



including sack races and tug-o-war competitions! From noon-4pm, more info 780-898-7275



1. Which country won the first soccer World Cup in 1930?

2. CCLXXIX is the Roman numeral for

- 3. Nicolas Appert invented a sterilization and sealing process for what?
- 4. "No lemon, no melon" is an example of what kind of phrase?
- 5. This is a person who makes arrows.

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AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967 Alberta Council on Aging An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our ARIES (March 21 - April 20) older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committee providing support and resources to all Alberta communiti Information about an old issue may emerge from

ecome a

Volunteer!

H.B.



Alberta Council on Aging Let's Stop Ageism



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Your Weekly Horoscope

(Sept. 24 - Oct. 23)

13, 16, 18, 29, 41.

(Oct. 24 - Nov. 22)

SCORPIO

33.47

SAGITTARIUS

3, 5, 14, 16, 38.

AQUARIUS

CAPRICORN

(Dec. 22 - Jan. 20)

(Nov. 23 – Dec. 21)

Your natural charm and

diplomacy may be on

display at the beginning of

the week. If you want to

impress others whose help

you need, now could be

At midweek, you may

find your sensitive radar is

pinged and you become

overwhelmed by the emo-

tions of others. If you can,

retreating for a few days

If you look back over the

last six months, what

projects should be con-

tinued, and which should

be completed? Now may

also be a good time to

Capricorn's focus on struc-

ture may make it difficult

to believe in scmething

beyond mundane reality.

Now may be a good time

to focus on adopting a

Aquarians can have lofty

evolutionary goals for

themselves and humanity.

If you're feeling discour-

your time to shine. Lucky numbers: 9,

may help. Lucky numbers: 7, 9, 17, 24,

plan new activities. Lucky numbers: 2,

higher philosophy or belief system. Lucky

numbers: 13, 15, 16, 30, 32, 38.



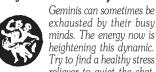
al healing opportunity for you or others. Be open to change. Lucky numbers: 15, 26, 30, 37, 42, 48. **TAURUS**

(April 21 - May 21)

You may receive a sudden, unusual insight that could help resolve an issue in your life. You might need to move quickly, though, to successfully take advantage of it. Lucky

numbers: 6, 7, 17, 24, 34, 35. **GEMINI**

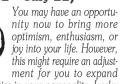
(May 22 - June 21)



minds. The energy now is heightening this dynamic. Try to find a healthy stress reliever to quiet the chat-

tering monkey in your head. Lucky numbers: 1, 6, 12, 18, 20, 41. CANCER

(June 22 – July 22)



those qualities in your personality. Lucky numbers: 12, 15, 18, 30, 33, 36. LEO

(July 23 - Aug. 23)

You might have a chance to be successful at an endeavour that could make your heart happy and help fulfill your life purpose. You may need

to consciously reach for this potential. Lucky numbers: 5, 13, 17, 27, 38, 42. VIRGO

(Aug. 24 - Sept. 23)

Big and bold is not Virgo's usual style. Right now, though, you may find an opportunity to manifest those qualities. How do you want to use this

energy? Lucky numbers: 3, 7, 17, 23, 43, 45.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 9.

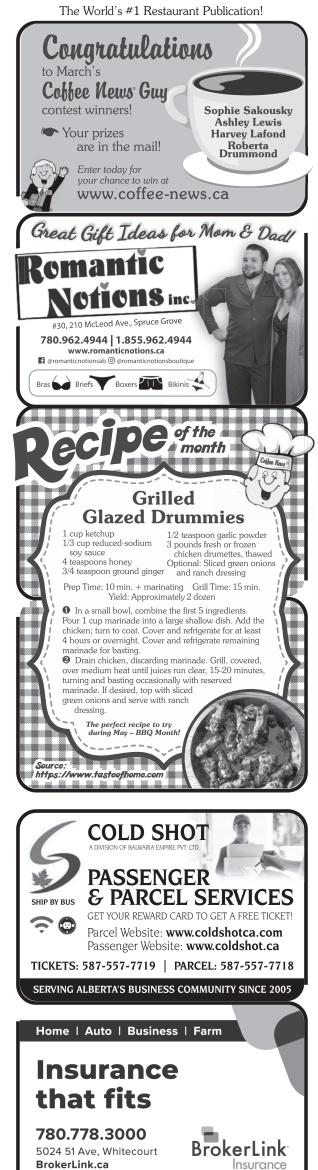
Did You Know..

Pen name: George Orwell (1903-1950), whose literary works include the well-known novels Animal Farm and Nineteen Eighty-four, was born Eric Arthur Blair. George Orwell was his pen name.

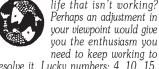
Eclectic flavours: In the province of Nova Scotia, Canada, people love their locally made "moon mist" ice cream. Its flavour has three unique parts: grape, banana, and bubble gum. The tri-colour treat is purple, yellow, and light blue.

Activist model: Canadian model Winnie Harlow has a skin disease called vitiligo, in which areas of the skin lack pigment. She is an activist for equality and diversity in the modeling industry.

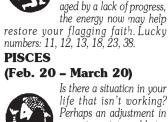
Skilled skier: Hermann Maier, a downhill ski racer from Austria, had a spectacular crash during an Olympic race in 1998. He emerged nearly unscathed and even won gold medals in other events a few days later. Major heist: One of the largest bank robberies in the world was the 2006 Securitas Depot robbery in Tonbridge, Kent, England. Thieves stole £53 million in cash. Authorities eventually caught some of the perpetrators.



(Jan. 21 - Feb. 19)



resolve it. Lucky numbers: 4, 10, 15, 19, 26, 47.



On the Lighter Side

The "old woman who lived in a shoe" wasn't the sole owner. There were strings attached.

Dit: "I see your arm is in a sling." Dot: "Yes, I get all the breaks.

What do golfers wear at the links? Tee-shirts.

Borrowing trouble from the future doesn't deplete the supply.

Knock! Knock! Who's there? Rupert. Rupert who? Rupert your left foot in, Rupert your left foot out.

Answers

4. Palindrome 5. Fletcher Trivia answers: 1. Uruguay 2. 279 3. Canning food

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24 - Whitecourt