

**Venner Brand Labs**  
A carefully curated wellness brand dedicated to prioritizing how best to support the concept of mind, body and spirit connections.  
vennerbrandlabs.com  
780.441.1891 vennerbrand@gmail.com  
vennerbrandinc



**FREE!** *New Issue Every Week!*  
**Coffee News**<sup>®</sup>  
"News To Be Enjoyed Over Coffee"  
**Fairview Edition**  
**877-553-6397**  
www.coffee-news.ca  
Est. 1988



Can't get to your **Coffee News** each week?  
Check out our PDF editions online!  
New editions are posted every Monday  
Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!  
www.coffee-news.ca/editions



**Everyone has the right to live free of violence and abuse**  
Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports  
**PEACE RIVER REGIONAL WOMEN'S SHELTER**  
1-877-624-3466  
www.prrws.com  
WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU



**AUTOMOTIVE LIGHT TRUCK REPAIR**  
Out of Province Inspections - \$230  
Rate: \$115/hour  
We service most vehicles, beginning at \$29.95\*  
\*For labour only.  
Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.  
**TRINITY REPAIR LTD.**  
780.338.3848  
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca



**If It Needs Glass, We Can Provide It!**  
Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications  
Mobile service and installation specialists with over 25 years of experience!  
**ALL PRO Glass Ltd.**  
780.978.0088 www.allproglass.ca

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

**When YOU Get Paid We Get Paid**  
We're Here To Help You When You Need Results!  
**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation  
Offices in: Edmonton, Red Deer, and Calgary  
**WIN** one of three \$400 prepaid Visa cards awarded monthly  
Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!  
For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews



**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call 780.421.1177 or text 587.596.5380  
**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart  
• Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice  
www.smallmiraclesadoption.com



**Canada's expert provider of onsite health and safety services**  
Whether it's upstream, midstream, downstream, or industrial, HSE has you covered  
• Fire & Medical Services • H2S Safety • Breathing Air • Confined Space & High Angle Rescue • Environmental Monitoring & Gas Detection  
**INDUSTRIAL HEALTH, SAFETY AND ENVIRONMENT EXPERTS**  
Servicing from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home  
**DXP | HSE INTEGRATED** 780.532.2088  
https://hseintegrated.com goperations@dxpe.com



Vol. 20 No. 28 July 10, 2023

## Everybody's Talking

**Long nails:** A nail technician and makeup artist from Gary, Indiana (U.S.), has been growing her fingernails since 1989. Today, Cordelia Adams boasts nails that are over 12 inches (30.5 cm) long. With such long nails in the way, taking care of daily duties like brushing your teeth or writing a note may seem impossible, but Adams has managed to work around things. Covered with acrylic overlays, her nails are works of art, and she paints new designs on a regular basis. Adams got her love of long fingernails from her mother, who always sported long, painted nails. She loves the attention her nails bring, and says she'd never give them up.

**Money problem:** If someone receives an obviously erroneous paycheque that is worth many times more than expected, most people would be honest and let the employer know about the mistake. Not so for a Chilean employee, who quit work and disappeared after being paid many times more than his usual wage. The meat products company accidentally paid out \$165,398,851 (CLP) instead of \$500,000 (CLP). At first, the person agreed to repay the money, but must have had second thoughts because the money never reappeared. When the company repeatedly tried to make contact, it could not. The company planned to take legal action to be repaid for its expensive mistake.

**Whistling for the players:** At a stadium in Cierny Balog, Slovakia, soccer enthusiasts often have more to watch than just the game. That's because the stadium has a railway track running through it, and it's active. The railway was defunct when the stadium was built in the 1980s. However, locals wanted to reactivate the historic tracks, and they did so. Now, during the summers, a steam-powered engine pulls train cars full of tourists who are determined to view the area's scenery. While it seems odd, the sight of a train chugging past the grandstand in the middle of a game has become a highlight for both spectators and the train's passengers.

**Wedding ring:** When someone loses a wedding ring, it's often gone forever. However, an elderly widow from Looe in Cornwall, England, got the surprise of her long life when she discovered her late husband's wedding ring in the garden after it had been lost for 35 years. Ann Kendrick was cleaning up a garden in her yard when she noticed what she thought was a metal object in the ground under an apple tree. It turned out to be husband Peter's wedding ring, which they hadn't seen since 1987. Kendrick thinks he lost it while working in the yard. She plans to clean up the ring and wear it on a necklace in memory of him.

## Quoteable Quotes

"Whether you think you can or you think you can't, you're right."  
—Henry Ford  
"Rivers know this: there is no hurry. We shall get there someday."  
—A.A. Milne

## What's Happening

**Jul 22-23 - Peace Regional Air Show** Sky dives n wheels up! A thrilling aerobatic show featuring pilots from all over Canada, the US and local Peace Region flyers. Freestyle motocross show, childrens activities, outdoor market, food vendors and more! Full details at peaceregionalairshow.com

**Jun 23 Jul 14 Aug 11 - Night Market** GP Night Market Festival is a unique and exciting event that brings together the best of food, music, and culture. Join us June 23-25, July 14-16, and August 11-13 at 55051 Twp Rd 710, for more information call 780-228-6969

NON profit organizations may submit events for FREE at www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**  
Find the Coffee News Guy hidden in one of the ads, then enter to win!  
**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.  
To enter, visit www.coffee-news.ca  
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!  
NEW FEATURE!  
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. What animal pulls Norse Goddess Freya's chariot—oxen, horses, cats?
2. Vermeer, Van Gogh, or Bosch painted "The Girl With the Pearl Earring"?
3. Is Guatemala's capital San Jose, Guatemala City, or El Esposa?
4. Today's principle secular calendar is Julian or Gregorian?
5. T/F—The hyoid bone is found in the neck?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**THIS SPACE FOR RENT**  
Call 780-220-6397  
OR SCAN HERE FOR MORE INFO



**Ignite Centre for eLearning**  
...where community and connection IGNITE learning!  
**Re-Ignite Your Child's Love of Learning!**  
Spaces for the 2023-24 school year are limited - learn more today!  
Join us for an Info Session to learn more about our gold-standard, inclusive online school for Grades 1 to 12  
**ignitecentre.ca**




**EVERY MONDAY, JUNE 19 - SEPT. 11 | 4-8 PM**  
DINNER'S ALWAYS AT 6 PM  
**TANGENT FARMERS' MARKET**  
Tangent, Alberta  
For more info: 780.837.7179 | lynnelaurin@gmail.com



Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**  
**SAFE STEP WALK-IN TUB**  
1-855-977-9805  
With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



**FREE** Orthodontic/ Invisalign Consult  
**FREE** Implant/ Implant Denture Consult  
**PEACE VALLEY DENTAL**  
Dr. Michael Ho, DMD  
We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).  
OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS  
9811-100 Avenue Peace River, Alberta  
www.peacevalleydental.com  
780.624.3355 • info@peacevalleydental.com



**SHEDS AND PORTABLE BUILDINGS**  
**Need a back yard shed? Give us a call!**  
Est. 2017 Hines Creek  
**BB Burkholder Buildings** 780.772.7433



**We Care About Your Smile!**  
• Upper/lower dentures  
• Implant supported dentures  
• Partial dentures (flexible or metal)  
• Same day relines  
• Soft denture linings for sore gums  
• Natural tooth whitening kits available  
• Night guards/splints  
**Denture & Implant Cottage**  
Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique  
**SEMCD CERTIFIED CLINICIAN**  
REPAIRS WITHIN THE HOUR! 780-624-4573  
9803 - 98 Avenue, Peace River Wheelchair friendly



www.scubagearcanada.ca

Affordable-Effective-Exclusive-CALL NOW!

**HIP OR KNEE REPLACEMENT?**  
 THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

Alan A. Duncan  
 AACI

**PLANT & ASSOCIATES**  
 APPRAISAL SERVICES INC.

**Real Estate Appraisals**

- Residential
- Agricultural
- Commercial

**780.219.7511**

**We've moved...**  
 VISIT US IN OUR NEW LOCATION!

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
 BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
**780.962.5220 | www.giftsandgadgets.ab.ca**

**Return to a Gentler Time...**

Stay in one of our cozy rooms with delightful vintage detail. Invite your friends for breakfast, or for charcuterie by the fire, or plan a dinner party.

We'll prepare a sit down meal for up to 10, or a fireside schmooze for as many as 30. Or plan something al fresco and we'll prepare a gourmet picnic for you!

**Miramichi House**  
 BED & BREAKFAST  
 11120-103 Avenue, Fairview  
**miramichihouse@gmail.com | www.mhbnb.ca**

**EQUIPMENT FINANCING**  
 with  
**ENTOURAGE CAPITAL GROUP**  
 EQUIPMENT FINANCING ♦ ASSET BASED LENDING

**Cash Back Options with Sale Leasebacks & Refinancing**

We Finance Used

- AGRICULTURE
- TRANSPORTATION
- CONSTRUCTION
- FORESTRY
- MOWERS & LANDSCAPING
- EQUIPMENT REPAIRS

We Finance New

**APPROVALS IN HOURS, NOT DAYS**

**Call or Text Adam Today! 780.919.2003**  
 adam@entouragecapitalgroup.com entouragecapitalgroup.com

**Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?**

We can assist with any and all unpaid rental amounts, including your entitlement to interest

**KMSC LAW LLP**  
**LongRunClassAction.CA**

**25 WORDS OR LESS**  
 WEEKDAYS 3PM  
 yesTV

**SHOP ONLINE!**  
**www.scubagearcanada.ca**

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
 11781-156 St., Edmonton **780.483.0044**

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

# Your Weekly Horoscope

**ARIES**  
 (March 20 - April 19)

There's a well-known saying that goes, "When the student is ready, the teacher appears." Does this apply to you now? Are you the student, the teacher, or perhaps both? Lucky numbers: 11, 21, 24, 28, 31, 44.

**TAURUS**  
 (April 20 - May 20)

What would bring more pleasure into your life? Consider whether you might need to make a large-scale shift or if something smaller would suffice for now. Perhaps a vacation? Lucky numbers: 3, 10, 14, 22, 31, 42.

**GEMINI**  
 (May 21 - June 20)

At midweek, your mind may be especially sharp. However, if you experience information overload, find a means of stress reduction. Once this phase passes, you can integrate the insights. Lucky numbers: 5, 6, 8, 13, 17, 36.

**CANCER**  
 (June 21 - July 21)

Letting go can be difficult, but this week try to focus on wrapping up any situations that may have reached their end. Next week you might be glad that you did. Lucky numbers: 11, 17, 29, 36, 37, 39.

**LEO**  
 (July 22 - Aug. 22)

Over the next several weeks, you may be able to fully express your enthusiasm in your interactions with others. If you share this, you might see its positive impact on them. Lucky numbers: 8, 15, 27, 29, 39, 45.

**VIRGO**  
 (Aug. 23 - Sept. 22)

You are entering a two-month period where you can become what may be called a "scholar-warrior." Using facts and data, you might achieve a victory that protects and serves others. Lucky numbers: 2, 6, 17, 19, 34, 35.

**LIBRA**  
 (Sept. 23 - Oct. 22)

You may feel a desire to improve your health and well-being over the next couple of months. This might be a good process for Libras, who tend to focus on others. Lucky numbers: 4, 10, 23, 30, 43, 47.

**SCORPIO**  
 (Oct. 23 - Nov. 21)

Your ability to pick up on the emotions of others may be disrupted. Do you find this disconcerting or a relief? Try to integrate the discordant energy or perhaps wait it out. Lucky numbers: 10, 17, 19, 26, 33, 35.

**SAGITTARIUS**  
 (Nov. 22 - Dec. 20)

Your heart and mind may be out of sync at midweek. See if you can find a balance between the two, or perhaps wait out the situation for a few days. Lucky numbers: 7, 8, 15, 23, 33, 44.

**CAPRICORN**  
 (Dec. 21 - Jan. 19)

Early in the week, a flash of insight may arise from your unconscious. This might be a bit frightening, so sit quietly with it before acting. Seek help if you need it. Lucky numbers: 9, 10, 12, 23, 40, 48.

**AQUARIUS**  
 (Jan. 20 - Feb. 18)

There are many challenges in the world, but your response doesn't have to always be serious. The next several weeks could have an optimistic dynamic. Can you integrate it? Lucky numbers: 1, 3, 4, 9, 21, 47.

**PISCES**  
 (Feb. 19 - March 19)

Are you clear on what you are passionate about? This week you might receive information that may require you to make some adjustments in order to achieve what you value. Lucky numbers: 6, 16, 20, 22, 28, 36.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 3.

## Did You Know...

**Lightning tips:** In a situation where lightning may strike, move quickly inside a building or hardtop car. If that is not possible, move to low ground, away from tall objects and water, and crouch in a ball position with head tucked.

**Spicy mix:** The spice blend *merquén*, or *merkén*, is important in Chile's Indigenous Mapuche cuisine. *Aji cacho de cabra* (goat's horn peppers) are harvested, dried, smoked, and blended with ground coriander, cumin, and salt. Mmmm!

**Wish on a bone:** A turkey's wishbone is considered a good luck charm in the U.S. After Thanksgiving dinner, two people each pull one end, and whoever snaps off the larger piece can make a wish.

**Caterpillar capers:** Someone wanting a snack in Costa Rica's La Amistad National Park might want to visit La Orunga Restaurante in Altamira de Biolley. Looking like a caterpillar from a children's storybook, the restaurant includes a craft shop.

**Trek town:** The town of Vulcan, Alberta (Canada), was named for the Roman god of fire. Because "Vulcan" is also an alien species in the *Star Trek* movies, the town is known as the Official Star Trek Capital of Canada.

## On the Lighter Side

How did the fairy tale end? It was kinda Grimm.  
 Did you hear about the magic tractor? It turned into a field.  
 Knock! Knock! Who's there? Sonata. Sonata who? Sonata big deal.

In a restaurant window: "Don't stand there and be hungry; come on in and get fed up."

Bob: "I don't think these passport photos do me justice."  
 Bill: "You don't want justice, you want mercy."

## Answers

**Trivia answers:** 1. Cats 2. Vermeer 3. Guatemala City 4. Gregorian 5. True

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**GENERAC**

**Prepare for power outages today**  
 WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$895 Value!

**REQUEST A FREE QUOTE**  
 CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**PEACE RIVER VISION CLINIC**

Family Eye Care

- Eye Exams
- Designer Frame Lenses
- Contact Lenses
- Glaucoma Eye Evaluations
- Diabetes Eye Evaluations
- Safety Glasses

■ New Patients and Walk-ins Welcome!  
 ■ Direct Billing

**780-624-4265**  
[www.drmikehopperoptometry.com](http://www.drmikehopperoptometry.com)

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

**Frontline** 780.760.6922  
[frontlineconsulting.ca](http://frontlineconsulting.ca)

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

**Alberta Council on Aging**

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:  
**www.acaging.ca**

780-423-7781 or toll free 1.888.423.9666  
 Email: office@acaging.ca

Be the voice for your community.  
**Become a Volunteer!**

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**They are the next Finest candles you will EVER find!**

**PSC** Prairie Scented Candles  
**Sunset Scents** a RAY of Fragrance

**prairiescentedcandles@gmail.com**  
**www.prairiescentedcandles.com**

Are you a business owner/office manager? Have 3-20 employees in your office?  
**Paying too much for your current phone system?**

**We can save you up to 50% off your current phone rates!**

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

**587.760.2800**  
**https://zettatelecom.com**

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**inogen**

**FREEDOM. TO BE YOU.**

Call **1-888-998-6714** for a free consultation.

MKT-P0240

**COLD SHOT**  
 A DIVISION OF BALMARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: **www.coldshotca.com**  
 Passenger Website: **www.coldshot.ca**

**TICKETS: 587-557-7719 | PARCEL: 587-557-7718**

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005