINI** 

#### (May 22 - June 21)

Geminis usually are capable of quickly plucking a lot of information out of the ether. This week, though, you might want to slowly sift through that

data before making any decisions. Lucky numbers: 5, 13, 27, 28, 43, 44. CANCER

#### (June 22 – July 22)



may finally break through to others. Lucky numbers: 3, 4, 6, 11, 14, 15. LEO

#### (July 23 - Aug. 23)

Try to be sure that your interactions with others reflect your integrity, especially early in the week. If you don't, you may risk damaging your reputation

and relationship with those involved. Lucky numbers: 12, 18, 33, 39, 41, 44. VIRGO

#### (Aug. 24 - Sept. 23)

Virgos usually can work patiently at difficult projects. Early in the week, the energy may support you in doing so. Try not to let any insecurities get

in the way. Lucky numbers: 6, 14, 17, 22, 24, 40

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 17.

# Did You Know...

Long career: British actress Angela Lansbury (1925-2022) was well known for her various Broadway and movie roles. However, she'll be remembered as crime novelist Jessica Fletcher in the television series, Murder, She Wrote.

**Good horse:** Horse lovers say the Appaloosa breed is wonderful to own because of its gentle, friendly disposition. These horses have spotted coats of colourful patterns, and are intelligent and loyal.

Eye to behold: The Richat Structure is in western Mauritania. From the air, concentric rings of rock in this Sahara Desert landform look like a blue bull's-eye. The diametre of the "Eye of the Sahara" is about 40 kilometres (25 mi.).

**Orange tint:** Like ginger, turmeric is a root plant. With only a teaspoon or two, the dried or powdered form flavours many dishes in Southeast Asia and India with its peppery, bitter, and







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earthy taste.

**Healthy skin:** As people age, their skin may become drier because oil glands become less active. Therefore, dermatologists recommend giving the skin a boost by using moisturizer, which helps with hydration.

On the Lighter Side

What do you call an alligator in a vest? An investigator.

Customer: "Waiter, this soup tastes funny." Waiter: "Then why aren't you laughing?"

What do you call a tiny onion? A minion.

Take it from a scientist: never believe atoms. They make up everything.

Knock! Knock! Who's there? Tick. Tick who? Is tock there? It's time we got back together!

### Answers

4. Aluminum ore 5. Sandwich Trivia answers: 1. 1955 2. Pacific 3. Figure skating

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