

E-Bikes and E-Scooters

\$1,899⁹⁹



48v 500w Fat Tire Step Through

BATTERY BOSS .ca **403.343.3399**

#5, 7803-50 AVE. RED DEER

FREE!

Coffee News®

"News To Be Enjoyed Over Coffee!"

Red Deer South Edition

403.550.1957

e-mail: coffeeewsguy@hotmail.com
online version at: coffeeewsonline.com/canada/centralalberta

Vol. 29 No. 1:29 July 17, 2023

GET SUMMER SPORTS TROPHIES NOW!

Baseball, Soccer, Basketball and Cornhole Trophies

Trophy Loft

403.347.5030 | trophyloft.com

Stay and Play!

18 holes of affordable, fun, yet challenging golf only minutes away...plus a full service RV park!



RV Park 403.314.9577
Golf 403.342.2830 | www.reddeergolf.com

SPiRiT CREEK GOLF & RV PARK

QUALITY AND AFFORDABILITY SINCE 2001

Quest Signs & Decals Inc.

403.346.1011

office@questsigns.ca | www.questsigns.ca
#6, 7476-49 Avenue, Red Deer

- Exterior Signage
- Channel Letters (Lit & Unlit)
- Custom Shapes
- Vehicle Graphics
- Custom Pylon Signs
- Retro-fit to LED **AND MORE!**

Hoping this school year will be better, is not a plan.

Sylvan Learning Tutoring 2 hours per week, IS a plan.

reddeersylvanlearning.ca

K-12 Tutoring, Camps and kids' technology classes.

See website for specials.

FLAGS ★ FLAGS

Provincial International Military • Novelty Flag Poles

5215-54 Avenue, Red Deer
403.340.0109 • cyrher@gmail.com

C & R ENDEAVORS LTD.

Senior Drop-in Bowling!

Seniors (50+) are invited to stop by for fun every Tuesday and Friday at 10 a.m. \$8 fee includes two games of bowling, shoe rental, coffee/tea and snacks! For more information, please call 403.309.6387

Heritage Lanes

Come out and join us!

KEEP YOUR SHINGLES OUT OF THE LANDFILL AND...

BRIGHT GREEN ROOF

SAVE \$\$\$!

SHINGLE PRESERVATION

Our eco-friendly treatment will add 15 years to your roof's life and restores the original colour and appearance!

Visit www.bgrreddeer.com for more info or to book your free quote or call 403.340.9007

For any legal needs pertaining to real estate, wills and estates, business purchases/sales or general corporate/commercial matters, please contact me.

Joe Rattan LAWYER

jrattan@warrensinclair.com
O: 403.343.3320

WarrenSinclair LLP LAWYERS

is a highly respected central Alberta law firm with offices in Red Deer, Delburne and Rimbey. Our legal professionals have consistently been sought out for their commitment to excellence, service and value.

www.warrensinclair.com

Everybody's Talking

Elderly runner: Most octogenarians have reached an age when they slow down a little. Not so for Barbara Humbert, an 80-something-year-old great-grandmother who ran 125 kilometres (78 mi.) in 24 hours. The elderly woman from Val d'Oise, France, competed in the French Championships in Brive-la-Gaillarde, and she broke the record for her age group. Humbert is not new to running. She started when she was in her 40s and has run many races over years, including 54 marathons. She usually runs 45 kilometres (28 mi.) per week. Although she has had a few minor injuries over the years, she managed to maintain her training, which gives her much more flexibility than many women of her age.

Lonely tree: A tree in Thailand has been dubbed the country's "loneliest tree." It grows on a tiny rocky islet called Koh Khai Hua Roh, which is just large enough to hold the tree and four or five people. Tourists can view it off the east coast of the country in Trat Province. A taban tree (Xylocarpus ramphii), this unique specimen can survive in the salt water that surrounds it on all sides. Social media has popularized the site, and many tourists visit to sit in the tree's branches and take photos. All of this traffic has caused damage, so the local administration is taking steps to curb visitors.

Name change: A promotion by a sushi restaurant chain in Taiwan convinced some people to legally change their names to include the word "Salmon." If people were willing to make the change, they were given great deals at the restaurant, such as free, all-you-can-eat sushi dinners for five diners. Many of the takers changed their names back to their original monikers, but government officials were not impressed. They said the promotion wasted employees' time and resources. Taiwan allows people to make up to three legal name changes, so the sushi-lovers will need to keep a count of their changes so they don't get stuck with a fishy name.

Contemporary art: "Stained Glass Geek" is the nickname that a Dutch artist has given himself. Arjan Boeve boasts an art degree and dabbled in many forms of artistic expression before landing on stained glass as his main medium. But there is a difference between his work and the traditional type of stained glass pieces that beautify churches and homes. His slant is as modern as it gets because he uses pop art as his muse. For example, video game and cartoon characters find their way into his work, and he has done a series on eggs breaking out of their shells. Boeve hopes his work will inspire other glass artists to create contemporary pieces.

Quoteable Quotes

"Who you are surrounded by often determines who you become."
~ Vicky Saunders

"For small creatures such as we, the vastness is bearable only through love."
~ Carl Sagan

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. Please provide three to four weeks' notice.

Save the date! Golden Circle Senior Resource Centre **2nd Annual Garage and Bake Sale Fundraising Event** will take place Friday, August 25 (12-7 p.m.); Saturday, August 26 (9 a.m.- 4 p.m.); and Sunday, August 27 (9 a.m.-noon). Assorted Sandwiches & Chips available for purchase for \$5 on Friday; BBQ Hot Dogs or Hamburgers & Chips available for purchase for \$5 Saturday. Accepting donations starting August 1. We will not accept mattresses, electronics, tires or clothing. Any large items by appointment only. Please call 403.343.6074 to arrange a drop off time.

Where's Newman?

Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.

ENTER TO Win A \$50 GIFT CERTIFICATE!

To submit your entry today, visit the contest page at www.centralalbertacoffeenews.com

Actual size of the hidden graphic: 47

Trivia

1. A frog is a vertebrate – T/F?
2. South Sandwich Trench is in the Atlantic, Pacific, or Indian Ocean?
3. Is Ami du Chambertin a type of cheese or wine?
4. The village of Muff is in Norway, Germany, or Ireland?
5. Is flint corn named for the stone or the city of Flint, Michigan?

(Flip bottom of page for answers)

Coffee News® CONTEST WINNER

TERRY SLENO is our June Contest Winner!

Terry will receive a \$50 gift certificate from our contest sponsor

403.346.9400
4701-50 Street, Red Deer

2 For 1 FAMILY PIZZA

DEER PARK VILLAGE
An URBAN LIVING Community

Let us welcome you home
403-309-6333
deerparkseniors.ca

Formerly known as The Hamlets at Deer Park

Scan or call to book your visit

6 Daykin Street, Red Deer, AB

Love to Sing?

We offer the gift of music...and invite you to join our chorus!

www.heartsofharmony.ca

HEARTS OF HARMONY Chorus

We are also available to sing at your event! Inquire for details.

FINANCE FAST TRACK PROGRAM

FREE EMPLOYMENT READINESS & JOB PLACEMENT SERVICES

If you are currently unemployed, have a credit score of 650 or higher, good English and Math skills, and can provide a clean Criminal Reference Check, you have everything you need to get started in a rewarding career in the Financial Services Industry. Make your money helping others manage theirs as a Financial Planner, Investment Advisor, Insurance Broker, and more! And the best part? The training is offered at no cost to you!

CAN Call 403-341-7811 and get started today!
Let us help you find the work you need and build the career you love!

www.boatmart.ca
Sales • Parts • Service • Accessories

Boat Mart

RED DEER LTD.

403.342.7015 8027-Gaetz Avenue, Red Deer

AlumaCraft ♦ Evinrude ♦ Mercury ♦ MerCruiser

ROOF RUNNER ROOFING

Prompt Service
Clean Sites
Superior Results

403.550.2674

roofrunnerroofing@hotmail.com

CASH FOR SCRAP!

WE ACCEPT ALL KINDS OF METAL!

BULLDOG METALS LTD

4305-78 STREET CRESCENT RED DEER

403.347.5815

www.bulldogmetals.net

We buy all metal types and sizes, (Pb) Batteries + Free Bin Service, and Farm Cleanups

© Copyright 2023. No material, text or advertising may be reproduced without the express written consent of the Publisher.

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Red Deer, Edmonton, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!



For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews

Your Catalyst for Marketing Excellence!



Complete Digital Marketing Solutions

- Graphic Design
- Website Development
- Social Media Design/Mgmt.
- Search Engine Marketing & Optimization

COSTAIN CORP

403.597.3372 | www.costaincorp.ca

Open all Summer!

YOUR PLACE FOR SPECIAL EVENTS & ACTIVITIES...

- Whist Tournament first Thurs. each month
- Crib Tournament third Thurs. each month
- Lunch daily, 11 a.m. - 1 p.m.

SENIORS' DOWNTOWN HOUSE
FACILITY RENTAL AVAILABLE

Call 403.346.4043 for information | 5414-43 Street, Red Deer

• Christmas • New Year's • Weddings • Valentine's • Grad • ...and more!

Make Your Special Occasion *Unforgettable* with



ARROW LIMOUSINE
SEDAN AND PARTY BUS LTD.

Call 403-346-0034 to reserve

KNOWLEDGEABLE EXPERT CUSTOMER SERVICE TEAM!

One stop shopping for all your

OFFICE SUPPLIES

Prairie

OP office plus

403.347.2286
orders@prairieop.com
www.prairieop.com

Visit our showroom!
100 - 6660 Taylor Dr., Red Deer

100% CANADIAN OWNED AND OPERATED

OVERHEARD ABOUT Coffee News...

"We have been using Coffee News for five years for our local advertising. They are always very helpful, professional and accommodating to our changing needs. I recommend them for any small business!"

~ Lori Gillan, Trophy loft

For advertising info, call Bryon today at 403.550.1957

Your Weekly Horoscope

ARIES

(March 20 - April 19)



Each of us has a life purpose, whether large or small. Over the next two years, there may be an opportunity to find and advance yours. Try not to hold yourself back. Lucky numbers: 6, 8, 10, 11, 14, 33.

TAURUS

(April 20 - May 20)



Are you in a continued period of obstacles in your path? Unusual events may point you in the right direction. Be careful of distractions that can make you accident prone. Lucky numbers: 9, 16, 20, 25, 27, 35.

GEMINI

(May 21 - June 20)



Geminis tend to bring facts to an argument, but facts don't always win the day. You have a chance now to incorporate a more emotional appeal into your interactions with others. Lucky numbers: 4, 18, 25, 26, 36, 48.

CANCER

(June 21 - July 21)



Change can be hard, but is it perhaps necessary in this case? If so, now may be a good time to come up with a plan of action for what to do next. Lucky numbers: 5, 18, 24, 36, 45, 46.

LEO

(July 22 - Aug. 22)



This month the Sun returns to the position where it was when you were born. Look for a new opportunity that could help you manifest something you are passionate about. Lucky numbers: 2, 10, 35, 40, 41, 46.

VIRGO

(Aug. 23 - Sept. 22)



Each month you have an opportunity to reset your current endeavours. At midweek you may have a few days to do so. How might you want to use it? Lucky numbers: 15, 25, 30, 36, 37, 39.

LIBRA

(Sept. 23 - Oct. 22)



What makes up your comfort zone regarding relationships, career, or legacy? Over the next two years, you may see and integrate an untapped potential within you that expands who you are. Lucky numbers: 7, 22, 28, 32, 42, 47.

SCORPIO

(Oct. 23 - Nov. 21)



Your mind may be working on overdrive but you might not be getting anywhere, especially with others. This could last for a couple of weeks, so be conscious of it. Lucky numbers: 18, 23, 30, 33, 35, 36.

SAGITTARIUS

(Nov. 22 - Dec. 20)



You may find that the energetic flow is easy for the next two weeks. However, if you want to accomplish something in this period, you might need to be proactive. Lucky numbers: 3, 6, 12, 15, 22, 32.

CAPRICORN

(Dec. 21 - Jan. 19)



Are you continuing a recent process of dealing with a long-standing issue? If you are obsessing about a particular situation, now may be a good time to break the pattern. Lucky numbers: 10, 28, 32, 33, 41, 43.

AQUARIUS

(Jan. 20 - Feb. 18)



Are you afraid of allowing yourself to feel so optimistic right now? Perhaps you might try to figure out where that feeling comes from, and how to move past it. Lucky numbers: 1, 12, 26, 41, 42, 43.

PISCES

(Feb. 19 - March 19)



A challenge for Pisces is harnessing your will power to manifest things in the world. The energy right now encourages you to take charge of situations in your life. Lucky numbers: 13, 19, 26, 31, 39, 48.

Lucky numbers this week: This week's odds favour Aquarius winners, with the luckiest number being 12.

Did You Know...

Mighty museum: Fossils, bones, footprints, and reproductions of many kinds of dinosaurs are on display at the Museo Del Jurásico (Jurassic Museum) of Asturias, Spain. The building is even shaped like a tridactyl footprint.

Tiny snake: The Barbados threadsnake (*Tetracheilostoma carlae*) is the world's smallest known snake and actually looks more like a worm. They are about as thick as a piece of spaghetti and live in tropical climates in the Caribbean.

Unwanted weed: Check your city's parks and green spaces for a plant called garlic mustard (*Alliaria petiolata*). Crushing its leaves releases a garlic smell. Young plants are edible, but it is considered an invasive species.

Wrong winner: The 2017 Academy Awards Best Picture was *Moonlight*. But announcers Faye Dunaway and Warren Beatty were handed the wrong envelope. They told the audience that *La La Land* had won. The embarrassing error was soon corrected.

Keeping the beat: A metronome is a device that makes a sound, often a click, to help musicians keep the beat. A musician can set it to a certain number of beats per second, depending on the speed of the music.

On the Lighter Side

Knock! Knock! Who's there? Freeze. Freeze who? Freeze a jolly good fellow...

A doctor broke his leg auditioning for a play. Luckily, he still made the cast.

Parent: "Why are you staring at that carton of orange juice?"
Kid: "Because it says concentrate."

What did the doorknob say to the door? It's your turn.

Optometrist's office: "If you don't see what you're looking for, you've come to the right place."

Answers

Trivia answers: 1. True 2. Atlantic 3. Cheese 4. Ireland 5. Stone

© Published with permission by Costain Corp.

For available franchise opportunities, visit www.coffeeneewscanada.com

Experience our Difference



RED DEER MOTORS

6720 Johnstone Drive / Red Deer
403.347.7777 / www.reddeermotors.com

This Space Is Available

Book NOW to ensure a spot in upcoming issues

Call Bryon now at

403.550.1957



Your Catalyst for Marketing Excellence!



Complete Digital Marketing Solutions

- Graphic Design
- Website Development
- Social Media Design/Mgmt.
- Search Engine Marketing & Optimization

COSTAIN CORP

403.597.3372 | www.costaincorp.ca

Open all Summer!

YOUR PLACE FOR SPECIAL EVENTS & ACTIVITIES...

- Whist Tournament first Thurs. each month
- Crib Tournament third Thurs. each month
- Lunch daily, 11 a.m. - 1 p.m.

SENIORS' DOWNTOWN HOUSE
FACILITY RENTAL AVAILABLE

Call 403.346.4043 for information | 5414-43 Street, Red Deer

• Christmas • New Year's • Weddings • Valentine's • Grad • ...and more!

Make Your Special Occasion *Unforgettable* with



ARROW LIMOUSINE
SEDAN AND PARTY BUS LTD.

Call 403-346-0034 to reserve

KNOWLEDGEABLE EXPERT CUSTOMER SERVICE TEAM!

One stop shopping for all your

OFFICE SUPPLIES

Prairie

OP office plus

403.347.2286
orders@prairieop.com
www.prairieop.com

Visit our showroom!
100 - 6660 Taylor Dr., Red Deer

100% CANADIAN OWNED AND OPERATED

OVERHEARD ABOUT Coffee News...

"We have been using Coffee News for five years for our local advertising. They are always very helpful, professional and accommodating to our changing needs. I recommend them for any small business!"

~ Lori Gillan, Trophy loft

For advertising info, call Bryon today at 403.550.1957

MP Minuteman Press
WE DESIGN, PRINT & PROMOTE... YOU!

P: 403-348-0302
F: 403-348-0332
E: print@mmpress.ca
W: mmpress.ca

- printing
- promotional items
- mailing services

We specialize in Residential Service and repair, including:



TARZAN & JANE
PLUMBING HEATING AND DRAIN

- BBQ Gas Line Installs
- Water Heaters and Plumbing
- Fixture Installation and Repairs

Like & Follow Us facebook

TYLER SUNDGAARD

587.877.4553 | tarzanandjaneplumbing@gmail.com

WE COME TO YOU!



CHANELLE'S MOBILE HAIR CARE

Proudly serving Red Deer and area

CHANELLE FORTH
Licensed Stylist

587.876.3064
chanellesmobilehaircare@gmail.com



See us for all your hunting, fishing and camping needs!

YOUR ONE-STOP OUTDOORS SHOP

GUNS AMMO LICENSES

6, 7667-50 Ave., Red Deer

THE **SPORTSMEN'S DEN**
403.347.7678 • www.sportsmensden.ca

VOKESTONE
C R O W N S

Concrete Floor Renewal

403-921-7340
VOKESTONE.COM



NEED TO DETOX?
DRUG TEST SUPPLIES



NUMEROUS CANNABIS ACCESSORIES



HEMPNSTUF

403-342-HEMP (4367)

5211 GAETZ AVENUE, RED DEER. OPEN 10 AM-11 PM EVERY DAY

Alberta's Premium Wigs and Headwear

Downtown Wigs
formerly: Always Hair For You

By appointment:
403.346.3266

#31, 4917-48 Street, Red Deer

