

**Don't know where to start...?**

**WE CAN HELP!**  
CONTACT THE EXPERIENCED PROFESSIONALS AT

**HOME & OFFICE**  
**ANDYMAN**  
services

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

**Recipe of the month**

**Grilled Glazed Drumsticks**

1 cup ketchup      1/2 teaspoon garlic powder  
1/3 cup reduced-sodium soy sauce      3 pounds fresh or frozen chicken drumsticks, thawed  
4 teaspoons honey      Optional: Sliced green onions and ranch dressing  
3/4 teaspoon ground ginger

Prep Time: 10 min. + marinating      Grill Time: 15 min.  
Yield: Approximately 2 dozen

1 In a small bowl, combine the first 5 ingredients. Pour 1 cup marinade into a large shallow dish. Add the chicken; turn to coat. Cover and refrigerate for at least 4 hours or overnight. Cover and refrigerate remaining marinade for basting.  
2 Drain chicken, discarding marinade. Grill, covered, over medium heat until juices run clear, 15-20 minutes, turning and basting occasionally with reserved marinade. If desired, top with sliced green onions and serve with ranch dressing.

The perfect recipe to try during May - BBQ Month!

Source: <https://www.tasteofhome.com>

**THIS SPACE FOR RENT**

**780-220-6397**

**Exclusive Offer!**

Coffee News Readers - Receive \$100 OFF their Website Development!

\*Mention this ad to redeem!

**Frontline**  
web consulting  
(780) 760-6922  
FRONTLINE@FRONTLINE.CA

SCAN ME

**Look and Feel Your Best!**

Ever tried reflexology? Don't leave reflexology out of your preventative health maintenance program! It can have many benefits, including sleep aid, tension relief, improved digestion and circulation.

Relax. Recharge. Rejuvenate.

- Facial Cupping
- Add Cupping to a Facial for \$15 (reg. \$25)
- Facial and Body Sugaring
- 25% Off all Sugaring Services (introductory price for April)
- Medical Aesthetics
- Professional & Medical Grade Facials

Visit us today at 4530-99 Street Edmonton

780-975-9862      587.499.0427  
restorereflexology.ca      beautydiamondmedispa.ca

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC** Prairie Scented Candles

**Sunset Scents** a RAY of Fragrance

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP**

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT [thecomicstrip.ca](http://thecomicstrip.ca)

Rick Branson's THE COMIC STRIP  
DRINK • DINE • LAUGH

**FREE!** **New Issue Every Week!**

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**South Central Edmonton Edition**

**780-220-6397**

www.coffee-news.ca      Est. 1988

Vol. 20 No. 24 June 12, 2023

**Everybody's Talking**

**Burnt offerings:** Crusty on the outside and chewy on the inside sound like a perfect combination for dinner rolls. However, the bread product in question is known as "heavy-fired" or "well-fired" rolls, and they can be as black as extremely burnt toast on the outside. Bakeries in Scotland have made these buns for many decades, and often sell out of their day's supply early in the morning. Some people love the charred offerings, finding them addictive. Others think the buns are a huge joke, wondering how a bakery could possibly get away with burning their wares, and then selling them. There is even some debate about whether the burnt tops are carcinogenic.

**Meme mark:** Anyone who subscribes to a stock photograph site can obtain an image and use it for their own purposes, such as to accompany a magazine article or illustrate a concept in an advertisement. But a man from Molins de Rei near Barcelona, Spain, was surprised to discover that his face had become a meme for "the worst person you know." It happened because Josep Maria Garcia had submitted his portrait to a photo site, where it was picked up and used to accompany a satirical magazine article. After getting used to the idea, Garcia decided to joke about it, as he knows he is not a bad person

**Walking dog:** A dog from Ouray, Colorado (U.S.), is a celebrity, but not as part of a circus act. Dexter, a Brittany spaniel and beloved pet of Kentee Pasek, walks on his two hind legs. It's not a trick. As a pup, Dexter was injured in a mishap with a car, leaving him with the use of only his hind legs. Pasek got him a doggy wheelchair, but before long, Dexter had abandoned the chair in favour of walking upright on his hind legs. Today, he is well known through social media and by taking part in parades. His loving human takes good care of him and ensures that Dexter regularly sees the vet for check ups.

**Dumpling drink:** Lots of people enjoy eating gyoza, which are fried, boiled, or steamed meat dumplings that originated in China, where they are called jiaozi. Usually spiked with a bit of chili, ginger, and garlic, they are served with a vinegary sauce, making the flavour combination quite satisfying. A beverage company in Japan launched a soda they claimed tastes like gyoza, but the feedback has been mixed. Many people find the taste incongruent with a carbonated beverage, and say they prefer to eat their gyoza, not drink it. The bottled soda does attract the curious, who might dare friends and family members to give it a try.

**Quoteable Quotes**

"Stand for something or you will fall for anything." —Rosa Parks  
"You can make more friends...by becoming interested in other people than you can...by trying to get other people interested in you."  
— Dale Carnegie

**What's Happening**

**Ongoing - Abbotsfield Rec Centre** The Youth Gym is for kids 12-17 years old to play their favorite sports, get physically active, and make friends! This event takes place every Tuesday, Thursday and Friday from 4-7pm. For more info please contact 780-239-8523 or visit [beverlytown.com](http://beverlytown.com)

**Calgary International Pin Club 33rd Annual Festival of Pins** Centennial Legion

9202 Horton Road S.W., Calgary  
9 A.M. to 5 P.M. Each Day

Donations of non-perishable food items will be gratefully accepted at the festival.

Website: [www.calgaryinternationalpinclub.com](http://www.calgaryinternationalpinclub.com)  
Email: [allpins@calgaryinternationalpinclub.com](mailto:allpins@calgaryinternationalpinclub.com) NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. \_\_\_\_\_ is when a caterpillar transforms into a butterfly.
2. A hock, knee, or elbow joint connects a chicken's drumstick and ankle joint?
3. This is a large body of ice that moves over land.
4. The Battle of Waterloo was fought in present-day England, Belgium, or France?
5. What is a southerly buster?

(Flip bottom of page for answers)

**RETIREMENT LIVING CHRISTENSON**

Join Our Safe & Social Community  
Suites Now Available

**Southwoods COURT NORTH**

Full Kitchens • In Suite Laundry • Optional Meals

9433-67A Ave., Edmonton

**780-975-2509**  
CDLhomes.com

CHRISTENSON COMMUNITIES

**Congratulations** to March's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Sophie Sakousky  
Ashley Lewis  
Harvey Lafond  
Roberta Drummond

Enter today for your chance to win at [www.coffee-news.ca](http://www.coffee-news.ca)

**WHAT YOU SAY MATTERS**  
At iListen we step into your world to listen to you.

CONVENIENT telephone, virtual or chat      OFFERS Value that works for you      PEACE OF MIND Feel welcomed, safe and heard

Toll Free: 1.877.757.0350  
[www.ilistencanada.com](http://www.ilistencanada.com)

**WHEEL OF FORTUNE**  
WEEKNIGHTS 7PM/6PST  
yesTV

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**HAPPY Father's DAY**

from your friends at **Coffee News®**

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer: ✓ VOIP Solutions at a fraction of the traditional carrier cost ✓ Long distance rates that outcompete the competition

**587.760.2800**  
[zettatelecom.com](http://zettatelecom.com)

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

### Concerned about your Health Care? Let us help!

## Giterman Health Care Advocacy

Health Care Advocates provide support and advocacy for patients, working to promote and protect their rights while improving the quality of care they receive.

- SCAN TO BOOK YOUR FREE 1 HR CONSULTATION!
- Patient Navigation • Education, Guidance, and Clarification
  - Personal Assistance with Medical Documentation
  - Aid with Administrative/Legal Tasks
  - Facilitating Appointments with Health Care Professionals

Contact Dr. Daniel Giterman at **825.461.1525** or visit [www.gitermanhca.ca](http://www.gitermanhca.ca) for more information

### HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause

**Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:

**1-844-453-5372**

### Injured? Now What?

We Help - A Lot!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

## Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)



Be aware of your mood, especially at the beginning of the week, particularly your temper. If you are feeling aggressive toward others, look inward rather

than starting an argument. Lucky numbers: 8, 19, 22, 28, 35, 43.

**TAURUS**  
(April 20 - May 20)



This week may present a new opportunity for you to manifest something that advances your personal philosophy or beliefs. If you don't actively seek it out, it might pass by. Lucky numbers: 4, 5, 17, 25, 35, 36.

**GEMINI**  
(May 21 - June 20)



At midweek, you may have an opportunity to set a new intention and develop a plan around it. This may require that you focus and decide among a group of options. Lucky numbers: 2, 3, 9, 18, 24, 47.

**CANCER**  
(June 21 - July 21)



Emotions are usually close to the surface for Cancers. This may be especially true at the end of the week. Take deep breaths and wait for these feelings to subside. Lucky numbers: 11, 16, 31, 36, 37, 41.

**LEO**  
(July 22 - Aug. 22)



Leos have a natural charisma that may be highlighted now in conversations with others. If you are looking for assistance, this may be the right time to ask for it. Lucky numbers: 9, 12, 18, 39, 40, 43.

**VIRGO**  
(Aug. 23 - Sept. 22)



A nine-month phase is ending. The focus may have been on your role as a mother and/or as a child. What have you learned? How can it improve your relationships? Lucky numbers: 6, 7, 8, 20, 36, 37.

**LIBRA**  
(Sept. 23 - Oct. 22)



Balance is an important theme for Libras. The start of this week may highlight an imbalance in your life. It may be within yourself or in a relationship with others. Lucky numbers: 5, 8, 22, 34, 37, 46.

**SCORPIO**  
(Oct. 23 - Nov. 21)



For the past two-plus years, you may have felt pressured by an old karmic pattern. While this dynamic is ending soon, the pattern won't end if you haven't addressed it. Lucky numbers: 14, 16, 17, 26, 35, 40.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)



At the end of the week, your mind and emotions may be out of sync. Perhaps you want to postpone important decisions for a few days until this disconnect passes. Lucky numbers: 15, 26, 28, 29, 34, 37.

**CAPRICORN**  
(Dec. 21 - Jan. 19)



There may be an opportunity toward the end of the week to step outside the comfort zone of your stable Capricorn nature. You might see the situation from a new angle. Lucky numbers: 1, 5, 7, 14, 24, 28.

**AQUARIUS**  
(Jan. 20 - Feb. 18)



For the last month, your focus may have been on your career or legacy. Now is the last week of this dynamic, so it is time to consolidate any gains. Lucky numbers: 3, 6, 18, 27, 31, 47.

**PISCES**  
(Feb. 19 - March 19)



You may be feeling stuck, but this could give you an opportunity to see the details of an old personality issue. How might you make a positive adjustment related to it? Lucky numbers: 7, 8, 13, 18, 19, 34.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 9.

## Did You Know...

**Magical place:** Parque Francisco Alvarado in Zarcero, Costa Rica, is quite a sight. That's because gardener and artist Evangelisto Blanco shapes hedges and shrubs into all manner of magical and abstract figures, such as animals, people, and archways.

**Sweet heat:** The datil pepper is grown near St. Augustine, Florida (U.S.). It is quite hot, like a habanero, with a sweet, fruity flavour. Cooks like to use these peppers in hot sauces, pickles, and mustards.

**Upright duck:** A certain breed of duck actually looks more like a penguin. The Indian Runner duck's posture is upright. Rather than waddling, they can run but they cannot fly. They are raised mostly for their egg production.

**Safest shelter:** If a tornado is coming your way, the best place to shelter is in a basement or on the lowest level of the house or building. Choose a room without windows, such as a bathroom or closet.

**The best:** Only three movies have won all of the five major Academy Awards: Best Picture, Best Director, Best Screenplay, Best Actor, Best Actress. They are *It Happened One Night* (1934), *One Flew Over the Cuckoo's Nest* (1975), and *Silence of the Lambs* (1991).

## On the Lighter Side

Knock! Knock! Who's there? Ooze. Ooze who? Ooze been telling you these terrible jokes?

We hired a doormaker the other day. She really knew how to make an entrance.

Bill: "What do you think of artificial respiration?"

Will: "I'd rather have the real one."

A fisherman baits his hooks, but a bad student hates his books.

The chocolate lover moved to Canada. She heard it was full of mousse!

### Answers

**Trivia answers:** 1. Metamorphosis 2. Hock 3. Glacier 4. Belgium 5. Strong southerly wind

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

## ELECTRICIAN FOR HIRE

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
ajdeleon63@gmail.com

**jerry forbes**  
Centre for Community Spirit

**HOME FOR 25 CHARITIES & NON-PROFITS**

93,000 SQ. FT. OF SHARED SPACE  
SERVING OVER 200,000 ALBERTANS

Dear Edmonton,  
We're having a great time and the people here are amazing. You should come for a visit!

Sincerely,  
JFC

[jerryforbescentre.ca](http://jerryforbescentre.ca)

### Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

### Become a Better Speaker and Presenter!

- Communicate with confidence
- Develop your leadership skills
- Listen effectively

WHERE LEADERS ARE MADE

**Ag-Lib Toastmasters Club**  
Wednesdays at noon online via Zoom  
Email us at [tmaglib@gmail.com](mailto:tmaglib@gmail.com)

One site. Unlimited possibilities.

**BANFF CANMORE**  
STAY - SHOP - FOOD - ALL SERVICES

- Things To Do
- Accommodations
- Dining
- Nightlife
- Events & Shows
- Tours & Experiences
- Coupons & Deals

<https://www.banffcanmore.com>

## WINTER CLEARANCE

Save Up To

# 50%

Off Our Already Low, Low Prices

## Direct Workwear Ltd.

5361 Gateway Blvd NW, Edmonton AB  
Open 7 Days A Week

**inogen**

## FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.

MKT-P0240

**COLD SHOT**  
A DIVISION OF BALMARIA EMPIRE PVT. LTD.

## PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

### Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to [contests@coffee-news.ca](mailto:contests@coffee-news.ca)  
Please put "Readers" in the subject line.

Please include:  
• Your name • Your phone number and • Your address  
so that we can send you some cool prizes if your photo is chosen to appear in the paper!

**Coffee News** Fun Reading. Serious Advertising.

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

May 1st Winners of a prepaid \$400 Visa card

Chelsey M. from Edmonton  
Cindy C. from Sylvan Lake  
Jay Z. from Edmonton

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

### Trustworthy, Honest and Reliable House Cleaning...

Just For You!

- ✓ Flat and Hourly Rates Available
- ✓ Over 15 Years Experience
- ✓ Thorough, Considerate, Friendly

C: 780.239.3553 | [almescape@gmail.com](mailto:almescape@gmail.com)