

Recipe of the month

Tuscan-Style Roasted Asparagus

1-1/2 pounds fresh asparagus, trimmed
1-1/2 cups grape tomatoes, halved
3 tablespoons pine nuts
3 tablespoons olive oil, divided
2 garlic cloves, minced

1 teaspoon kosher salt
1/2 teaspoon pepper
1 tablespoon lemon juice
1/3 cup grated Parmesan cheese
1 teaspoon grated lemon zest

Prep Time: 20 min. Bake Time: 15 min. Yield: 8 servings

1 Preheat oven to 400°. Place the asparagus, tomatoes and pine nuts on a foil-lined 15x10x1-in. baking pan. Mix 2 tablespoons oil, garlic, salt and pepper; add to asparagus and toss to coat.
2 Bake 15-20 minutes or just until asparagus is tender. Drizzle with remaining oil and the lemon juice; sprinkle with cheese and the lemon zest. Toss to combine.

This versatile side dish can be served hot or cold.

Source: <https://www.tasteofhome.com>

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Roxanne Callaghan from Camrose

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Congratulations

to February's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Megan Stayko
Donna Taves
Anson Yukit
Lana Gatward**

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Everybody's Talking

Inside a fairy tale: Today's children, and adults, can thank Danish author Hans Christian Andersen (1805-1875) for "The Little Mermaid," "The Princess and the Pea," and many other fairy tales. Soon the author's fans will be able to visit a museum built in his honour in Odense, Andersen's hometown. Rather than displaying artifacts, this immersive museum uses new technologies to make visitors feel like they are inside a fairy tale. Designed by 12 international artists, the exhibits in H.C. Anderson's House mirror the famous stories. "The Little Mermaid" exhibit has a glass ceiling, above which is a pool of water, so visitors can feel like mermaids looking up into another world.

Big vehicle: Imagine owning a two-story sport utility vehicle. Sheikh Hamad Bin Hamdan al Nahyan of the United Arab Emirates has such a car. Known as the Rainbow Sheikh, he commissioned the Hummer H1 X3, which is three times larger than a regular Hummer H1. This gigantic SUV has four diesel engines and is 6.6 metres (21.6 ft.) high, 14 metres (46 ft.) long and 6 metres (19.6 ft.) wide. Inside, a bathroom is on the first floor, and the second floor has a 360-degree view in a sitting room where guests can relax. A member of the UAE royal family, the avid collector owns a large assortment of 4x4 vehicles.

Writing method: Back in the 1800s, writing letters was one of the only ways to communicate across the miles. However, with writing paper scarce and postage expensive, people found a frugal way to get their points across: they practiced cross-writing, which is writing in different directions on a piece of paper. When they finished writing in one direction, they'd turn the paper 90 degrees and write over top of what was already on the page. Some would even write diagonally. Looking at vintage letters from the era, one wonders how the puzzling script could have been legible, but apparently people grew accustomed to deciphering it.

Unfamiliar bill: A 37-year-old Canadian \$5 bill didn't pass the recent scrutiny of a young employee in a Sudbury, Ontario, coffee shop. Customer Irene Nizzero tried to pay for her beverage with the bill that had been printed in 1986. At that time, bank notes were made from a different type of material than they are today, and the employee was unfamiliar with the look of the bill. Not to raise a fuss, Nizzero paid with a newer \$20 bill. But she came back the next day to show the old bill to the manager, who confirmed that it would be an acceptable form of payment in the shop.

Quoteable Quotes

"Never pay attention to what critics say. Remember, a statue has never been set up in honour of a critic." —Jean Sibelius

"Ideals are like stars; you will not succeed in touching them with your hands, but... you choose them as your guides, and following them, reach your destiny." —Carl Schurz

What's Happening

Jan 1 ongoing - Friend Den The Friend Den is a new program for kids in kindergarten to grade 3 with lessons on coping skills, empathy, and gratitude. This runs on Mondays from 3:15-4:30 at the Vegreville Family Resource Network. Registration is required call 780-632-2912

Ongoing - Senior Appreciation Day Every 3rd Tuesday of each month is Senior Appreciation Day at the St. Paul Municipal Library so be sure to stop by for coffee, tea treats from noon-3pm.

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Trivia

1. What was the "Drama in the Bahamas"?
2. Mycroft Holmes, brother of fictional detective Sherlock, was a member of what club?
3. The Shinano (Chikuma) River is the longest in Japan—T/F?
4. In what year was the iPhone introduced in the U.S.?
5. What is the Greek name for sisters Alecto, Megaera, and Tisiphone?

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES

(March 21 - April 20)



In matters of love, you may be acting from your head rather than your heart. If so, is this an unconscious reaction to pain from an old relationship wound? Lucky numbers: 2, 3, 12, 13, 41, 46.

TAURUS

(April 21 - May 21)



An unexpected event may happen this week that could provide an opportunity for you to break free from your routine. What do you want to do differently from now on? Lucky numbers: 7, 15, 20, 34, 43, 46.

GEMINI

(May 22 - June 21)



The next few weeks may be busy and stressful for you. Despite this, you may find an opportunity for progress if you communicate to others clearly and from your values. Lucky numbers: 11, 12, 16, 17, 21, 30.

CANCER

(June 22 - July 22)



You may be feeling out of sorts at the beginning of the week. If you retreat into your shell, you may miss an opportunity to connect more deeply with a partner. Lucky numbers: 3, 25, 33, 35, 45, 46.

LEO

(July 23 - Aug. 23)



The natural enthusiasm and childlike joy of Leo is highlighted at the end of the week. Enjoy these few days while you can, as your normal routine may soon return. Lucky numbers: 13, 22, 27, 29, 41, 44.

VIRGO

(Aug. 24 - Sept. 23)



By the end of the week, your emotions may be heightened. Then you might have to decide if this dynamic will lead you to success or leave you feeling uncertain. Lucky numbers: 5, 7, 17, 21, 24, 28.

LIBRA

(Sept. 24 - Oct. 23)



You may have an opportunity this week to strengthen a romantic relationship. While conversation with your partner is necessary to the process, try to avoid the temptation to over-analyze details. Lucky numbers: 6, 18, 34, 37, 40, 48.

SCORPIO

(Oct. 24 - Nov. 22)



People sometimes find a Scorpio's intense nature intimidating. You have the potential now to consider how to adjust your interactions with others while still being your authentic self. Lucky numbers: 10, 13, 18, 27, 37, 48.

SAGITTARIUS

(Nov. 23 - Dec. 21)



Are you finding it difficult to communicate to others about what you need? Over the next few weeks, you may have an opportunity to adjust your communication style to be more effective. Lucky numbers: 9, 12, 13, 23, 37, 45.

CAPRICORN

(Dec. 22 - Jan. 20)



At the end of the week, you may find yourself in conflict with someone. You might want to avoid further interactions for a few days or risk damage to the relationship. Lucky numbers: 4, 5, 17, 23, 45, 46.

AQUARIUS

(Jan. 21 - Feb. 19)



Your mind and heart may be out of sync. This could be a good time to figure out why, and find a compromise that you can live with down the road. Lucky numbers: 1, 3, 20, 23, 31, 35.

PISCES

(Feb. 20 - March 20)



Pisces is undergoing a two-year process that provides the opportunity to be more grounded. This week that dynamic is highlighted. How do you want to work with this energy? Lucky numbers: 8, 9, 19, 26, 43, 48.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 27.

Did You Know...

Headache harbinger: Triggers for a migraine headache vary from person to person. However, research has identified some common triggers, including caffeine, artificial sweeteners, aged cheeses, and stress.

Grunge rocker: Musician Kurt Cobain (1967-1994) was the leader of Nirvana, the grunge rock band based in Seattle, Washington (U.S.). In the mid-1980s, before Nirvana, he was in a band called the Melvins.

Lucky leaves: Four-leaf clovers have long been considered a lucky charm to anyone who finds one. The primary reason is that they are rare. A shamrock, on the other hand, is a three-leaf clover.

Tree dwellers: The tree kangaroo lives in Papua New Guinea, Indonesia, and Australia. In trees, they move around with great agility, but can be clumsy on the ground. Like terrestrial kangaroos, they can leap, but they do so from branch to branch.

Early role: American actor Henry Winkler knew from an early age that he wanted to be in show business. When he was in eighth grade, he played the lead role in his school play, *Billy Budd*. Later, he became well known as Fonzie in the TV series *Happy Days* (1974-1984).

On the Lighter Side

How did the history book do in school? It past.

Silly: "I'm thirsty."

Sillier: "I'm Friday. Come over Saturday for a sundae."

Of all jobs, a mirror inspector is one I could see myself doing.

Sign at a tire shop: "Invite us to your next blowout."

Knock! Knock! *Who's there?* Beehive. *Beehive who?* Beehive yourself!

Answers

Trivia answers: 1. Muhammad Ali boxing match
2. Diogenes Club 3. True 4. 2007 5. Furies

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