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Wedding ring: When someone loses a wedding ring, it's often gone forever. However, an elderly widow from Looe in Cornwall, England, got the surprise of her long life when she discovered her late husband's wedding ring in the garden after it had been lost for 35 years. Ann Kendrick was cleaning up a garden in her yard when she noticed what she thought was a metal object in the ground under an apple tree. It turned out to be husband Peter's wedding ring, which they hadn't seen since 1987. Kendrick thinks he lost it while working in the yard. She plans to clean up the ring and wear it on a necklace in memory of him.

### Quoteable Quotes

"Whether you think you can or you think you can't, you're right." –Henry Ford

"Rivers know this: there is no hurry. We shall get there someday." —A.A. Milne



(Over)

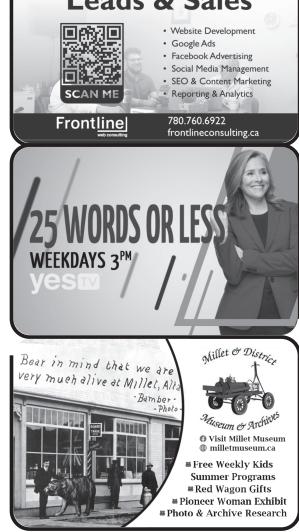
Jul 29 - Summer in the City Summer in the City is a chance for Leduc families to get together outside in various locations enjoying all the fun the Leduc plans to offer. Taking place throughout the city from 10am-6pm. Visit eventbrite.ca for more info NON profit organizations may submit events for FREE at THE DISABILITY TAX CREDIT ALLOWS FOR A www.coffee-news.ca \$2,500 YEARLY TAX CREDIT Hidden Coffee News Guy \$30,000 LUMP SUM REFUND To enter, visit www.coffee-news.ca Submit your birth date and we'll send you a birthday card with valuable offers on your special day! NEW FEATURE! **Restrictions in Walking** Find the Coffee News Guy hidden or Dressing may qualify in one of the ads, then enter to win! \$400<sup>°</sup> Prize Package <sup>°</sup> Coffee News Bucks <sup>°</sup> Coffee News Bucks \* Coffee News Bucks Over 150 participating sponsors! ners (\$100 each) will be drawn on the 15th of each month from all correct entri FOR EXPERT HELP: 1-844-453-5372 Trivia 1. What animal pulls Norse Goddess Freya's chariot—oxen, horses, cats? A carefully curated 2. Vermeer, Van Gogh, or Bosch painted "The Girl With the Pearl wellness brand dedicated to prioritizina Earring"? how best to support the 3. Is Guatemala's capital San Jose, Guatemala City, or El Esposa? concept of mind, body 際樂。 and spirit connections. 4. Today's principle secular calendar is Julian or Gregorian? 回復設 vennerbrandlabs.com 5. T/F—The hyoid bone is found in the neck? 780,441,1891 vennerbrand@gmail.com f vennerbrandinc (Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd



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# Your Weekly Horoscope

(Sept. 23 - Oct. 22)

10, 23, 30, 43, 47.

10, 17, 19, 26, 33, 35.

(Nov. 22 - Dec. 20)

**SAGITTARIUS** 

23, 33, 44.

**CAPRICORN** 

**AQUARIUS** 

(Dec. 21 - Jan. 19)

(Oct. 23 - Nov. 21)

**SCORPIO** 

ARIES (March 20 - April 19)

There's a well-known saying that goes, "When the student is ready, the teacher appears." Does this apply to you now? Are you the student, the

teacher, or perhaps both? Lucky numbers: 11, 21, 24, 28, 31, 44. **TAURUS** 

#### (April 20 – May 20)

What would bring more pleasure into your life? Consider whether you might need to make a large-scale shift or if something smaller would

suffice for now. Perhaps a vacation? Lucky numbers: 3, 10, 14, 22, 31, 42. **GEMINI** 

#### (May 21 - June 20)

At midweek, your mind may be especially sharp. However, if you experience information overload, find a means of stress reduction. Once this phase

passes, you can integrate the insights. Lucky numbers: 5, 6, 8, 13, 17, 36. CANCER

#### (June 21 – July 21)

Letting go can be difficult, but this week try to focus on wrapping up any situations that may have reached their end. Next week you might be

glad that you did. Lucky numbers: 11, 17, 29, 36, 37, 39. LEO

### (July 22 - Aug. 22)

Over the next several weeks, you may be able to fully express your enthusiasm in your interactions with others. If you share this, you might see its positive impact on them. Lucky numbers: 8, 15, 27, 29, 39, 45.

VIRGO

#### (Aug. 23 - Sept. 22)

You are entering a twomonth period where you can become what may be called a "scholar-warrior." Using facts and data, you might achieve a victory

that protects and serves others. Lucky numbers: 2, 6, 17, 19, 34, 35.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 3.

### Did You Know...

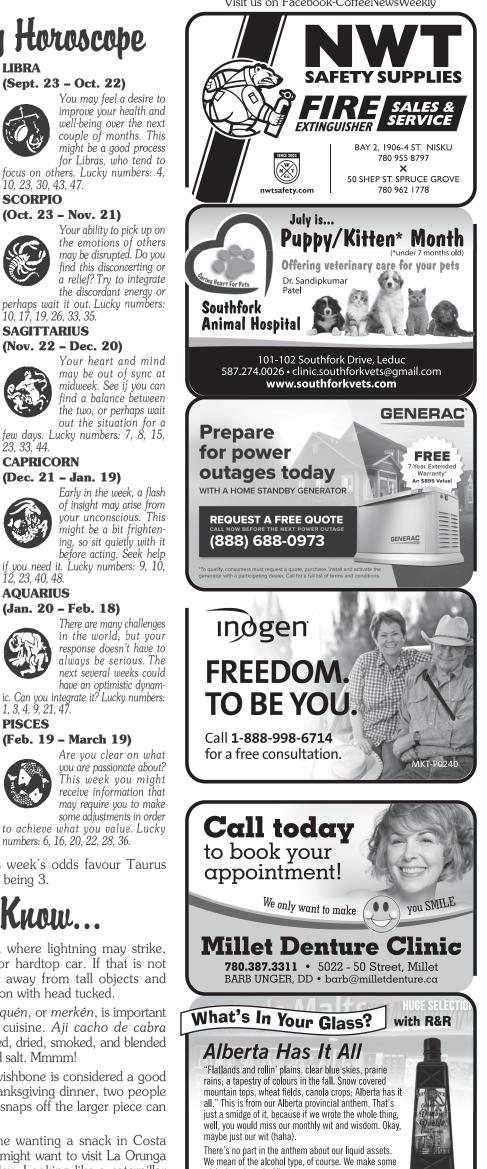
**Lightning tips:** In a situation where lightning may strike, move quickly inside a building or hardtop car. If that is not possible, move to low ground, away from tall objects and water, and crouch in a ball position with head tucked.

**Spicy mix:** The spice blend *merquén*, or *merkén*, is important in Chile's Indigenous Mapuche cuisine. Aji cacho de cabra (goat's horn peppers) are harvested, dried, smoked, and blended with ground coriander, cumin, and salt. Mmmm!

Wish on a bone: A turkey's wishbone is considered a good luck charm in the U.S. After Thanksgiving dinner, two people each pull one end, and whoever snaps off the larger piece can make a wish.

Caterpillar capers: Someone wanting a snack in Costa Rica's La Amistad National Park might want to visit La Orunga Restaurante in Altamira de Biolley. Looking like a caterpillar from a children's storybook, the restaurant includes a craft shop. **Trek town:** The town of Vulcan, Alberta (Canada), was named for the Roman god of fire. Because "Vulcan" is also an alien species in the Star Trek movies, the town is known as the Öfficial Star Trek Capital of Canada.

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**PISCES** 

some adjustments in order to achieve what you value. Lucky numbers: 6, 16, 20, 22, 28, 36.



(Jan. 20 - Feb. 18)

## On the Lighter Side

How did the fairy tale end? It was kinda Grimm.

Did you hear about the magic tractor? It turned into a field.

Knock! Knock! Who's there? Sonata. Sonata who? Sonata big deal.

In a restaurant window: "Don't stand there and be hungry; come on in and get fed up."

Bob: "I don't think these passport photos do me justice." Bill: "You don't want justice, you want mercy."

### Answers

4. Gregorian 5. True Trivia answers: 1. Cats 2. Vermeer 3. Guatemala City

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