

CANADA'S #1 RETAIL WINDOW COVERING FACTORY

real blinds

FREE DESIGN CONSULTATION
COMMERCIAL • RESIDENTIAL • WHOLESALE

780.741.2376
Toll Free 1.855.846.7325
REALBLINDS.CA

Made in Canada
Produced in Alberta

THIS SPACE FOR RENT

780-220-6397

SERVING YOUR COMMUNITY FOR THREE GENERATIONS

owned by the **Thackeray** FAMILY

Memento FUNERAL CHAPEL (1975) LIMITED

mementofuneralchapel.com

FUNERALS • CREMATION • MONUMENTS • PRE-PLANNING

QUALITY FUNERAL SERVICES WITH AFFORDABLE OPTIONS AND A PRICE MATCH GUARANTEE (WITHIN NORTH EASTERN AB)

CURRENTLY OFFERING UP TO **35% OFF** MONUMENTS

WITH LOCATIONS IN...

BONNYVILLE 780-826-3113 COLD LAKE 780-639-3113 ST. PAUL 780-615-3113

Once again, Alberta has been hit hard by terrible wildfires, after the Insurance Bureau of Canada said we've already had three of the four most costly extreme weather events in Canada's history.

If you think that we need a strong new climate plan going forward, you're not alone.

So far there are 47 businesses, 14 non-profit Associations and three faith groups that have signed on in a growing chorus calling for just that at www.climateplanalberta.ca.

This is a non-partisan initiative and the message is intended for the Alberta Government, regardless of which leader or Party is in power.

We only gather names of willing organizations. If you're an individual wanting to express similar concern, the Calgary Climate Hub does offer an online petition you could sign on to.

Venner Brand Labs

A carefully curated wellness brand dedicated to prioritizing how best to support the concept of mind, body and spirit connections.

vennerbrandlabs.com

780.441.1891 vennerbrand@gmail.com
vennerbrandinc

Create vibrancy and well being in your life.

OPTIMIZE

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

When YOU Get Paid We Get Paid

Helping You Maximize Your Financial And Physical Recovery!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

St. Paul Edition

877-553-6397

www.coffee-news.ca

Est. 1988

ESTHER BYRT
Mortgage Consultant

587.789.1707
esther@homemortgage.expert
www.homemortgage.expert

"Your Lakeland & Area Mortgage Expert"

- First Time Buyers
- Mortgage Renewal
- Refinancing
- HELOCs
- Second Homes/ Investment Properties
- Pre-Approvals
- Rate Holds & more!

powered by Axiom Mortgage Solutions

BLUE BLOODS

MON - THURS 9:00

yesTV

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

HAPPY CANADA DAY!

from your friends at **Coffee News**

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Everybody's Talking

Watery mirror: The denizens of the city of Mitoyo, on Japan's Shikoku Island, wanted to attract tourists, so they held a photo competition in 2016. One of the submitted photos, taken at the Chichibugahama Beach, was so amazing that the city used it as a marketing ploy. The gorgeous photo showed colourful clouds and sky, shoreline, and people appearing as double images, one that is the real thing and the other a reflection in the calm, clear water. The city's website contains information about the best time to visit and provides tips on composing photographs at the location. Now many tourists come to the once-unknown beach to see its beauty.

Game stopper: This story has a happy ending, but at first a soccer player in Paraguay worried that his prank had turned out badly. In 1957, Roberto Gabriel Trigo, who was a teenager at the time, jokingly told his pilot friend Alfredo Lird to stop buzzing the soccer field during practices and games, or else he'd kick a ball at the plane. Trigo did kick a ball at the plane, never dreaming that it would hit its target. When it did, the plane crashed in a nearby field. By some miracle, no one was hurt and the game continued. The pilot and the soccer player remained friends after the incident, which is still famous in the country's soccer circles.

Double duty images: Veks Van Hillik is a tattoo artist from France who provides a little bit of extra creativity to his clients: they end up with two-in-one tattoos. That's because Hillik designs his inked images on people's legs or arms, but when they unbend their knees or elbows, the image expands into something different. The artist uses black and white inks to create surreal and gothic works of art. A fish's head on a bent knee turns into a butterfly when the client stands up, while a close-mouthed frog tattooed on an arm turns into an open-mouthed reptile as the elbow is unbent. When he is not creating images on skin, Hillik paints fascinating images on canvas.

Recovered phone: Things can get lost when people are boating on the River Wye near Cinderford, Gloucestershire, England, as Owain Davis learned. While canoeing on the body of water with his fiancée, Davis's phone fell out of his pocket, never to be seen again, or so he thought. Imagine his surprise when he discovered, through a friend who had seen a notice on social media, that his phone had been found 10 months after he'd lost it. A man named Miguel Pacheco saw it in the mud, dried it out, and charged it up. Pacheco shared photos on social media of the phone he'd found, and the responses led him to Davis.

Quoteable Quotes

"No one can make you feel inferior without your consent."
—Eleanor Roosevelt

"Don't explain your philosophy. Embody it."
—Epictetus

What's Happening

Ongoing - Senior Appreciation Day Every 3rd Tuesday of each month is Senior Appreciation Day at the St. Paul Municipal Library so be sure to stop by for coffee, tea treats from noon-3pm.

2nd Tuesdays of Month - Stitch n' Btch Stitch 'n Btch is a name that has been used to refer to social knitting groups since at least World War II. The group meets to knit, crochet, cross-stitch and talk. Bring your WIP and join at 4B 4010 50 Ave Lloydminster the 2nd Tuesday of each month.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Nigeria's official language is Igbo, English, or Yoruba?
2. Does a dragon, unicorn, or centaur adorn the Welsh flag?
3. A variety of rhythms played together is syncopation, staccato, or downbeats?
4. Antarctica or Asia is the highest, driest, windiest continent?
5. The Trek to Petra is a hike in Jordan, Egypt, or Israel?

(Flip bottom of page for answers)

GENERAC

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.

Visit makeawish.ca

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Reader of the Month
Lawrence Jiang from Edmonton

Coffee News Fun Reading. Serious Advertising.

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?
We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
780.760.6922
frontlineconsulting.ca

inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.

MKT-P0240

Dragons of the Past

Book Four of The Dragons of Nibiru

Available now at your local bookstore

www.dragonsofnibiru.com

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:
www.acaging.ca

780-423-7781 or toll free 1.888.423.9666
Email: office@acaging.ca

Be the voice for your community. **Become a Volunteer!**

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

Wipe out inflation, get the credit!

FOR EXPERT HELP: **1-844-453-5372**

May 1st Winners of a prepaid \$400 Visa card

Chelsey M. from Edmonton
Cindy C. from Sylvan Lake
Jay Z. from Edmonton

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Your Weekly Horoscope

ARIES
(March 20 - April 19)

You may be experiencing a continuing period of addressing old karmic wounds. One element of doing so is to understand what you value and to bring your life into alignment with it. Lucky numbers: 9, 10, 11, 19, 20, 32.

TAURUS
(April 20 - May 20)

You may feel the desire to break free of a restriction. An open and honest conversation may clarify how to change the situation or if you need to move on. Lucky numbers: 7, 8, 10, 18, 25, 44.

GEMINI
(May 21 - June 20)

Emotion may be getting in the way of your usual mental process. This should pass soon, but you may want to see if you can successfully incorporate these feelings instead. Lucky numbers: 5, 14, 16, 21, 30, 48.

CANCER
(June 21 - July 21)

For the next few weeks, there will be a strong link between your mind and your feelings. Consider using this connection to negotiate through difficulties you may be having with others. Lucky numbers: 2, 4, 13, 41, 44, 45.

LEO
(July 22 - Aug. 22)

Leo's goals are often personally oriented. Over the next six months, you may be presented an opportunity that asks you to expand your efforts to a bigger horizon. Consider it carefully. Lucky numbers: 6, 12, 22, 25, 32, 35.

VIRGO
(Aug. 23 - Sept. 22)

You are entering a period where you may feel out of sorts from your normally grounded personality. How can you positively use this dynamic to expand beyond your comfort zone? Lucky numbers: 11, 16, 22, 43, 46, 47.

LIBRA
(Sept. 23 - Oct. 22)

Your natural diplomatic talents are highlighted at the beginning of the week. For the next few days, if you step forward, you may be able to help resolve a conflict. Lucky numbers: 3, 8, 18, 26, 28, 38.

SCORPIO
(Oct. 23 - Nov. 21)

At midweek, your ability to pick up on the emotional vibes of others may be heightened. This could become intense, so find a way to retreat if that is available to you. Lucky numbers: 8, 10, 15, 24, 40, 41.

SAGITTARIUS
(Nov. 22 - Dec. 20)

Your natural optimism may increase at the week's end. This could be good for accomplishing your goals, but be aware if you are overreaching on risk taking. Strive for a reasonable balance. Lucky numbers: 4, 9, 13, 23, 28, 32.

CAPRICORN
(Dec. 21 - Jan. 19)

Are you encountering obstacles in interactions with others? Perhaps you should consider adjusting your way of communicating to connect positively with them. This could help get you to a win-win. Lucky numbers: 1, 2, 10, 19, 27, 41.

AQUARIUS
(Jan. 20 - Feb. 18)

Humanitarian service is an important theme for Aquarius. Over the next six months, look for opportunities that may help manifest it, but wait until this period ends before proceeding. Lucky numbers: 10, 11, 13, 14, 19, 36.

PISCES
(Feb. 19 - March 19)

Over the next six months, an old issue may surface that you previously have not been able to see clearly. Insight you get now could help you resolve this matter. Lucky numbers: 12, 26, 30, 35, 36, 47.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 23.

Did You Know...

Rough estimate: The frequency of a cricket's chirping can estimate the temperature, a principle called Dolbear's law. Count the number chirps from one cricket in 15 seconds, and then add 40 to that number to get a Fahrenheit temperature.

Laughing name: Towns have all sorts of names, but one in the province of Québec (Canada) is called Saint-Louis-du-Ha! Ha! It is the only town anywhere in the world with two exclamation marks in its name. Very funny!

Grape tradition: Uvas de la suerte is a New Year's Eve tradition in Spain and some Spanish-speaking countries. Eating 12 grapes at exactly midnight brings good luck in the new year. Some make a wish on each grape.

Train trip: In the late 1800s, Le Petit Train de La Mure (Little Train of La Mure) in France hauled coal from mines from the French Alps. Today, tourists take it for a scenic route through the mountains.

Cookbook haven: The Notting Hill district of London, England, is the home of Books for Cooks, a store that sells cookbooks of all kinds. It also offers a café featuring dishes made from recipes from the store's books.

On the Lighter Side

Diner: "Waiter, this lobster only has one claw."
Waiter: "It must have been in a fight."
Diner: "Well then, bring me the winner."

How do archers get in shape? They do arrowbics.

Two men walked into a bar. You'd think one of them might have seen it!

Knock! Knock! Who's there? Dots. Dots who? Dots for me to know, and you to find out!

A scientist wanted to clone a deer. So he bought a doe-it-yourself kit.

Answers

Trivia answers: 1. English 2. Dragon 3. Syncope 4. Antarctica 5. Jordan

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase! Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

MARINE SUPPLY!

PARTS AND ACCESSORIES

L & D Marine Rentals
61116 Hwy. 28 W Bonnyville
780.201.0154

Oil for ALL Applications
Automotive • Power Sports
Marine • Heavy Duty Diesel, etc.

BOAT RENTALS AND REPAIRS
BRIGGS & STRATTON DEALER
DISCOVER THE POWER OF **INSIDE**

Helping you rediscover **fun** in the kitchen!

Gifts and Gadgets

Your one stop kitchen and gift shop.
780.962.5220

CHECK OUT OUR EXTENSIVE ONLINE CATALOG!
Visit www.giftsandgadgets.ab.ca or visit us in person at 111 First Avenue, Spruce Grove

Criminal Defence | Family Law

New Beginning Law

• Driving Offences
• Adoptions
• Independent Child Counsel
• Child Support
• Separation Agreements
• Divorce

Renée L.T. Moore B.A., B.Comm.(Co-op), J.D. Barrister & Solicitor
Jerred L.T.T. Moore B.A. (Adv.), J.D. Barrister & Solicitor

4802-49 Avenue, St. Paul (Located behind ATB)
780.645.0050 | www.newbeginninglaw.ca

Recipe of the month

Rhubarb Strawberry-Crunch

1 cup all-purpose flour
1 cup packed brown sugar
3/4 cup quick-cooking oats
1 teaspoon ground cinnamon
1/2 cup butter
4 cups sliced fresh or frozen rhubarb

1 pint fresh strawberries, halved
1 cup sugar
2 tablespoons cornstarch
1 cup water
1 teaspoon vanilla extract
Vanilla ice cream, optional

Prep Time: 20 min. Bake Time: 1 hour Yield: 9 servings

- 1 Preheat oven to 350°. In a bowl, combine the first 4 ingredients; cut in butter until crumbly. Press half into an ungreased 9-in. square baking pan. Combine rhubarb and strawberries; spoon over crust.
- 2 In a saucepan, combine sugar and cornstarch. Stir in the water and vanilla; bring to a boil over medium heat. Cook and stir for 2 minutes. Pour over fruit. Sprinkle with remaining crumb mixture. Bake for 1 hour. Serve with ice cream if desired.

Source: <https://www.tasteoffhome.com>

COLD SHOT
A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005