

PEACE RIVER VISION CLINIC

Eye Exams
Designer Frame Lenses
Contact Lenses
Glaucoma Eye Evaluations
Diabetes Eye Evaluations
Safety Glasses

Family Eye Care
New Patients and Walk-ins Welcome!
Direct Billing

780-624-4265
www.drmikehopperoptometry.com
Open Mon to Fri, 8:45 a.m.-5:00 p.m.



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?

We can assist with any and all unpaid rental amounts, including your entitlement to interest

KMSC LAW LLP
LongRunClassAction.ca



FREE Orthodontic/Invisalign Consult

FREE Implant/Implant Denture Consult


PEACE VALLEY DENTAL

Dr. Michael Ho, DMD

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

9811-100 Avenue
Peace River, Alberta
www.peacevalleydental.com
780.624.3355 • info@peacevalleydental.com



Call us for all your safety training needs

TRAINING SESSIONS
BOOK 5, GET THE 6th FREE
CALL US FOR DETAILS!

Scan for courses and dates

Public, private and on site classes available

Servicing from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home

DXP HSE INTEGRATED
780.532.2088
https://hseintegrated.com
gptraining@dxpe.com



COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005




Everyone has the right to live free of violence and abuse

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

PEACE RIVER REGIONAL WOMEN'S SHELTER

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

1-877-624-3466
www.prrws.com



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear
- Reef-Safe Sunscreen
- Beach Water Shoes
- Dry Bags & Wallets
- UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Fairview Edition
877-553-6397

www.coffee-news.ca



Vol. 20 No. 29 July 17, 2023

Everybody's Talking

Elderly runner: Most octogenarians have reached an age when they slow down a little. Not so for Barbara Humbert, an 80-something-year-old great-grandmother who ran 125 kilometres (78 mi.) in 24 hours. The elderly woman from Val d'Oise, France, competed in the French Championships in Brive-la-Gaillarde, and she broke the record for her age group. Humbert is not new to running. She started when she was in her 40s and has run many races over years, including 54 marathons. She usually runs 45 kilometres (28 mi.) per week. Although she has had a few minor injuries over the years, she managed to maintain her training, which gives her much more flexibility than many women of her age.

Lonely tree: A tree in Thailand has been dubbed the country's "loneliest tree." It grows on a tiny rocky islet called Koh Khai Hua Roh, which is just large enough to hold the tree and four or five people. Tourists can view it off the east coast of the country in Trat Province. A taban tree (Xylocarpus ramphii), this unique specimen can survive in the salt water that surrounds it on all sides. Social media has popularized the site, and many tourists visit to sit in the tree's branches and take photos. All of this traffic has caused damage, so the local administration is taking steps to curb visitors.

Name change: A promotion by a sushi restaurant chain in Taiwan convinced some people to legally change their names to include the word "Salmon." If people were willing to make the change, they were given great deals at the restaurant, such as free, all-you-can-eat sushi dinners for five diners. Many of the takers changed their names back to their original monikers, but government officials were not impressed. They said the promotion wasted employees' time and resources. Taiwan allows people to make up to three legal name changes, so the sushi-lovers will need to keep a count of their changes so they don't get stuck with a fishy name.

Contemporary art: "Stained Glass Geek" is the nickname that a Dutch artist has given himself. Arjan Boeve boasts an art degree and dabbled in many forms of artistic expression before landing on stained glass as his main medium. But there is a difference between his work and the traditional type of stained glass pieces that beautify churches and homes. His slant is as modern as it gets because he uses pop art as his muse. For example, video game and cartoon characters find their way into his work, and he has done a series on eggs breaking out of their shells. Boeve hopes his work will inspire other glass artists to create contemporary pieces.

Quoteable Quotes

"Who you are surrounded by often determines who you become."
—Vicky Saunders

"For small creatures such as we, the vastness is bearable only through love."
—Carl Sagan

What's Happening

Jul 22-23 - Peace Regional Air Show Sky dives n wheels up! A thrilling aerobatic show featuring pilots from all over Canada, the US and local Peace Region flyers. Freestyle motocross show, childrens activities, outdoor market, food vendors and more! Full details at peaceregionalairshow.com

Jun 23 Jul 14 Aug 11 - Night Market GP Night Market Festival is a unique and exciting event that brings together the best of food, music, and culture. Join us June 23-25, July 14-16, and August 11-13 at 55051 Twp Rd 710, for more information call 780-228-6969

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. A frog is a vertebrate—T/F?
2. South Sandwich Trench is in the Atlantic, Pacific, or Indian Ocean?
3. Is Ami du Chambertin a type of cheese or wine?
4. The village of Muff is in Norway, Germany, or Ireland?
5. Is flint corn named for the stone or the city of Flint, Michigan (U.S.)?

(Flip bottom of page for answers)

BLUE BLOODS

MON - THURS 9:00

yesTV



We Care About Your Smile!

- Upper/lower dentures
- Implant supported dentures
- Partial dentures (flexible or metal)
- Same day relines
- Soft denture linings for sore gums
- Natural tooth whitening kits available
- Night guards/splints

Call today to inquire about achieving suction on your lower denture with the new SEMCD Lower Suction Technique

Denture & Implant Cottage

REPAIRS WITHIN THE HOUR! **780-624-4573**
9803 - 98 Avenue, Peace River Wheelchair friendly



THIS SPACE FOR RENT

Call **780-220-6397**

OR SCAN HERE FOR MORE INFO



Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com



Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Return to a Gentler Time...

Stay in one of our cozy rooms with delightful vintage detail. Invite your friends for breakfast, or for charcuterie by the fire, or plan a dinner party.

We'll prepare a sit down meal for up to 10, or a fireside schmooze for as many as 30. Or plan something af fresco and we'll prepare a gourmet picnic for you!

Built in 1935, for the W. P. Loggie family, Miramichi House was designed by architect Richard Blakey, who also had a part in designing the Alberta Legislature buildings.

Miramichi House
BED & BREAKFAST
11120-103 Avenue, Fairview
miramichihouse@gmail.com | www.mhbnb.ca



EVERY MONDAY, JUNE 19 - SEPT. 11 | 4-8 PM
DINNER'S ALWAYS AT 6 PM

TANGENT FARMERS' MARKET

Tangent, Alberta

For more info: 780.837.7179 | lynnelaurin@gmail.com

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Injured? Now What? We Help - A Lot!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

Alan A. Duncan A.A.C.I.

PLANT & ASSOCIATES APPRAISAL SERVICES INC.

Real Estate Appraisals

- Residential
- Agricultural
- Commercial

780.219.7511

inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.

MKT-P0240

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

Venner Brand Labs

A carefully curated wellness brand dedicated to prioritizing how best to support the concept of mind, body and spirit connections.

vennerbrandlabs.com

780.441.1891 vennerbrand@gmail.com
vennerbrandinc

Create vibrancy and well being in your life.

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Each of us has a life purpose, whether large or small. Over the next two years, there may be an opportunity to find and advance yours. Try not to hold yourself back. Lucky numbers: 6, 8, 10, 11, 14, 33.

TAURUS
(April 20 - May 20)

Are you in a continued period of obstacles in your path? Unusual events may point you in the right direction. Be careful of distractions that can make you accident prone. Lucky numbers: 9, 16, 20, 25, 27, 35.

GEMINI
(May 21 - June 20)

Geminis tend to bring facts to an argument, but facts don't always win the day. You have a chance now to incorporate a more emotional appeal into your interactions with others. Lucky numbers: 4, 18, 25, 26, 36, 48.

CANCER
(June 21 - July 21)

Change can be hard, but is it perhaps necessary in this case? If so, now may be a good time to come up with a plan for what to do next. Lucky numbers: 5, 18, 24, 36, 45, 46.

LEO
(July 22 - Aug. 22)

This month the Sun returns to the position where it was when you were born. Look for a new opportunity that could help you manifest something you are passionate about. Lucky numbers: 2, 10, 35, 40, 41, 46.

VIRGO
(Aug. 23 - Sept. 22)

Each month you have an opportunity to reset your current endeavours. At midweek you may have a few days to do so. How might you want to use it? Lucky numbers: 15, 25, 30, 36, 37, 39.

LIBRA
(Sept. 23 - Oct. 22)

What makes up your comfort zone regarding relationships, career, or legacy? Over the next two years, you may see and integrate an untapped potential within you that expands who you are. Lucky numbers: 7, 22, 28, 32, 42, 47.

SCORPIO
(Oct. 23 - Nov. 21)

Your mind may be working on overdrive but you might not be getting anywhere, especially with others. This could last for a couple of weeks, so be conscious of it. Lucky numbers: 18, 23, 30, 33, 35, 36.

SAGITTARIUS
(Nov. 22 - Dec. 20)

You may find that the energetic flow is easy for the next two weeks. However, if you want to accomplish something in this period, you might need to be proactive. Lucky numbers: 3, 6, 12, 15, 22, 32.

CAPRICORN
(Dec. 21 - Jan. 19)

Are you continuing a recent process of dealing with a long-standing issue? If you are obsessing about a particular situation, now may be a good time to break the pattern. Lucky numbers: 10, 28, 32, 33, 41, 43.

AQUARIUS
(Jan. 20 - Feb. 18)

Are you afraid of allowing yourself to feel so optimistic right now? Perhaps you might try to figure out where that feeling comes from, and how to move past it. Lucky numbers: 1, 12, 26, 41, 42, 43.

PISCES
(Feb. 19 - March 19)

A challenge for Pisces is harnessing your will power to manifest things in the world. The energy right now encourages you to take charge of situations in your life. Lucky numbers: 13, 19, 26, 31, 39, 48.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 12.

Did You Know...

Mighty museum: Fossils, bones, footprints, and reproductions of many kinds of dinosaurs are on display at the Museo Del Jurásico (Jurassic Museum) of Asturias, Spain. The building is even shaped like a tridactyl footprint.

Tiny snake: The Barbados threadsnake (*Tetracheilostoma carlae*) is the world's smallest known snake and actually looks more like a worm. They are about as thick as a piece of spaghetti and live in tropical climates in the Caribbean.

Unwanted weed: Check your city's parks and green spaces for a plant called garlic mustard (*Alliaria petiolata*). Crushing its leaves releases a garlic smell. Young plants are edible, but it is considered an invasive species.

Wrong winner: The 2017 Academy Awards Best Picture was *Moonlight*. But announcers Faye Dunaway and Warren Beatty were handed the wrong envelope. They told the audience that *La La Land* had won. The embarrassing error was soon corrected.

Keeping the beat: A metronome is a device that makes a sound, often a click, to help musicians keep the beat. A musician can set it to a certain number of beats per second, depending on the speed of the music.

On the Lighter Side

Knock! Knock! Who's there? Freeze. Freeze who? Freeze a jolly good fellow...

A doctor broke his leg auditioning for a play. Luckily, he still made the cast.

Parent: "Why are you staring at that carton of orange juice?"
Kid: "Because it says concentrate."

What did the doorknob say to the door? It's your turn.

Optometrist's office: "If you don't see what you're looking for, you've come to the right place."

Answers

Trivia answers: 1. True 2. Atlantic 3. Cheese 4. Ireland 5. Stone

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

EQUIPMENT FINANCING

with **ENTOURAGE CAPITAL GROUP**
EQUIPMENT FINANCING ♦ ASSET BASED LENDING

Cash Back Options with Sale Leasebacks & Refinancing

We Finance Used: AGRICULTURE, TRANSPORTATION, CONSTRUCTION & LANDSCAPING, MOWERS & FORESTRY, EQUIPMENT REPAIRS

APPROVALS IN HOURS, NOT DAYS

Call or Text Adam Today! 780.919.2003
adam@entouragecapitalgroup.com entouragecapitalgroup.com

AUTOMOTIVE LIGHT TRUCK REPAIR

Out of Province Inspections - \$230
Rate: \$115/hour
We service most vehicles, beginning at \$29.95*

*For labour only.
Services include up to 5L 5W/30 or 5W/20 conventional oil, oil filter and a 34 point inspection.

TRINITY REPAIR LTD.
780.338.3848
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

SERVING THE COMMUNITY FOR OVER 18 YEARS

GENERAC

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

FREE 7-Year Extended Warranty* An \$895 Value!

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

Ignite Centre for eLearning

...where community and connection IGNITE learning!

Re-Ignite Your Child's Love of Learning!

Spaces for the 2023-24 school year are limited - learn more today!

Join us for an Info Session to learn more about our gold-standard, inclusive online school for Grades 1 to 12

ignitecentre.ca

WE SPECIALIZE IN SHEDS AND PORTABLE BUILDINGS

Need a back yard shed? Give us a call!

Est. 2017 Hines Creek

Burkholder Buildings 780.772.7433

WEBSITES

From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:
www.acaging.ca

780-423-7781 or toll free 1-888-423-9666
Email: office@acaging.ca

Be the voice for your community. Become a Volunteer!

Alberta Council on Aging Let's Stop Ageism

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com