



www.scubagearcanada.ca

and Friday from 4-7pm. For more info please contact 780-239-8523 or visit beverlytown.com

> NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy Find the Coffee News Guy hidden in one of the ads, then enter to win! * Prize Package **\$400**

-Robert Frost

counts.'

information

FREE!

www.coffee-news.ca

Over 150 participating sponsors! hers (\$100 each) will be drawn on the 15th of each month from all correct entri

Trivia

- _____was the horse of fictional character Don Quixote. 1.
- 2. What is the medical term for the kneecap?
- 3. Actor Ben Kingsley's birthname was
- 4. What is the diameter of the planet Venus?
- 5. The Grimaldis are the family who have ruled Monaco since 1297-T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)





Send a selfie of yourself with your

weekly edition of the paper, and

Love Coffee News??

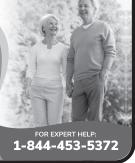
Your name @ Your phone number
of @ Your address
that we can send you some cool prizes
your photo is chosen to appear in the paper

Roxanne Callaghan from Coffee News' Fun Reading. Serious Advertising.

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A \$**2.50**0 EARLY TAX CREDIT 530.000 LUMP SUM REFUND

COPD, arthritis, and many othe Restrictions in Walking or Dressing may qualify



Reader of the Month

The World's #1 Restaurant Publication!







You

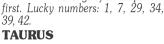
Your Weekly Horoscope

ARIES

(March 21 – April 20)

You may be enthusiastic and even ambitious about planning your goals for the next six months. However, you might need to let go of an old pattern





(April 21 - May 21)

Your birthday month presents an opportunity to reset the circumstances of your life. What do you want to accomplish over the next year, and how do you plan to get there? Lucky

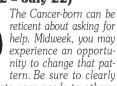
numbers: 8, 17, 23, 32, 34, 46. GEMINI

(May 22 – June 21)

Geminis have a natural talent for gathering information from the ethereal realm. This is heightened for you now. Be aware of

how you could use this to achieve your goals. Lucky numbers: 15, 17, 19, 24, 26, 43. CANCER

(June 22 – July 22)



communicate your needs to others. Lucky numbers: 5, 16, 17, 21, 42, 45. LEO

(July 23 – Aug. 23)

You may feel your selfconfidence challenged during the next month. This could signal that there are changes you may want to consider to

be more successful in the future. Lucky numbers: 9, 13, 19, 20, 28, 40. VIRGO

(Aug. 24 - Sept. 23)

The astrological pattern over the next month is a well-grounded one. This resonates with your Virgo energy, and you could use it to help you

more easily achieve your goals. Lucky numbers: 6, 8, 17, 19, 23, 42.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 17.

Did You Know...

Purring pets: Petting a purring cat is calming. They purr at a frequency of 25 to 150 Hz (vibrations per second), which is just right to help relieve stress. All felines purr, except lions, tigers, jaguars, and leopards, who roar.

Early signs: Before cats arch their backs and hiss, they usually show preliminary signs of fear or irritation. For example, their ears may be pressed flat against their heads and they may whack their tails on the ground.

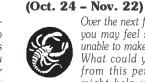
Spiral staircase: A structure in Southern Jutland, Denmark, looks like a 25-metre (82-ft.) tall DNA molecule. Called Marsk Tower, it sits in a marshland. Visitors can take an elevator or climb the winding staircase to the top for views of Wadden Sea National Park.

Lower fat: Lots of people love ice cream, which is fairly high in milk fat. A non-dairy alternative is sorbet, which is made from fruit, sugar, and flavourings. Sherbet is similar, except that it contains a small amount of dairy. Arctic rodents: Collared lemmings are small rodents that live in Arctic and subarctic areas. They don't hibernate, but their thick fur coats keep them warm all winter. They make their burrows out of frozen ridges of snow.

Affordable-Effective-Exclusive-CALL NOW!







SCORPIO

unable to make progress. What could you learn from this period that might help you move forward when it ends? Lucky numbers:

(Sept. 24 - Oct. 23)

Are you frustrated by

the behaviour of someone

in your life? Can you

approach them with a positive resolution? If

not, wait a few days so

Over the next few weeks,

you may feel stuck and

you don't lash out unnecessarily.

Lucky numbers: 7, 23, 29, 31, 45, 48.

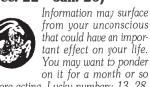
10, 19, 20, 29, 31, 46. **SAGITTARIUS**

(Nov. 23 – Dec. 21)

Sagittarians often act on faith when making decisions. However, right now a more intellectual approach may be helpful, especially one that incor-

porates data into the process. Lucky numbers: 4, 5, 11, 24, 42, 44 CAPRICORN

(Dec. 22 - Jan. 20)



on it for a month or so before acting. Lucky numbers: 13, 28, 38, 41, 44, 46. **AQUARIUS**

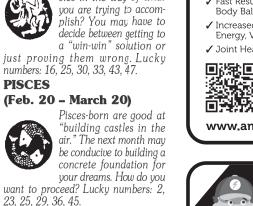
(Jan. 21 - Feb. 19)

Are others putting obstacles in the way of what

PISCES

(Feb. 20 - March 20)

want to proceed? Lucky numbers: 2, 23, 25, 29, 36, 45.



Safe Step Walk-In Tub. Not applicable with any previous available while supplies last. No cash value. Must present rchase. CSLB 1082165 NSCB 0082999 0083445

Trustworthy, Honest and Reliable Just House Cleaning...

✓ Flat and Hourly Rates Available ✓ Over 15 Years Experience ✓ Thorough, Considerate, Friendly

C: 780.239.3553 | almescape@gmail.com

On the Lighter Side

Knock! Knock! Who's there? Sincerely. Sincerely who? Sincerely this morning I've been waiting for you to open the door!

Why was the shoe late? It was a little tied up.

Captain: "This boat makes 20 knots an hour." Passenger: "How long does the crew spend untying them?"

How do you make an hourglass run faster? Fill it with quicksand.

Keep skunks, bankers, and politicians at a distance.

Answers

Bhanji 4. 7,521 mi. (12,104 km) 5. True Trivia anewers: 1. Rocinante 2. Patella 3. Krishna Pandit

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

<u> </u>		
Exclusive Offer!	SCAN ME	Frontline web consulting (780) 760-6922 Profilationsuiting co
Coffee News Readers - Receive <i>\$100 OFF</i> their Website Development! ^{*Mention this ad to reedem!*}		
FLAT ALFA SERVING SHERWO		KI ®

80.410.066

Airport - \$40. Anywhere in Sherwood Park - up to \$10.* Except weekends and evening

Reasonable flat rate anywhere • 24 Hr. Service. Toll Free 1.855.688.2941

Zone 17-Whyte Avenue/University