


**THIS SPACE  
FOR RENT**  
**780-220-6397**

**FREE!** *New Issue Every Week!*  
**Coffee News**<sup>®</sup>  
"News To Be Enjoyed  
Over Coffee"  
**St. Albert  
Edition**  
**780-220-6397**  
www.coffee-news.ca



Vol. 20 No. 23 June 5, 2023

**Everybody's Talking**

**Video haven:** Making videos for social media platforms has become quite prevalent, but perhaps nowhere as much as in a small village called Tulsī in Chhattisgarh State, India. With a population of about 3,000, more than one-third of Tulsī's residents are in the business of making and posting their very own videos. A few years ago, friends Gyanendra Shukla and Jai Verma quit their jobs to make videos. In no time, they were making good money from their endeavours, and many of their neighbours decided to give it a try, too. Videos from the village cover topics like music, education, do-it-yourself information, and even original dramas. Maybe one day a village star will reach the big screen.

**Taking offense:** For a while, motorists in Spain's Balearic Islands may have had a way out of their traffic infractions. There was a man whom they could call and, for a charge, he would take the blame for strangers' violations. That kept their driving records unblemished. Before getting caught, the unnamed man had "helped" almost 100 people. Authorities eventually caught on when they realized the man had admitted to two different driving offenses in one day, but those offenses had happened too far apart for him to have been in both places. They also noticed that his licence had been suspended long ago because he had collected so many demerits for other people's violations.

**Bright road lines:** Those traveling on a one-kilometre (3,281-ft.) stretch of road in the Australian state of Victoria may have thought they'd come upon a science fiction movie set. That's because the route was the test site for a new kind of highway line that glows in the dark. For the markings, an Australian company called Tarmack Linemarking used a photoluminescent coating, which stores the sun's light and then emits it at night. The new substance worked well, with the lines being quite visible for night drivers, making travel safer. The only drawback of the "photoluminescent delineation treatment," as it's called, is that after overcast days, the lines may lose their "glow."

**Going barefoot:** A young man from Cambridge, England, doesn't like wearing shoes, and he has proven as much by throwing away all of his footwear. Since 2021, George Woodville has been going barefoot all the time, and he does not care what the weather is like, saying his feet get used to being both hot and cold. He's run into a few problems along the way, such as grocery store owners kicking him out due to his dirty feet. However, Woodville is more than willing to dunk his feet into a pail of water to tidy them up for fussy merchants. Some people must love the idea because he has many followers on his multiple social media platforms.

**Quoteable Quotes**

"Only a fool tests the depth of the water with both feet."  
—Proverb  
"Don't waste a minute not being happy. If one window closes, run to the next window—or break down a door."  
—Brooke Shields

**What's Happening**

**Jun 2 - Commemorating Seniors week** Wildrose Polio Support Society is hosting lunch and presentation by Alberta Alzheimer Society at the Royal Canadian Legion in St. Albert on June 2. Register 11:30, lunch 12noon, and presentation Keeping our brain healthy as we age at 1pm. Tickets 780 428 8842

NON profit organizations may submit events for FREE at  
www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**  
To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)  
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!  
**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

**Trivia**

1. This fleshy tissue hangs down near the back of the mouth.
2. A \_\_\_\_ is a wheel with a rope, cord, cable, chain, or belt on its rim.
3. Waitangi Day celebrates what country's founding document?
4. Did the Edmonton Oilers win the Stanley Cup between 1956-1960?
5. How long is the gestation period for an elephant?

(Flip bottom of page for answers)

(Over)

**HIP OR KNEE REPLACEMENT?**  
THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500**  
YEARLY TAX CREDIT  
**\$30,000**  
LUMP SUM REFUND  
CPD, arthritis, and many other disabling conditions that cause  
**Restrictions in Walking or Dressing** may qualify.  
FOR EXPERT HELP:  
**1-844-453-5372**



**UH-OH!**  
**DON'T WORRY -**  
**We repair damage to leather, vinyl, plastic and fabric.**  
**COLORGlo**  
NORTH EDMONTON  
For a free estimate, call **780.239.7917**  
AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL



**IS ADVENTURE ON YOUR BUCKET LIST?**  
**Learn to Scuba Dive**  
Ask about our Buddy Special  
**Discover Snorkeling**  
1-Hour Lesson at the Pool!  
Snorkeling Sets for the Family  
**The Dive Outfitters**  
Scuba Diving & Snorkeling  
**780.483.0044**  
11781-156 St., Edmonton  
[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca)  
SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



Weekly • Bi-Weekly • Monthly • One-Time Cleaning  
**We do one thing - Clean!**  
Professional and personalized cleaning service:  
Residential & Commercial Cleaning  
Detail Cleaning • Basic Cleaning  
Move In/Move Out  
New Construction  
**YOU HAVE IT MAID CLEANING SERVICES**  
COVID-19 TRAINED  
SECURITY CLEARANCE  
[www.youhaveitmaid.ca](http://www.youhaveitmaid.ca)  
Call Lynn today for a free quote: **780.721.6789**



THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS  
**Complete Automotive Service Repairs:**  
✓ We sell summer and winter tires ✓ Tune-ups  
✓ Lube/Oil/Filter Services ✓ Wheel Alignments  
✓ Vehicle Inspections ✓ A/C Recharge and Repairs  
**CAR CANADIAN AUTO REMARKETING**  
780.569.0654  
#109-25 Chisholm Ave., St. Albert  
[WWW.CANADIANAUTOREMARKETING.CA](http://WWW.CANADIANAUTOREMARKETING.CA)



**Are your ducks all in a row...?**  
Offering years of paralegal experience to assist you by preparing documents such as:  
• Last Will and Testament  
• Enduring Power of Attorney  
• Personal Directives  
**WILLPOWER WILLS**  
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.  
**780-418-7611**  
Call Terri today for a FREE consult.  
TERRI BRUNNING



**When YOU Get Paid We Get Paid**  
We're Here To Help You When You Need Results!  
**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
**Free Initial Consultation**  
Offices in: Edmonton, Red Deer, and Calgary  
**WIN** one of three \$400 prepaid Visa cards awarded monthly  
Scan Once Weekly for Max. Entries  
For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)



like us  
We are your Apple experts!  
**one bite technology**  
587.290.0200  
[www.onebitetechnology.ca](http://www.onebitetechnology.ca)  
Retail store now open!  
22A Muir Drive, St. Albert

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

**Rediscover Your Youth and Vitality!**  
PhytoZon® - Science - Nutrition  
✓ Fast Results - Brain/Body Balance  
✓ Increased Strength, Energy, Vitality  
✓ Joint Health, Flexibility  
**PhytoZon**  
500+ Clinical Studies  
Patented Ingredients  
DOCTOR APPROVED CLINICALLY TESTED  
[www.americandream4me.com/beginnow](http://www.americandream4me.com/beginnow)




**TELL a Polio Survivor About US!**  
**Wildrose Polio Support Society**  
780.428.8842 | [www.polioalberta.ca](http://www.polioalberta.ca)

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS  
**Auto Sales:**  
✓ Shop with total confidence ✓ Financing available  
✓ Large selection of pre-owned cars  
✓ We also buy cars - inquire for details!  
**CAR CANADIAN AUTO REMARKETING**  
780.569.0654  
#109-25 Chisholm Ave., St. Albert  
[WWW.CANADIANAUTOREMARKETING.CA](http://WWW.CANADIANAUTOREMARKETING.CA)



Offering the latest in dental technology... to make your visit as comfortable as possible!  
Fillings  
Same Day Crowns  
Digital Imaging  
Digital Impressions  
Hygiene Care • Invisalign  
**citadel dental**  
#250, 665 St. Albert Trail, St. Albert  
587.805.0340 | [reception@citadeldental.ca](mailto:reception@citadeldental.ca)  
Dr. Melonie MacDonald  
General Dentist  
Book online!  
[www.citadeldental.ca](http://www.citadeldental.ca)  
We are KID friendly!



**WHY RENT ...when you can BUY?**  
You may be financially ready - and don't even know!  
Call George about real solutions to build equity:  
**780.982.4247**  
[www.georgevandewalle.com](http://www.georgevandewalle.com)  
GEORGE VAN DE WALLE



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
*They are the next Finest candles you will EVER find!*  
**PSC Prairie Scented Candles**  
Sunset Scents  
a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)



**inogen**

**FREEDOM. TO BE YOU.**

Call 1-888-998-6714 for a free consultation.

MKT-PO240

Do you have a favourite quilt that needs repair?

**Longarm Quilting Services**

**QUILTING**

Offering a variety of quilting services

- Longarm Quilting • Digital Edge2Edge
- Competitive Rates • Friendly Environment

Free Quote!

780.554.1350 | reidse@shaw.ca

**Exclusive offer for Facebook and Google Ads**

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922

**Need ONE More Reason to Join?**

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

**BLUE BLOODS**

MON - THURS 9:00

yesTV

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**WINTER CLEARANCE**

Save Up To

**50%**

Off Our Already Low, Low Prices

**Direct Workwear Ltd.**

5361 Gateway Blvd NW, Edmonton AB  
Open 7 Days A Week

Where your pet gets a vacation too!

**BlackPaws**  
Pet Resort & RV Storage

Why choose us for your dog boarding needs?

- Acres of play areas! • Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

BOOK TODAY...your pet will thank you!

26106 Twp Rd 552, Sturgeon County  
780.984.5718 | [blackpawspetresort.ca](http://blackpawspetresort.ca)

Less dogs, more space... a tired dog is a good dog!

# Your Weekly Horoscope

**ARIES**  
(March 21 - April 20)

You are more than half-way through an eight-year cycle where old wounds resurface in order to be healed. This week may be good for obtaining information that can help. Lucky numbers: 8, 17, 23, 32, 34, 39.

**TAURUS**  
(April 21 - May 21)

An unexpected opportunity could suddenly appear this week, and you might be more open to seeing it than you usually would be. You may want to examine it carefully before deciding. Lucky numbers: 3, 5, 19, 22, 38, 47.

**GEMINI**  
(May 22 - June 21)

Gemini is one of the signs that is good at picking up information from the ethereal realm. Your ability to do so could be heightened over the next few weeks. Lucky numbers: 6, 9, 16, 19, 23, 29.

**CANCER**  
(June 22 - July 22)

Your emotions and thoughts may be out of sync early in the week. Wait a few days and this could improve. Meanwhile, you might want to postpone any important decisions. Lucky numbers: 16, 19, 33, 36, 38, 47.

**LEO**  
(July 23 - Aug. 23)

Your focus for the next few months may be on romance. This period might provide an opportunity, but seeing the other person clearly, including their values, is important. Lucky numbers: 29, 32, 37, 41, 43, 46.

**VIRGO**  
(Aug. 24 - Sept. 23)

Your typically stable emotional nature may be out of sorts at the end of the week. This might be an opportunity to stretch your comfort zone and intuition. Lucky numbers: 5, 7, 12, 15, 24, 41.

**LIBRA**  
(Sept. 24 - Oct. 23)

If you are having difficulty communicating with someone, now may be a good time to resolve the situation. However, you might need to be the first one to reach out. Lucky numbers: 12, 17, 23, 28, 33, 47.

**SCORPIO**  
(Oct. 24 - Nov. 22)

Are your intuitive abilities not working properly now? Consider where you could adjust your thought processes to accommodate new forms of information and data. Lucky numbers: 2, 3, 12, 16, 26, 35.

**SAGITTARIUS**  
(Nov. 23 - Dec. 21)

You may find that others are putting obstacles in the way of something you want. Rather than fighting this, perhaps consider changes you might want to make. Lucky numbers: 9, 13, 18, 21, 37, 39.

**CAPRICORN**  
(Dec. 22 - Jan. 20)

Your insecurities may surface this week and encourage you to focus obsessively on a particular situation. Breathe deeply and wait it out, rather than immediately responding. Lucky numbers: 4, 18, 21, 29, 38, 43.

**AQUARIUS**  
(Jan. 21 - Feb. 19)

The detached energy that makes Aquarius a fine humanitarian can create distance in personal relationships. Now may be a good time to be aware of and positively address this. Lucky numbers: 1, 4, 21, 30, 40, 44.

**PISCES**  
(Feb. 20 - March 20)

You may receive a wave of information from your unconscious now. Try not to let yourself be overwhelmed by it. Instead, see how it can help guide you on your path. Lucky numbers: 7, 11, 18, 19, 25, 48.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

## Did You Know...

**City of blue:** The city of Jodhpur in Rajasthan, India, is full of blue-coloured houses. Called Brahmin blue, the calming colour has been found to repel mosquitos and keep houses cooler.

**Rocky outcrop:** The Farallon Islands lie about 27 miles (43 km) off the coast of San Francisco, California (U.S.). Indigenous peoples called them Islands of the Dead. The series of steep cliffs provide refuge for birds and other wildlife.

**Tiny creature:** The bumblebee bat (*Craseonycteris thonglongyai*) of Thailand and Myanmar is the smallest bat in the world. Also known as Kitti's hog-nosed bat, these wee creatures are smaller than a thumb and weigh only about 2 grams (0.07 oz.).

**Pop royalty:** Madonna, known as "The Queen of Pop," is a versatile musician and songwriter whose many songs have topped the charts over the years. She was born Madonna Louise Ciccone in 1958 in the U.S. state of Michigan.

**Clean teeth:** An expensive alternative to grocery store toothpaste is Theodent 300. Costing \$100 (USD) or more per tube, it contains a trademarked ingredient derived from cacao that is supposed to strengthen enamel.

## On the Lighter Side

Ernie: "Are you a light sleeper?"  
Bernie: "No, I like to sleep in the dark."

Why did the circus performer get tired? He was juggling two jobs.

Sign in a veterinarian's waiting room: "Be back in 5 minutes. Sit! Stay!"

Knock! Knock! Who's there? Dozen. Dozen who? Dozen anybody want to come out and play?

A persistent banker kept bothering me. He wouldn't leave me a loan.

### Answers

**Trivia answers:** 1. Urvia 2. Pulley 3. New Zealand 4. No 5. 22 months

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • Pet Friendly

**Join Our Vibrant Community**

**CITADEL VILLAGE**

Full Kitchens • Social & Recreation • U/G Parking

15 Erin Ridge Road, St. Albert

780-540-9500  
CDLhomes.com

**FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS**

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

**ADG KABAN SEWER & DRAIN LTD.**

Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENCED • BONDED • INSURED

**780.458.9778 | www.adgplumbing.com**

Jennifer Miles, Agent

125-15 Circle Dr  
St. Albert AB T8N 3Y7  
780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.  
Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

**PROMOTIONAL & PRINTING**

**OUI PRINT**.COM

YOU THINK IT, OUI PRINT IT.

**780 865 3212**

780-651-7362

Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert

**Wild Earth Bakery**

[www.wildearthbakery.com](http://www.wildearthbakery.com)

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

**Concerned about your Health Care? Let us help!**

**Giterman Health Care Advocacy**

Health Care Advocates provide support and advocacy for patients, working to promote and protect their rights while improving the quality of care they receive.

SCAN TO BOOK YOUR FREE 1 HR CONSULTATION!

- Patient Navigation • Education, Guidance, and Clarification
- Personal Assistance with Medical Documentation
- Aid with Administrative/Legal Tasks
- Facilitating Appointments with Health Care Professionals

Contact Dr. Daniel Giterman at **825.461.1525** or visit [www.gitermanhca.ca](http://www.gitermanhca.ca) for more information

**Mortgage Advice**

We provide mortgage options, value, flexibility, and convenience.

**Let's talk:**  
Michael Rennie  
Mobile Mortgage Specialist  
T: 780 499 4749  
[michael.rennie@td.com](mailto:michael.rennie@td.com)  
[mms.tdcanadatrust.com/michael.rennie](http://mms.tdcanadatrust.com/michael.rennie)