Selective logging nd timber purchasing.

Call Shawn Stone today

403.318.4346











Your Hail Repair **Specialists**

RV, Stock & **Cargo Trailers**

RECYCLING • REPAIR • PARTS

Kelly Burke 403-846-8164 kcrvservice@gmail.com Rocky Mtn. House, AB. kcrvservice.ca

"News to be enjoyed over Coffee' **Rocky Mountain**

countrycoffeenews@shaw.ca

House/Nordegg Caroline/Eckville/ **Leslieville Edition**

403.304.4767

Volume #16 Edition 25

June 15, 2023 For advertising information contact **Veronica** today

Everybody's Talking!

Lying down: Everyone knows about ski competitions, bicycle races, and running marathons, but the village of Brezna, Montenegro, has a unique one. During their "lying down competition," people lie down for as long as they can. The compe-tition has taken place annually for over a decade; in 2022, the winner was Zarko Pejanovic. With the exception of allowable washroom breaks, this winner stayed prone for 60 hours, beat-ing out his nine competitors. The unusual event started because organizers wanted to make fun of the stereotype that people from Montenegro are lazy. Pejanovic was happy to take first prize, which included €350 in cash, plus other rewards.

Balancing act: Wang Yekun of Hong Kong really knows how to keep things in balance, quite literally! He puts various items on top of each other and figures out how to make them stay there. For example, he placed two bottles on the ground, positioned a third bottle on top of the first two, and then balanced a bicycle on top of the bottles. Other items he's used in his precarious arrangements include sewing machines, wrenches, gas cylinders, bricks, and cell phones. The skill started as a hobby, and now his patience has paid off. He has quite a following on social media by people who are amazed at his clever ability.

Salty wall: Although the action is not condoned by public health authorities, patrons of The Mission restaurant in Scottsdale, Arizona (U.S.), sometimes lick the establishment's walls. That's because the walls in question are made of Himalayan salt blocks. Owner Matt Carter got the idea to build pink salt walls after he visited a Chicago restaurant that boasted a room lined with salt rocks. He claims that he does not encourage his customers to stick out their tongues for a taste in his own restaurant, unless, of course, it is to lick the salt block that comes with the tortillas. Or patrons can buy a small block of Himalayan salt to take home with them.

Screamer: Ashley Peldon has a gift for screaming, and she is using it to make a living. Born in New York, N.Y. (U.S.), in 1984, Peldon has worked as a child actor in such shows as Guiding Light, That '70s Show, and Ghost World. Her ability to scream well has landed her voice roles in movies, television shows, and video games. In real life, people may scream for many reasons, including feeling emotions such as fear, rage, happiness, and grief. But an actor may not be able to scream on cue, regardless of their acting ability. That's where Peldon steps in, providing the exact feeling needed to make the scene come to life.

Quoteable Quotes

"Between what is said and not meant, and meant and not said, most of love is lost." ~ Kahlil Gibran

"When you don't slow down by choice, your body can make you slow down by force." ~ Katrina Leggins

What's Happening

E-mail countrycoffeenews@shaw.ca, Fax: 403-864-4459 or phone 403-304-4767 to have it printed here at NO CHARGE!

- **► Market Place on Main:** Starts June 29, Thursday's 5:30-8:30p Main Street Rocky. Artisan, fruits & vegetable vendors, live music & more.
- **☞ Drug Problem? We can Help -** Call Narcotics Anonymous for meeting times & locations 403-896-4178.
- ▼ Farmers Markets: Caroline Campground every Fri. 11-2p & Town & Country every Sat. 10-1p Rocky Museum, lower level at rear.
- Rocky Lions Club has tables & chairs to rent for functions in the community. Contact Kevin Harrold 403-846-3215.



's contest winner was T. Johnson. T. Johnson will receive a \$40.00 Gift Certificate from No Frills after spotting the hidden Coffee News Guy while reading the publication at Rainbow Ford. Congratulations!

hone number, along with where you read Coffee News to

Coffee News 37 Forest Dr. Sylvan Lake, AB T4S 1H4 or e-mail countrycoffee

Trivia

- 1.A triangle with at least two equal sides is equilateral, isosceles, or obtuse?
- 2. Backgammon originated near the Mediterranean Sea about 5,000 years ago—T/F?
- 3. A desert is one of the five kinds of biomes or climates?
- 4. Perseus, Heracles, or Apollo—who was the son of Zeus and
- 5. A grandfather clock is an analog or digital timepiece?

(Flip bottom of page for answers) © Published with permission by Country Coffee News www.ecoasolar.ca

Kid's Cuts start at \$15 Bring the Family Cut's for Men & Women • Great Prices Senior's Discount • Friendly Service Mon - Fri 9:00 - 5:00p Sylvan Lake





Now Carrying Omnicraft Quality Parts For All Makes & Models!

ANYTIME.

2-Year Unlimited Mileage Warranty!

Trust Omnicraft For All Mechanical Parts! Brake Pads -Rotors -Filters -Starters -Alternators -& More

Rocky Quick Lane Tire & Auto Centre





Your Convenience Store with More!

403-896-5527 • jkcustoms.ca



Coffee, Slushies & Milkshakes 27 Years Serving Rocky

10am-11pm Daily

FIT FOR ROYALTY

Now Offering... commercial and residential window tinting!

RoyAl Glass ♦ Windshields
♦ Mirrors ◆ Shower Doors ◆ Residential Windows ◆ Commercial Storefronts

403.887.0190

Bay #1 #2 Erickson Crescent

New in the Ear Rechargeable **Bluetooth Hearing Aids**



Signia Active Pro Charge on-the-go **High Defintion Sound**



 Tinnitus Therapy and testing

 Financing for hearing aids now available EYES+EARS

Railway Plaza, Rocky Mountain House 403 871 2020

eyesandearsrocky@outlook.com Sylvan Lake 403 887 5073 Ponoka 403 790 2020

Book Your Free Hearing Screen Today!

CLINIC (



Services Provided

HYGIENE

DENTAL

Professional Teeth Cleaning Dental X -Rays / Assessments

Follows Current Dental Fee Guide Dental Insurance Accepted Referrals - No Dentist on Site

Call or Text 403)845-4901

donnasdentalhygiene.ca 4528 D - 47 Ave RMH





*Thurs. July 6th - 6:30 pm

BAS

Tickets at the Gate

Free Camping with

Weekend Pass

ponsorship

Inquires:

103-588-5772

Buck Off Saloon

Thurs. July 6 - April Rush Fri. July 7 - Dylan Gillett

Sat. July 8 - Slow Walkin' Walter **Slack Performance**

Thurs. July 6 - 10am

Pro Rodeo

Fri. July 7 - 6:30pm

Sat. July 8 - 6:30pm

Sun. July 9 - 1:00pm

Residential
 New Builds

Commercial
 Renovations

www.townsendelectricalalberta.com



(March 21 - April 20)



You may have a good opportunity this week to address an old karmic wound. Try to have a conversation with some-one who can help you find a

resolution for this issue. Lucky numbers: 1, 7, 12, 14, 24, 37.

TAURUS

(April 21 - May 21)



At midweek, keep your eyes open for a sudden or unexpected opportunity that may surface. Don't immediately reject it because it's unusual, but

carefully examine the pros and cons. Lucky numbers: 2, 6, 16, 18, 39, 43.

(May 22 - June 21)

Geminis can see many possibilities and can connect individual pieces into a cohesive whole. You are entering a period where you may be able to offer these skills in service to others. Lucky

numbers: 6, 8, 17, 38, 41, 46. **CANCER** (June 22 - July 22)



The Sun is returning this month to the position where it was when you were born. This provides an opportunity for you to set new goals and plans to achieve them. Lucky numbers: 8, 20,

30, 31, 35, 47. (July 23 - Aug. 23)



Your ambition level and ability to communicate your ideas effectively to others may be heightened right now. How do you want to use this dynamic

to achieve your objectives? Lucky numbers: 12, 18, 38, 40, 42, 44. **VIRGO**

(Aug. 24 - Sept. 23)



Virgo has the ability to complete hard, detailed, and precise work that would be more difficult for other signs. This skill may be strengthened for you at

the week's end. Lucky numbers: 5, 20, 31, 34, 40, 43.

(Sept. 24 - Oct. 23)



You are entering an extended period where your focus may be on your role as a mother and/or as a child. This is an opportunity to address issues in

this area. Lucky numbers: 11, 12, 19, 27, 34, 47,

SCORPIO

(Oct. 24 - Nov. 22)



Have you experienced communication difficulties the last two weeks? Perhaps consider making an adjustment to your style. Remember that others

aren't always ready to see the truth. Lucky numbers: 9, 10, 15, 19, 26, 36.

SAGITTARIUS

(Nov. 23 - Dec. 21)



You are entering a period where your confidence may be challenged. Are there ways to adjust your behavior that could allow you to expand your sense

of self? Lucky numbers: 10, 13, 23, 26, 30, 31.

CAPRICORN (Dec. 22 - Jan. 20)



Capricorns like to feel in control, but right now that may not be the case. You may find ways to adjust things that might allow you to be

more flexible. Lucky numbers: 3, 13, 20, 30, 38, 46.

AQUARIUS (Jan. 21 - Feb. 19)



You may be very busy for the next few weeks. Plan time for relaxation if you become stressed. You are likely to be able to clearly communicate your ideas to others. Lucky numbers: 4, 5, 6, 22,

27, 47. **PISCES** (Feb. 20 - March 20)



You may receive a lot of information right now, but it may be more con-fusing than clarifying. It may contain an oppor-tunity, but be sure to review it care-

fully before deciding. Lucky numbers: 7, 14, 23, 26, 31, 40,

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 30.

Did You Know...

Old tree: The Alerce Costero National Park in Chile is the home of a very old tree, possibly the world's oldest. It's a Patagonian cypress known as Gran Abuelo ("great-grandfather") and is estimated to be almost 5,500 years old.

Scenic road: Only one road goes to a village called Cuevas del Agua in northern Spain. Travelers must drive on a narrow roadway that goes through a 300-metre (984-ft.) natural cave, complete with stalagmites and stalactites.

Hear the sound: When movie viewers hear raindrops pattering on a window or piano keys tinkling under someone's fingers, this is "diegetic" sound. The sound happens while the action takes place in the film; it is not added later.

Multi-talented: American musician Prince (1958-2016) played at least 27 instruments, including guitar, bass, piano, drums, and orchestral bells. He also wrote many hit songs performed by others, such as "Manic Monday" by The Bangles.

Delightful sandwich: A restaurant in Brookings, South Dakota (U.S.), serves a specialty of the state: pheasant sandwich. Made from the meat of this wild fowl, the restaurant's version also includes apples, cranberries, and pecans.

On the Lighter Side

- My brother got a job making telescopes. Things are really looking up.
- Son: "Why did you buy this TV? It's stuck on full volume." Dad: "I know. It was so cheap, I couldn't turn it down."
- Why are fish such terrible basketball players? They're afraid of the net.

• The sheep all went into the barn together. They were tightly

- Knock! Knock! Who's there? Thermos. Thermos who? Thermos be a better joke than this one!

Auswers

Trivia answers: 1. Isosceles 2. True 3. Biomes

4. Heracles 5. Analog





Medical Equipment Lending

Open Monday to Thursday

9:00am - 5:00pm

403-845-7470

melsociety@telus.net www.melsociety.ca

a 403-845-2194

Bay 2, 4907 – 44 Street Rocky Mountain House, AB Box 2227 Rocky Mountain House, AB T4T 1B6



HIGH ELECTRIC BILLS?

ecoa sola

www.ecoasolar.ca 1-855-748-6321

Find Out How Much You Can Save Today! Serving Central Alberta



Electric Gates Residential & Commercial Chain Link, Vinyl & Wood Fencing

403-845-9702

info@midwestfencingrmh.com

FLAGS * FLAGS Provincial

International Military · Novelty Flag Poles

5215-54 Avenue, Red Deer 403.340.0109 · cyrher@gmail.com

C & R ENDEAVORS LTD





5114 - 50 St. Eckville 403-746-0226 www.powersenterprises.com

