



Animated Explainer Videos Video Composition/Editing  
Text-to-Speech Narration Social Media Graphics  
Brand Identity Marketing Material Design

LET'S DESIGN SOMETHING SMARVELLOUS!

smarvdesigns.ca jarah@smarvdesigns.ca

**When YOU Get Paid We Get Paid**

We're Here To Help You When You Need Results!



**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

**Free Initial Consultation**

Offices in: Calgary, Red Deer, and Edmonton

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries



For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**May 1st Winners of a prepaid \$400 Visa card**

Chelsey M. from Edmonton  
Cindy C. from Sylvan Lake  
Jay Z. from Edmonton

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986


**Free Initial Consultation**

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**Coffee News Archives**

**On the Lighter Side ...**

"In every insurance policy, the big print giveth, and the small print taketh away."



Week of Mar 18, 1991

People Love Coffee News®  
Delivering SMILES since 1988

**CASH for CARS**

ANY CONDITION ANY YEAR




Also pick up batteries, propane tanks, farm equipment, unwanted metals, etc

**Airport Pick-a-Part** 403-308-1161

**ADVERTISING**

It is the best form of Effective, Affordable, Weekly Advertising.

What is **Coffee News?**  
Call Today  
403-759-1002




GAME SHOW

**CHINOOK**  
ORAL & MAXILLOFACIAL SURGERY

Dr. Stephen Goth Dr. James Olsen  
Certified Specialists

- Wisdom Teeth Extraction
- Dental Implants

Sedation & General Anesthesia available



#121, 200-4th Ave South, Lethbridge, AB • 587-425-1600

**FREE!**

**Coffee News**®

"News To Be Enjoyed Over Coffee"

**LETHBRIDGE NORTH & West Side**

**403-759-1002**



info@coffeenewslethbridge.com  
www.CoffeeNewsLethbridge.com

Vol. 14 No. 22 May 29, 2023

**Everybody's Talking!**

**Adopted piglet:** Last fall, a German farmer was tickled pink to discover that a baby wild boar had found a new family in his herd of cattle. Friedrich Stapel, of Brevoerde in the central part of the country, thinks the piglet got separated from her own family after crossing a river. Nicknamed "Frida," the wee adopted animal likes to follow the cows around the field, and the whole herd seems to have accepted her presence. She even munches on grass next to her new family members. Not wanting to leave her alone, Stapel planned to keep Frida over the winter, placing her in a barn with some of the mother cows.

**Dating method:** Ed Chapman was looking for love, but couldn't find it through traditional methods, such as dating apps or trying to meet someone through his friendship circles. So the young man from Leeds, England, tried a more eye-catching approach: he rented a billboard on a major highway for a week. The billboard featured a photo of Chapman, the words "Date Me," and an email where interested parties could reach him. On the first day the billboard went up, Chapman received a request for a date, and received numerous others in the weeks following. The next step was to go on a few dates and see if a like-minded person clicked with this enterprising young fellow!

**Lost boys:** The ending was the happiest one that any family could have imagined. Two young brothers, ages 6 and 8, were found alive in the Amazon jungle after being lost for almost a month. Glauco and Gleison Ferreira had been out bird catching near Manicoré in Brazil's Amazonas state. When they didn't come home, hundreds of area people joined emergency service workers to search for the pair. The boys' parents did not give up hope, and even after authorities called off the search due to rainy conditions, locals continued to look. Finally, a log cutter found them. While malnourished, both were fine, to the joy and relief of their parents.

**Not too smart:** If someone is on a police "wanted" list, it may be best to stay away from police stations. However, a criminal in South Africa's Mpumalanga province didn't consider this advice. For over seven years, Thomas Ngcobo, a delivery driver, was a wanted man because he had stolen computer products by taking packages to different addresses than what were indicated on the delivery slips. No one noticed until his manager did an invoice check on a missing item. Somehow Ngcobo managed to stay hidden from authorities, at least until he applied for a job as a police officer. When he entered a station to check on his resume, he was detained.

**Quoteable Quotes**

"There is nothing like staying at home for real comfort."  
—Jane Austen

"Celebrate what you've accomplished, but raise the bar a little higher each time you succeed."  
—Mia Hamm

**What's Happening**

- The Lethbridge and District Horticulture Society will be holding its annual plant sale at the lower courtyard of the Public Library on Saturday May 27 from 9:30 to 1:00. The sale is to promote the work of the Society as well as Legacy and Henderson gardens.
- Martha Retreat Centre - 1130 Scenic Dr S. Peace at Lunch (P.A.L.) Tuesdays & Wednesdays, 11:30 AM-1:00 PM, May 30 - July 26, 2023. Come to have a homemade lunch on the beautiful grounds of the Martha Retreat Centre. Come to rest, relax, and renew. Register online at [www.martharetreatcentre.ca](http://www.martharetreatcentre.ca) or call 403-328-3422. Please register by noon the Friday prior to your selected date.
- On Sunday June 4, participants in Lethbridge and Southern Alberta along with Canadians across the country will be walking in person for our 28th annual Gutsy Walk to stop Crohn's disease and ulcerative colitis. For more information on the Gutsy Walk see <https://gutsywalk.ca/about/Why-Walk.aspx> To Register for the walk Home - Crohn's and Colitis Canada's Gutsy Walk
- The PAW Society is holding its annual book sale Wednesday, June 7 to Saturday, June 10 at the Lethbridge Fish and Game Association HUT, 9th Ave, and 10th St. S. Sale times are 11a.m. to 7p.m. Wednesday June 7 to Friday June 9 and 10a.m. to 3p.m. Saturday June 10. Donations of books are greatly appreciated and will be accepted at the HUT Sunday June 4 to Tuesday June 6 from 11a.m. to 7p.m. No donations will be accepted after June 6. We will not be accepting textbooks or encyclopedias. For further information, call Joan at 403 732-5708.

**HAVE YOUR NON-PROFIT COMMUNITY EVENTS INCLUDED FOR FREE. Contact us at [www.CoffeeNewsLethbridge.com](http://www.CoffeeNewsLethbridge.com)**

**Trivia**

- Which country won the first soccer World Cup in 1930?
- CCLXXIX is the Roman numeral for \_\_\_\_.
- Nicolas Appert invented a sterilization and sealing process for what?
- "No lemon, no melon" is an example of what kind of phrase?
- This is a person who makes arrows.

(Flip bottom of page for answers)

© Published with Permission by Lethbridge Coffee News®

(Over)

Please Recycle & Share **Coffee News**® With Others

**Psychic Suzanne**

Tarot Card & Palmistry Reader & Spiritual Advisor

**403-942-6877**

Unlock the Mysteries of your Past \* Present \* Future



Open Daily 11 am - 9 pm  
Downtown Lethbridge, AB

**SUDS**

COIN LAUNDRY

**OPEN DAILY**  
7AM - 10PM

- DO IT YOURSELF STARTING AT \$5/LOAD
- DROP OFF SERVICE Let us WASH, DRY & FOLD STARTING AT \$95/MONTH
- DELIVERY SERVICE Let us WASH, DRY, FOLD & DRIVE STARTING AT \$99/MONTH

1508 9TH AVE S  
(587) 330 9996

@sudslaundry\_yycf  
[www.suds-laundry.ca](http://www.suds-laundry.ca)

**Nurse Next Door**  
home care services

**HOME CARE DONE DIFFERENTLY**  
Our Care Team is here for you 24/7

- Companionship, personal care, housekeeping, meal prep, transportation and more.
- Customized care plans to suit each family's needs

CONTACT US FOR A FREE CARING CONSULT  
403-454-1399  
[WWW.NURSENEXTDOOR.COM](http://WWW.NURSENEXTDOOR.COM)

**This Space Available!**  
(...but not for long!)

Call  
**403-759-1002**



**Parenting Tips**


Don't accept disrespect from your child. Never allow her to be rude or say hurtful things to you or anyone else. If she does, tell her firmly that you will not tolerate any form of disrespect.



[www.parents.com](http://www.parents.com)

**MYTH BUSTER... "PRINT IS DEAD"**

**FACT:** 90% of adults in USA & Canada read magazines and newspapers.



Don't underestimate the Power of Print.  
CMF Trends Report, 2019; ChoosePrint.org Study; MarketingSherpa & MECLabs Institute

**FOX DENTURE CLINIC AND IMPLANT CENTER**

- Full & Partial Dentures
- Relines/Repairs
- Implant Supported Dentures
- Mouthguards • Night Guards

Satisfaction Guaranteed Since 1922

Brett J. Fox, DD, 4th Generation

See us at our NEW LOCATION

Free Consultation  
**403-327-6565**

#30, 4012-4 Ave. South, Lethbridge  
[www.foxdentureclinic.ca](http://www.foxdentureclinic.ca)

**What's Happening In Lethbridge?**

Check Us Out!  
The Only Online Entertainment Guide  
[www.labeat.ca](http://www.labeat.ca)

**LA BEAT**  
Lethbridge's Arts and Entertainment Magazine

Arts • Music • Drama



Email Your Events To [editor@labeat.ca](mailto:editor@labeat.ca)




**All-Inclusive & Affordable Retirement Living**



**AgeCare**  
COLUMBIA

(403) 320-9363 | [agecare.ca/RetireColumbia](http://agecare.ca/RetireColumbia)

**GENERAL DENTISTRY FOR THE WHOLE FAMILY**



**LAKEVIEW DENTAL**

Dr. Wes Fournier & Dr. Michael Goldie  
403-327-1881  
1111 MAYOR MAGRATH DRIVE SOUTH, LETHBRIDGE, AB

New Patients Always Welcome

**Expedia Cruises**  
Air, Land & Sea Vacations



**Spain Voyage 10-Night, 7 Ports**

Ports of Call: SPAIN - Barcelona, Valencia, Cartagena, Malaga, Seville; GIBRALTAR; PORTUGAL - Lisbon.  
2024 Sail Date: Oct 27

Annette Burton (403) 394 3301 (403) 892 5114  
[www.expediacruises.com/AnnetteBurton](http://www.expediacruises.com/AnnetteBurton)

**Cottonwood Village**  
An OPTIMA LIVING Community

**Come experience carefree senior living**

Scan or call to book your visit



403.625.5520

[cottonwoodvillage.ca](http://cottonwoodvillage.ca)  
4224 8th Street West, Claresholm, AB



**Free legal advice**  
for individuals living with low income.



confidential, positive, inclusive and supportive environment for qualified individuals.

Divorce & Separation, Custody, Access, Child Support, Employment, Small Claims, Residential Tenancy, Immigration, Criminal

**LETHBRIDGE LEGAL GUIDANCE**  
[www.letbridgelegalguidance.ca](http://www.letbridgelegalguidance.ca)  
423 - 5 Street South, Lethbridge 403-380-6338

**Get Your Mowers & Garden Tools Ready for the Season**


3145 - 34 St North (N.E. of Walmart N.)

Sharpening of: Hair Clippers, Scissors, Service for Lawn Mowers and Blades, Sales and Sharpening of Kitchen Knives, Chain Saw Chains and all Woodworking Tools

**Faber Sharpening**  
"Giving You an Edge Since 1979"  
(403) 381-3660  
[sales@fabersharping.ca](mailto:sales@fabersharping.ca)



**Quick and Easy Pancit**



**Ingredients**

1 (12 ounce) - package dried rice noodles  
1 tsp. - vegetable oil  
1 - onion, finely diced  
3 - cloves garlic, minced  
2 cups - diced cooked chicken breast meat  
1 - small head cabbage, thinly sliced  
4 - carrot, thinly sliced  
1/4 cup - soy sauce  
2 - lemons - cut into wedges, for garnish


**RECIPE PREPARATION**

- Place rice noodles in a large bowl; cover with warm water and let soften for 8 to 10 minutes. Drain and set aside.
- Meanwhile, heat oil in a wok or large skillet over medium-low heat. Add onion and garlic; cook and stir until onion is tender, about 3 to 5 minutes. Stir in chicken, cabbage, carrots, and soy sauce. Cook until cabbage begins to soften. Toss in noodles and cook, stirring constantly, until heated through.
- Transfer pancit to a serving dish and garnish with lemon wedges.

[allrecipes.com](http://allrecipes.com)


# Your Weekly Horoscopes

**ARIES**  
(March 21 - April 20)




Information about an old issue may emerge from your unconscious mind. If you focus clearly, this may provide an emotional healing opportunity for you or others. Be open to change. Lucky numbers: 15, 26, 30, 37, 42, 48.

**TAURUS**  
(April 21 - May 21)




You may receive a sudden, unusual insight that could help resolve an issue in your life. You might need to move quickly, though, to successfully take advantage of it. Lucky numbers: 6, 7, 17, 24, 34, 35.

**GEMINI**  
(May 22 - June 21)




Geminis can sometimes be exhausted by their busy minds. The energy now is heightening this dynamic. Try to find a healthy stress reliever to quiet the chattering monkey in your head. Lucky numbers: 1, 6, 12, 18, 20, 41.

**CANCER**  
(June 22 - July 22)




You may have an opportunity now to bring more optimism, enthusiasm, or joy into your life. However, this might require an adjustment for you to expand those qualities in your personality. Lucky numbers: 12, 15, 18, 30, 33, 36.

**LEO**  
(July 23 - Aug. 23)




You might have a chance to be successful at an endeavour that could make your heart happy and help fulfill your life purpose. You may need to consciously reach for this potential. Lucky numbers: 5, 13, 17, 27, 38, 42.

**VIRGO**  
(Aug. 24 - Sept. 23)




Big and bold is not Virgo's usual style. Right now, though, you may find an opportunity to manifest those qualities. How do you want to use this energy? Lucky numbers: 3, 7, 17, 23, 43, 45.

**LIBRA**  
(Sept. 24 - Oct. 23)




Your natural charm and diplomacy may be on display at the beginning of the week. If you want to impress others whose help you need, now could be your time to shine. Lucky numbers: 9, 13, 16, 18, 29, 41.

**SCORPIO**  
(Oct. 24 - Nov. 22)



At midweek, you may find your sensitive radar is pinged and you become overwhelmed by the emotions of others. If you can, retreating for a few days may help. Lucky numbers: 7, 9, 17, 24, 33, 47.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)




If you look back over the last six months, what projects should be continued, and which should be completed? Now may also be a good time to plan new activities. Lucky numbers: 2, 3, 5, 14, 16, 38.

**CAPRICORN**  
(Dec. 22 - Jan. 20)




Capricorn's focus on structure may make it difficult to believe in something beyond mundane reality. Now may be a good time to focus on adopting a higher philosophy or belief system. Lucky numbers: 13, 15, 16, 30, 32, 38.

**AQUARIUS**  
(Jan. 21 - Feb. 19)



Aquarians can have lofty evolutionary goals for themselves and humanity. If you're feeling discouraged by a lack of progress, the energy now may help restore your flagging faith. Lucky numbers: 11, 12, 13, 18, 23, 38.

**PISCES**  
(Feb. 20 - March 20)



Is there a situation in your life that isn't working? Perhaps an adjustment in your viewpoint would give you the enthusiasm you need to keep working to resolve it. Lucky numbers: 4, 10, 15, 19, 26, 47.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 9.

## Did You Know...

**Pen name:** George Orwell (1903-1950), whose literary works include the well-known novels *Animal Farm* and *Nineteen Eighty-four*, was born Eric Arthur Blair. George Orwell was his pen name.

**Eclectic flavours:** In the province of Nova Scotia, Canada, people love their locally made "moon mist" ice cream. Its flavour has three unique parts: grape, banana, and bubble gum. The tri-colour treat is purple, yellow, and light blue.

**Activist model:** Canadian model Winnie Harlow has a skin disease called vitiligo, in which areas of the skin lack pigment. She is an activist for equality and diversity in the modeling industry.

**Skilled skier:** Hermann Maier, a downhill ski racer from Austria, had a spectacular crash during an Olympic race in 1998. He emerged nearly unscathed and even won gold medals in other events a few days later.

**Major heist:** One of the largest bank robberies in the world was the 2006 Securitas Depot robbery in Tonbridge, Kent, England. Thieves stole £53 million in cash. Authorities eventually caught some of the perpetrators.

## On the Lighter Side

The "old woman who lived in a shoe" wasn't the sole owner. There were strings attached.

Dit: "I see your arm is in a sling."  
Dot: "Yes, I get all the breaks."

What do golfers wear at the links? Tee-shirts.

Borrowing trouble from the future doesn't deplete the supply.

Knock! Knock! *Who's there?* Rupert. *Rupert who?* Rupert your left foot in, Rupert your left foot out.

## Answers

**Trivia answers:** 1. Uruguay 2. 279 3. Canning food 4. Palindrome 5. Fletcher

For available franchise opportunities - visit [www.coffeenewsCanada.com](http://www.coffeenewsCanada.com)

**TELL US ABOUT YOUR EVENT!**



To have local events posted in **Coffee News®** please contact Duane at [info@CoffeeNewsLethbridge.com](mailto:info@CoffeeNewsLethbridge.com)

**Debt problems? MNP can help.**

Serving the Lethbridge area for nearly 50 years.

**MNP LTD**  
Toll Free 310-DEBT

**CONSUMER CHOICE AWARD 2022 LETHBRIDGE**

Randy Kobbert, CPA, CA, CIRP, LIT  
Senior Vice-President  
403.380.1647 | [randy.kobbert@mnp.ca](mailto:randy.kobbert@mnp.ca)

Licensed Insolvency Trustees **MNPdebt.ca**

**Digits Plus**  
Bookkeeping & more  
Your success is my success!

Offering Bookkeeping and personal tax services in west Lethbridge.



Contact: Phone 403-795-2953  
Email [rick@digitsplus.ca](mailto:rick@digitsplus.ca) • [www.digitsplus.ca](http://www.digitsplus.ca)

**Keeping your business on the right track!**

**LOCK OUT YOUR COMPETITION!**



Only ONE Advertiser per business can advertise with **Coffee News®**

Hurry, before your Category fills up!

**403-759-1002**

**Lethbridge HEARING CENTRE**

- Locally Owned and Family Operated, FULL SERVICE HEARING CENTRE
- Latest Digital and Bluetooth Devices and Equipment
- Hearing Protection and Workplace Testing Available
- AADL, WCB, DVA, ASEBP Vender

**Jake Boldt** BC-HIS  
Registered Hearing Aid Practitioner

#120, 2037 Mayor Magrath Dr S Lethbridge, AB T1K 2S2 403 320 6000  
[candice@lethbridgehearing.ca](mailto:candice@lethbridgehearing.ca)



**Coffee News® CONTEST WINNER**

**Kenneth Forbes** of Lethbridge is our April contest winner

Kenneth will receive a \$20 Gift Card from our contest sponsor, Luigi's Steakhouse (North)

**Luigi's North** (403) 328-5555  
306 13 St N, Lethbridge

Not to be used in conjunction with other discounts or promotions



**Register to Win**  
A monthly \$20 Gift Card to **Luigi's North**



Identify the ads where the three little **Coffee News** Guys are hidden for your chance to win! Enter your name, age, address and phone #, along with where you read **Coffee News** to...

**ACTUAL SIZE**

**Coffee News Lethbridge**  
<http://www.coffeenewslethbridge.com>  
or email us: [info@coffeenewslethbridge.com](mailto:info@coffeenewslethbridge.com)

