

South Central Edmonton Edition

Over Coffee"

www.coffee-news.ca

Vol. 20 No. 30 July 24, 2023

Everybody's Talking

Edible art? A New Zealand art gallery in Auckland was brave enough to display a piece of art that many may not consider to be art. The piece in question is a pickle from a fast food cheeseburger, smudged with a bit of sauce. Australian artist Matthew Griffin flung the pickle up to the ceiling of the Michael Lett Gallery, where it stuck. According to experts in the art field, an art installation such as this serves to get people talking about what is art, what isn't art, and why. The piece is called "Pickle." Needless to say, the online response revealed a mixture of lovers and haters of the whole thing.

Expensive date: A man from Shanghai, China, wasn't pleased when he and his girlfriend broke up. So he requested payback for things he helped finance during their relationship, to the tune of approximately \$9,000 (USD). Astonishingly, he presented her with a detailed log of expenditures, requesting payback in part or in full for the items listed. For example, he demanded half the cost of a dinner bill for food they had shared, and the entire amount of a bill for a snack, which his girlfriend reportedly had eaten herself. The man had also helped care for his girlfriend's mother, and he wanted to be paid back for expenses related to that, too.

Open road: An ice road open during the winter months connects mainland Estonia to Hiiumaa, an island in the Baltic Sea. The longest ice road in Europe, it is approximately 25 kilometres (15.5 mi.) long. Ice roads have some unusual rules. No one is allowed to wear a seatbelt because if the car breaks through the ice, people have to be able to get out of the vehicle. No vehicles are allowed on an ice road after the sun sets. At all times, drivers must maintain a distance of 250 metres (820 ft.) between their vehicle and the one ahead to minimize the load on one part of the ice. And speed limits are strict.

Sloped field: People who play soccer can get worn out from running around the large field, but that's nothing compared to what the participants of extreme alpine soccer must endure. This game has the same rules as normal soccer, but is played on steep mountain slopes in Austria. In 2014, some soccer-loving locals in the Montafon valley decided to come up with a game that would be more challenging than playing on a flat field. Co-inventors Franz Mair and Peppi Knünz knew that players would be able to keep up with the pace in this physically demanding game. Needed attributes? Strong legs and stamina that are common in the Alps.

Quoteable Quotes

"Let go of who you think you're supposed to be; embrace who —Brené Brown

"Happiness lies not in finding what is missing, but in finding what is present." —Tara Brach

What's Happening

Aug 5-7 - Edmonton Heritage Festival Experience the world in a weekend without leaving Edmonton at the world's largest multicultural festival. Sample culinary treats, shop for artwork, and chat with folks from all over the world. Temporarily relocated to the Edmonton Expo Centre.

Jul 23 - Summer Market Taking place from 11am-4pm and featuring 50 local vendors, handmade goods, specialty vendors, jewelry, cosmetics, baked goods and so much more! Food trucks on site! Beaumont Community Centre, 5204 50 Ave.

> NON profit organizations may submit events for FREE at www.coffee-news.ca



To enter, visit www.coffee-news.ca

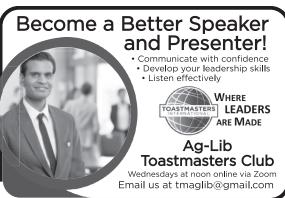
Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest 9768 170 Street, Suite 303, Edmonton, AB TST 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Gu

Trivia

- 1. Is the curled top of violins and cellos a scroll, curlicue, or bow?
- 2. Mafadi Mountain is the highest peak in South Africa—T/F?
- 3. A cubit, chain, or rod spans from elbow to the middle finger's tip?
- 4. Waiting for Godot author was Samuel Beckett, Arthur Miller, or Shakespeare?
- 5. Are fluffy, cotton ball-shaped clouds cumulus, stratus, or cirrus?

(Flip bottom of page for answers) © Published with Permission by Capital Marketing Ltd



WOMENS WORKWEAR



www.womensworkwear.ca

STORE OPENING SOON! 5403 Gateway Blvd NW. Edmonton

Enjoy The Experience



TICKETS: 587-557-7719 | PARCEL: 587-557-7718 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

THIS SPACE RENT



Call 780-220-6397





It's The Only Law We Do - Since 1986 **Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries YOUR CONTACT INFORMATION IS SAFE WITH US For contest rules and recent winners, visit

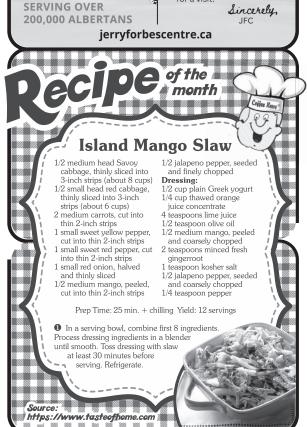
www.accidentinjurylawyer.com/coffeenews











(Over)

Exclusive Offer!

Coffee News Readers - Receive \$100 OFF their Website Development!







ajdeleon63@gmail.com

Congratulations

Coffee News Guy contest winners!

Your prizes are in the mail!

> Enter today for your chance to win at www.coffee-news.ca

Need ONE More Reason to Join?

- You don't have an up to date will You don't understand the difference between a trust and a will
- The CRA selects you for an audit
 You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- 1 You need a lawyer's advice on any matter



Call 1-888-998-6714

for a free consultation.

Call LLOYD KENNEY, ndependent Associate, to find out how LegalShield can help you! 1-877-579-9449

Ann Henry

Ryan Dau

Gordon Pugh

Hilda Schulz

ınogen FREEDOM. TO BE YOU.



Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system? We can save you up to 50% off your current phone rates! VOIP Solutions at a fraction of the traditional carrier cost ✓ Long distance rates that outcompete the competition

587.760.2800

https://zettatelecom.com DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGET:

Health Care? Let us help! Giterman Health Care Advocacy Health Care Advocates provide support and advocacy fo

Concerned about your

patients, working to promote and protect their rights while improving the quality of care they receive.

Patient Navigation • Education, Guidance, and Clarificat
• Personal Assistance with Medical Documentation
• Aid with Administrative/Legal Tasks Facilitating Appointments with Health Care Profession

Contact Dr. Daniel Giterman at 825.461.1525 or visit www.gitermanhca.ca for more information

Your Weekly Horoscope

(March 20 - April 19)



Aries are often big thinkers who don't worry much about the details. However, over the next two months, you may have an opportunity to expand

your skills in this regard. Lucky numbers: 5, 11, 18, 28, 35, 44.

TAURUS (April 20 - May 20)



Your grounded demeanour may be shaken up at midweek. If you pay attention, you could receive important insights. Otherwise you might have to

just wait it out for a few days. Lucky numbers: 3, 4, 17, 29, 31, 34.

GEMINI

(May 21 - June 20)



Your mind and emotions may be out of sync in the middle of the week. Take some deep breaths. You might find that the situation will pass in a couple

of days. Lucky numbers: 1, 2, 15, 16, 17.45.

CANCER (June 21 - July 21)



Cancers sometimes fear the world outside of their shell. At week's end, you may have energy avail-

could add a calming element for you. Lucky numbers: 11, 14, 25, 30, 40, 44.

LEO (July 22 - Aug. 22)



We are in a brief period of strong Leo energy. How do you want to take advantage of it to accomplish what is important to you, while not alienating

others? Lucky numbers: 9, 18, 28, 36,

VIRGO (Aug. 23 - Sept. 22)



Your attention to detail may be strengthened over the next two months. You could use this to help others who don't have this skill, thereby

raising your profile with them. Lucky numbers: 6, 9, 12, 15, 27, 30.

(Sept. 23 - Oct. 22)



Listen carefully in your conversations over the next two months. You may pick up details about your current situation that you could have easily

missed, but these can aid you. Lucky numbers: 15, 18, 19, 23, 26, 27.

SCORPIO (Oct. 23 - Nov. 21)



At midweek your Scorpio energy may be resonating strongly with others. Be aware of this and consider side-stepping those who may be uncomfortable

with your ability to read them. Lucky numbers: 13, 29, 33, 40, 41, 43.

SAGITTARIUS

(Nov. 22 - Dec. 20)



Have you felt discouraged lately? The end of the week may provide an opportunity that allows you to bounce back from this feeling and encour-

ages you to do a reset. Lucky numbers: 2, 4, 5, 10, 42, 48.

CAPRICORN (Dec. 21 - Jan. 19)



Have you recently gone through a difficult stretch? You may want to shuffle through these events to see the pattern. Where could an adjustment in

your viewpoint help you move forward? Lucky numbers: 4, 7, 20, 26, 44, 47.

AQUARIUS (Jan. 20 - Feb. 18)



Over the next month, there is the potential to incorporate more enthusiasm and optimism into your life. How might you want to take advantage

of this opportunity before it passes? Lucky numbers: 12, 22, 24, 25, 34, 38.

PISCES (Feb. 19 - March 19)



You may find yourself going back over old territory one more time. While this might be hard work, it could allow you to unearth the key to a

new opportunity. Lucky numbers: 10, 14, 19, 25, 26, 31.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 37.

Did You Know...

Big bear: In Dunbar, Scotland, which is on the coast of the North Sea not far from Edinburgh, is DunBear, a steel statue made by sculptor Andy Scott. In the shape of a bear, it honours Dunbar-born naturalist John Muir.

Crazy cake: Flying Monkey Bakery in Philadelphia, Pennsylvania (U.S.), invented the two-layer pumpple cake. On bottom is a chocolate cake with a pumpkin pie inside, and on top, a vanilla cake hides an apple pie.

Furious winds: A storm is considered a hurricane when its sustained winds reach 74 miles (119 km) per hour or more. The Saffir-Simpson Wind Scales rates them Category 1 through Category 5. Category 5 is the most dangerous.

Colourful eggs: A chicken egg's colour depends on two main pigments deposited on the shell as it forms: protoporphyrin (brown) and oocyanin (blue). Various coloured eggs, like green, have combined pigments.

Weird curiosities: Ripley's Believe It or Not Odditorium in Niagara Falls, Ontario (Canada), holds a host of bizarre curiosities, artifacts, and memorabilia. Examples include wax figures, dinosaur eggs, and holograms.

On the Lighter Side

We hired a tree trimmer who did a great job. He should take a bough!

Teacher: "What does it mean when the smoke alarm goes

Student: "In my house, it means dinner is ready."

What is a computer's favourite part of art class? The cutting

Two mind readers met in the street. One said, "Hello, you're fine. How am I?"

Knock! Knock! Who's there? Weirdo. Weirdo who? Weirdo deer and antelope play?

Answers

Beckett 5. Cumulus

Trivia answers: 1. Scroll 2. True 3. Cubit 4. Samuel

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

WHEEL OF FORTUNE

Love Coffee News ?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca

Please include:

① Your name ② Your phone number and ③ Your address so that we can send you some cool prizes if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.



THE COMIC STRIP DRINK . DINE . LAUGH

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Cindy C. from Sylvan Lake

lay Z. from Edmonton

Braithwaite Boyle Injury Law 800-4 It's The Only Law We Do - Since 1986 Free Initial Consultation

For contest rules, visit

www.accidentiniurv

lawyer.com/coffeenews May I Draw Winners Chelsey M. from Edmonton

Frank H. from Sylvan Lake Sandy P. from Calgary

Steven R. from Lethbridge

June I Draw Winners July I Draw Winners Rodney B. from Lethbridge Brian P. from Edmontor Natasha W. from Red Dee

Check out our

PDF editions

online! New editions are

回綴回



posted every Monday Sign up here to receive

Now you never have to www.coffee-news.ca/editions weekly dose of good news.

editions.



Join Our Safe & Social Community Suites Now Available



COURT NORTH



Scan QR Code

Full Kitchens • In Suite Laundry • Optional Meals

9433-67A Ave., Edmonton

780-975-2509 CDLhomes.com



Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF**



15-South Central Edmonton

CN-Proudly printed by One to One Mailing