

**THIS SPACE
FOR RENT
780-220-6397**

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Lida Higham Sparrow from Edmonton

Coffee News Fun Reading. Serious Advertising.

Are You A Good Fit?

Capital Marketing, publishers of **Coffee News** in Northern Alberta, is looking for partners in rural areas in Northern Alberta to promote the paper in their region.

If you love to meet new people, are entrepreneurial in spirit, and have some sales background, we would love to have a chat with you. Email info@coffee-news.ca and tell us why you love **Coffee News**, and why you would like to share the good news stories we provide with your community. We'll be in touch after we get your email. *Don't forget to include your name and phone number!*

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness
TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7

780.482.4462 | www.microbusiness.ca

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So -- you're not advertising with **Coffee News** because...?



780-220-6397
coffee-news.ca

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!



prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

FREE!

New Issue Every Week!

Coffee News

"News To Be Enjoyed Over Coffee"

Cold Lake Edition

877-553-6397



www.coffee-news.ca

Est. 1988

Vol. 20 No. 20 May 15, 2023

Everybody's Talking

Monkey land: In a village called Upla, in the Osmanabad district of India's Maharashtra state, monkeys are so well respected that they have been given their own land. Along with a small population of humans, Upla has about 100 Rhesus macaques in residence. Some years ago, the village set aside 32 acres of land and put them in the name of all the monkeys. No one knows exactly how or when this came to be, but the townsfolk feed the monkeys and often include them in rituals. At weddings, for example, the monkeys are provided with presents before the rest of the festivities get started.

Cruising for life: "Super Mario" Salcedo of Miami, Florida (U.S.), would rather be on a cruise ship than on dry land. He seems to have gotten his wish because he's managed to live for over 23 years on luxury liners, after retiring at age 47. During a stressful career as a financier, he traveled quite a bit. He had managed to save enough to continually live on a ship, and now enjoys the scenery instead of worrying about work. Salcedo doesn't hang out with other tourists, but keeps to himself and does light finance work for private clients. This lifestyle is possible, in part, because the perpetual cruiser isn't married and doesn't have children.

Playful paint job: When he was a kid, Sam Cox's parents never told him he couldn't draw on walls. Good thing, because now the artist from Kent, England, who is in his late 20s, has covered his own house, inside and out, in doodles. After beginning in his bedroom, Cox has doodled, from floor to ceiling, all the other bedrooms, bathrooms, hallways, and kitchen, as well as the exterior. He used many cans of white paint, black spray paint, black drawing paint, and pens to achieve the monochrome, comic book look. Known as Mr. Doodle, Cox uses his love of this artistic style to make paintings, which have sold for high prices at auctions.

Canine passenger: Eclipse was a beloved black Lab-Bullmastiff mix in Seattle, Washington (U.S.), who enjoyed riding the bus all by herself. The smart canine would get on the bus near the home of her owner, Jeff Young, and get off a few stops later at the dog park. It started by accident in 2015, when she boarded without Young one day, and she continued until she passed away in October 2022 at age 10. Regular passengers miss the gentle animal, who would nap with her head on someone's lap. She always knew her stop, and the driver would let her out. The bus company even made a music video about her.

Quoteable Quotes

"One of the lessons of history is that nothing is often a good thing to do and always a clever thing to say." —Will Durant
"My father gave me the best advice of my life. He said, "Whatever you do, don't wake up at 65 years old and think about what you should have done with your life." —George Clooney

What's Happening

Ongoing - Senior Appreciation Day Every 3rd Tuesday of each month is Senior Appreciation Day at the St. Paul Municipal Library so be sure to stop by for coffee, tea treats from noon-3pm.

Bonnyville Health Centre Ladies Auxiliary Bursaries Program B'ville Hosp. Auxiliary are awarding 2 Bursaries of \$1,000 each to 2 students from B'ville area, that are attending a Health-Related Program and have completed at least one year and entering their second. Closing May 31. Contact helenwakulchuk@live.ca

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The newspaper Bild is published in what country?
2. _____, an involuntary muscle contraction, moves food through the digestive system.
3. When was the Vienna Boys Choir created?
4. What playwright group included Christopher Marlowe in the 1580s?
5. Vitreous humour can be found in human eyeballs, jellyfish, or comedy clubs?

(Flip bottom of page for answers)

Affordable-Effective-Exclusive-CALL NOW!



LOYALTY, TRUST AND EXPERIENCE SINCE 1975

Thackeray FUNERAL CHAPEL
(1975) LIMITED
mementofuneralchapel.com

FUNERALS - CREMATION - MONUMENTS - PRE-PLANNING

QUALITY FUNERAL SERVICES WITH AFFORDABLE OPTIONS AND A PRICE MATCH GUARANTEE (WITHIN NORTH EASTERN AB)

CURRENTLY OFFERING UP TO 35% OFF MONUMENTS

BONNYVILLE 780-826-3113 COLD LAKE 780-639-3113 ST. PAUL 780-615-3113

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website: www.acaging.ca

780-423-7781 or toll free 1.888.423.9666 Email: office@acaging.ca

Be the voice for your community. **Become a Volunteer!**

Ignite Centre for eLearning

...where community and connection IGNITE learning!

Re-Ignite Your Child's Love of Learning!

Spaces for the 2023-24 school year are limited - learn more today!

Join us for an Info Session to learn more about our gold-standard, inclusive online school for Grades 1 to 12

ignitecentre.ca

HAPPY Mother's DAY

...from your friends at **Coffee News**

Dare To Be Plastic-Free!

Vegan products in compostable or recyclable packaging

Zero Waste Vegan:

- Solid Dish Soap
- Solid Shampoo
- Solid Body and Face Soaps
- Aluminum-free, baking soda-free Deodorant
- Solid Lotions

Shop now at amsoaps.com

or at Tilley Auctions, #12, 5606-54 Street, Cold Lake Phone 780-201-8585

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop. **780.962.5220**

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Can't get to your **Coffee News** each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore

www.dragonsofnibiru.com



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044



Home | Auto | Business | Farm

Insurance that fits

780.594.7539

102, 5605 55 St, Cold Lake

BrokerLink Insurance



CANADA'S #1 RETAIL WINDOW COVERING FACTORY

real blinds

FREE DESIGN CONSULTATION

COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376

Toll Free 1.855.846.7325

REALBLINDS.CA



Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline 780.760.6922

frontlineconsulting.ca

When YOU Get Paid We Get Paid

Over HALF A BILLION Recovered For Our Clients!

Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews



COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com

Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718


SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Your Weekly Horoscope


ARIES
(March 21 - April 20)

You may be ambitious and eager to fulfill your goals right now. Success might be possible, but it is important to avoid arguments and not to alienate others in the process. Lucky numbers: 9, 13, 22, 29, 32, 37.




TAURUS
(April 21 - May 21)

This week holds a monthly reset moment. A number of opportunities for success may be available to you right now. Examine them carefully before deciding which is best. Lucky numbers: 13, 18, 19, 22, 30, 35.




GEMINI
(May 22 - June 21)

Your birth month is a good time to evaluate what you did and didn't achieve over the past year. Then you can plan any necessary changes for your new year. Lucky numbers: 2, 4, 16, 20, 42, 47.




CANCER
(June 22 - July 22)

Cancers often prefer to retreat into their shells rather than engage with others in difficult conversations. However, if you are open, you may find an opportunity to do just that. Lucky numbers: 1, 6, 18, 28, 46, 48.



LEO
(July 23 - Aug. 23)

Others may be intrigued by your enthusiasm right now, and they might want to assist in your endeavours. Try to be sure that the outcome is a win-win for everyone. Lucky numbers: 11, 12, 28, 35, 38, 46.



VIRGO
(Aug. 24 - Sept. 23)


Virgos can have a perfectionist streak that sometimes encourages you to be hard on yourself and others. Opportunities may exist right now to be more nurturing, if you reach for them. Lucky numbers: 8, 11, 16, 23, 37, 45.



Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 30.

LIBRA
(Sept. 24 - Oct. 23)

Libras often overlook their needs to keep things flowing smoothly in their relationships. Be careful now about being passive-aggressive with others. You may want to try having an honest conversation instead. Lucky numbers: 12, 21, 28, 30, 42, 47.




SCORPIO
(Oct. 24 - Nov. 22)

Your intuitive nature can be painful to deal with at times. Find resources that can be helpful to you, like a conversation with a friend or even a simple walk in nature. Lucky numbers: 3, 6, 28, 44, 47, 48.




SAGITTARIUS
(Nov. 23 - Dec. 21)

Your mind and feelings may be out of sync at the end of the week. If you can find a compromise, do so, or wait a few days before acting. Lucky numbers: 6, 7, 13, 14, 33, 47.




CAPRICORN
(Dec. 22 - Jan. 20)

Capricorns generally look for solid research and facts in their decision making. Now, though, an adjustment in your view may allow you to use more intuitive information in the process. Lucky numbers: 5, 13, 29, 32, 38, 43.




AQUARIUS
(Jan. 21 - Feb. 19)

You may be undergoing a long period of self transformation, which might be in a difficult phase right now. Try to go with the flow, rather than fighting the process. Lucky numbers: 4, 18, 21, 23, 25, 39.



PISCES
(Feb. 20 - March 20)

Your intuitive, empathetic nature may be at its best now. Look for opportunities to work on endeavours that could encourage others to help themselves, rather than relying on you. Lucky numbers: 7, 10, 24, 32, 42, 44.



Did You Know...

Perfect pitch: People with perfect, or "absolute," pitch can identify a musical note when they hear it, or can sing it without any other note as a guide. Whether people are born with this talent or can learn it is a subject of debate.

Hot lake: Waimangu Volcanic Valley is an area of hydrothermal activity on New Zealand's North Island. Temperatures in the valley's shallow "Frying Pan Lake" range from 50°-60° C (122°-140° F), too hot for swimming or soaking.

Great opera: Opera lovers all over the world have seen *Madame Butterfly*, written by Italian Giacomo Puccini. The opera was first presented at the Teatro alla Scala (La Scala) in Milan, Italy, on February 17, 1904.

Riding together: The first U.S. club for recreational bicycle riders, called the Boston Bicycle Club, was formed in 1878. Other cities followed suit, with clubs soon forming in Buffalo, NY, and New York City.

Scary stories: Prolific American author Stephen King wrote stories for magazines before getting his big break for his novel *Carrie*, published in 1974. Soon afterward came *The Shining*, *The Stand*, and *The Dead Zone*, plus numerous others in the ensuing years.

On the Lighter Side

When you wallow with pigs, expect to get dirty.

Knock! Knock! *Who's there?* Rhino. *Rhino who?* Rhino every single knock-knock joke!

When do kings worry the most? When the reign stops.

Doctor: "I think you are suffering from hypochondria."
Patient: "Not that, too?"

How did the book talk to its friends? By text.

Answers

Trivia answers: 1. Germany 2. Peristalsis 3. 1498 4. University Wits 5. Eyeballs

For available franchise opportunities - visit coffeeneewscanada.com
© Published with Permission by Capital Marketing Ltd

Coffee News is proud to support Make-A-Wish® Canada



Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca

Creating memories ...one vacation at a time!

NORDEGG VACATION RENTALS

Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information: 1-855-NORDEGG (667-3344)

nordeggvacationrentals.ca




Your Favourite Auction House

SERVING THE LAKELAND!

View and bid at our upcoming auctions online! Links at: www.tilleyauctions.com

Find us live at #12, 5606-54 St., Cold Lake

Tilley Auctions

Phone Aaron Tilley with all inquiries or to consign at 780-792-8679

PROUDLY SERVING NORTHERN AB: Cold Lake • Bonnyville • Fort McMurray • Lac La Biche • St. Paul • Elk Point




Criminal Defence | Family Law

New Beginning Law

- Driving Offences
- Adoptions
- Independent Child Counsel
- Child Support
- Separation Agreements
- Divorce

Renée L.T. Moore B.A., B.Comm.(Co-op), J.D. Barrister & Solicitor

Jerred L.T.T. Moore B.A. (Adv.), J.D. Barrister & Solicitor

4802-49 Avenue, St. Paul (Located behind ATB)

780.645.0050 | www.newbeginninglaw.ca

Recipe of the month

Grilled Glazed Drumsticks


1 cup ketchup 1/2 teaspoon garlic powder
1/3 cup reduced-sodium soy sauce 3 pounds fresh or frozen chicken drumettes, thawed
4 teaspoons honey Optional: Sliced green onions
3/4 teaspoon ground ginger and ranch dressing

Prep Time: 10 min. + marinating Grill Time: 15 min.
Yield: Approximately 2 dozen

- In a small bowl, combine the first 5 ingredients. Pour 1 cup marinade into a large shallow dish. Add the chicken; turn to coat. Cover and refrigerate for at least 4 hours or overnight. Cover and refrigerate remaining marinade for basting.
- Drain chicken, discarding marinade. Grill, covered, over medium heat until juices run clear, 15-20 minutes, turning and basting occasionally with reserved marinade. If desired, top with sliced green onions and serve with ranch dressing.

The perfect recipe to try during May - BBQ Month!

Source: <https://www.tasteofhome.com>



MARINE SUPPLY!

PARTS AND ACCESSORIES

L & D Marine Rentals

61116 Hwy. 28 W Bonnyville

780.201.0154

Oil for ALL Applications Automotive • Power Sports Marine • Heavy Duty Diesel, etc.

BOAT RENTALS AND REPAIRS

BRIGGS & STRATTON DEALER

DISCOVER THE POWER OF **TRUST**

NEW HOMES FOR SALE AND RENT in Cold Lake



- WILDWOOD COMMUNITY
- CREEKSIDE
- FONTAINE VILLAGE

Call 780.594.4101 for more information