

SHOP ONLINE!
www.scubagearcanada.ca
 • Snorkelling Gear • Reef-Safe Sunscreen
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Learn to SCUBA DIVE at our Edmonton location - call for details
 11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

FREE! *New Issue Every Week!*
Coffee News®
 "News To Be Enjoyed Over Coffee"
Edson Edition
877-553-6397

www.coffee-news.ca

Recipe of the month

Tuscan-Style Roasted Asparagus

1-1/2 pounds fresh asparagus, trimmed
 1-1/2 cups grape tomatoes, halved
 3 tablespoons pine nuts
 3 tablespoons olive oil, divided
 2 garlic cloves, minced

1 teaspoon kosher salt
 1/2 teaspoon pepper
 1 tablespoon lemon juice
 1/3 cup grated Parmesan cheese
 1 teaspoon grated lemon zest

Prep Time: 20 min. Bake Time: 15 min. Yield: 8 servings

1 Preheat oven to 400°. Place the asparagus, tomatoes and pine nuts on a foil-lined 15x10x1-in. baking pan. Mix 2 tablespoons oil, garlic, salt and pepper; add to asparagus and toss to coat.
 2 Bake 15-20 minutes or just until asparagus is tender. Drizzle with remaining oil and the lemon juice; sprinkle with cheese and the lemon zest. Toss to combine.

This versatile side dish can be served hot or cold.

Source: <https://www.tasteofhome.com>

BLUE BLOODS
 MON - THURS 9:00
yesTV

Helping you rediscover **fun** in the kitchen!
Gifts and Gadgets
 Your one stop kitchen and gift shop.
780.962.5220
 CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
 Visit www.giftsandgadgets.ab.ca
 or visit us in person at 111 First Avenue, Spruce Grove

Dragons of the Past
 Book Four of The Dragons of Nibiru
 Available now at your local bookstore
www.dragonsofnibiru.com

Vol. 20 No. 17 April 24, 2023

Everybody's Talking

Inside a fairy tale: Today's children, and adults, can thank Danish author Hans Christian Andersen (1805-1875) for "The Little Mermaid," "The Princess and the Pea," and many other fairy tales. Soon the author's fans will be able to visit a museum built in his honour in Odense, Andersen's hometown. Rather than displaying artifacts, this immersive museum uses new technologies to make visitors feel like they are inside a fairy tale. Designed by 12 international artists, the exhibits in H.C. Anderson's House mirror the famous stories. "The Little Mermaid" exhibit has a glass ceiling, above which is a pool of water, so visitors can feel like mermaids looking up into another world.

Big vehicle: Imagine owning a two-story sport utility vehicle. Sheikh Hamad Bin Hamdan al Nahyan of the United Arab Emirates has such a car. Known as the Rainbow Sheikh, he commissioned the Hummer H1 X3, which is three times larger than a regular Hummer H1. This gigantic SUV has four diesel engines and is 6.6 metres (21.6 ft.) high, 14 metres (46 ft.) long and 6 metres (19.6 ft.) wide. Inside, a bathroom is on the first floor, and the second floor has a 360-degree view in a sitting room where guests can relax. A member of the UAE royal family, the avid collector owns a large assortment of 4x4 vehicles.

Writing method: Back in the 1800s, writing letters was one of the only ways to communicate across the miles. However, with writing paper scarce and postage expensive, people found a frugal way to get their points across: they practiced cross-writing, which is writing in different directions on a piece of paper. When they finished writing in one direction, they'd turn the paper 90 degrees and write over top of what was already on the page. Some would even write diagonally. Looking at vintage letters from the era, one wonders how the puzzling script could have been legible, but apparently people grew accustomed to deciphering it.

Unfamiliar bill: A 37-year-old Canadian \$5 bill didn't pass the recent scrutiny of a young employee in a Sudbury, Ontario, coffee shop. Customer Irene Nizzero tried to pay for her beverage with the bill that had been printed in 1986. At that time, bank notes were made from a different type of material than they are today, and the employee was unfamiliar with the look of the bill. Not to raise a fuss, Nizzero paid with a newer \$20 bill. But she came back the next day to show the old bill to the manager, who confirmed that it would be an acceptable form of payment in the shop.

Quoteable Quotes

"Never pay attention to what critics say. Remember, a statue has never been set up in honour of a critic."
 —Jean Sibelius
 "Ideals are like stars; you will not succeed in touching them with your hands, but... you choose them as your guides, and following them, reach your destiny."
 —Carl Schurz

What's Happening

Mar 16-May 4 - Anxiety Workshop Anxiety to Calm is a free, in-person, 8-week workshop. Learning exercises to help manage anxiety, understand thoughts, behaviors, and emotions more deeply, and learn healthy lifestyle choices. To register visit <https://mrpcn.cagroups/anxiety-to-calm>

Apr 28 - Yellowhead Regional Library Join us in person at YRL headquarters for a day of learning, creation, and play! Check out all the great programming kits we have to offer and participate in tutorial sessions. Must pre-register online at eventbrite.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE
 Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!
 NEW FEATURE!
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Helping With Your Safety Needs
SAFETY LOGIC
 Service Provider Corp.

Courses: First Aid • H2S Alive • Equipment
Field Services: Medics • Confined Space
Safety Programs: SECOR/COR • Audits
Health Assessments: Drug & Alcohol • Audio Custom Plugs

780-712-6602
booking@safetylogic.info

THIS SPACE FOR RENT
780-220-6397

Join us for Coffee Group!
 Hosted by Yellowhead Emergency Shelter
 Facilitator: Tannis Arseneault R.S.W.
Topics include: Healthy Relationships, Dating Red Flags, Setting Boundaries, Online Dating Safety
 • Tuesdays - 10:30-11:30 at Bridges Hinton AB
 • Wednesdays - 9:30-10:30 at Yellowhead Emergency Shelter

Drop by for groups welcomed
 YES for Women Society
 Call or text 780.817.8177 for more info!
 Coffee, tea, and snacks provided

Can't get to your Coffee News® each week?
 Check out our PDF editions online!
 New editions are posted every Monday
 Sign up here to receive email notifications of new editions.
 Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

CONNECTOR
 CONVENIENT, RELIABLE TRANSPORTATION SERVICE
 DAILY BETWEEN JASPER | HINTON | EDSON | EDMONTON AND JASPER | LAKE LOUISE | BANFF | CALGARY

SUNDOG TRANSPORTATION AND TOURS LTD.
 Visit our site to book www.SunDogTours.com
 or call us at 1.888.786.3641

Great Gift Ideas for Mom & Dad!
Romantic Notions inc.
 #30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
www.romanticnotions.ca
 @romanticnotionsab @romanticnotionsboutique

Bras • Briefs • Boxers • Bikinis

Start Your Own Business!
 FREE government funded Self-Employment Training
NOW ONLINE
microbusiness TRAINING CENTRE INC
 Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

Get Your Meters' Calibrations Right
 We are committed to providing your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.
 — RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
 ~ Jerry Greiner

MEASUREMENT INC.
780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

Creating memories ...one vacation at a time!
NORDEGG VACATION RENTALS
 Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.
 For more information:
1-855-NORDEGG (667-3344)
nordeggvacationrentals.ca

Trivia

1. What was the "Drama in the Bahamas"?
2. Mycroft Holmes, brother of fictional detective Sherlock, was a member of what club?
3. The Shinano (Chikuma) River is the longest in Japan—T/F?
4. In what year was the iPhone introduced in the U.S.?
5. What is the Greek name for sisters Alecto, Megaera, and Tisiphone?

(Flip bottom of page for answers)

Coffee News®
 is proudly delivered by
McMan
 Coffee News® Part of your community.

Visit us on Facebook-CoffeeNewsWeekly

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!
They are the next Finest candles you will EVER find!



PSC
Prairie Scented Candles
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Pregnant? Facing Difficult Decisions?
We can help.
Call 780.421.1177 or text 587.596.5380



A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Home | Auto | Business | Farm

Insurance that fits

587.817.6227
1, 414 50 St, Edson
BrokerLink.ca



©2022 BrokerLink Inc. "BrokerLink & Design" is a trademark of BrokerLink Inc. All rights reserved.

Up In Arms
Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

- Possession
- Acquisition
- License
- Training

For more info, contact Robyn at
780-977-0725
301 Saskatchewan Ave. Spruce Grove

HIP OR KNEE REPLACEMENT?
THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372



WIPE OUT INFLATION, GET THE CREDIT!

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
1 Your name 2 Your phone number and 3 Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



Reader of the Month
Roxanne Callaghan from Camrose

Coffee News is proud to support **Make-A-Wish** Canada

Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca



Congratulations to Febuary's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Megan Stayko
Donna Taves
Anson Yukit
Lana Gatward

Enter today for your chance to win at www.coffee-news.ca



Your Weekly Horoscope

ARIES
(March 21 - April 20)

In matters of love, you may be acting from your head rather than your heart. If so, is this an unconscious reaction to pain from an old relationship wound? Lucky numbers: 2, 3, 12, 13, 41, 46.

TAURUS
(April 21 - May 21)

An unexpected event may happen this week that could provide an opportunity for you to break free from your routine. What do you want to do differently from now on? Lucky numbers: 7, 15, 20, 34, 43, 46.

GEMINI
(May 22 - June 21)

The next few weeks may be busy and stressful for you. Despite this, you may find an opportunity for progress if you communicate to others clearly and from your values. Lucky numbers: 11, 12, 16, 17, 21, 30.

CANCER
(June 22 - July 22)

You may be feeling out of sorts at the beginning of the week. If you retreat into your shell, you may miss an opportunity to connect more deeply with a partner. Lucky numbers: 3, 25, 33, 35, 45, 46.

LEO
(July 23 - Aug. 23)

The natural enthusiasm and childlike joy of Leo is highlighted at the end of the week. Enjoy these few days while you can, as your normal routine may soon return. Lucky numbers: 13, 22, 27, 29, 41, 44.

VIRGO
(Aug. 24 - Sept. 23)

By the end of the week, your emotions may be heightened. Then you might have to decide if this dynamic will lead you to success or leave you feeling uncertain. Lucky numbers: 5, 7, 17, 21, 24, 28.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 27.

LIBRA
(Sept. 24 - Oct. 23)

You may have an opportunity this week to strengthen a romantic relationship. While conversation with your partner is necessary to the process, try to avoid the temptation to over-analyze details. Lucky numbers: 6, 18, 34, 37, 40, 48.

SCORPIO
(Oct. 24 - Nov. 22)

People sometimes find a Scorpio's intense nature intimidating. You have the potential now to consider how to adjust your interactions with others while still being your authentic self. Lucky numbers: 10, 13, 18, 27, 37, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Are you finding it difficult to communicate to others about what you need? Over the next few weeks, you may have an opportunity to adjust your communication style to be more effective. Lucky numbers: 9, 12, 13, 23, 37, 45.

CAPRICORN
(Dec. 22 - Jan. 20)

At the end of the week, you may find yourself in conflict with someone. You might want to avoid further interactions for a few days or risk damage to the relationship. Lucky numbers: 4, 5, 17, 23, 45, 46.

AQUARIUS
(Jan. 21 - Feb. 19)

Your mind and heart may be out of sync. This could be a good time to figure out why, and find a compromise that you can live with down the road. Lucky numbers: 1, 3, 20, 23, 31, 35.

PISCES
(Feb. 20 - March 20)

Pisces is undergoing a two-year process that provides the opportunity to be more grounded. This week that dynamic is highlighted. How do you want to work with this energy? Lucky numbers: 8, 9, 19, 26, 43, 48.

Did You Know...

Headache harbinger: Triggers for a migraine headache vary from person to person. However, research has identified some common triggers, including caffeine, artificial sweeteners, aged cheeses, and stress.

Grunge rocker: Musician Kurt Cobain (1967-1994) was the leader of Nirvana, the grunge rock band based in Seattle, Washington (U.S.). In the mid-1980s, before Nirvana, he was in a band called the Melvins.

Lucky leaves: Four-leaf clovers have long been considered a lucky charm to anyone who finds one. The primary reason is that they are rare. A shamrock, on the other hand, is a three-leaf clover.

Tree dwellers: The tree kangaroo lives in Papua New Guinea, Indonesia, and Australia. In trees, they move around with great agility, but can be clumsy on the ground. Like terrestrial kangaroos, they can leap, but they do so from branch to branch.

Early role: American actor Henry Winkler knew from an early age that he wanted to be in show business. When he was in eighth grade, he played the lead role in his school play, *Billy Budd*. Later, he became well known as Fonzie in the TV series *Happy Days* (1974-1984).

On the Lighter Side

How did the history book do in school? It past.

Silly: "I'm thirsty."
Sillier: "I'm Friday. Come over Saturday for a sundae."

Of all jobs, a mirror inspector is one I could see myself doing.

Sign at a tire shop: "Invite us to your next blowout."

Knock! Knock! *Who's there?* Beehive. *Beehive who?* Beehive yourself!

Answers

Trivia answers: 1. Muhammad Ali boxing match
2. Diogenes Club 3. True 4. 2007 5. Furies

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

PROMOTIONAL & PRINTING

OUI PRINT.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeews




COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005




WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

CANADA'S #1 RETAIL WINDOW COVERING FACTORY

real blinds

FREE DESIGN CONSULTATION
COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376
Toll Free 1.855.846.7325
REALBLINDS.CA




Running for office?

Give your campaign a kickstart with **Coffee News!**

Call for opportunities in your local community.



WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

