

THIS SPACE FOR RENT
780-220-6397

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Complete Automotive Service Repairs:
✓ We sell summer and winter tires ✓ Tune-ups
✓ Lube/Oil/Filter Services ✓ Wheel Alignments
✓ Vehicle Inspections ✓ A/C Recharge and Repairs

CAR CANADIAN
AUTO REMARKETING
780.569.0654
#109-25 Chisholm Ave., St. Albert



WWW.CANADIANAUTOREMARKETING.CA

UH-OH!

DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.

COLORGlo
NORTH EDMONTON

For a free estimate, call 780.239.7917

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL



like us

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

We are your Apple experts!

one bite technology

587.290.0200

www.onebiteotechnology.ca

Retail store now open!
22A Muir Drive, St. Albert

780-651-7362
Wild Earth Bakery

Located in the Enjoy Centre,
Entrance 4 - 101 Riel Drive,
St. Albert

www.wildearthbakery.com

We've been around for a while and we've seen a lot over the years.
The world keeps changing, but Wild Earth keeps baking.



Rediscover Your Youth and Vitality!

PhytoZon® - Science - Nutrition

- ✓ Fast Results - Brain/Body Balance
- ✓ Increased Strength, Energy, Vitality
- ✓ Joint Health, Flexibility



500+ Clinical Studies
Patented Ingredients



DOCTOR APPROVED
CLINICALLY TESTED

www.americandream4me.com/beginnow

The At Home Tax Advantage...

Peace of Mind - All files reviewed by a Chartered Professional Accountant
Convenient - Relax, we come to you! Covid safe meeting
Consistent - Fees set once at beginning of season
Reliable - Our office is open year round to serve you
Locally Owned and Operated - Support local!



We Build Relationships!

AT HOME TAX
PREPARATION SERVICES
PROFESSIONAL CORPORATION
780-453-6700
www.athometax.ca

IS ADVENTURE ON YOUR BUCKET LIST?

Learn to Scuba Dive

Ask about our Buddy Special

Discover Snorkeling

1-Hour Lesson at the Pool!
Snorkeling Sets for the Family



www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

www.scubagearcanada.ca

FREE!

New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

St. Albert Edition

780-220-6397



www.coffee-news.ca

Est. 1988

Vol. 20 No. 15 April 10, 2023

Everybody's Talking

Seagull dilemma: Watch out for seagulls when visiting Venice, Italy. They've been known to swoop down and steal ice cream right out of an outdoor diner's hand! This type of thing has become more common in recent years, and hotel owners are investigating humane ways to discourage the birds from being such a nuisance. Ideas to help the situation include using an acoustic machine that plays sounds that gulls don't like. Certain scents, which people can't smell, can also make the birds stay away. A couple of hotels have resorted to using bright orange water pistols to harmlessly squirt water at the unwelcome guests.

Coffee art: When Linda Finstad, an artist from the Canadian province of Alberta, was unable to obtain art supplies during the pandemic, she started painting with a readily available but unusual medium: coffee. It turned out to be very popular indeed! She created a series of "Sassy Angels" to illustrate 365 different holidays, from Mother's Day, to Talk Like a Pirate Day, to National Popcorn Day, and posted them on social media. She was flooded with requests for her coffee angels, so she turned them into greeting cards, prints, refrigerator magnets, and five books. Finstad's creativity gave her art business a new direction, and she hopes her success will inspire others.

Attic find: When buying an expensive work of art, most new owners would hang that piece in a prominent position for viewing. But instead of displaying it, a patriarch of the Sitwell family in Northamptonshire, England, put a drawing in the attic and then left it there. That was in 1936. One of the family's descendants, Henrietta Sitwell, recently found the piece in one of the numerous attics of the their Weston Hall estate. An art student, Sitwell knew the sketch was something special. "A Large Group of Punchinelli" by Italian Rococo artist Giovanni Battista Tiepolo (1696-1770) was expected to fetch 150,000 Euros-200,000 Euros at auction.

Red flag: As a train rumbled along a track in the Etah district of Uttar Pradesh in northern India, the engineers were surprised to see, in the distance, what looked like a red flag on the tracks. What they thought was a flag turned out to be a saree owned by a woman named Omwati. On her way to work in the fields, she noticed some significant damage to the railway tracks, and realized it could cause a bad accident. So she hung her garment on the track, using sticks. Luckily, the engineers noticed the warning and managed to stop the train in time. Authorities fixed the track, the train continued, and everyone thanks Omwati for averting an accident.

Quoteable Quotes

You don't always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens." —Mandy Hale

"I would encourage you to set really high goals. Set goals that, when you set them, you think they're impossible." —Katie Ledecky

What's Happening

Apr 8 - Gibbons Easter Egg Hunt Taking place at the cultural centre from 11am-1pm. Hosted by the Sturgeon River Agricultural Society. Free activities and paid concession

Apr 8 - Gibbons Pancake Breakfast This fundraising pancake breakfast will be taking place at the legion from 8am-10am. Hosted by the Ladies Auxillary 226

Apr 29-30 - Melodies at the Manor Join the South East Edmonton Seniors Association as they present Melodies at the Manor on the 29th 7pm and the 30th 1pm. Visit seesa.ca for more information

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400* Prize Package**

*Coffee News Bucks Over 150 participating sponsors! 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The Titanic began its maiden voyage in what port city?
2. When was the first U.S. patent approved?
3. Is Thor, Loki, or Njord the Norse god of the sea and wind?
4. Homeostasis is a tendency toward equilibrium—T/F?
5. Amundsen Sea is in the Arctic or Antarctic?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

The World's #1 Restaurant Publication!

When YOU Get Paid We Get Paid

Over HALF A BILLION Recovered For Our Clients!



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries



For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews

Exclusive offer for Facebook and Google Ads



Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your FREE no obligation consultation!

Frontline

780.760.6922

WHY RENT

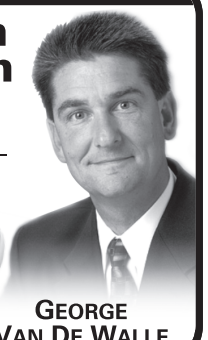
...when you can BUY?

You may be financially ready - and don't even know!

Call George about real solutions to build equity:

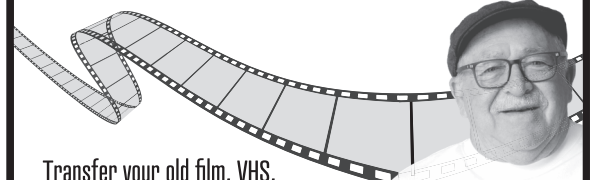
780.982.4247

www.georgevandewalle.com



GEORGE VAN DE WALLE

SAVE YOUR FAMILY memories



Transfer your old film, VHS, DVR, & reels to a digital format.

For more information & pricing email: info@thecreativehive.ca

780.996.7510 www.hive-media.com

TELL a Polio Survivor About US!

Wildrose Polio Support Society

780.428.8842 | www.polioalberta.ca



Decluttering & Organizing • Home Staging
Move Preparation & Packing • Unpacking & New Home Setup



Rose City
PROFESSIONAL ORGANIZING
NOW SERVING ST. ALBERT!

Christa Jones
Owner & Professional Organizer
587.600.0264
RoseCityProfessionalOrganizing.com
@RoseCityOrganizing

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Book now and SAVE - www.bookcamrose.ca

Jennifer Miles, Agent
125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com



Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

Where your pet gets a vacation too!



BlackPaws Pet Resort & RV Storage

Why choose us for your dog boarding needs?

- Acres of play areas! • Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

BOOK TODAY
...your pet will thank you!

26106 Twp Rd 552, Sturgeon County
780.984.5718 | blackpawspetresort.ca

Less dogs, more space... a tired dog is a good dog!

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.



PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

PROMOTIONAL & PRINTING



OUI PRINT.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair
- ...and more!

ADG KABAN SEWER & DRAIN LTD.

Troy 780.498.6888 Cell. 780.458.9778 | www.adgplumbing.com

LICENSED • BONDED • INSURED

Weekly • Bi-Weekly • Monthly • One-Time Cleaning

We do one thing - Clean!

Professional and personalized cleaning service:
Residential & Commercial Cleaning
Detail Cleaning • Basic Cleaning
Move In/Move Out
New Construction

www.youhaveitmaid.ca

Call Lynn today for a free quote: 780.721.6789

Do you have a favourite quilt that needs repair?

Longarm Quilting Services



QUILTING

Offering a variety of quilting services

- Longarm Quilting • Digital Edge2Edge
- Competitive Rates
- Friendly Environment

Free Quote! 780.554.1350 | reidse@shaw.ca

WINTER CLEARANCE
Save Up To

50%


Off Our Already Low, Low Prices

Direct Workwear Ltd.

5361 Gateway Blvd NW, Edmonton AB
Open 7 Days A Week


Your Weekly Horoscope

ARIES
(March 21 - April 20)




Sometimes Aries are seen as charismatic or as overly aggressive with others. The energy for the next few weeks might help you have more positive interactions with people. Lucky numbers: 10, 16, 22, 27, 43, 48.

TAURUS
(April 21 - May 21)




During the next two months, you may dedicate yourself to an important purpose. This may be a little scary, but try to avoid the temptation to remain around your hearth, safe and secure. Lucky numbers: 5, 10, 17, 20, 34, 37.

GEMINI
(May 22 - June 21)




For the next month you may want to focus on fun, romance, and expressing your creativity. Take advantage of this period, but be careful not to fully abandon your ordinary responsibilities. Lucky numbers: 7, 14, 17, 20, 25, 42.

CANCER
(June 22 - July 22)




Cancers often look for relationships where they can feel safe and stable. Now may be an opportunity to expand your boundaries in this regard, but you might need to actively seek it. Lucky numbers: 4, 17, 18, 26, 42, 45.

LEO
(July 23 - Aug. 23)




You may be called upon midweek to step outside of your own needs and help someone else. You might find this gives more to you than it does to the other person. Lucky numbers: 15, 18, 28, 33, 37, 39.

VIRGO
(Aug. 24 - Sept. 23)



You may feel that your normally grounded persona is being interrupted by negative emotions at the end of the week. Wait a few days and the situation might improve. Lucky numbers: 2, 7, 16, 25, 44, 45.

LIBRA
(Sept. 24 - Oct. 23)




Are you having an issue with finances and/or a relationship? Over the next month you may find an opportunity to improve the situation, but you might need to reach for it. Lucky numbers: 6, 16, 17, 32, 39, 41.

SCORPIO
(Oct. 24 - Nov. 22)



A new astrological aspect for the next few weeks may lighten your serious mood. Think about how you could keep this feeling going, once the temporary energy pattern passes. Lucky numbers: 8, 19, 25, 29, 46, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)




Early in the week, you may receive a number of new insights. You may want to wait a few days, however, before you act on any ideas this information inspires. Lucky numbers: 1, 5, 8, 41, 42, 46.

CAPRICORN
(Dec. 22 - Jan. 20)




Real world success is a focus for Capricorns. At midweek, an astrological aspect could give you extra energy in this regard, so perhaps plan what you want to accomplish then. Lucky numbers: 3, 4, 8, 24, 28, 34.

AQUARIUS
(Jan. 21 - Feb. 19)



A theme for Aquarius is humanitarianism. This week you may feel particularly ambitious about these goals. Seek the help of others, but be sure their motives align with yours. Lucky numbers: 14, 20, 25, 32, 44, 47.

PISCES
(Feb. 20 - March 20)



If you feel that your intuitive talents are on the friz, you may be correct. However, now might be an opportunity to develop skills to better handle the mundane world. Lucky numbers: 11, 17, 19, 24, 29, 40.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 3.

Did You Know...

Face masks: In the old days of professional hockey, goalies did not wear masks. That started to change in 1959 when the Montreal Canadiens goalie Jacques Plante began wearing a homemade mask to protect his face from injury.

Short sleepers: Most people need eight hours of sleep every night, but about 1% inherit a mutation of the DEC2 gene. These folks can survive quite well on six hours, or even less, without batting an eye.

Black apple: The Arkansas Black apple looks like some kind of forbidden fruit. It is so dark red that it looks almost black. This apple is too hard and sour to be picked and eaten, but store it for a few months and it becomes a sweet treat.

Wild cat: Southeast Asia is home to a rare feline called the marbled cat. Very reclusive, they live in dense forests and are about the size of a house cat, with large teeth, big paws, long bushy tails, and fur that looks marbled.

Phases of the moon: When our moon is "waxing," the sunlit part of its surface is growing. When it is "waning," the sunlit part is getting smaller. A new moon happens when no sunlight shows on its surface.

On the Lighter Side

Pat: "Every night I dream I am flying."
Matt: "Why don't you sleep on your back?"
Pat: "What? And fly upside down?"

What did the juicer do to the lemons? Gave them some ade.

Brief explanation of an acorn: it's an oak tree, in a nutshell.

Knock! Knock! *Who's there?* Feline. *Feline who?* Feline fine, thanks for asking.

Why are frogs so happy? They eat whatever bugs them.

Answers

Trivia answers: 1. Southampton, England 2. 1790 3. Njord 4. True 5. Antarctic

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Mortgage Advice



We provide mortgage options, value, flexibility, and convenience.

Let's talk:
Michael Rennie
Mobile Mortgage Specialist
T: 780 499 4749
michael.rennie@td.com
mms.tdcanadatrust.com/michael.rennie

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST


yesTV



RBC Financial Planning

Looking for investment or retirement advice? Talk to me today.

William Reid CFP®, PFP®
Financial Planner, Investment and Retirement Planning
780-720-3743
will.reid@rbc.com



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372



Offering the latest in dental technology... to make your visit as comfortable as possible!

Fillings
Same Day Crowns
Digital Imaging
Digital Impressions
Hygiene Care • Invisalign

citadel dental

#250, 665 St. Albert Trail, St. Albert
587.805.0340 | reception@citadeldental.ca

Dr. Melonie MacDonald
General Dentist

Book online!
www.citadeldental.ca

We are KID friendly!

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Auto Sales:

- ✓ Shop with total confidence
- ✓ Financing available
- ✓ Large selection of pre-owned cars
- ✓ We also buy cars - inquire for details!

CANADIAN AUTO REMARKETING

780.569.0654
#109-25 Chisholm Ave., St. Albert

WWW.CANADIANAUTOREMARKETING.CA

Support for Albertans is here!

- As of January 1, fuel tax has been suspended, saving Albertans 13 cents/litre until June 30.
- Price Protection for Natural Gas is in effect and Electricity Rebates will continue with \$75 rebate in January & February and \$25 rebate in March & April.

For more details:
Affordability Action Plan | Alberta.ca

Hon. Dale Nally, MLA
MORINVILLE - ST. ALBERT
780-572-6161
Morinville.StAlbert@assembly.ab.ca



Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING

RATES AS LOW AS \$150 FOR WILLS

