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**Ingredients**

1 (12 ounce) - package dried rice noodles  
1 tsp - vegetable oil  
1 - onion, finely diced  
3 - cloves garlic, minced  
2 cups - diced cooked chicken breast meat  
1 - small head cabbage, thinly sliced  
4 - carrot, thinly sliced  
1/4 cup - soy sauce  
2 - lemons - cut into wedges, for garnish

**RECIPE PREPARATION**

- Place rice noodles in a large bowl; cover with warm water and let soften for 8 to 10 minutes. Drain and set aside.
- Meanwhile, heat oil in a wok or large skillet over medium-low heat. Add onion and garlic; cook and stir until onion is tender, about 3 to 5 minutes. Stir in chicken, cabbage, carrots, and soy sauce. Cook until cabbage begins to soften. Toss in noodles and cook, stirring constantly, until heated through.
- Transfer pancit to a serving dish and garnish with lemon wedges.

allrecipes.com

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Vol. 14 No. 22 May 29, 2023

**Everybody's Talking!**

**Adopted piglet:** Last fall, a German farmer was tickled pink to discover that a baby wild boar had found a new family in his herd of cattle. Friedrich Stapel, of Brevoerde in the central part of the country, thinks the piglet got separated from her own family after crossing a river. Nicknamed "Frida," the wee adopted animal likes to follow the cows around the field, and the whole herd seems to have accepted her presence. She even munches on grass next to her new family members. Not wanting to leave her alone, Stapel planned to keep Frida over the winter, placing her in a barn with some of the mother cows.

**Dating method:** Ed Chapman was looking for love, but couldn't find it through traditional methods, such as dating apps or trying to meet someone through his friendship circles. So the young man from Leeds, England, tried a more eye-catching approach: he rented a billboard on a major highway for a week. The billboard featured a photo of Chapman, the words "Date Me," and an email where interested parties could reach him. On the first day the billboard went up, Chapman received a request for a date, and received numerous others in the weeks following. The next step was to go on a few dates and see if a like-minded person clicked with this enterprising young fellow!

**Lost boys:** The ending was the happiest one that any family could have imagined. Two young brothers, ages 6 and 8, were found alive in the Amazon jungle after being lost for almost a month. Glauco and Gleison Ferreira had been out bird catching near Manicoré in Brazil's Amazonas state. When they didn't come home, hundreds of area people joined emergency service workers to search for the pair. The boys' parents did not give up hope, and even after authorities called off the search due to rainy conditions, locals continued to look. Finally, a log cutter found them. While malnourished, both were fine, to the joy and relief of their parents.

**Not too smart:** If someone is on a police "wanted" list, it may be best to stay away from police stations. However, a criminal in South Africa's Mpumalanga province didn't consider this advice. For over seven years, Thomas Ngcobo, a delivery driver, was a wanted man because he had stolen computer products by taking packages to different addresses than what were indicated on the delivery slips. No one noticed until his manager did an invoice check on a missing item. Somehow Ngcobo managed to stay hidden from authorities, at least until he applied for a job as a police officer. When he entered a station to check on his resume, he was detained.

**Quoteable Quotes**

"There is nothing like staying at home for real comfort."  
—Jane Austen

"Celebrate what you've accomplished, but raise the bar a little higher each time you succeed."  
—Mia Hamm

**What's Happening**

- **The Lethbridge and District Horticulture Society will be holding its annual plant sale at the lower courtyard of the Public Library on Saturday May 27 from 9:30 to 1:00.** The sale is to promote the work of the Society as well as Legacy and Henderson gardens.
  - **Martha Retreat Centre - 1130 Scenic Dr S. Peace at Lunch (P.A.L.)** Tuesdays & Wednesdays, 11:30 AM-1:00 PM, May 30 - July 26, 2023. Come to have a homemade lunch on the beautiful grounds of the Martha Retreat Centre. Come to rest, relax, and renew. Register online at [www.martharetreatcentre.ca](http://www.martharetreatcentre.ca) or call 403-328-3422. Please register by noon the Friday prior to your selected date.
  - **On Sunday June 4, participants** in Lethbridge and Southern Alberta along with Canadians across the country will be walking in person for our 28th annual Gutsy Walk to stop Crohn's disease and ulcerative colitis. For more information on the Gutsy Walk see <https://gutsywalk.ca/about/Why-Walk.aspx> To Register for the walk Home - Crohn's and Colitis Canada's Gutsy Walk
  - **The PAW Society is holding its annual book sale Wednesday, June 7 to Saturday, June 10** at the Lethbridge Fish and Game Association HUT, 9th Ave, and 10th St. S. Sale times are 11a.m. to 7p.m. Wednesday June 7 to Friday June 9 and 10a.m. to 3p.m. Saturday June 10. Donations of books are greatly appreciated and will be accepted at the HUT Sunday June 4 to Tuesday June 6 from 11a.m. to 7p.m. No donations will be accepted after June 6. We will not be accepting textbooks or encyclopedias. For further information, call Joan at 403 732-5708.
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**Trivia**

1. Which country won the first soccer World Cup in 1930?
2. CCLXXIX is the Roman numeral for \_\_\_\_.
3. Nicolas Appert invented a sterilization and sealing process for what?
4. "No lemon, no melon" is an example of what kind of phrase?
5. This is a person who makes arrows.

(Flip bottom of page for answers)  
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**On the Lighter Side ...**

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# Your Weekly Horoscopes

## ARIES (March 21 - April 20)



Information about an old issue may emerge from your unconscious mind. If you focus clearly, this may provide an emotional healing opportunity for you or others. Be open to change. Lucky numbers: 15, 26, 30, 37, 42, 48.

## TAURUS (April 21 - May 21)



You may receive a sudden, unusual insight that could help resolve an issue in your life. You might need to move quickly, though, to successfully take advantage of it. Lucky numbers: 6, 7, 17, 24, 34, 35.

## GEMINI (May 22 - June 21)



Gemini can sometimes be exhausted by their busy minds. The energy now is heightening this dynamic. Try to find a healthy stress reliever to quiet the chattering monkey in your head. Lucky numbers: 1, 6, 12, 18, 20, 41.

## CANCER (June 22 - July 22)



You may have an opportunity now to bring more optimism, enthusiasm, or joy into your life. However, this might require an adjustment for you to expand those qualities in your personality. Lucky numbers: 12, 15, 18, 30, 33, 36.

## LEO (July 23 - Aug. 23)



You might have a chance to be successful at an endeavour that could make your heart happy and help fulfill your life purpose. You may need to consciously reach for this potential. Lucky numbers: 5, 13, 17, 27, 38, 42.

## VIRGO (Aug. 24 - Sept. 23)



Big and bold is not Virgo's usual style. Right now, though, you may find an opportunity to manifest those qualities. How do you want to use this energy? Lucky numbers: 3, 7, 17, 23, 43, 45.

## LIBRA (Sept. 24 - Oct. 23)



Your natural charm and diplomacy may be on display at the beginning of the week. If you want to impress others whose help you need, now could be your time to shine. Lucky numbers: 9, 13, 16, 18, 29, 41.

## SCORPIO (Oct. 24 - Nov. 22)



At midweek, you may find your sensitive radar is pinged and you become overwhelmed by the emotions of others. If you can, retreating for a few days may help. Lucky numbers: 7, 9, 17, 24, 33, 47.

## SAGITTARIUS (Nov. 23 - Dec. 21)



If you look back over the last six months, what projects should be continued, and which should be completed? Now may also be a good time to plan new activities. Lucky numbers: 2, 3, 5, 14, 16, 38.

## CAPRICORN (Dec. 22 - Jan. 20)



Capricorn's focus on structure may make it difficult to believe in something beyond mundane reality. Now may be a good time to focus on adopting a higher philosophy or belief system. Lucky numbers: 13, 15, 16, 30, 32, 38.

## AQUARIUS (Jan. 21 - Feb. 19)



Aquarians can have lofty evolutionary goals for themselves and humanity. If you're feeling discouraged by a lack of progress, the energy now may help restore your flagging faith. Lucky numbers: 11, 12, 13, 18, 23, 38.

## PISCES (Feb. 20 - March 20)



Is there a situation in your life that isn't working? Perhaps an adjustment in your viewpoint would give you the enthusiasm you need to keep working to resolve it. Lucky numbers: 4, 10, 15, 19, 26, 47.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 9.

## Did You Know...

**Pen name:** George Orwell (1903-1950), whose literary works include the well-known novels *Animal Farm* and *Nineteen Eighty-four*, was born Eric Arthur Blair. George Orwell was his pen name.

**Eclectic flavours:** In the province of Nova Scotia, Canada, people love their locally made "moon mist" ice cream. Its flavour has three unique parts: grape, banana, and bubble gum. The tri-colour treat is purple, yellow, and light blue.

**Activist model:** Canadian model Winnie Harlow has a skin disease called vitiligo, in which areas of the skin lack pigment. She is an activist for equality and diversity in the modeling industry.

**Skilled skier:** Hermann Maier, a downhill ski racer from Austria, had a spectacular crash during an Olympic race in 1998. He emerged nearly unscathed and even won gold medals in other events a few days later.

**Major heist:** One of the largest bank robberies in the world was the 2006 Securitas Depot robbery in Tonbridge, Kent, England. Thieves stole £53 million in cash. Authorities eventually caught some of the perpetrators.

## On the Lighter Side

The "old woman who lived in a shoe" wasn't the sole owner. There were strings attached.

Dit: "I see your arm is in a sling."  
Dot: "Yes, I get all the breaks."

What do golfers wear at the links? Tee-shirts.

Borrowing trouble from the future doesn't deplete the supply.

Knock! Knock! *Who's there?* Rupert. *Rupert who?* Rupert your left foot in, Rupert your left foot out.

## Answers

**Trivia answers:** 1. Uruguay 2. 279 3. Canning food 4. Palindrome 5. Fletcher

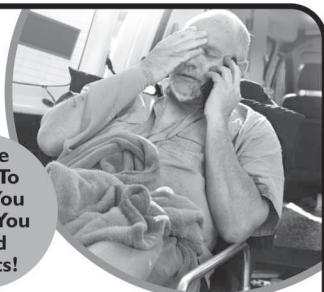
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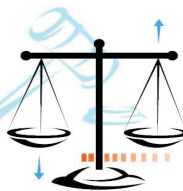
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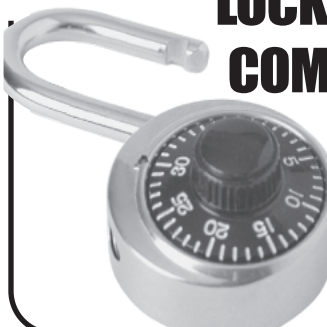
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