

Recipe of the month

Grilled Glazed Drumsticks

1 cup ketchup 1/2 teaspoon garlic powder
 1/3 cup reduced-sodium soy sauce 3 pounds fresh or frozen chicken drumsticks, thawed
 4 teaspoons honey Optional: Sliced green onions and ranch dressing
 3/4 teaspoon ground ginger

Prep Time: 10 min. + marinating Grill Time: 15 min.
 Yield: Approximately 2 dozen

1 In a small bowl, combine the first 5 ingredients. Pour 1 cup marinade into a large shallow dish. Add the chicken; turn to coat. Cover and refrigerate for at least 4 hours or overnight. Cover and refrigerate remaining marinade for basting.
 2 Drain chicken, discarding marinade. Grill, covered, over medium heat until juices run clear, 15-20 minutes, turning and basting occasionally with reserved marinade. If desired, top with sliced green onions and serve with ranch dressing.

The perfect recipe to try during May - BBQ Month!

Source: <https://www.tasteofhome.com>

THIS SPACE FOR RENT

780-220-6397

Can't get to your **Coffee News**® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Criminal Defence | Family Law

New Beginning Law

- Driving Offences
- Adoptions
- Independent Child Counsel
- Child Support
- Separation Agreements
- Divorce

Renée L.T. Moore B.A., B.Comm.(Co-op), J.D. Barrister & Solicitor
Jerred L.T.T. Moore B.A. (Adv.), J.D. Barrister & Solicitor

4802-49 Avenue, St. Paul (Located behind ATB)
780.645.0050 | www.newbeginninglaw.ca

LOYALTY, TRUST AND EXPERIENCE SINCE 1975

owned by the **Thackeray** FAMILY

Memento FUNERAL CHAPEL

(1975) LIMITED
 mementofuneralchapel.com

FUNERALS • CREMATION • MONUMENTS • PRE-PLANNING

QUALITY FUNERAL SERVICES WITH AFFORDABLE OPTIONS AND A PRICE MATCH GUARANTEE (WITHIN NORTH EASTERN AB)

CURRENTLY OFFERING UP TO **35% OFF** MONUMENTS

BONNYVILLE \$ 780-826-3113 COLD LAKE \$ 780-639-3113 ST. PAUL \$ 780-615-3113

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Sunrise Cannabis

LOCALLY OWNED AND OPERATED

Flower • Personal Care • Concentrates • Accessories
 K9 Products • Edibles • Beverages • CBD • CBN

Located in the centre of town between Express Pizza & Subway
 4809-50 Avenue, Bonnyville

780.812.2331

Chamber of Commerce

FREE! New Issue Every Week!

Coffee News

"News To Be Enjoyed Over Coffee"

Bonnyville Edition

877-553-6397

www.coffee-news.ca

Est. 1988

Vol. 20 No. 19 May 8, 2023

Everybody's Talking

Cold apartment: No one would dispute that the weather in Singapore gets really hot, but few would say that nine air conditioners are necessary in a four-room apartment. That is how many of the units a man named Huang installed in his small flat. The apartment got so chilly that several neighbours complained, saying their units were damp and moldy. The inhabitant in the flat above, named Liu, had excessive condensation on his cold floors. Huang said he needed the cool air due to a health condition, but Lui's floor was often wet because of it. They compromised, with Huang agreeing to shorten how long he ran his air conditioners and to only use two at night.

Lost, but found again: Misplacing an item of clothing can be annoying. Did you leave it at a friend's or relative's house, or maybe in the bottom of a suitcase that you put away after a trip? Losing the blue-and-white dress that Judy Garland wore in the 1939 movie *The Wizard of Oz* must have been a whole other matter. In the 1970s, the dress was donated to the drama department at Catholic University of America in Washington, D.C. (U.S.). But soon after, no one could find it. During recent renovations, a drama department lecturer noticed a garbage bag atop the faculty mailboxes. Inside was a shoebox containing the missing dress.

Bottle houses: Robert Bezeau knows that plastic bottles are a huge threat to the environment. So he collected tens of thousands of these discarded items and used them to build a little community. Called Plastic Bottle Village, it is located in the province of Bocas del Toro in Panama. Originally from Canada, Bezeau did not complete the feat himself; he asked local folks to help. The structures are made by filling metal cages with bottles, and then attaching the cages together. One bottle building, the four-story Castle Inspiration, can be booked for overnight stays. The whole idea of the project is to reuse plastic to prevent it from ending up in a landfill.

Slow but sure: Australia holds an annual ultra-marathon during which competitors run from Sydney to Melbourne. At 875 kilometres (543.7 mi.) long and taking as long as five days to complete, that event is not for the faint of heart. Needless to say, competitors are usually young and in excellent physical condition. That is, except for the inaugural event in 1983, which was won by Cliff Young, a 61-year-old potato farmer. He completed the whole race wearing his work boots and overalls. His gait was a slow but sure shuffle, and he didn't stop. He died a hero in 2003 at age 81, and by then had raised money for charitable causes by participating in other endurance events.

Quoteable Quotes

"A problem is a chance for you to do your best." —Duke Ellington
 "Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood." —Fred Rogers

What's Happening

Ongoing - Senior Appreciation Day Every 3rd Tuesday of each month is Senior Appreciation Day at the St. Paul Municipal Library so be sure to stop by for coffee, tea treats from noon-3pm.

Bonnyville Health Centre Ladies Auxiliary Bursaries Program B'ville Hosp. Auxiliary are awarding 2 Bursaries of \$1,000 each to 2 students from B'ville area, that are attending a Health-Related Program and have completed at least one year and entering their second. Closing May 31. Contact helenwakulchyk@live.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. What is the national flower of England?
2. Maasai Mara National Reserve is located in this country.
3. This telescope array first captured the black hole at the centre of our galaxy.
4. Who is the author of *Bleak House*?
5. In Canada, this canal runs between Lake Ontario and Lake Erie.

(Flip bottom of page for answers)
 © Published with Permission by Capital Marketing Ltd

The World's #1 Restaurant Publication!

Short and Long Term Rentals Available

INQUIRE TODAY

780-207-7947 | www.macroproperties.com

Reduced Rent!

(780) 207-5649

BONNYVILLE Luxury apartments starting at \$1095*! *On a 12 month term

Northview Canadian High Yield Residential Fund

St. Paul Upgraded apartments starting at \$850!

Northview *On approved application, while promotion lasts

\$399 Security Deposits

(780) 614-7551

MARINE SUPPLY!

PARTS AND ACCESSORIES

Oil for ALL Applications
 Automotive • Power Sports Marine • Heavy Duty Diesel, etc.

BOAT RENTALS AND REPAIRS

BRIDGES & STRATTON DEALER

DISCOVER THE POWER OF **ELSOIL**
 Your Fuel is Your Technology

L & D Marine Rentals

61116 Hwy. 28 W Bonnyville
780.201.0154

Happy Mother's Day

from your friends at **Coffee News**®

Home | Auto | Business | Farm

Insurance that fits

780.826.4160

2, 4428 50 Ave, Bonnyville
 BrokerLink.ca

BrokerLink Insurance

©2022 BrokerLink Inc. *BrokerLink & Design is a trademark of BrokerLink Inc. All rights reserved.

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

CANADA'S #1 RETAIL WINDOW COVERING FACTORY

real blinds

FREE DESIGN CONSULTATION
 COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376
 Toll Free 1.855.846.7325

REALBLINDS.CA

Made in Canada

Helping you rediscover **fun** In the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
www.prairiescentedcandles.com

Sunset Scents
a RAY of Fragrance
www.prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

ELK POINT VAPE SHOP

780.614.6255 | 4910-50 Avenue, Elk Point

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca

Running for office?

Give your campaign a kickstart with **Coffee News®!**

Call for opportunities in your local community.

Creating memories ...one vacation at a time!

NORDEGG VACATION RENTALS

Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information:
1-855-NORDEGG (667-3344)
nordeggvacationrentals.ca

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore
www.dragonsofnibiru.com

Your Weekly Horoscope

ARIES
(March 21 - April 20)

A hidden opportunity may surface if you are aware of the possibility. Try not to let an old negative belief or behaviour pattern keep you from taking advantage of it. Lucky numbers: 4, 6, 16, 27, 41, 49.

TAURUS
(April 21 - May 21)

Unusual and unexpected experiences may recently have been the norm for you. The chaos might begin to fade, but perhaps you should wait a couple of weeks before taking any major actions. Lucky numbers: 8, 9, 10, 13, 16, 28.

GEMINI
(May 22 - June 21)

Have you recently felt stymied, unable to make progress on your goals? Hang on a little while longer. The obstacles may start to become easier and your efforts could move forward. Lucky numbers: 9, 15, 21, 37, 39, 45.

CANCER
(June 22 - July 22)

Have there been communication difficulties in a relationship over the last month? Now there may be potential for improvement, if you are conscious about reconciling differences between you. Lucky numbers: 1, 3, 24, 33, 36, 37.

LEO
(July 23 - Aug. 23)

Your mind and feelings may be out of sync at the end of the week. Because of this, you might want to avoid any impulsive decisions by waiting a few days. Lucky numbers: 16, 17, 22, 27, 28, 35.

VIRGO
(Aug. 24 - Sept. 23)

Virgos like to approach life with a practical attitude, and that generally works for you. However, if you come upon an intuitive insight now, you may want to follow it. Lucky numbers: 12, 13, 23, 25, 36, 44.

LIBRA
(Sept. 24 - Oct. 23)

What does the pot of gold at the end of the rainbow mean to you? Perhaps now is the time to pursue it, as the astrological energies are in your favour. Lucky numbers: 5, 7, 9, 18, 22, 47.

SCORPIO
(Oct. 24 - Nov. 22)

Communicating with others can be tricky for Scorpios, given your ability to see deeply into them. Recently this dynamic may have been worse, but the situation could begin to slowly improve. Lucky numbers: 13, 22, 25, 32, 33, 48.

SAGITTARIUS
(Nov. 23 - Dec. 21)

Your career and legacy may be on your mind right now. This might be a good time for such a focus, and to unearth a new opportunity in this regard. Lucky numbers: 2, 3, 11, 14, 28, 33.

CAPRICORN
(Dec. 22 - Jan. 20)

You may be feeling especially serious at the beginning of the week. Perhaps consider lightening the mood, for yourself and others. Your relationship with them may improve. Lucky numbers: 10, 35, 37, 43, 44, 46.

AQUARIUS
(Jan. 21 - Feb. 19)

Aquarius has a natural talent for resonating with the ethereal realm around us. At midweek, you may find this ability particularly strong and that intuitive information comes easily. Lucky numbers: 11, 14, 19, 29, 37, 45.

PISCES
(Feb. 20 - March 20)

At the end of the week, you may feel as if you are being pulled in two different directions. Consider how you can balance your intuition with more mundane skills. Lucky numbers: 3, 5, 15, 17, 22, 45.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 7.

Did You Know...

Uncountable: The sun that shines on Earth every day is estimated to be one of 100 to 400 billion, or more, stars in the Milky Way galaxy. With millions of other galaxies, the suns in the universe are uncountable.

Car problems: The Ford Edsel was a car model that was short-lived. First produced in 1957, it was discontinued after only a couple of years because of a national recession, quality issues, and an appearance that people didn't like.

Man vs. machine: In 1996, chess player Garry Kasparov played against "Deep Blue," a computer. In a six-game match, Kasparov lost one, tied two, and won three. In 1997, he played an upgraded Deep Blue, which was proclaimed the winner.

Active volcano: Erta Ale is a continuously active volcano in a remote area of northeastern Ethiopia. It is only 613 metres (2,011 ft.) high, and has the unusual phenomenon of a lava lake that has been active for many decades.

Tasty fruit: The Purén white strawberry comes from Contulmo and Purén, two towns in Chile. Rather than the usual red, this rare and expensive strawberry is pale white and tastes a bit like pineapple. Another white strawberry grows in Japan.

On the Lighter Side

What did the trees wear to the forest pool party? Swimming trunks.

Sign in a podiatrist's office: "Time wounds all heels."

Knock! Knock! Who's there? Safari. Safari who? Safari so good.

How do you stop a baby spaceship from crying? Rocket.

Mike: "How can someone make so many mistakes in a day?"
Ike: "I get up early."

Answers

Trivia answers: 1. Tudor Rose 2. Kenya 3. Event Horizon Telescope 4. Charles Dickens 5. Welland Canal

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So - you're not advertising with **Coffee News®** because...?

780-220-6397
coffee-news.ca

Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

ESTHER BYRT
Mortgage Consultant

- First Time Buyers
- Mortgage Renewal
- Refinancing
- HELOCs
- Second Homes/ Investment Properties
- Pre-Approvals
- Rate Holds & more!

587.789.1707
esther@homemortgage.expert
www.homemortgage.expert

powered by Axiom Mortgage Solutions
"Your Lakeland & Area Mortgage Expert"

Injured? Now What? We Help - A Lot!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

Get More Traffic, Leads & Sales

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922
frontlineconsulting.ca

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:
www.acaging.ca
780-423-7781 or toll free 1-888-423-9666
Email: office@acaging.ca

Be the voice for your community. Become a Volunteer!