



Jul 14 - Friday Family Fun Join us for some summer fun at Lion's Park from 11am-1pm. Come soak up the sun, chit chat with staff, and play! Limited hot dogs and treats available.

Aug 5-7 - Edmonton Heritage Festival Experience the world in a weekend without leaving Edmonton at the world's largest multicultural festival. Sample culinary treats, shop for artwork, and CN-Proudly printed by One to One Mailing



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chat with folks from all over the world. Temporarily relocated to the Edmonton Expo Centre.

> NON profit organizations may submit events for FREE at www.coffee-news.ca



in one of the ads, then enter to win!

* Coffee News Bucks Over 150 participating sponsors! ners (\$100 each) will be drawn on the 15th of each month from all correct entri

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy



Dealing with anger, self

hatred, unforgiveness,

For more info visit: **swma.ca**



The World's #1 Restaurant Publication!

Trivia

1. A frog is a vertebrate—T/F?

FREE!

age

cecome."

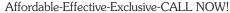
- 2. South Sandwich Trench is in the Atlantic, Pacific, or Indian Ocean?
- 3. Is Ami du Chambertin a type of cheese or wine?
- 4. The village of Muff is in Norway, Germany, or Ireland?

Prize Package

5. Is flint corn named for the stone or the city of Flint, Michigan (U.S.)?

(Flip bottom of page for answers)

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Your Weekly Horoscope

(Sept. 23 - Oct. 22)

What makes up your com-

fort zone regarding rela-

tionships, career, or legacy?

Over the next two years,

you may see and integrate

an untapped potential

Your mind may be work-

ing on overdrive but you might not be getting any-

where, especially with

others. This could last for

a couple of weeks, so be

You may find that the energetic flow is easy for

the next two weeks. How-

ever, if you want to accom-

plish something in this

period, you might need to

Are you continuing a

recent process of dealing

with a long-standing issue?

If you are obsessing about

a particular situation, now

may be a good time to

Are you afraid of allowing

yourself to feel so opti-

within you that expands who you are.

conscious of it. Lucky numbers: 18, 23,

be proactive. Lucky numbers: 3, 6, 12, 15, 22, 32.

break the pattern. Lucky numbers: 10,

Lucky numbers: 7, 22, 28, 32, 42, 47.

(Oct. 23 - Nov. 21)

SCORPIO

30, 33, 35, 36.

SAGITTARIUS

CAPRICORN

28, 32, 33, 41, 43.

AQUARIUS

(Dec. 21 - Jan. 19)

(Nov. 22 - Dec. 20)

ARIES

(March 20 – April 19) Each of us has a life purpose, whether large or small. Over the next two years, there may be an opportunity to find and advance yours. Try

not to hold yourself back. Lucky numbers: 6, 8, 10, 11, 14, 33. **TAURUS**

(April 20 - May 20)

Are you in a continued period of obstacles in your path? Unusual events may point you in the right direction. Be careful of distractions that can make

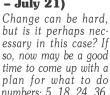
you accident prone. Lucky numbers: 9, 16, 20, 25, 27, 35. **GEMINI**

(May 21 - June 20)

Geminis tend to bring facts to an argument, but facts don't always win the day. You have a chance now to incorporate a more emotional appeal into

your interactions with others. Lucky numbers: 4, 18, 25, 26, 36, 48. CANCER

(June 21 – July 21)



next. Lucky numbers: 5, 18, 24, 36, 45, 46. LEO

(July 22 - Aug. 22)

This month the Sun returns to the position where it was when you were born. Look for a new opportunity that could help you manifest something you are passionate about. Lucky numbers: 2,

10, 35, 40, 41, 46. VIRGO

(Aug. 23 - Sept. 22)

Each month you have an opportunity to reset your current endeavours. At midweek you may have a few days to do so. How might you

want to use it? Lucky numbers: 15, 25, 30, 36, 37, 39.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 12.

Did You Know...

Mighty museum: Fossils, bones, footprints, and reproductions of many kinds of dinosaurs are on display at the Museo Del Jurásico (Jurassic Museum) of Asturias, Spain. The building is even shaped like a tridactyl footprint.

Tiny snake: The Barbados threadsnake (Tetracheilostoma carlae) is the world's smallest known snake and actually looks more like a worm. They are about as thick as a piece of spaghetti and live in tropical climates in the Caribbean.

Unwanted weed: Check your city's parks and green spaces for a plant called garlic mustard (Alliaria petiolata). Crushing its leaves releases a garlic smell. Young plants are edible, but it is considered an invasive species.

Wrong winner: The 2017 Academy Awards Best Picture was Moonlight. But announcers Faye Dunaway and Warren Beatty were handed the wrong envelope. They told the audience that La





mistic right now? Perhaps you might try to figure out where that feeling comes from, and how to move past it. Lucky numbers: 1, 12, 26, 41, 42, 43.

PISCES

(Feb. 19 - March 19)

A challenge for Pisces is harnessing your will power to manifest things in the world. The energy right now encourages you to take charge of situations

in your life. Lucky numbers: 13, 19, 26, 31, 39, 48.



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La Land had won. The embarrassing error was soon corrected.

Keeping the beat: A metronome is a device that makes a sound, often a click, to help musicians keep the beat. A musician can set it to a certain number of beats per second, depending on the speed of the music.

On the Lighter Side

Knock! Knock! Who's there? Freeze. Freeze who? Freeze a jolly good fellow...

A doctor broke his leg auditioning for a play. Luckily, he still made the cast.

Parent: "Why are you staring at that carton of orange juice?" Kid: "Because it says concentrate."

What did the doorknob say to the door? It's your turn.

Optometrist's office: "If you don't see what you're looking for, you've come to the right place."

Answers

5. Stone

Trivia answers: J. True 2. Atlantic 3. Cheese 4. Ireland

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