

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed providing support and resources to all Alberta communiti For a presentation in your community contact us or visit our website: www.acaging.ca 780-423-7781 ta Council on Aging or toll free Become a Let's Stop 1.888.423.9666 Volunteer! Email: office@acaging.ca Ageism TOYS | CANDY | WOOL | YARN | GIFTS MX at The Wetaskiwin Heritage Museum Gifts & Wool Museum Downtown 00% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES Head for the Star on Main Street: 5007 - 50 Ave. NOW SERVING BEANS COFFEE



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Over Coffee"

Everybody's Talking

Video haven: Making videos for social media platforms has become quite prevalent, but perhaps nowhere as much as in a small village called Tulsi in Chhattisgarh State, India. With a population of about 3,000, more than one-third of Tulsi's residents are in the business of making and posting their very own videos. A few years ago, friends Gyanendra Shukla and Jai Verma quit their jobs to make videos. In no time, they were making good money from their endeavours, and many of their neighbours decided to give it a try, too. Videos from the village cover topics like music, education, do-it-yourself information, and even original dramas. Maybe one day a village star will reach the big screen.

Taking offense: For a while, motorists in Spain's Balearic Islands may have had a way out of their traffic infractions. There was a man whom they could call and, for a charge, he would take the blame for strangers' violations. That kept their driving records unblemished. Before getting caught, the unnamed man had "helped" almost 100 people. Authorities eventually caught on when they realized the man had admitted to two different driving offenses in one day, but those offenses had happened too far apart for him to have been in both places. They also noticed that his licence had been suspended long ago because he had collected so many demerits for other people's violations.

Bright road lines: Those traveling on a one-kilometre (3,281-ft.) stretch of road in the Australian state of Victoria may have thought they'd come upon a science fiction movie set. That's because the route was the test site for a new kind of highway line that glows in the dark. For the markings, an Australian company called Tarmack Linemarking used a photoluminescent coating, which stores the sun's light and then emits it at night. The new substance worked well, with the lines being quite visible for night drivers, making travel safer. The only drawback of the "photo-luminescent delineation treatment," as it's called, is that after overcast days, the lines may lose their "glow."

Going barefoot: A young man from Cambridge, England, doesn't like wearing shoes, and he has proven as much by throwing away all of his footwear. Since 2021, George Woodville has been going barefoot all the time, and he does not care what the weather is like, saying his feet get used to being both hot and cold. He's run into a few problems along the way, such as grocery store owners kicking him out due to his dirty feet. However, Woodville is more than willing to dunk his feet into a pail of water to tidy them up for fussy merchants. Some people must love the idea because he has many followers on his multiple social media platforms.

Quoteable Quotes

"Only a fool tests the depth of the water with both feet."—Proverb "Don't waste a minute not being happy. If one window closes, run -Brooke Shields to the next window-or break down a door."

What's Happening Until June - Books and Bounces Tuesdays at 10:30am stop by the Camrose Public Library for stories, rhymes, songs, and finger plays for infants and their grown-ups. This program is geared towards infants under 2 years old and their caregivers, but siblings are welcome.

Jun 27 - Around the World Summer Party All ages are welcome to the Camrose Public Library at 6:30 for our annual summer kickoff. Join us for games, tea, and snacks from around the world!





Are you 65 or older?

Help us learn about and address social isolation and loneliness in older adults in Canada. Complete this survey by the Canadian Coalition for Seniors' Mental Health. Just scan the QR code with your phone's camera:

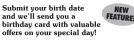




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Trivia

- 1. This fleshy tissue hangs down near the back of the mouth.
- _ is a wheel with a rope, cord, cable, chain, or belt on its rim.
- 3. Waitangi Day celebrates what country's founding document?
- 4. Did the Edmonton Oilers win the Stanley Cup between 1956-1960?
- 5. How long is the gestation period for an elephant?

(Flip bottom of page for answers)

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Your Weekly Horoscope

LIBRA

28, 33, 47.

26.35.

37.39.

CAPRICORN

AQUARIUS

PISCES

11, 18, 19, 25, 48.

(Dec. 22 - Jan. 20)

(Jan. 21 – Feb. 19)

(Feb. 20 - March 20)

SAGITTARIUS

(Nov. 23 – Dec. 21)

SCORPIO

(Sept. 24 - Oct. 23)

(Oct. 24 - Nov. 22)

ARIES



year cycle where old wounds resurface in order to be healed. This week may be good for obtain-

ing information that can help. Lucky numbers: 8, 17, 23, 32, 34, 39. **TAURUS**

(April 21 - May 21)

An unexpected opportunity could suddenly appear this week, and you might be more open to seeing it than you usually would be. You may want to examine it carefully before deciding. Lucky

numbers: 3, 5, 19, 22, 38, 47. **GEMINI**

(May 22 – June 21)

Gemini is one of the signs that is good at picking up information from the ethereal realm. Your ability to do so could be heightened over the next

few weeks. Lucky numbers: 6, 9, 16, . 19, 23, 29. CANCER

(June 22 – July 22)



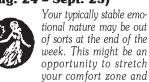
any important decisions. Lucky numbers: 16, 19, 33, 36, 38, 47. LEO

(July 23 – Aug. 23)

Your focus for the next few months may be on romance. This period might provide an opportunity, but seeing the other person clearly, including their values, is important, Lucky num-

bers: 29, 32, 37, 41, 43, 46. VIRGO

(Aug. 24 - Sept. 23)



explore your intuition. Lucky numbers: 5, 7, 12, 15, 24, 41.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 9.

Did You Know...

City of blue: The city of Jodhpur in Rajasthan, India, is full of blue-coloured houses. Called Brahmin blue, the calming colour has been found to repel mosquitos and keep houses cooler.

Rocky outcrop: The Farallon Islands lie about 27 miles (43 km) off the coast of San Francisco, California (U.S.). Indigenous peoples called them Islands of the Dead. The series of steep cliffs provide refuge for birds and other wildlife.

Tiny creature: The bumblebee bat (Craseonycteris thonglongyai) of Thailand and Myanmar is the smallest bat in the world. Also known as Kitti's hog-nosed bat, these wee creatures are smaller than a thumb and weigh only about 2 grams (0.07 oz.).

Pop royalty: Madonna, known as "The Queen of Pop," is a versatile musician and songwriter whose many songs have topped the charts over the years. She was born Madonna





Louise Ciccone in 1958 in the U.S. state of Michigan.

Clean teeth: An expensive alternative to grocery store toothpaste is Theodent 300. Costing \$100 (USD) or more per tube, it contains a trademarked ingredient derived from cacao that is supposed to strengthen enamel.

On the Lighter Side

Ernie: "Are you a light sleeper?" Bernie: "No, I like to sleep in the dark."

Why did the circus performer get tired? He was juggling two jobs.

Sign in a veterinarian's waiting room: "Be back in 5 minutes. Sit! Stay!"

Knock! Knock! Who's there? Dozen. Dozen who? Dozen anybody want to come out and play?

A persistent banker kept bothering me. He wouldn't leave me a loan.

Answers

4. No 5. 22 months Trivia answers: 1. Uvula 2. Pulley 3. New Zealand

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