

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397

www.coffee-news.ca

Services Offered

Furnace Repair
Hot Water Tanks
Drain Cleaning
Leak Repair
Sump Pumps
Gasfitting and more...

SS Plumbing & Heating

780-995-4140

FREE ESTIMATES NO HIDDEN FEES!

www.ssplumbingandheatingltd.com

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:
www.acaging.ca

780-423-7781 or toll free 1.888.423.9666
Email: office@acaging.ca

Be the voice for your community. **Become a Volunteer!**

Alberta Council on Aging
Let's Stop Ageism

Looking for the perfect event centre?
Look no further than SebaHub!

Our versatile space – a repurposed former school – offers a range of options, including creative studio, sports facilities, gym access, office space, and meeting rooms. Whether you're planning a variety show, dance performance, or just need extra room to spread out, our indoor and outdoor spaces are available for rent.

Contact us today to book your next event!

IDEAL FOR WEDDINGS, BIRTHDAY PARTIES, OR CORPORATE MEETINGS

SebaHub 780.909.6544
sebabeachbusinesscentre.com

THIS SPACE FOR RENT

780-220-6397

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

List for Less

Get more

MORE REAL ESTATE
You Deserve More

Flat Rate Listing Fee*

Our Clients Save Thousands! **

Exclusive Cash Back to Buyers Program***

Byron Marlin
REALTOR®

780.937.3458
byronmarlin@hotmail.com

www.morerealty.ca

* Does not include fee payable to buyer's agent
** Compared to typical commission rates *** Visit website for details

Let's Make A Deal!

We pawn, buy, sell, trade and consign a wide variety of products at our new location in Stony Plain!

Gold'n Loan Pawn Shop

CALL TODAY!
587-521-4653

201, 5007-48 Street | Stony Plain
goldnloan.com

GOT SOMETHING TO SELL OR PAWN?

Vol. 20 No. 22 May 29, 2023

Everybody's Talking

Adopted piglet: Last fall, a German farmer was tickled pink to discover that a baby wild boar had found a new family in his herd of cattle. Friedrich Stapel, of Brevoerde in the central part of the country, thinks the piglet got separated from her own family after crossing a river. Nicknamed "Frida," the wee adopted animal likes to follow the cows around the field, and the whole herd seems to have accepted her presence. She even munches on grass next to her new family members. Not wanting to leave her alone, Stapel planned to keep Frida over the winter, placing her in a barn with some of the mother cows.

Dating method: Ed Chapman was looking for love, but couldn't find it through traditional methods, such as dating apps or trying to meet someone through his friendship circles. So the young man from Leeds, England, tried a more eye-catching approach: he rented a billboard on a major highway for a week. The billboard featured a photo of Chapman, the words "Date Me," and an email where interested parties could reach him. On the first day the billboard went up, Chapman received a request for a date, and received numerous others in the weeks following. The next step was to go on a few dates and see if a like-minded person clicked with this enterprising young fellow!

Lost boys: The ending was the happiest one that any family could have imagined. Two young brothers, ages 6 and 8, were found alive in the Amazon jungle after being lost for almost a month. Glauco and Gleison Ferreira had been out bird catching near Manicoré in Brazil's Amazonas state. When they didn't come home, hundreds of area people joined emergency service workers to search for the pair. The boys' parents did not give up hope, and even after authorities called off the search due to rainy conditions, locals continued to look. Finally, a log cutter found them. While malnourished, both were fine, to the joy and relief of their parents.

Not too smart: If someone is on a police "wanted" list, it may be best to stay away from police stations. However, a criminal in South Africa's Mpumalanga province didn't consider this advice. For over seven years, Thomas Ngcobo, a delivery driver, was a wanted man because he had stolen computer products by taking packages to different addresses than what were indicated on the delivery slips. No one noticed until his manager did an invoice check on a missing item. Somehow Ngcobo managed to stay hidden from authorities, at least until he applied for a job as a police officer. When he entered a station to check on his resume, he was detained.

Quoteable Quotes

"There is nothing like staying at home for real comfort." —Jane Austen

"Celebrate what you've accomplished, but raise the bar a little higher each time you succeed." —Mia Hamm

What's Happening

June 24 - Hamlet of Robb - Centennial Event The Hamlet of Robb is celebrating 100 years with a full day of activities for all ages. There will be a Beer Garden, Children's Carnival, Food Trucks, Historical Display, Live Music many other surprises. Bring your family be a part of History!

May 26 - 27 - UFest Edmonton UFest Edmonton Ukrainian Festival is a celebration of Ukrainian culture, food, music, visual arts, crafts and dance. Taking place Friday 5pm-11pm and Saturday 11am-11pm, Borden Park 11020 75a St NW 102, Edmonton AB T5B 2C5

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

MERIDIAN CREEK RV STORAGE

Secure, Clean, Easy-Access Storage at a Fair Price

53322 SH779, Parkland County

Serving Parkland County at the same convenient location right off Highway 779 since 2010.

780.960.1110 | www.meridiancreekrv.com

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.

780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!

Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

THE ONE 88.1 FM

PARKLAND'S BEST COUNTRY

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources and Advice
- Adoption Information and Advice

www.smallmiraclesadoption.com

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore

www.dragonsofnibiru.com

Creating memories ...one vacation at a time!

NORDEGG VACATION RENTALS

Far from the hustle and bustle of city life, Nordegg is nestled in the peace and quiet of the Rocky Mountains. Whether you're interested in a weekend getaway or a longer vacation, we have the perfect house for you.

For more information: 1-855-NORDEGG (667-3344)

nordeggvacationrentals.ca

ISP COMPUTERS

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS - Your Tech 911

780-960-2150
Email: iain@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

- Trivia**
1. Which country won the first soccer World Cup in 1930?
 2. CCLXXIX is the Roman numeral for ____.
 3. Nicolas Appert invented a sterilization and sealing process for what?
 4. "No lemon, no melon" is an example of what kind of phrase?
 5. This is a person who makes arrows.

(Flip bottom of page for answers)

Great Gift Ideas for Mom & Dad!

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
www.romanticnotions.ca
@romanticnotionsab @romanticnotionsboutique

Bras Briefs Boxers Bikinis

25 WORDS OR LESS

WEEKDAYS 3PM
yesTV

HORIZON STAGE

Performing Arts Centre

2022-23 Season

Tickets available in person at the Border Paving Athletic Centre, #100, 9 Tri Leisure Way, or by phone at 780.962.8995.

Scan here for season details!

Dealing with anger, self hatred, unforgiveness, betrayal, addictions... find freedom and find your calling!

SPOKEN WORD MINISTRIES ASSOCIATION

"To Proclaim & Equip"

SWMA Podcasts available on iTunes & PodBean. Listen in!

For more info visit: swma.ca

Our Bakery features specialty coffees, baked goods, soups, and sandwiches. Dine-in, take it to go, or sip while you shop!

Homegrown Foods

#10 - 19 Granite Dr. Stony Plain
780.963.5305

Taste the Organic Difference!

Your Feet Will Thank You!

Certified Master Pedicurist for Seniors, Diabetics, Those With Toenail Troubles

Family Footcare & Reflexology

Colleen Waddell - Registered CMP, Certified Reflexologist
780.984.9774 | www.familyfootcareandreflexology.ca

www.3bsflowers.com 780-968-6938

Rural Delivery
Flowers
Houseplants
Weddings
Memorials
Mother's Day

THREE B'S FLOWERS

SCAN ME!

Get More Traffic, Leads & Sales

Website Development
Google Ads
Facebook Advertising
Social Media Management
SEO & Content Marketing
Reporting & Analytics

SCAN ME

Frontline web consulting 780.760.6922
frontlineconsulting.ca

Your Weekly Horoscope

ARIES
(March 21 - April 20)



Information about an old issue may emerge from your unconscious mind. If you focus clearly, this may provide an emotional healing opportunity for you or others. Be open to change. Lucky numbers: 15, 26, 30, 37, 42, 48.

TAURUS
(April 21 - May 21)



You may receive a sudden, unusual insight that could help resolve an issue in your life. You might need to move quickly, though, to successfully take advantage of it. Lucky numbers: 6, 7, 17, 24, 34, 35.

GEMINI
(May 22 - June 21)



Geminis can sometimes be exhausted by their busy minds. The energy now is heightening this dynamic. Try to find a healthy stress reliever to quiet the chattering monkey in your head. Lucky numbers: 1, 6, 12, 18, 20, 41.

CANCER
(June 22 - July 22)



You may have an opportunity now to bring more optimism, enthusiasm, or joy into your life. However, this might require an adjustment for you to expand those qualities in your personality. Lucky numbers: 12, 15, 18, 30, 33, 36.

LEO
(July 23 - Aug. 23)



You might have a chance to be successful at an endeavour that could make your heart happy and help fulfill your life purpose. You may need to consciously reach for this potential. Lucky numbers: 5, 13, 17, 27, 38, 42.

VIRGO
(Aug. 24 - Sept. 23)



Big and bold is not Virgo's usual style. Right now, though, you may find an opportunity to manifest those qualities. How do you want to use this energy? Lucky numbers: 3, 7, 17, 23, 43, 45.

LIBRA
(Sept. 24 - Oct. 23)



Your natural charm and diplomacy may be on display at the beginning of the week. If you want to impress others whose help you need, now could be your time to shine. Lucky numbers: 9, 13, 16, 18, 29, 41.

SCORPIO
(Oct. 24 - Nov. 22)



At midweek, you may find your sensitive radar is pinged and you become overwhelmed by the emotions of others. If you can, retreating for a few days may help. Lucky numbers: 7, 9, 17, 24, 33, 47.

SAGITTARIUS
(Nov. 23 - Dec. 21)



If you look back over the last six months, what projects should be continued, and which should be completed? Now may also be a good time to plan new activities. Lucky numbers: 2, 3, 5, 14, 16, 38.

CAPRICORN
(Dec. 22 - Jan. 20)



Capricorn's focus on structure may make it difficult to believe in something beyond mundane reality. Now may be a good time to focus on adopting a higher philosophy or belief system. Lucky numbers: 13, 15, 16, 30, 32, 38.

AQUARIUS
(Jan. 21 - Feb. 19)



Aquarians can have lofty evolutionary goals for themselves and humanity. If you're feeling discouraged by a lack of progress, the energy now may help restore your flagging faith. Lucky numbers: 11, 12, 13, 18, 23, 38.

PISCES
(Feb. 20 - March 20)



Is there a situation in your life that isn't working? Perhaps an adjustment in your viewpoint would give you the enthusiasm you need to keep working to resolve it. Lucky numbers: 4, 10, 15, 19, 26, 47.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 9.

Did You Know...

Pen name: George Orwell (1903-1950), whose literary works include the well-known novels *Animal Farm* and *Nineteen Eighty-four*, was born Eric Arthur Blair. George Orwell was his pen name.

Eclectic flavours: In the province of Nova Scotia, Canada, people love their locally made "moon mist" ice cream. Its flavour has three unique parts: grape, banana, and bubble gum. The tri-colour treat is purple, yellow, and light blue.

Activist model: Canadian model Winnie Harlow has a skin disease called vitiligo, in which areas of the skin lack pigment. She is an activist for equality and diversity in the modeling industry.

Skilled skier: Hermann Maier, a downhill ski racer from Austria, had a spectacular crash during an Olympic race in 1998. He emerged nearly unscathed and even won gold medals in other events a few days later.

Major heist: One of the largest bank robberies in the world was the 2006 Securitas Depot robbery in Tonbridge, Kent, England. Thieves stole £53 million in cash. Authorities eventually caught some of the perpetrators.

On the Lighter Side

The "old woman who lived in a shoe" wasn't the sole owner. There were strings attached.

Dit: "I see your arm is in a sling."
Dot: "Yes, I get all the breaks."

What do golfers wear at the links? Tee-shirts.

Borrowing trouble from the future doesn't deplete the supply.

Knock! Knock! *Who's there?* Rupert. *Rupert who?* Rupert your left foot in, Rupert your left foot out.

Answers

Trivia answers: 1. Uruguay 2. 279 3. Canning food 4. Palindrome 5. Fletcher

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

I BUY...

Non-restricted Firearms
pre-1990s Cars that need a little TLC
No parts cars or rust buckets!
World War II Collectibles

CASH paid!

call Jay: 780-686-1350

NWT SAFETY SUPPLIES

FIRE SALES & SERVICE

EXTINGUISHER

50 SHEP ST. SPRUCE GROVE
780 962 1778

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters

Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

Ready for a Winning Smile?

FRIENDLY DENTAL HYGIENE CARE FOR ALL AGES

- Direct billing to insurance
- Teeth whitening options
- Pain relief solutions, including needle-free options
- Relaxing office with TV viewing during treatment

Fees 13%+ lower than the AB Fee Guide!

Fairway Dental Hygiene

104, 3809-49 Ave. Stony Plain

587-990-GUMS (4867)
www.fairwaydentalhygiene.com
Book Online NOW!