

### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca) Please put "Readers" in the subject line.

**Please include:**  
 ● Your name ● Your phone number  
 and ● Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



**Reader of the Month**  
Roxanne Callaghan from Camrose

**Coffee News** Fun Reading. Serious Advertising.


**FREE!** *New Issue Every Week!*

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Barrhead Edition**

**877-553-6397**



www.coffee-news.ca Est. 1988

The World's #1 Restaurant Publication!

Helping you rediscovers **fun** in the kitchen!

## Gifts and Gadgets

Your one stop kitchen and gift shop.

**780.962.5220**

Visit [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca) or visit us in person at 111 First Avenue, Spruce Grove

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

**How? We offer:**

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



## THIS SPACE FOR RENT

# 780-220-6397



**Community and Family Programming**

Hours (Mon-Fri): 8:30 a.m. - 4:30 p.m.  
Closed from 12 to 1 p.m.

5103-51 St., Barrhead  
780-674-3341

f Barrhead and District FCSS Society

## WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

**780.968.0040**  
Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

## Running for office?

Give your campaign a kickstart with **Coffee News®!**

Call for opportunities in your local community.



Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

**Make-A-Wish**

Visit [makeawish.ca](http://makeawish.ca)

Vol. 20 No. 17 April 24, 2023

## Everybody's Talking

**Inside a fairy tale:** Today's children, and adults, can thank Danish author Hans Christian Andersen (1805-1875) for "The Little Mermaid," "The Princess and the Pea," and many other fairy tales. Soon the author's fans will be able to visit a museum built in his honour in Odense, Andersen's hometown. Rather than displaying artifacts, this immersive museum uses new technologies to make visitors feel like they are inside a fairy tale. Designed by 12 international artists, the exhibits in H.C. Anderson's House mirror the famous stories. "The Little Mermaid" exhibit has a glass ceiling, above which is a pool of water, so visitors can feel like mermaids looking up into another world.

**Big vehicle:** Imagine owning a two-story sport utility vehicle. Sheikh Hamad Bin Hamdan al Nahyan of the United Arab Emirates has such a car. Known as the Rainbow Sheikh, he commissioned the Hummer H1 X3, which is three times larger than a regular Hummer H1. This gigantic SUV has four diesel engines and is 6.6 metres (21.6 ft.) high, 14 metres (46 ft.) long and 6 metres (19.6 ft.) wide. Inside, a bathroom is on the first floor, and the second floor has a 360-degree view in a sitting room where guests can relax. A member of the UAE royal family, the avid collector owns a large assortment of 4x4 vehicles.

**Writing method:** Back in the 1800s, writing letters was one of the only ways to communicate across the miles. However, with writing paper scarce and postage expensive, people found a frugal way to get their points across: they practiced cross-writing, which is writing in different directions on a piece of paper. When they finished writing in one direction, they'd turn the paper 90 degrees and write over top of what was already on the page. Some would even write diagonally. Looking at vintage letters from the era, one wonders how the puzzling script could have been legible, but apparently people grew accustomed to deciphering it.

**Unfamiliar bill:** A 37-year-old Canadian \$5 bill didn't pass the recent scrutiny of a young employee in a Sudbury, Ontario, coffee shop. Customer Irene Nizzero tried to pay for her beverage with the bill that had been printed in 1986. At that time, bank notes were made from a different type of material than they are today, and the employee was unfamiliar with the look of the bill. Not to raise a fuss, Nizzero paid with a newer \$20 bill. But she came back the next day to show the old bill to the manager, who confirmed that it would be an acceptable form of payment in the shop.

## Quoteable Quotes

"Never pay attention to what critics say. Remember, a statue has never been set up in honour of a critic."  
—Jean Sibelius

"Ideals are like stars; you will not succeed in touching them with your hands, but... you choose them as your guides, and following them, reach your destiny."  
—Carl Schurz

## What's Happening

**Mar 16-May 4 - Anxiety Workshop** Anxiety to Calm is a free, in-person, 8-week workshop. Learning exercises to help manage anxiety, understand thoughts, behaviors, and emotions more deeply, and learn healthy lifestyle choices. To register visit <https://mrpcn.cagroups-anxiety-to-calm>

**Apr 28 - Yellowhead Regional Library** Join us in person at YRL headquarters for a day of learning, creation, and play! Check out all the great programming kits we have to offer and participate in tutorial sessions. Must pre-register online at [eventbrite.ca](http://eventbrite.ca)

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. What was the "Drama in the Bahamas"?
2. Mycroft Holmes, brother of fictional detective Sherlock, was a member of what club?
3. The Shinano (Chikuma) River is the longest in Japan—T/F?
4. In what year was the iPhone introduced in the U.S.?
5. What is the Greek name for sisters Alecto, Megaera, and Tisiphone?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

## When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!



## Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries



For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeeews](http://www.accidentinjurylawyer.com/coffeeews)

## Up In Arms

Offering the non restricted and restricted Canadian Firearms Safety Course to apply for a firearm license

Possession  
Acquisition  
License  
Training

For more info, contact Robyn at **780-977-0725**  
301 Saskatchewan Ave. Spruce Grove

## Prepare for power outages today

WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$895 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



## Are You A Good Fit?

Capital Marketing, publishers of **Coffee News** in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.

If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email [info@coffee-news.ca](mailto:info@coffee-news.ca) and tell us why you love **Coffee News**, and why you would like to share the good news stories we provide with your community. We'll be in touch after we get your email. Don't forget to include your name and phone number!

## HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A


**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION. GET THE CREDIT!

## BLUE BLOODS

MON - THURS 9:00

yesTV

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
*They are the next Finest candles you will EVER find!*



**PSC**  
Prairie Scented Candles  
a RAY of Fragrance  
prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**Barrhead Dental Clinic**  
Dr. Krishna Mudaliar | Dr. David Hamilton  
*We look forward to meeting you and your family!*



Direct billing to insurance companies  
We offer: • Emergency Treatment • Fillings • Same Day Treatment • Root Canals • Extractions • Crowns/Bridges  
OUR HYGIENIST FOLLOWS THE 2020 ADA & CEE GUIDE  
780.674.3161  
barrheaddentclinic@gmail.com | #4, 4923-50 Ave., Barrhead

**Recipe of the month**

**Tuscan-Style Roasted Asparagus**

1-1/2 pounds fresh asparagus, trimmed  
1-1/2 cups grape tomatoes, halved  
3 tablespoons pine nuts  
3 tablespoons olive oil, divided  
2 garlic cloves, minced

1 teaspoon kosher salt  
1/2 teaspoon pepper  
1 tablespoon lemon juice  
1/3 cup grated Parmesan cheese  
1 teaspoon grated lemon zest

Prep Time: 20 min. Bake Time: 15 min. Yield: 8 servings

- Preheat oven to 400°. Place the asparagus, tomatoes and pine nuts on a foil-lined 15x10x1-in. baking pan. Mix 2 tablespoons oil, garlic, salt and pepper; add to asparagus and toss to coat.
- Bake 15-20 minutes or just until asparagus is tender. Drizzle with remaining oil and the lemon juice; sprinkle with cheese and lemon zest. Toss to combine.

*This versatile side dish can be served hot or cold.*

Source: <https://www.tasteofhome.com>



**Can't get to your Coffee News® each week?**

**Check out our PDF editions online!**  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!



[www.coffee-news.ca/editions](https://www.coffee-news.ca/editions)



**WEBSITES From \$129/Month**

**(780) 760-6922**  
FRONTLINECONSULTING.CA

**Start Your Own Business!**

FREE government funded Self-Employment Training

NOW ONLINE

**microbusiness TRAINING CENTRE INC**  
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7  
780.482.4462 | [www.microbusiness.ca](http://www.microbusiness.ca)

**Creating memories ...one vacation at a time!**

**NORDEGG VACATION RENTALS**


Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information:  
1-855-NORDEGG (697-3344)  
[nordeggvacationrentals.ca](http://nordeggvacationrentals.ca)





# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

 In matters of love, you may be acting from your head rather than your heart. If so, is this an unconscious reaction to pain from an old relationship wound? Lucky numbers: 2, 3, 12, 13, 41, 46.


**TAURUS**  
(April 21 - May 21)

 An unexpected event may happen this week that could provide an opportunity for you to break free from your routine. What do you want to do differently from now on? Lucky numbers: 7, 15, 20, 34, 43, 46.


**GEMINI**  
(May 22 - June 21)

 The next few weeks may be busy and stressful for you. Despite this, you may find an opportunity for progress if you communicate to others clearly and from your values. Lucky numbers: 11, 12, 16, 17, 21, 30.


**CANCER**  
(June 22 - July 22)

 You may be feeling out of sorts at the beginning of the week. If you retreat into your shell, you may miss an opportunity to connect more deeply with a partner. Lucky numbers: 3, 25, 33, 35, 45, 46.

**LEO**  
(July 23 - Aug. 23)


 The natural enthusiasm and childlike joy of Leo is highlighted at the end of the week. Enjoy these few days while you can, as your normal routine may soon return. Lucky numbers: 13, 22, 27, 29, 41, 44.

**VIRGO**  
(Aug. 24 - Sept. 23)


 By the end of the week, your emotions may be heightened. Then you might have to decide if this dynamic will lead you to success or leave you feeling uncertain. Lucky numbers: 5, 7, 17, 21, 24, 28.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 27.


**LIBRA**  
(Sept. 24 - Oct. 23)

 You may have an opportunity this week to strengthen a romantic relationship. While conversation with your partner is necessary to the process, try to avoid the temptation to over-analyze details. Lucky numbers: 6, 18, 34, 37, 40, 48.

**SCORPIO**  
(Oct. 24 - Nov. 22)

 People sometimes find a Scorpio's intense nature intimidating. You have the potential now to consider how to adjust your interactions with others while still being your authentic self. Lucky numbers: 10, 13, 18, 27, 37, 48.


**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

 Are you finding it difficult to communicate to others about what you need? Over the next few weeks, you may have an opportunity to adjust your communication style to be more effective. Lucky numbers: 9, 12, 13, 23, 37, 45.


**CAPRICORN**  
(Dec. 22 - Jan. 20)

 At the end of the week, you may find yourself in conflict with someone. You might want to avoid further interactions for a few days or risk damage to the relationship. Lucky numbers: 4, 5, 17, 23, 45, 46.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

 Your mind and heart may be out of sync. This could be a good time to figure out why, and find a compromise that you can live with down the road. Lucky numbers: 1, 3, 20, 23, 31, 35.

**PISCES**  
(Feb. 20 - March 20)

 Pisces is undergoing a two-year process that provides the opportunity to be more grounded. This week that dynamic is highlighted. How do you want to work with this energy? Lucky numbers: 8, 9, 19, 26, 43, 48.

## Did You Know...

**Headache harbinger:** Triggers for a migraine headache vary from person to person. However, research has identified some common triggers, including caffeine, artificial sweeteners, aged cheeses, and stress.

**Grunge rocker:** Musician Kurt Cobain (1967-1994) was the leader of Nirvana, the grunge rock band based in Seattle, Washington (U.S.). In the mid-1980s, before Nirvana, he was in a band called the Melvins.

**Lucky leaves:** Four-leaf clovers have long been considered a lucky charm to anyone who finds one. The primary reason is that they are rare. A shamrock, on the other hand, is a three-leaf clover.

**Tree dwellers:** The tree kangaroo lives in Papua New Guinea, Indonesia, and Australia. In trees, they move around with great agility, but can be clumsy on the ground. Like terrestrial kangaroos, they can leap, but they do so from branch to branch.

**Early role:** American actor Henry Winkler knew from an early age that he wanted to be in show business. When he was in eighth grade, he played the lead role in his school play, *Billy Budd*. Later, he became well known as Fonzie in the TV series *Happy Days* (1974-1984).

## On the Lighter Side

How did the history book do in school? It past.

Silly: "I'm thirsty."  
Sillier: "I'm Friday. Come over Saturday for a sundae."

Of all jobs, a mirror inspector is one I could see myself doing.

Sign at a tire shop: "Invite us to your next blowout."

Knock! Knock! *Who's there?* Beehive. *Beehive who?* Beehive yourself!

## Answers

**Trivia answers:** 1. Muhammad Ali boxing match  
2. Diogenes Club 3. True 4. 2007 5. Furies

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)

© Published with Permission by Capital Marketing Ltd

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call 780.421.1177 or text 587.596.5380


**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)



**Dragons of the Past**  
Book Four of The Dragons of Nibiru



Available now at your local bookstore  
[www.dragonsofnibiru.com](http://www.dragonsofnibiru.com)

**Need ONE More Reason to Join?**

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**



SOLVING TOOTH LOSS PROBLEMS SINCE 1993

**Barrhead DENTURE CLINIC**  
Marcel Turcotte, Denturist

For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to INDIVIDUALIZE your smile

DIRECT BILLING to insurance companies upon pre-determination of benefits

5122-49A Street, Barrhead Mon-Fri, 8:30 a.m.-4 p.m.  
**780.674.4348**  
[www.barrheaddentures.ca](http://www.barrheaddentures.ca)



**Great Gift Ideas for Mom & Dad!**

**Romantic Notions inc.**  
#30, 210 McLeod Ave., Spruce Grove  
780.962.4944 | 1.855.962.4944  
[www.romanticnotions.ca](http://www.romanticnotions.ca)  
@romanticnotionsab @romanticnotionsboutique

Bras • Briefs • Boxers • Bikinis



**inogen**

**FREEDOM. TO BE YOU.**

Call 1-888-998-6714 for a free consultation.



**Congratulations** to Febuary's **Coffee News® Guy** contest winners!

Your prizes are in the mail!

Megan Stayko  
Donna Taves  
Anson Yukit  
Lana Gatward

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)



**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

