

**WHY RENT ...when you can BUY?**

You may be financially ready – and don't even know!

Call George about *real solutions* to build equity:  
**780.982.4247**  
[www.georgevandewalle.com](http://www.georgevandewalle.com)

**GEORGE VAN DE WALLE**

Each office independently owned and operated

**Mortgage Advice**

We provide mortgage options, value, flexibility, and convenience.

**TD**

**Let's talk:**  
 Michael Rennie  
 Mobile Mortgage Specialist  
 T: 780 499 4749  
[michael.rennie@td.com](mailto:michael.rennie@td.com)  
[mms.tdcanadatrust.com/michael.rennie](http://mms.tdcanadatrust.com/michael.rennie)

**THIS SPACE FOR RENT**

**780-220-6397**

**TELL a Polio Survivor About US!**

**Wildrose Polio Support Society**  
 780.428.8842 | [www.polioalberta.ca](http://www.polioalberta.ca)

The St. David's Welsh Male Voice Choir along with Opus @ 12 String Quartet and Flute present

**CELEBRATING Spring**

Join us for a Wonderful Afternoon of Music and Song!

SUN. MAY 28 2:30 pm

Trinity Evangelical Lutheran Church  
 10014-81 Avenue, Edmonton

Tickets \$20 in advance or \$25 at the door, available from any choir member. For more info, call Bob at 780.475.4140

**UH-OH!**

**DON'T WORRY – We repair damage to leather, vinyl, plastic and fabric.**

**COLORGlo**  
 NORTH EDMONTON

For a free estimate, call **780.239.7917**

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

Weekly • Bi-Weekly • Monthly • One-Time Cleaning

**We do one thing – Clean!**

Professional and personalized cleaning service:  
 Residential & Commercial Cleaning  
 Detail Cleaning • Basic Cleaning  
 Move In/Move Out  
 New Construction

**YOU HAVE IT MAID CLEANING SERVICES**

**SECURITY CLEARANCE**

**COVID-19 TRAINED**

[www.youhaveitmaid.ca](http://www.youhaveitmaid.ca)  
 Call Lynn today for a free quote: **780.721.6789**

**IS ADVENTURE ON YOUR BUCKET LIST?**

**Learn to Scuba Dive**  
 Ask about our Buddy Special

**Discover Snorkeling**  
 1-Hour Lesson at the Pool!  
 Snorkeling Sets for the Family

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
**780.483.0044**  
 11781-156 St., Edmonton

**www.thediveoutfitters.ca**

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**FREE!** **New Issue Every Week!**

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**St. Albert Edition**

**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

Vol. 20 No. 21 May 22, 2023

**Everybody's Talking**

**Lucky man:** For more than three decades, a Swiss man named Julio has been enjoying long nature walks, and while doing so, he looks for four-leaf clovers. Many cultures believe that four-leaf clovers bring good luck, and if that is true, Julio must be a very lucky person indeed! He has found thousands of them, and has even added five-, six-, and seven-leaf versions to his massive collection, which has been laminated. The first time he found a four-leaf clover, he was nine years old and with his grandfather, a memory that is especially nostalgic for him.

**Device preservation:** Once it becomes obsolete, giving up a well-loved cell phone or other electronic device might be a sad thing to endure for some people. Lin Xi, an entrepreneur from China's Shandong Province, decided to help those folks out. She learned how to take apart the devices and creatively combine the pieces into framed works of art that can become part of a home's decor. She started by making art with her own old electronic items, and then she advertised. It didn't take long for her to develop a long list of clients, some with first-generation mobile phones from decades ago and others with newly outdated iPhones.

**Cheat sheets:** Some students cheat on exams by passing notes, but a few years ago one student at Spain's University of Malaga took the art of cheating a few steps further: he used a needle attached to a mechanical pencil to etch about a dozen ordinary pens with tiny printing that contained information to help him pass a law exam. Professor Yolanda de Lucchi confiscated the pens and put them in her desk, where she recently found them again. Upon studying the pens, she realized the seized "cheat sheets" really were works of art, not to mention examples of extreme diligence on the part of the cheater.

**High ATM:** People can find automatic teller machines (ATMs) in many places around the world. However, coming across such technology high in the mountains at a border-crossing route between Pakistan and China might be a surprise. But such a thing exists at the Khunjerab Pass in Pakistan's Gilgit-Baltistan province, at an elevation of 4,693 metres (15,400 ft.). Belonging to the National Bank of Pakistan, it's been there since 2016 and uses solar and wind power. To keep the machine full of cash, a bank employee must travel through dangerous mountains. The machine is mostly used by locals, border guards, and a few travelers who like to pose next to it for photos.

**Quoteable Quotes**

"In darkness, you only need to see just as far as your headlights extend. As long as you keep going, it is enough." —*Alexandra Bracken*

"Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong." —*Ella Fitzgerald*

**What's Happening**

**Jun 2 - Commemorating Seniors week** Wildrose Polio Support Society is hosting lunch and presentation by Alberta Alzheimer Society at the Royal Canadian Legion in St. Albert on June 2. Register 11:30, lunch 12 noon, and presentation Keeping our brain healthy as we age at 1pm. Tickets 780 428 8842

**Jun 7- Reflections: An evening with the St Albert Community Band** Come and see our final performance of the season with the St Albert Community Band and the Saint City Big Band at the Arden theatre on June, 7 pm. Selections will include, jazz, swing, marches, Broadway themes and more. \$15 admission, \$10 for seniors.

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
 Over 150 participating sponsors!  
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. A blacksmith who shoes horses is a \_\_\_\_.
2. Ski resorts Mount Mawson and Ben Lomond are in what Australian state?
3. The Colossus of Rhodes was a statue of what Greek god?
4. This leading abstract expressionist artist, born 1904, was from Rotterdam, Netherlands.
5. In what country is the Laerdal Tunnel?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

**COLD SHOT**  
A DIVISION OF BALMORIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**WHEEL OF FORTUNE**

WEEKNIGHTS 7PM/6PST

yesTV

**Concerned about your Health Care? Let us help!**

**Giterman Health Care Advocacy**

Health Care Advocates provide support and advocacy for patients, working to promote and protect their rights while improving the quality of care they receive.

SCAN TO BOOK YOUR FREE 1 HR CONSULTATION!

• Patient Navigation • Education, Guidance, and Clarification  
 • Personal Assistance with Medical Documentation  
 • Aid with Administrative/Legal Tasks  
 • Facilitating Appointments with Health Care Professionals

Contact Dr. Daniel Giterman at **825.461.1525** or visit [www.gitermanhca.ca](http://www.gitermanhca.ca) for more information

**SAVE YOUR FAMILY memories**

Transfer your old film, VHS, DVR, & reels to a digital format.

For more information & pricing email: [info@thecreativehive.ca](mailto:info@thecreativehive.ca)

780.996.7510 | [www.hive-media.com](http://www.hive-media.com)

**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • Pet Friendly

**Join Our Vibrant Community**

**CITADEL VILLAGE**

Full Kitchens • Social & Recreation • U/G Parking

15 Erin Ridge Road, St. Albert

**780-540-9500**  
[CDLhomes.com](http://CDLhomes.com)

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

*They are the next Finest candles you will EVER find!*

**PSC Prairie Scented Candles**

**Sunset Scents**  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**Jennifer Miles, Agent**  
 125-15 Circle Dr  
 St. Albert AB T8N 3Y7  
 780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
 Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

The World's #1 Restaurant Publication!



Offering the latest in dental technology... to make your visit as comfortable as possible!

Fillings  
Same Day Crowns  
Digital Imaging  
Digital Impressions  
Hygiene Care • Invisalign



**citadel dental**

#250, 665 St. Albert Trail, St. Albert  
587.805.0340 | reception@citadeldental.ca

Dr. Melonie MacDonald  
General Dentist

Book online!  
[www.citadeldental.ca](http://www.citadeldental.ca)

We are KID friendly!

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

**Complete Automotive Service Repairs:**

- ✓ We sell summer and winter tires
- ✓ Tune-ups
- ✓ Lube/Oil/Filter Services
- ✓ Wheel Alignments
- ✓ Vehicle Inspections
- ✓ A/C Recharge and Repairs



**CANADIAN AUTO REMARKETING**

780.569.0654  
#109-25 Chisholm Ave., St. Albert

[www.canadianautoremarketing.ca](http://www.canadianautoremarketing.ca)

**Are your ducks all in a row...?**

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

**RATES AS LOW AS \$150 FOR WILLS**

**WILLPOWER WILLS**  
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611

TERRI BRUNNING  
Call Terri today for a FREE consult.

**Exclusive offer for Facebook and Google Ads**



Get **FREE** set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your **FREE** no obligation consultation!

**Frontline** 780.760.6922

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

**Auto Sales:**

- ✓ Shop with total confidence
- ✓ Financing available
- ✓ Large selection of pre-owned cars
- ✓ We also buy cars – inquire for details!



**CANADIAN AUTO REMARKETING**

780.569.0654  
#109-25 Chisholm Ave., St. Albert

[www.canadianautoremarketing.ca](http://www.canadianautoremarketing.ca)

**When YOU Get Paid We Get Paid**

Helping You Maximize Your Financial And Physical Recovery!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeeneews](http://www.accidentinjurylawyer.com/coffeeneews)

**FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS**

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair
- ...and more!

**ADG KABAN SEWER & DRAIN LTD.**

Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED

780.458.9778 | [www.adgplumbing.com](http://www.adgplumbing.com)

# Your Weekly Horoscope

## ARIES (March 21 - April 20)

Are you sending mixed signals to, or receiving them from, your partner? When the two of you discuss the matter, be conscious of where an old wound may come into play again. Lucky numbers: 9, 20, 24, 32, 34, 38.

## TAURUS (April 21 - May 21)

Taurus are typically conservative when making decisions. But the energy right now encourages you to stretch your comfort zone. Just don't boomerang too far in the opposite direction. Lucky numbers: 2, 15, 22, 24, 29, 39.

## GEMINI (May 22 - June 21)

Keep your eyes open for new opportunities. You may not recognize them because they're different from those you might have pursued before, but it may be time for a change. Lucky numbers: 4, 12, 16, 31, 33, 39.

## CANCER (June 22 - July 22)

Your emotions may be strong at the beginning of this week. While you might be tempted to retreat into your shell, you also could channel them into a positive endeavour. Lucky numbers: 11, 17, 23, 30, 37, 42.

## LEO (July 23 - Aug. 23)

Do you normally act from gut instinct? Now may be a good time to incorporate data into your process. You might find that this balance is more successful for you. Lucky numbers: 14, 16, 17, 18, 26, 37.

## VIRGO (Aug. 24 - Sept. 23)

Your practical, grounded nature is highlighted at the end of the week. This may be a good time to show others your work ethic and what you're capable of accomplishing. Lucky numbers: 15, 22, 33, 34, 35, 37.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 33.

## Did You Know...

**Different sizes:** The blanket octopus lives in tropical and subtropical waters around the world. The female can be up to 40,000 times larger than the male, and can lay as many as 100,000 tiny eggs.

**Ancient tea:** Used for centuries by Indigenous North Americans, cassina (or yaupon) is a tea made from holly. It is making a comeback in the U.S. With a complex, floral flavour, it's related to South America's holly-based yerba maté.

**Special day:** Mother's Day, which is reserved to commemorate mothers, was created by an American woman named Anna Jarvis in 1908. She later regretted the idea when, in her opinion, the day became overly commercialized.

**Sweet treat:** In the hills of West Bengal, India, in a town called Kalimpong, locals and tourists alike enjoy eating a delicacy called the Kalimpong lollipop. It looks a bit like a hotdog, but is made from condensed milk.

**Bat cave:** Devetashka Cave, located in northern Bulgaria, is a beauty. Scientists believe that people used the cave as shelter for millennia. A bat sanctuary today, the 2-km (1.2-mi.) long cave has seven holes in the roof that let in light.

## On the Lighter Side

Knock! Knock! Who's there? Weasel. Weasel who? Weasel while you work!

Where do you keep a wild squash? In the zoo-chini.

Ned: "I saw a doctor today about my poor memory."  
Ted: "What did he do?"  
Ned: "Made me pay in advance."

What happened when the giraffe wrote a book? It's a long story.

On a plumber's truck: "We repair what your buddy tried to fix."

## Answers

**Trivia answers:** 1. Farrier 2. Tasmania 3. Helios 4. Willem de Kooning 5. Norway

For available franchise opportunities – visit [coffeeneewscanada.com](http://coffeeneewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## LIBRA (Sept. 24 - Oct. 23)

Is your love life undergoing a change right now? You may be tempted to keep the status quo, but try to examine what you need, then consider any necessary changes. Lucky numbers: 1, 7, 16, 37, 38, 40.

## SCORPIO (Oct. 24 - Nov. 22)

A karmic lesson may resurface for you, which isn't a coincidence. If you can muster the courage to deal with it this time, you might not have to face it again. Lucky numbers: 7, 13, 18, 29, 30, 31.

## SAGITTARIUS (Nov. 23 - Dec. 21)

You may not be feeling your normally confident self. The next few weeks could be difficult, but you might find that you understand yourself better at the end of it. Lucky numbers: 3, 5, 17, 21, 29, 43.

## CAPRICORN (Dec. 22 - Jan. 20)

Capricorns can sometimes be more serious than necessary, both with themselves and with others. If this is you, there may be an opportunity to be more nurturing to yourself and to them. Lucky numbers: 6, 14, 16, 21, 22, 23.

## AQUARIUS (Jan. 21 - Feb. 19)

At midweek, you may find that your head and heart are out of sync on how to move forward with something. You might want to wait a few days before acting. Lucky numbers: 5, 9, 11, 30, 40, 42.

## PISCES (Feb. 20 - March 20)

Are there obstacles in your path right now? Rather than letting them discourage you, can you find a way to make changes that will allow you to leap over them? Lucky numbers: 13, 16, 23, 27, 30, 42.

**Rediscover Your Youth and Vitality!**  
PhytoZon® - Science - Nutrition

- ✓ Fast Results - Brain/Body Balance
- ✓ Increased Strength, Energy, Vitality
- ✓ Joint Health, Flexibility



500+ Clinical Studies  
Patented Ingredients

[www.americandream4me.com/beginnow](http://www.americandream4me.com/beginnow)

DOCTOR APPROVED CLINICALLY TESTED

780-651-7362

Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert

**Wild Earth Bakery**

[www.wildearthbakery.com](http://www.wildearthbakery.com)

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

Where your pet gets a vacation too!

**BlackPaws**  
Pet Resort & RV Storage

Why choose us for your dog boarding needs?

- Acres of play areas!
- Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

26106 Twp Rd 552, Sturgeon County  
780.984.5718 | [blackpawspetresort.ca](http://blackpawspetresort.ca)

Less dogs, more space... a tired dog is a good dog!

**RE-ELECT DALE NALLY**  
MORINVILLE - ST. ALBERT

**United Conservatives**  
Alberta Strong & Free

info@DaleNally.ca  
Authorized by the Morinville-St. Albert United Conservative Party Association

**PROMOTIONAL & PRINTING**

**OUI PRINT**.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

Do you have a favourite quilt that needs repair?

**Longarm Quilting Services**

**QUILTING**

Offering a variety of quilting services

- Longarm Quilting
- Digital Edge2Edge
- Competitive Rates
- Friendly Environment

Free Quoter

780.554.1350 | [reidse@shaw.ca](mailto:reidse@shaw.ca)

**WINTER CLEARANCE**  
Save Up To **50%**

Off Our Already Low, Low Prices

**Direct Workwear Ltd.**

5361 Gateway Blvd NW, Edmonton AB  
Open 7 Days A Week

like us

We are your Apple experts!

**one bite technology**

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

587.290.0200  
[www.onebitetechnology.ca](http://www.onebitetechnology.ca)

Retail store now open!  
22A Muir Drive, St. Albert