

WE COME TO YOU!
NERDS2YOU
 VIRUS REMOVAL & COMPUTER REPAIR

ONSITE COMPUTER REPAIR

Your on-site computer and network service specialists.
 Virus removal, network setup, repairs and more.

587-772-NERD(6373)

FAST, FRIENDLY AND PROFESSIONAL
 DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA

Start Your Own Business!

FREE government funded Self-Employment Training

NOW ONLINE

microbusiness
 TRAINING CENTRE INC

Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC
 Prairie Scented Candles

Sunset Scents
 a RAY of Fragrance

prairiescentedcandles@gmail.com
 www.prairiescentedcandles.com

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

ELECTRICIAN FOR HIRE

Residential
 Light Commercial
 Electrical Repairs and Renovations

Art de Leon **Master Electrician**

780.932.3858 Cell
 ojdeleon63@gmail.com

Can't get to your Coffee News® each week?

Check out our PDF editions online!
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.
 Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.

JAY BERG GROUP
 REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
 A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com

25 WORDS OR LESS
 WEEKDAYS 3PM
 yesTV



FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Ellerslie East Edition

780-220-6397



www.coffee-news.ca

Vol. 20 No. 25 June 19, 2023

Everybody's Talking

Lying down: Everyone knows about ski competitions, bicycle races, and running marathons, but the village of Brezna, Montenegro, has a unique one. During their "lying down competition," people lie down for as long as they can. The competition has taken place annually for over a decade; in 2022, the winner was Zarko Pejanovic. With the exception of allowable washroom breaks, this winner stayed prone for 60 hours, beating out his nine competitors. The unusual event started because organizers wanted to make fun of the stereotype that people from Montenegro are lazy. Pejanovic was happy to take first prize, which included 350 Euros in cash, plus other rewards.

Balancing act: Wang Yekun of Hong Kong really knows how to keep things in balance, quite literally! He puts various items on top of each other and figures out how to make them stay there. For example, he placed two bottles on the ground, positioned a third bottle on top of the first two, and then balanced a bicycle on top of the bottles. Other items he's used in his precarious arrangements include sewing machines, wrenches, gas cylinders, bricks, and cell phones. The skill started as a hobby, and now his patience has paid off. He has quite a following on social media by people who are amazed at his clever ability.

Salty wall: Although the action is not condoned by public health authorities, patrons of The Mission restaurant in Scottsdale, Arizona (U.S.), sometimes lick the establishment's walls. That's because the walls in question are made of Himalayan salt blocks. Owner Matt Carter got the idea to build pink salt walls after he visited a Chicago restaurant that boasted a room lined with salt rocks. He claims that he does not encourage his customers to stick out their tongues for a taste in his own restaurant, unless, of course, it is to lick the salt block that comes with the tortillas. Or patrons can buy a small block of Himalayan salt to take home with them.

Screamer: Ashley Peldon has a gift for screaming, and she is using it to make a living. Born in New York, N.Y. (U.S.), in 1984, Peldon has worked as a child actor in such shows as Guiding Light, That 70s Show, and Ghost World. Her ability to scream well has landed her voice roles in movies, television shows, and video games. In real life, people may scream for many reasons, including feeling emotions such as fear, rage, happiness, and grief. But an actor may not be able to scream on cue, regardless of their acting ability. That's where Peldon steps in, providing the exact feeling needed to make the scene come to life.

Quoteable Quotes

"Between what is said and not meant, and meant and not said, most of love is lost."
 —Kahlil Gibran

When you don't slow down by choice, your body can make you slow down by force."
 —Katrina Leggins

What's Happening

Jun 24 - Ukrainian Vintage Fair 2023 Ukrainian Vintage Fair is back! This is essentially the Ultimate Ukrainian Garage Sale. Launch day is on Saturday June 24th, 11AM-3PM and features live music, hot Ukrainian food, and thousands of vintage Ukrainian treasures. ACUA - 10554 110 St Edmonton

Jun 25 - Kino Confidential: A Top Secret Screening A screening of a film unbeknownst to the audience until it begins, Kino Confidential: A Top Secret Screening is a game of chance, a round of film roulette, and the ultimate plot twist!

Burlesque pre-show at 6:45PM, film at 7:00PM. At The Garneau Theatre. NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

\$400* Prize Package
 *Coffee News Bucks
 Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. A triangle with at least two equal sides is equilateral, isosceles, or obtuse?
2. Backgammon originated near the Mediterranean Sea about 5,000 years ago—T/F?
3. A desert is one of the five kinds of biomes or climates?
4. Perseus, Heracles, or Apollo—who was the son of Zeus and Alcmene?
5. A grandfather clock is an analog or digital timepiece?

(Flip bottom of page for answers)

Making Your Dreams A Reality

Full suite of construction, renovation and maintenance services, including:

- Kitchens
- Bathrooms
- Additions
- Siding

CONTACT US TODAY FOR A FREE QUOTE!

TORGUNRUD CONSTRUCTION

780.996.4050
www.torgunrud.ca

VETERAN OWNED AND OPERATED BUSINESS

WOMENS WORKWEAR

www.womensworkwear.ca

STORE OPENING SOON!
 5403 Gateway Blvd NW, Edmonton

Enjoy The Experience



WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- ◆ Weekly/Biweekly/Monthly Personalized Cleans
- ◆ Residential and Small Business
- ◆ Move In/Outs
- ◆ Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM

780.700.6686 • www.nobodycleanslikemom.com



One site. Unlimited possibilities.

BANFF CANMORE
 STAY - SHOP - FOOD - ALL SERVICES

- Things To Do
- Accommodations
- Dining
- Nightlife
- Events & Shows
- Tours & Experiences
- Coupons & Deals

<https://www.banffcanmore.com>



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



jerry forbes
 Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
 SERVING OVER 200,000 ALBERTANS

Dear Edmonton,
 We're having a great time and the people here are amazing. You should come for a visit!

Sincerely,
 JFC

jerryforbescentre.ca



When YOU Get Paid We Get Paid

Over HALF A BILLION Recovered For Our Clients!

Braithwaite Boyle
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews



Exclusive Offer!



Frontline
WEB CONSULTING
(780) 760-6922
FRONTLINECONSULTING.CA

SCAN ME

Coffee News Readers - Receive \$100 OFF their Website Development!
*Mention this ad to redeem!



inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.



MKT-P0240

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

FROM **\$85** A MONTH

ONKAR INSURANCE BROKERS

DRUG AND DENTAL PLANS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
RESP PLANS (up to \$9200 grants + 15% bonus)

Vikram Saggi
780-999-3000



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

RETIREMENT LIVING CHRISTENSON

Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

DEVONSHIRE VILLAGE

Full Kitchens • Social & Recreation • U/G Parking

1728 Rabbit Hill Road, Edmonton

780-540-9500

CDLhomes.com



Your Weekly Horoscope

ARIES
(March 20 - April 19)



You may have a good opportunity this week to address an old karmic wound. Try to have a conversation with someone who can help you find a resolution for this issue. Lucky numbers: 1, 7, 12, 14, 24, 37.

TAURUS
(April 20 - May 20)



At midweek, keep your eyes open for a sudden or unexpected opportunity that may surface. Don't immediately reject it because it's unusual, but carefully examine the pros and cons. Lucky numbers: 2, 6, 16, 18, 39, 43.

GEMINI
(May 21 - June 20)



Geminis can see many possibilities and can connect individual pieces into a cohesive whole. You are entering a period where you may be able to offer these skills in service to others. Lucky numbers: 6, 8, 17, 38, 41, 46.

CANCER
(June 21 - July 21)



The Sun is returning this month to the position where it was when you were born. This provides an opportunity for you to set new goals and plans to achieve them. Lucky numbers: 8, 20, 30, 31, 35, 47.

LEO
(July 22 - Aug. 22)



Your ambition level and ability to communicate your ideas effectively to others may be heightened right now. How do you want to use this dynamic to achieve your objectives? Lucky numbers: 12, 18, 38, 40, 42, 44.

VIRGO
(Aug. 23 - Sept. 22)



Virgo has the ability to complete hard, detailed, and precise work that would be more difficult for other signs. This skill may be strengthened for you at the week's end. Lucky numbers: 5, 20, 31, 34, 40, 43.

LIBRA
(Sept. 23 - Oct. 22)



You are entering an extended period where your focus may be on your role as a mother and/or as a child. This is an opportunity to address issues in this area. Lucky numbers: 11, 12, 19, 27, 34, 47.

SCORPIO
(Oct. 23 - Nov. 21)



Have you experienced communication difficulties the last two weeks? Perhaps consider making an adjustment to your style. Remember that others aren't always ready to see the truth. Lucky numbers: 9, 10, 15, 19, 26, 36.

SAGITTARIUS
(Nov. 22 - Dec. 20)



You are entering a period where your confidence may be challenged. Are there ways to adjust your behavior that could allow you to expand your sense of self? Lucky numbers: 10, 13, 23, 26, 30, 31.

CAPRICORN
(Dec. 21 - Jan. 19)



Capricorns like to feel in control, but right now that may not be the case. You may find ways to adjust things that might allow you to be more flexible. Lucky numbers: 3, 13, 20, 30, 38, 46.

AQUARIUS
(Jan. 20 - Feb. 18)



You may be very busy for the next few weeks. Plan time for relaxation if you become stressed. You are likely to be able to clearly communicate your ideas to others. Lucky numbers: 4, 5, 6, 22, 27, 47.

PISCES
(Feb. 19 - March 19)



You may receive a lot of information right now, but it may be more confusing than clarifying. It may contain an opportunity, but be sure to review it carefully before deciding. Lucky numbers: 7, 14, 23, 26, 31, 40.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 30.

Did You Know...

Old tree: The Alerce Costero National Park in Chile is the home of a very old tree, possibly the world's oldest. It's a Patagonian cypress known as *Gran Abuelo* ("great-grandfather") and is estimated to be almost 5,500 years old.

Scenic road: Only one road goes to a village called Cuevas del Agua in northern Spain. Travelers must drive on a narrow roadway that goes through a 300-metre (984-ft.) natural cave, complete with stalagmites and stalactites.

Hear the sound: When movie viewers hear raindrops pattering on a window or piano keys tinkling under someone's fingers, this is "diegetic" sound. The sound happens while the action takes place in the film; it is not added later.

Multi-talented: American musician Prince (1958-2016) played at least 27 instruments, including guitar, bass, piano, drums, and orchestral bells. He also wrote many hit songs performed by others, such as "Manic Monday" by The Bangles.

Delightful sandwich: A restaurant in Brookings, South Dakota (U.S.), serves a specialty of the state: pheasant sandwich. Made from the meat of this wild fowl, the restaurant's version also includes apples, cranberries, and pecans.

On the Lighter Side

My brother got a job making telescopes. Things are really looking up.

Son: "Why did you buy this TV? It's stuck on full volume."
Dad: "I know. It was so cheap, I couldn't turn it down."

Why are fish such terrible basketball players? They're afraid of the net.

The sheep all went into the barn together. They were tightly knit.

Knock! Knock! *Who's there?* Thermos. *Thermos who?* Thermos be a better joke than this one!

Answers

Trivia answers: 1. Isosceles 2. True 3. Biomes 4. Heracles 5. Analog

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Don't know where to start...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN SERVICES

Give Us Your List. We'll Do The Rest.

780.940.2127 | www.HOHS.ca



Are you a business owner/office manager? Paying 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Insurance. Investments. Advice.

HELPING CANADIANS FOR OVER 75 YEARS!

Tom Ciezki Agencies BNI

Call Nidhi Desai
780-464-3279
Aspen Plaza - 260, 3820 Sherwood Drive, Sherwood Park

co-operators
Investing in your future. Together.™

ALL IN ONE PLACE



Mortgage Advice

We provide mortgage options, value, flexibility, and convenience.

Let's talk:
Michael Rennie
Mobile Mortgage Specialist
T: 780 499 4749
michael.rennie@td.com
mms.tdcanadatrust.com/michael.rennie



Safety Training You Can Count On

including:

- Equipment Training
- Fall Protection
- Confined Space Training

...and more. Visit our website for our complete course offerings!

DFS SAFETY 587.473.0138
www.dfsafety.ca



Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

LegalShield Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449



May 1st Winners of a prepaid \$400 Visa card

Chelsey M. from Edmonton
Cindy C. from Sylvan Lake
Jay Z. from Edmonton

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicrostrip.ca

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

