

55 or older? Retired or semi-retired and want to make a difference? If so, we want to hear from you!

We are recruiting volunteer Literacy Tutors

to work 1-on-1 with Albertans to increase their basic reading, writing and math skills. Tutors receive training, computer skills and a free laptop to provide services in-person or virtually.

To learn how a few hours a week of your time allows individuals struggling with low literacy to succeed, call 403-341-7811 and register for a noon hour information session. Lunch is on us!



Funded by the Government of Canada's New Horizons for Seniors Program



FREE! **Coffee News**®
 "News To Be Enjoyed Over Coffee!"
Red Deer South Edition
 403.550.1957
 e-mail: coffeenews@centralalberta.com
 online version at: coffeenewsonline.com/canada/centralalberta
 www.centralalbertacoffeenews.com Vol. 29 No. 1:26 June 26, 2023

◆ Christmas ◆ New Year's ◆ Weddings ◆ Valentine's ◆ Grad ◆ ...and more!
Make Your Special Occasion Unforgettable with
ARROW LIMOUSINE
 SEDAN AND PARTY BUS LTD.
Call 403-346-0034 to reserve

www.boatmart.ca
 Sales • Parts • Service • Accessories
Boat Mart RED DEER LTD.
 403.342.7015 8027-Gaetz Avenue, Red Deer
 Alumacraft ◆ Evinrude ◆ Mercury ◆ MerCruiser

ROOF RUNNER ROOFING
 roofrunnerroofing@hotmail.com
 ▶ Prompt Service
 ▶ Clean Sites
 ▶ Superior Results
403.550.2674

CASH FOR SCRAP! **WE ACCEPT ALL KINDS OF METAL!**
BULLDOG METALS LTD 403.347.5815
 www.bulldogmetals.net
 We buy all metal types and sizes, (Pb) Batteries + Free Bin Service, and Farm Cleanups

Injured? Now What? We Help - A Lot!
Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation
 Offices in: Red Deer, Edmonton, and Calgary
WIN one of three \$400 prepaid Visa cards awarded monthly
 Scan Once Weekly for Max. Entries
 YOUR CONTACT INFORMATION IS SAFE WITH US!
 For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

This Space Is Available
 Book NOW to ensure a spot in upcoming issues
Call Bryon now at 403.550.1957

Open all Summer!
YOUR PLACE FOR SPECIAL EVENTS & ACTIVITIES...
 • Whist Tournament first Thurs. each month
 • Crib Tournament third Thurs. each month
 • Lunch daily, 11 a.m. - 1 p.m.
SENIORS' DOWNTOWN HOUSE
 FACILITY RENTAL AVAILABLE
 Call 403.346.4043 for information | 5414-43 Street, Red Deer

Everybody's Talking

Watery mirror: The denizens of the city of Mitoyo, on Japan's Shikoku Island, wanted to attract tourists, so they held a photo competition in 2016. One of the submitted photos, taken at the Chichibugahama Beach, was so amazing that the city used it as a marketing ploy. The gorgeous photo showed colourful clouds and sky, shoreline, and people appearing as double images, one that is the real thing and the other a reflection in the calm, clear water. The city's website contains information about the best time to visit and provides tips on composing photographs at the location. Now many tourists come to the once-unknown beach to see its beauty.

Game stopper: This story has a happy ending, but at first a soccer player in Paraguay worried that his prank had turned out badly. In 1957, Roberto Gabriel Trigo, who was a teenager at the time, jokingly told his pilot friend Alfredo Lird to stop buzzing the soccer field during practices and games, or else he'd kick a ball at the plane. Trigo did kick a ball at the plane, never dreaming that it would hit its target. When it did, the plane crashed in a nearby field. By some miracle, no one was hurt and the game continued. The pilot and the soccer player remained friends after the incident, which is still famous in the country's soccer circles.

Double duty images: Veks Van Hillik is a tattoo artist from France who provides a little bit of extra creativity to his clients: they end up with two-in-one tattoos. That's because Hillik designs his inked images on people's legs or arms, but when they unbend their knees or elbows, the image expands into something different. The artist uses black and white inks to create surreal and gothic works of art. A fish's head on a bent knee turns into a butterfly when the client stands up, while a close-mouthed frog tattooed on an arm turns into an open-mouth reptile as the elbow is unbent. When he is not creating images on skin, Hillik paints fascinating images on canvas.

Recovered phone: Things can get lost when people are boating on the River Wye near Cinderford, Gloucestershire, England, as Owain Davis learned. While canoeing on the body of water with his fiancée, Davis's phone fell out of his pocket, never to be seen again, or so he thought. Imagine his surprise when he discovered, through a friend who had seen a notice on social media, that his phone had been found 10 months after he'd lost it. A man named Miguel Pacheco saw it in the mud, dried it out, and charged it up. Pacheco shared photos on social media of the phone he'd found, and the responses led him to Davis.

Quoteable Quotes
 "No one can make you feel inferior without your consent."
 ~ Eleanor Roosevelt
 "Don't explain your philosophy. Embody it."
 ~ Epictetus

What's Happening

Non profit organizations and charities - promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. **Please provide three to four weeks' notice.**
 • Enjoy **Live Music on Ross Street Patio** (4930B-50 St.) Tuesday and Wednesday from 4:30 to 6:30 p.m. and Thursday and Friday from 12 to 1:30 p.m. through October. For more information, please call 403.340.8696 or email Events@downtownreddeer.com.
 • **Hearts of Harmony Chorus** is always looking for new members. We rehearse at 6:30 p.m on Monday evenings and if you are interested in singing with us (a cappella), please contact Donna at 403.352.7304. If you might be interested in having us sing at your event, please contact Sheila at 403.358.6428.

Where's Newman?
 Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.
ENTER TO Win A \$50 GIFT CERTIFICATE!
 Actual size of the hidden graphic:
 To submit your entry today, visit the contest page at www.centralalbertacoffeenews.com

Trivia
 1. Nigeria's official language is Igbo, English, or Yoruba?
 2. Does a dragon, unicorn, or centaur adorn the Welsh flag?
 3. A variety of rhythms played together is syncopation, staccato, or downbeats?
 4. Antarctica or Asia is the highest, driest, windiest continent?
 5. The Trek to Petra is a hike in Jordan, Egypt, or Israel?

(Flip bottom of page for answers)

KNOWLEDGEABLE EXPERT CUSTOMER SERVICE TEAM!
 One stop shopping for all your
OFFICE SUPPLIES
Prairie OP office plus
 403.347.2286
 orders@prairieop.com
 www.prairieop.com
 Visit our showroom!
 100 - 6660 Taylor Dr., Red Deer
100% CANADIAN OWNED AND OPERATED

Central88 Hotshot Ltd. Light Haul Trucking
 WITHIN ALBERTA
 Call/text or email Jackie
403-877-4839
 central88hotshot@gmail.com

MP Minuteman Press
 WE DESIGN, PRINT & PROMOTE...YOU!
 P: 403-348-0302
 F: 403-348-0332
 E: print@mmpress.ca
 W: mmpress.ca
 • printing
 • promotional items
 • mailing services

Experience our Difference
RED DEER MOTORS
 6720 Johnstone Drive / Red Deer
403.347.7777 / www.reddeermotors.com

The benefits of advertising with the Central Alberta **Coffee News**
It's All Positive!
 Coffee News provides businesses the benefits of advertising in a positive environment. People choose to read the Coffee News, making it the ultimate in Permission Marketing.

We specialize in Residential Service and repair, including:
 • BBQ Gas Line Installs
 • Water Heaters and Plumbing
 • Fixture Installation and Repairs
TARZAN & JANE PLUMBING HEATING AND DRAIN
 Like & Follow Us facebook
 TYLER SUNDGAARD
 587.877.4553 | tarzandjaneplumbing@gmail.com

WE COME TO YOU!
CHANELLE'S MOBILE HAIR CARE
 Proudly serving Red Deer and area
CHANELLE FORTH
 Licensed Stylist
587.876.3064
 chanellemobilehaircare@gmail.com

© Copyright 2023. No material, text or advertising may be reproduced without the express written consent of the Publisher.

One stop shopping for your special Dad!

FATHER'S DAY JUNE 18

See us for all your hunting, fishing and camping needs!

THE **SPORTSMEN'S DEN**

403.347.7678 • #6, 7667-50 Ave., Red Deer

Your Weekly Horoscope

ARIES

(March 20 – April 19)



You may be experiencing a continuing period of addressing old karmic wounds. One element of doing so is to understand what you value and to bring your life into alignment with it. Lucky numbers: 9, 10, 11, 19, 20, 32.

TAURUS

(April 20 – May 20)



You may feel the desire to break free of a restriction. An open and honest conversation may clarify how to change the situation or if you need to move on. Lucky numbers: 7, 8, 10, 18, 25, 44.

GEMINI

(May 21 – June 20)



Emotion may be getting in the way of your usual mental process. This should pass soon, but you may want to see if you can successfully incorporate these feelings instead. Lucky numbers: 5, 14, 16, 21, 30, 48.

CANCER

(June 21 – July 21)



For the next few weeks, there will be a strong link between your mind and your feelings.

Consider using this connection to negotiate through difficulties you may be having with others. Lucky numbers: 2, 4, 13, 41, 44, 45.

LEO

(July 22 – Aug. 22)



Leo's goals are often personally oriented. Over the next six months, you may be presented

an opportunity that asks you to expand your efforts to a bigger horizon. Consider it carefully. Lucky numbers: 6, 12, 22, 25, 32, 35.

VIRGO

(Aug. 23 – Sept. 22)



You are entering a period where you may feel out of sorts from your normally grounded personality. How can you positively use this dynamic to expand beyond your comfort zone? Lucky numbers: 11, 16, 22, 43, 46, 47.

Lucky numbers this week: This week's odds favour Sagittarius winners, with the luckiest number being 23.

LIBRA

(Sept. 23 – Oct. 22)



Your natural diplomatic talents are highlighted at the beginning of the week. For the next few days, if you step forward, you may be able to help resolve a conflict. Lucky numbers: 3, 8, 18, 26, 28, 38.

SCORPIO

(Oct. 23 – Nov. 21)



At midweek, your ability to pick up on the emotional vibes of others may be heightened. This could become intense, so find a way to retreat if that is available to you. Lucky numbers: 8, 10, 15, 24, 40, 41.

SAGITTARIUS

(Nov. 22 – Dec. 20)



Your natural optimism may increase at week's end. This could be good for accomplishing your goals, but be aware if you are overreaching on risk taking. Strive for a reasonable balance. Lucky numbers: 4, 9, 13, 23, 28, 32.

CAPRICORN

(Dec. 21 – Jan. 19)



Encountering obstacles in interactions with others? Perhaps you should consider adjusting your way of communicating to connect positively with them. This could help get you to a win-win. Lucky numbers: 1, 2, 10, 19, 27, 41.

AQUARIUS

(Jan. 20 – Feb. 18)



Humanitarian service is an important theme for Aquarius. Over the next six months, look for opportunities that may help manifest it, but wait until this period ends before proceeding. Lucky numbers: 10, 11, 13, 14, 19, 36.

PISCES

(Feb. 19 – March 19)



Over the next six months, an old issue may surface that you previously have not been able to see clearly. Insight you get now could help you resolve this matter. Lucky numbers: 12, 26, 30, 35, 36, 47.

Did You Know...

Rough estimate: The frequency of a cricket's chirping can estimate the temperature, a principle called Dolbear's law. Count the number chirps from one cricket in 15 seconds, and then add 40 to that number to get a Fahrenheit temperature.

Laughing name: Towns have all sorts of names, but one in the province of Québec is called Saint-Louis-du-Ha! Ha! It is the only town anywhere in the world with two exclamation marks in its name. Very funny!

Grape tradition: Uvas de la suerte is a New Year's Eve tradition in Spain and some Spanish-speaking countries. Eating 12 grapes at exactly midnight brings good luck in the new year. Some make a wish on each grape.

Train trip: In the late 1800s, Le Petit Train de La Mure (Little Train of La Mure) in France hauled coal from mines from the French Alps. Today, tourists take it for a scenic route through the mountains.

Cookbook haven: The Notting Hill district of London, England, is the home of Books for Cooks, a store that sells cookbooks of all kinds. It also offers a café featuring dishes made from recipes from the store's books.

On the Lighter Side

Diner: "Waiter, this lobster only has one claw."

Waiter: "It must have been in a fight."

Diner: "Well then, bring me the winner."

How do archers get in shape? They do arrowbics.

Two men walked into a bar. You'd think one of them might have seen it!

Knock! Knock! *Who's there?* Dots. *Dots who?* Dots for me to know, and you to find out!

A scientist wanted to clone a deer. So he bought a doe-it-yourself kit.

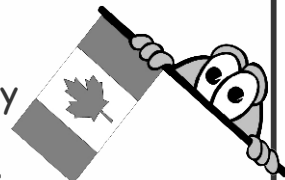
Answers

Trivia answers: 1. English 2. Dragon 3. Syncope 4. Antarctica 5. Jordan

© Published with permission by Fargy Ink
For available franchise opportunities, visit www.coffeenewscanada.com

FLAGS ★ FLAGS

Provincial
International
Military • Novelty
Flag Poles



5215-54 Avenue, Red Deer
403.340.0109 • cyrher@gmail.com

C & R ENDEAVORS LTD.



Senior Drop-in Bowling!



Seniors (50+) are invited to stop by for fun every **Tuesday and Friday** at 10 a.m. \$8 fee includes two games of bowling, shoe rental, coffee/tea and snacks! For more information, please call 403.309.6387

Come out and join us!

Heritage Lanes

PRESERVE • PROTECT • REJUVENATE • RESTORE



BRIGHT GREEN ROOF

SAVE \$\$\$!

SHINGLE PRESERVATION

Our eco-friendly treatment will add 15 years to your roof's life and restores the original colour and appearance!

Visit www.bgrreddeer.com for more info or to book your free quote or call 403.340.9007

For any legal needs pertaining to real estate, wills and estates, business purchases/sales or general corporate/commercial matters, please contact me.

Warren Sinclair LLP
LAWYERS
is a highly respected central Alberta law firm with offices in Red Deer, Delburne and Rimbey. Our legal professionals have consistently been sought out for their commitment to excellence, service and value.

Joe Rattan LAWYER
jrattan@warrensinclair.com
O: 403.343.3320 www.warrensinclair.com

E-Bikes and E-Scooters

\$1,899⁹⁹

48v 500w Fat Tire Step Through

BATTERY BOSS .ca 403.343.3399

#5, 7803-50 AVE. RED DEER

Stay and Play!

18 holes of affordable, fun, yet challenging golf only minutes away...plus a full service RV park!

The new **SC**

RV Park 403.314.9577
Golf 403.342.2830 | www.reddeergolf.com

SPIRIT CREEK GOLF & RV PARK

QUALITY AND AFFORDABILITY SINCE 2001

QUEST Signs & Decals Inc.

403.346.1011

office@questsigns.ca | www.questsigns.ca
#6, 7476-49 Avenue, Red Deer

- Exterior Signage
- Channel Letters (Lit & Unlit)
- Custom Shapes
- Vehicle Graphics
- Custom Pylon Signs
- Retro-fit to LED

Hoping this school year will be better, is not a plan.

Sylvan Learning- 403-341-6110

Sylvan Learning Tutoring 2 hours per week, IS a plan.

reddeersylvanlearning.ca

See website for specials.

K-12 Tutoring, Camps and kids' technology classes.

GET SUMMER SPORTS TROPHIES NOW!

Baseball, Soccer, Basketball and Cornhole Trophies

Trophy Loft

403.347.5030 | trophyloft.com

Coffee News®

CONTEST WINNER

BEV BOYCE is our May Contest Winner!

Bev will receive a \$50 gift certificate from our contest sponsor

403.346.9400
4701-50 Street, Red Deer

2 For 1 FAMILY PIZZA

DEER PARK VILLAGE
An OPTIMA LIVING Community

Let us welcome you home
403-309-6333
deerparkseniors.ca

Formerly known as The Hamlets at Deer Park

Scan or call to book your visit

6 Daykin Street, Red Deer, AB

Springbrook MARKET

June 24
10 am - 5 pm

Harvard Historical Aviation Museum Green Space

SHOP FROM OVER 25 VENDORS!