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ADDITION AND MENTAL HEALTH Information & Referral - Calgary Zone

Alberta Health Services

Everybody's Talking

Adopted piglet: Last fall, a German farmer was tickled pink to discover that a baby wild boar had found a new family in his herd of cattle. Friedrich Stapel, of Brevoerde in the central part of the country, thinks the piglet got separated from her own family after crossing a river. Nicknamed "Frida," the wee adopted animal likes to follow the cows around the field, and the whole herd seems to have accepted her presence. She even munches on grass next to her new family members. Not wanting to leave her alone, Stapel planned to keep Frida over the winter, placing her in a barn with some of the mother cows.

Dating method: Ed Chapman was looking for love, but couldn't find it through traditional methods, such as dating apps or trying to meet someone through his friendship circles. So the young man from Leeds, England, tried a more eye-catching approach: he rented a billboard on a major highway for a week. The billboard featured a photo of Chapman, the words "Date Me," and an email where interested parties could reach him. On the first day the billboard went up, Chapman received a request for a date, and received numerous others in the weeks following. The next step was to go on a few dates and see if a like-minded person clicked with this enterprising young fellow!

Lost boys: The ending was the happiest one that any family could have imagined. Two young brothers, ages 6 and 8, were found alive in the Amazon jungle after being lost for almost a month. Glauco and Gleison Ferreira had been out bird catching near Manicoré in Brazil's Amazonas state. When they didn't come home, hundreds of area people joined emergency service workers to search for the pair. The boys' parents did not give up hope, and even after authorities called off the search due to rainy conditions, locals continued to look. Finally, a log cutter found them. While malnourished, both were fine, to the joy and relief of their parents.

Not too smart: If someone is on a police "wanted" list, it may be best to stay away from police stations. However, a criminal in South Africa's Mpumalanga province didn't consider this advice. For over seven years, Thomas Ngcobo, a delivery driver, was a wanted man because he had stolen computer products by taking packages to different addresses than what were indicated on the delivery slips. No one noticed until his manager did an invoice check on a missing item. Somehow Ngcobo managed to stay hidden from authorities, at least until he applied for a job as a police officer. When he entered a station to check on his resume, he was detained.

Quoteable Quotes

"There is nothing like staying at home for real comfort." —Jane Austen

"Celebrate what you've accomplished, but raise the bar a little higher each time you succeed." —Mia Hamm

What's Happening

May 27. Airdrie Childrens Festival. We aim to enrich the lives of children and celebrate cultural differences of all kinds, ALL FOR FREE! Check out events at airdriechildrensfest.com. Runs May 27 weekend.

Sept 16. Pet Valu Walk for Dog Guides. Sign up now and start fundraising for this VIP event hosted by the Airdrie Lions Club. The walk takes place at Nose Creek Regional Park on Sept 16, registration is at 11am. Contact airdrielionsclub@gmail.com.

June 10. Bark in the Park. Airdries 1st major dog event will consist of various competitive and agility events. This dog friendly event will take place on June 10, 10am-6pm. Nose Hill Park. Free to watch, register to enter your pooch.

Calgary International Pin Club 33rd Annual Festival of Pins Centennial Legion
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Donations of non-perishable food items will be gratefully accepted at the festival.

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GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

- Which country won the first soccer World Cup in 1930?
- CCLXXIX is the Roman numeral for ____.
- Nicolas Appert invented a sterilization and sealing process for what?
- "No lemon, no melon" is an example of what kind of phrase?
- This is a person who makes arrows.

(Flip bottom of page for answers)

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Your Weekly Horoscope

ARIES
 (March 21 - April 20)

Information about an old issue may emerge from your unconscious mind. If you focus clearly, this may provide an emotional healing opportunity for you or others. Be open to change. Lucky numbers: 15, 26, 30, 37, 42, 48.

TAURUS
 (April 21 - May 21)

You may receive a sudden, unusual insight that could help resolve an issue in your life. You might need to move quickly, though, to successfully take advantage of it. Lucky numbers: 6, 7, 17, 24, 34, 35.

GEMINI
 (May 22 - June 21)

Geminis can sometimes be exhausted by their busy minds. The energy now is heightening this dynamic. Try to find a healthy stress reliever to quiet the chattering monkey in your head. Lucky numbers: 1, 6, 12, 18, 20, 41.

CANCER
 (June 22 - July 22)

You may have an opportunity now to bring more optimism, enthusiasm, or joy into your life. However, this might require an adjustment for you to expand those qualities in your personality. Lucky numbers: 12, 15, 18, 30, 33, 36.

LEO
 (July 23 - Aug. 23)

You might have a chance to be successful at an endeavour that could make your heart happy and help fulfill your life purpose. You may need to consciously reach for this potential. Lucky numbers: 5, 13, 17, 27, 38, 42.

VIRGO
 (Aug. 24 - Sept. 23)

Big and bold is not Virgo's usual style. Right now, though, you may find an opportunity to manifest those qualities. How do you want to use this energy? Lucky numbers: 3, 7, 17, 23, 43, 45.

LIBRA
 (Sept. 24 - Oct. 23)

Your natural charm and diplomacy may be on display at the beginning of the week. If you want to impress others whose help you need, now could be your time to shine. Lucky numbers: 9, 13, 16, 18, 29, 41.

SCORPIO
 (Oct. 24 - Nov. 22)

At midweek, you may find your sensitive radar is pinged and you become overwhelmed by the emotions of others. If you can, retreating for a few days may help. Lucky numbers: 7, 9, 17, 24, 33, 47.

SAGITTARIUS
 (Nov. 23 - Dec. 21)

If you look back over the last six months, what projects should be continued, and which should be completed? Now may also be a good time to plan new activities. Lucky numbers: 2, 3, 5, 14, 16, 38.

CAPRICORN
 (Dec. 22 - Jan. 20)

Capricorn's focus on structure may make it difficult to believe in something beyond mundane reality. Now may be a good time to focus on adopting a higher philosophy or belief system. Lucky numbers: 13, 15, 16, 30, 32, 38.

AQUARIUS
 (Jan. 21 - Feb. 19)

Aquarians can have lofty evolutionary goals for themselves and humanity. If you're feeling discouraged by a lack of progress, the energy now may help restore your flagging faith. Lucky numbers: 11, 12, 13, 18, 23, 38.

PISCES
 (Feb. 20 - March 20)

Is there a situation in your life that isn't working? Perhaps an adjustment in your viewpoint would give you the enthusiasm you need to keep working to resolve it. Lucky numbers: 4, 10, 15, 19, 26, 47.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 9.

Did You Know...

Pen name: George Orwell (1903-1950), whose literary works include the well-known novels *Animal Farm* and *Nineteen Eighty-four*, was born Eric Arthur Blair. George Orwell was his pen name.

Eclectic flavours: In the province of Nova Scotia, Canada, people love their locally made "moon mist" ice cream. Its flavour has three unique parts: grape, banana, and bubble gum. The tri-colour treat is purple, yellow, and light blue.

Activist model: Canadian model Winnie Harlow has a skin disease called vitiligo, in which areas of the skin lack pigment. She is an activist for equality and diversity in the modeling industry.

Skilled skier: Hermann Maier, a downhill ski racer from Austria, had a spectacular crash during an Olympic race in 1998. He emerged nearly unscathed and even won gold medals in other events a few days later.

Major heist: One of the largest bank robberies in the world was the 2006 Securitas Depot robbery in Tonbridge, Kent, England. Thieves stole £53 million in cash. Authorities eventually caught some of the perpetrators.

On the Lighter Side

The "old woman who lived in a shoe" wasn't the sole owner. There were strings attached.

Dit: "I see your arm is in a sling."
 Dot: "Yes, I get all the breaks."

What do golfers wear at the links? Tee-shirts.

Borrowing trouble from the future doesn't deplete the supply.

Knock! Knock! *Who's there?* Rupert. *Rupert who?* Rupert your left foot in, Rupert your left foot out.

Answers
 4. Palindrome
 Trivia answers: 1. Uruguay 2. 279 3. Canning food 4. Fletcher

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Recipe of the month

Grilled Glazed Drumsticks

1 cup ketchup
 1/3 cup reduced-sodium soy sauce
 4 teaspoons honey
 3/4 teaspoon ground ginger

1/2 teaspoon garlic powder
 3 pounds fresh or frozen chicken drumsticks, thawed
 Optional: Sliced green onions and ranch dressing

Prep Time: 10 min. + marinating Grill Time: 15 min.
 Yield: Approximately 2 dozen

1 In a small bowl, combine the first 5 ingredients. Pour 1 cup marinade into a large shallow dish. Add the chicken; turn to coat. Cover and refrigerate for at least 4 hours or overnight. Cover and refrigerate remaining marinade for basting.
 2 Drain chicken, discarding marinade. Grill, covered, over medium heat until juices run clear, 15-20 minutes, turning and basting occasionally with reserved marinade. If desired, top with sliced green onions and serve with ranch dressing.

The perfect recipe to try during May - BBQ Month!

Source: <https://www.tasteofhome.com>

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