











Over Coffee!

Red Deer North Edition

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Everybody's Talking

Burnt offerings: Crusty on the outside and chewy on the inside sounds like a perfect combination for dinner rolls. However, the bread product in question is known as "heavyfired" or "well-fired" rolls, and they can be as black as extremely burnt toast on the outside. Bakeries in Scotland have made these buns for many decades, and often sell out of their day's supply early in the morning. Some people love the charred offerings, finding them addictive. Others think the buns are a huge joke, wondering how a bakery could possibly get away with burning their wares, and then selling them. There is even some debate about whether the burnt tops are carcinogenic.

Meme mark: Anyone who subscribes to a stock photograph site can obtain an image and use it for their own purposes, such as to accompany a magazine article or illustrate a concept in an advertisement. But a man from Molins de Rei near Barcelona, Spain, was surprised to discover that his face had become a meme for "the worst person you know." It happened because Josep Maria García had submitted his portrait to a photo site, where it was picked up and used to accompany a satirical magazine article. After getting used to the idea, García decided to joke about it, as he knows he is not a bad person.

Walking dog: A dog from Ouray, Colorado, is a celebrity, but not as part of a circus act. Dexter, a Brittany spaniel and beloved pet of Kentee Pasek, walks on his two hind legs. It's not a trick. As a pup, Dexter was injured in a mishap with a car, leaving him with the use of only his hind legs. Pasek got him a doggy wheelchair, but before long, Dexter had abandoned the chair in favour of walking upright on his hind legs. Today, he is well known through social media and by taking part in parades. His loving human takes good care of him and ensures that Dexter regularly sees the vet for check ups.

Dumpling drink: Lots of people enjoy eating gyoza, which are fried, boiled, or steamed meat dumplings that originated in China, where they are called jiaozi. Usually spiked with a bit of chili, ginger, and garlic, they are served with a vinegary sauce, making the flavour combination quite satisfying. A beverage company in Japan launched a soda they claimed tastes like gyoza, but the feedback has been mixed. Many people find the taste incongruent with a carbonated beverage, and say they prefer to eat their gyoza, not drink it. The bottled soda does attract the curious, who might dare friends and family members to give it a try.

Quoteable Quotes

"Stand for something or you will fall for anything." ~ Rosa Parks "You can make more friends...by becoming interested in other people than you can...by trying to get other people interested in you." ~ Dale Carnegie

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. Please provide three to four weeks' notice.

Hearts of Harmony present an Escape to the Sixties Concert June 17 at Gaetz United Church (4758-50 Street, Red Deer) at 2 p.m. For tickets, please call 403.358.2977.

Central Alberta Theatre 2023-24 Season General **Auditions** will take place June 19 & 20 at CAT Studios (4214-58 Street) from 6:30 to 10 p.m. To sign up for an audition slot or to request more information about the individual dinner theatre plays, or alternate audition times, please contact CAT Production Manager, Jeremy Robinson at 403.967.0522 or JeremyCentralAlbertaTheatre@gmail.com.



Trivia

- is when a caterpillar transforms into a butterfly. 2. A hock, knee, or elbow joint connects a chicken's drumstick
- 3. This is a large body of ice that moves over land.
- 4. The Battle of Waterloo was fought in present-day England, Belgium, or France?
- 5. What is a southerly buster?

(Flip bottom of page for answers)

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Your Weekly Horoscope

(March 20 - April 19)



Be aware of your mood, especially at the beginning of the week, particularly your temper.

If you are feeling aggressive toward in your life. It may be within others, look inward rather than starting an argument. Lucky numbers: 8, 19, 22, 28, 35, 43.

TAURUS

(April 20 - May 20)



This week may present a new opportunity for you to manifest some thing that advances

If you don't active ly seek it out, it might pass by. Lucky numbers: 4, 5, haven't addressed it. Lucky 17, 25, 35, 36.

GEMINI

(May 21 - June 20)



At midweek, you may have an opportunity to set a new intention and develop a plan around

it. This may require that you focus and decide among a group of options. Lucky numbers: 2, 3, 9, 18, 24, 47.

CANCER

(June 21 – July 21)



Emotions are usually close to the surface for Cancers. This may be especially true at the

end of the week. Take deep breaths and wait for these feelings to subside. Lucky numbers: 11, 16, 31, 36, 37, 41.

LEO

(July 22 - Aug. 22)



Leos have a natural charisma that may be highlighted now in conversations with

others. If you are looking for assistance, this may be the right time to ask for it. Lucky numbers: 9, 12, 18, 39, 40, 43. VIRGO



A nine-month phase is ending. The focus may have been on your role as a mother and/or as a child. What have you learned? of an old personality issue. How

How can it improve your relationships? Lucky numbers: 6, 7, 8, 20, 36, 37.

(Aug. 23 - Sept. 22)

You may be feeling stuck, but this could give you an opportunity to see the details

might you make a positive adjustment related to it? Lucky numbers: 7, 8, 13, 18, 19, 34.

Lucky numbers this week: This week's odds favour Leo winners, with the luckiest number being 9.

Did You Know...

Magical place: Parque Francisco Alvarado in Zarcero, Costa Rica, is quite a sight. That's because gardener and artist Evangelisto Blanco shapes hedges and shrubs into all manner of magical and abstract figures, such as animals, people, and archways.

Sweet heat: The datil pepper is grown near St. Augustine, Florida. It is guite hot, like a habanero, with a sweet, fruity flavour. Cooks like to use these peppers in hot sauces, pickles, and mustards.

Upright duck: A certain breed of duck actually looks more like a penguin. The Indian Runner duck's posture is upright. Rather than waddling, they can run but they cannot fly. They are raised mostly for their egg production.

Safest shelter: If a tornado is coming your way, the best place to shelter is in a basement or on the lowest level of the house or building. Choose a room without windows, such as a bathroom or closet.

The best: Only three movies have won all of the five major Academy Awards: Best Picture, Best Director, Best Screenplay, Best Actor, Best Actress. They are It Happened One Night (1934), One Flew Over the Cuckoo's Nest (1975), and Silence of the Lambs (1991).

On the Lighter Side

Knock! Knock! Who's there? Ooze. Ooze who? Ooze been telling you these terrible jokes?

We hired a doormaker the other day. She really knew how to make an entrance.

Bill: "What do you think of artificial respiration?" Will: "I'd rather have the real one."

A fisherman baits his hooks, but a bad student hates his books. The chocolate lover moved to Canada. She heard it was full of mousse!

luswers

4. Belgium 5. Strong southerly wind Itivia answers: 1. Metamorphosis 2. Hock 3. Glacier

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Balance is an important theme for Libras. The start of this week may highlight an imbalance

vourself or in a relationship with others. Lucky numbers: 5, 8, 22, 34, 37, 46.

SCORPIO

(Oct. 23 - Nov. 21)



For the past two-plus years, you may have felt pressured by an old karmic pattern.

your personal philosophy or beliefs. While this dynamic is ending soon, the pattern won't end if you numbers: 14, 16, 17, 26, 35, 40. **SAGITTARIUS**

(Nov. 22 - Dec. 20)



At the end of the week, your mind and emotions may be out of sync. Perhaps you

want to post pone important decisions for a few days until this disconnect passes. Lucky numbers: 15, 26, 28, 29, 34, 37. **CAPRICORN**

(Dec. 21 - Jan. 19)



There may be an opportunity toward the end of the week to step outside the com-

fort zone of your stable Capricorn nature. You might see the situation from a new angle. Lucky numbers: 1, 5, 7, 14, 24, 28.

AQUARIUS

(Jan. 20 - Feb. 18)



For the last month. your focus may have been on your career or legacy. Now is the

last week of this dynamic, so it may be an advantageous time to consolidate any gains. Lucky numbers: 3, 6, 18, 27, 31, 47. **PISCES**

(Feb. 19 - March 19)





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