

**25 WORDS OR LESS**  
WEEKDAYS 3PM  
yesTV

**NWT SAFETY SUPPLIES**  
**FIRE SALES & SERVICE**  
EXTINGUISHER

BAY 2, 1906-4 ST. NISKU  
780 955 8797  
X  
50 SHEP ST. SPRUCE GROVE  
780 962 1778

nwtsafety.com

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

**MILLWOODS Bottle Depot**

2830 Parsons Road  
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Mon - Sat 8:30 am - 7 pm  
Sunday 10 am - 6 pm

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

**Dragons of the Past**  
Book Four of The Dragons of Nibiru

Available now at your local bookstore

www.dragonsofnibiru.com

**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922  
frontlineconsulting.ca

Canada's HEALTHY Choice for Pets!

**GLOBAL PET FOODS**

**SENIORS' DAY** last Tuesday of every month  
Save **15%**  
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc  
780-980-8711 • www.globalpetfoods.com

**THE ONE 93.1 FM**  
LEDUC'S BEST COUNTRY

**COLD SHOT**  
A DIVISION OF BALUARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com  
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**FREE!** New Issue Every Week!  
**Coffee News**<sup>®</sup>  
"News To Be Enjoyed Over Coffee"  
Leduc - Nisku Edition  
780-220-6397

www.coffee-news.ca

Vol. 20 No. 16 April 17, 2023

**Everybody's Talking**

**Big, nice dog:** People who want a dog that looks like a wolf might consider a Tamaskan. In the 1980s in Britain, breeders mixed several different kinds of dogs, including the German Shepherd, Siberian Husky, Alaskan Malamute, and Samoyed, and possibly some Czechoslovakian Wolfhound, resulting in the new, domesticated Tamaskan breed. These large, high-energy dogs grow to between about 24 and 28 inches (61 to 71 centimetres) tall, and typically live for 14-15 years. They are friendly, loyal, and gentle, and also very intelligent. Because they are so smart, they are well suited for training and need lots of exercise. So owners have to be prepared to provide them with ample mental stimulation.

**Colourful sight:** Butterfly lovers might want to plan a visit to the Pismo Beach Monarch Butterfly Grove in the state of California (U.S.). The best time to go is between the months of October and February. That is when thousands of the endangered, orange-and-black insects congregate to enjoy the sunny, warm weather of the area, which is located between the cities of San Jose and Los Angeles. The butterflies gather in clusters in the eucalyptus trees that populate the grove. To get there, the butterflies have migrated long distances to avoid the cold and frigid conditions of winters in the northern United States and Canada.

**Biodegradable bags:** Lucy Hughes, an engineering student at University of Sussex in Brighton, England, has invented a product that eventually may help reduce the prevalence of single-use plastic. Called MarinaTex, the product is made of fish scales and skin, which are waste materials at fish processing plants. It uses red algae as a binding agent. This new "plastic" is biodegradable in about six weeks. Like other widely used plastic bags, the MarinaTex ones are transparent, so users can see what kind of sandwiches are packed in their lunches. Another good thing about this invention is that, quite literally, tonnes of raw materials are available. For her work, Hughes won a James Dyson Award for design engineering.

**Peacock frenzy:** Car owners in the city of Surrey, British Columbia (Canada), have been having trouble keeping their vehicles dent-free. They're not worried about fender benders, hail, or vandals. The problem is wild peacocks. When the birds that live in the area see their own reflections in the shiny cars, especially dark-coloured vehicles, they mistake them for other peacocks and go into attack mode, using their talons and beaks on car doors and windows. This phenomenon, along with the noise from the peacocks' shrieking, has caused many dollars worth of damage and many sleepless nights for area residents. Experts say not much can be done, except to discourage anyone from feeding these birds.

**Quoteable Quotes**

"Happiness makes up in height for what it lacks in length."  
—Robert Frost  
"Mistakes are a fact of life. It is the response to the error that counts."  
—Nikki Giovanni

**What's Happening**

**Apr 29-30 - Melodies at the Manor** Join the South East Edmonton Seniors Association as they present Melodies at the Manor on the 29th 7pm and the 30th 1pm. Visit seesa.ca for more information

**May 7 - Devon Monthly Arts Market** Join our Craftspeople, Artisans and Artists. Our pre-Mother's Day Market happens at the Devon Community Centre from noon to 4 pm, For more info, email artsdevon@gmail.com

www.artsdevon.org. 780 729-4932 NON profit organizations may submit events for FREE at www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. \_\_\_\_\_ was the horse of fictional character Don Quixote.
2. What is the medical term for the kneecap?
3. Actor Ben Kingsley's birthname was \_\_\_\_\_.
4. What is the diameter of the planet Venus?
5. The Grimaldis are the family who have ruled Monaco since 1297—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd  
(Over)

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**  
Sunset Scents  
a RAY of Fragrance  
prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**Recipe of the month**

**Tuscan-Style Roasted Asparagus**

1-1/2 pounds fresh asparagus, trimmed  
1-1/2 cups grape tomatoes, halved  
3 tablespoons pine nuts  
3 tablespoons olive oil, divided  
2 garlic cloves, minced

1 teaspoon kosher salt  
1/2 teaspoon pepper  
1 tablespoon lemon juice  
1/3 cup grated Parmesan cheese  
1 teaspoon grated lemon zest

Prep Time: 20 min. Bake Time: 15 min. Yield: 8 servings

1 Preheat oven to 400°. Place the asparagus, tomatoes and pine nuts on a foil-lined 15x10x1-in. baking pan. Mix 2 tablespoons oil, garlic, salt and pepper; add to asparagus and toss to coat.  
2 Bake 15-20 minutes or just until asparagus is tender. Drizzle with remaining oil and the lemon juice; sprinkle with cheese and lemon zest. Toss to combine.

This versatile side dish can be served hot or cold.

Source: <https://www.tasteofhome.com>

**THIS SPACE FOR RENT**

**780-220-6397**

**NEED TO EXPAND YOUR MARKETING EFFORTS?**

**Coffee News**<sup>®</sup> provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So — you're not advertising with **Coffee News**<sup>®</sup> because...?

780-220-6397  
coffee-news.ca

**What's In Your Glass?** HUGE SELECTION with R&R

**Alberta Has It All**

"Flatlands and rollin' plains, clear blue skies, prairie rains; a tapestry of colours in the fall. Snow covered mountain tops, wheat fields, canola crops; Alberta has it all." This is from our Alberta provincial anthem. That's just a smidge of it, because if we wrote the whole thing, well, you would miss our monthly wit and wisdom. Okay, maybe just our wit (haha).

There's no part in the anthem about our liquid assets. We mean of the alcohol type, of course. We make some wicked products in Alberta.

**Leduc Co-op Liquor**

103-100B Deer Valley Dr. • 780.980.5139

Nutri Juic'd Blood Orange/ Fruit Punch 6 pk .....\$13.71\*  
Blindman Dry Hopped Kettle Sour 4 pk .....\$14.85\*  
Strathcona Spirits Seaberry Gin .....\$49.42\*  
White Owl Coconut Whisky .....\$36.09\*  
Alberta Premium Whisky 1.14L .....\$35.13\*  
Rig Hand Double Double .....\$35.13\*

\* Price does not include GST or bottle deposit.

Beer... lots of fabulous beer of every size and type. We're in the spirit of things too with vodka, gin, whisky. Liqueurs, too. How about mead, coolers, fruit wines and pre-mixed cocktails... Albertans make those, too. Come on everybody. Let's celebrate Alberta made products. We've got a ton to salute. Cheers!

www.leduccoopliquor.com

# SHOP ONLINE!

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

SNORKELLING AND SCUBA DIVING LESSONS

**The Dive Outfitters**

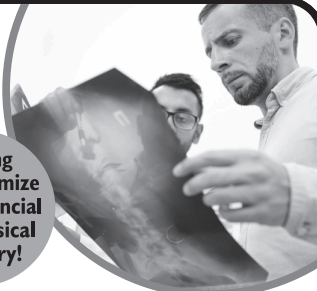
Learn to SCUBA DIVE at our Edmonton location - call for details

Scuba Diving & Snorkelling  
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**When YOU Get Paid We Get Paid**

Helping You Maximize Your Financial And Physical Recovery!



**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries



For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

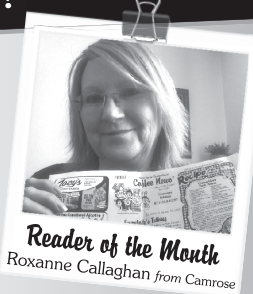
## Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca) Please put "Readers" in the subject line.

Please include:  
1 Your name 2 Your phone number and 3 Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Coffee News** Fun Reading. Serious Advertising.



Reader of the Month  
Roxanne Callaghan from Camrose

Helping you rediscover **fun** in the kitchen!

**Gifts and Gadgets**

Your one stop kitchen and gift shop.  
**780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

Creating memories...one vacation at a time!

**NORDEGG VACATION RENTALS**

Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains.

Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information:  
1-855-NORDEGG (667-3344)

[nordeggvacationrentals.ca](http://nordeggvacationrentals.ca)



**Pregnant? Facing Difficult Decisions?**

We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**SPRING PROMO: 10% OFF\***

YOU'LL DIG OUR WORK

\*When you book your project before June 1

Excavation

Dirt Work

Land Clearing

Mulching

Demolition

Trenching

Stump Removal

Gravel/Soil

**KITT CONSTRUCTION**

Call us today: 780.887.5305  
[www.kittconstruction.ca](http://www.kittconstruction.ca)

# Your Weekly Horoscope

## ARIES

(March 21 - April 20)



You may be enthusiastic and even ambitious about planning your goals for the next six months. However, you might need to let go of an old pattern

first. Lucky numbers: 1, 7, 29, 34, 39, 42.

## TAURUS

(April 21 - May 21)



Your birthday month presents an opportunity to reset the circumstances of your life. What do you want to accomplish over the next year, and how

do you plan to get there? Lucky numbers: 8, 17, 23, 32, 34, 46.

## GEMINI

(May 22 - June 21)



Geminis have a natural talent for gathering information from the ethereal realm. This is heightened for you now. Be aware of how you could use this to

achieve your goals. Lucky numbers: 15, 17, 19, 24, 26, 43.

## CANCER

(June 22 - July 22)



The Cancer-born can be reticent about asking for help. Midweek, you may experience an opportunity to change that pattern. Be sure to clearly

communicate your needs to others. Lucky numbers: 5, 16, 17, 21, 42, 45.

## LEO

(July 23 - Aug. 23)



You may feel your self-confidence challenged during the next month. This could signal that there are changes you may want to consider to

be more successful in the future. Lucky numbers: 9, 13, 19, 20, 28, 40.

## VIRGO

(Aug. 24 - Sept. 23)



The astrological pattern over the next month is a well-grounded one. This resonates with your Virgo energy, and you could use it to help you

more easily achieve your goals. Lucky numbers: 6, 8, 17, 19, 23, 42.

## LIBRA

(Sept. 24 - Oct. 23)



Are you frustrated by the behaviour of someone in your life? Can you approach them with a positive resolution? If

not, wait a few days so you don't lash out unnecessarily. Lucky numbers: 7, 23, 29, 31, 45, 48.

## SCORPIO

(Oct. 24 - Nov. 22)



Over the next few weeks, you may feel stuck and unable to make progress. What could you learn from this period that might help you move

forward when it ends? Lucky numbers: 10, 19, 20, 29, 31, 46.

## SAGITTARIUS

(Nov. 23 - Dec. 21)



Sagittarians often act on faith when making decisions. However, right now a more intellectual approach may be helpful, especially one that incor-

porates data into the process. Lucky numbers: 4, 5, 11, 24, 42, 44.

## CAPRICORN

(Dec. 22 - Jan. 20)



Information may surface from your unconscious that could have an important effect on your life. You may want to ponder on it for a month or so

before acting. Lucky numbers: 13, 28, 38, 41, 44, 46.

## AQUARIUS

(Jan. 21 - Feb. 19)



Are others putting obstacles in the way of what you are trying to accomplish? You may have to decide between getting to a "win-win" solution or

just proving them wrong. Lucky numbers: 16, 25, 30, 33, 43, 47.

## PISCES

(Feb. 20 - March 20)



Pisces-born are good at "building castles in the air." The next month may be conducive to building a concrete foundation for your dreams. How do you

want to proceed? Lucky numbers: 2, 23, 25, 29, 36, 45.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 17.

## Did You Know...

**Purring pets:** Petting a purring cat is calming. They purr at a frequency of 25 to 150 Hz (vibrations per second), which is just right to help relieve stress. All felines purr, except lions, tigers, jaguars, and leopards, who roar.

**Early signs:** Before cats arch their backs and hiss, they usually show preliminary signs of fear or irritation. For example, their ears may be pressed flat against their heads and they may whack their tails on the ground.

**Spiral staircase:** A structure in Southern Jutland, Denmark, looks like a 25-metre (82-ft.) tall DNA molecule. Called Marsk Tower, it sits in a marshland. Visitors can take an elevator or climb the winding staircase to the top for views of Wadden Sea National Park.

**Lower fat:** Lots of people love ice cream, which is fairly high in milk fat. A non-dairy alternative is sorbet, which is made from fruit, sugar, and flavourings. Sherbet is similar, except that it contains a small amount of dairy.

**Arctic rodents:** Collared lemmings are small rodents that live in Arctic and subarctic areas. They don't hibernate, but their thick fur coats keep them warm all winter. They make their burrows out of frozen ridges of snow.

## On the Lighter Side

Knock! Knock! Who's there? Sincerely. Sincerely who? Sincerely this morning I've been waiting for you to open the door!

Why was the shoe late? It was a little tied up.

Captain: "This boat makes 20 knots an hour."

Passenger: "How long does the crew spend untying them?"

How do you make an hourglass run faster? Fill it with quicksand.

Keep skunks, bankers, and politicians at a distance.

## Answers

**Trivia answers:** 1. Rocnante 2. Patella 3. Krishna Pandit Bhanji 4. 7,521 mi. (12,104 km) 5. True

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

- Possession
- Acquisition
- License
- Training

For more info, contact Robyn at  
**780-977-0725**  
301 Saskatchewan Ave.  
Spruce Grove

## HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500**

YEARLY TAX CREDIT

**\$30,000**

LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.



WIPE OUT INFLATION, GET THE CREDIT!

FOR EXPERT HELP:  
**1-844-453-5372**

## Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

**microbusiness**  
TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

**780.482.4462 | [www.microbusiness.ca](http://www.microbusiness.ca)**

## April is Parasite Control and Vaccination Month

Offering veterinary care for your pets

Dr. Sandipkumar Patel

**Southfork Animal Hospital**



101-102 Southfork Drive, Leduc  
587.274.0026 • [clinic.southforkvets@gmail.com](mailto:clinic.southforkvets@gmail.com)  
[www.southforkvets.com](http://www.southforkvets.com)

Can't get to your **Coffee News** each week?

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

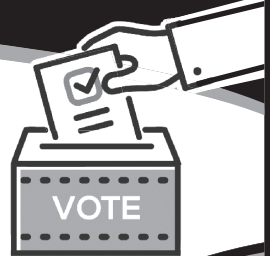
Now you never have to miss your weekly dose of good news!



[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

## Running for office?

Give your campaign a kickstart with **Coffee News**!



Call for opportunities in your local community.

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish.**

Visit [makeawish.ca](http://makeawish.ca)

**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**

780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)