

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Calgary, Red Deer, and Edmonton

one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries YOUR CONTACT INFORMATION IS SAFE WITH US

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenev

## This Space **FOR RENT** 780-220-6397



403.212.0606 | cyrus@cyruslandscaping.ca











"News To Be Enjoyed Over Coffee"

**Airdrie Edition** 780-220-6397

www.bvcoffeenews.ca amy@bvcoffeenews.ca

Vol. 2023 No. 31 July 31, 2023

## Everybody's Talking

Bee crazu: Travelers to Provincia di Matera in the southern part of Italy can now get up close and personal with bees. Airbnb owner Rocco Filomeno has found a way to incorporate bees into his accommodation. Calling his place an "air bee and bee," the host offers a one-room house that sits amid nine apiaries. The high ceiling of the wooden structure has a glass hive through which guests can watch a colony of bees hard at work. They can go to sleep at night hearing the soft buzzing and smelling the gentle scent of the bees and their honey. The accommodation is situated on Filomeno's olive farm near the village of Grottole.

Look-alike: Arthid Duangsri of Chiang Rai, Thailand, sported long hair and a beard in his younger years. Now, the bulked-up, bald man is well known as the Thai Vin Diesel, the Hollywood star from the Fast and Furious movie franchise. The fan started to transform himself into that movie's Dominic Toretto character almost a decade ago when a friend suggested he could pull it off. So he shaved his head and began working out in a gym. Today, he looks so much like Vin Diesel that people stop him in the street and ask for photographs. His brother even helped him to soup up a car to resemble the one that Dominic Toretto drives in the movies.

**Dog business:** A pair of animal lovers in Skagway, Alaska (U.S.), has found a way to bring the dog community together in this small mountain town. The married couple, Mo and Lee Thompson, are available to pet sit, train, and walk people's pooches. They use an intriguing way to make their rounds, picking up the dogs at their residences on a small bus. The dogs are so well trained that, after waiting patiently in their yards, they hop on the bus, greet their dog pals, and then jump up on their assigned seat to be harnessed in for the ride to the dog park. The business grew quickly for the Thompsons, who are thrilled to be involved with such a rewarding undertaking.

**Keep running:** Running a marathon or completing an Iron Man triathlon is a tough feat, even for someone who is in topnotch health. But an Australian man named Russell Winwood has proven that, with effort, a difficult diagnosis can be overcome to live a dream. Winwood has chronic obstructive pulmonary disease (COPD), which makes breathing difficult because it negatively affects his lung capacity. However, the Brisbane man worked on improving his respiratory fitness by training, eating well, and consistently taking his prescribed medication. Today, he runs full marathons around the world. He wears an oxygen tank on his back and runs with a partner.

## Quoteable Quotes

"Nothing haunts us like the things we don't say." —Mitch Albom "When someone shows you who they are, believe them the first –Maya Angelou

## What's Happening

Sept 16. Pet Valu Walk for Dog Guides. Sign up now and start fundraising for this VIP event hosted by the Airdrie Lions Club. The walk takes place at Nose Creek Regional Park on Sept 16, registration is at 11am. Contact airdrielionsclub@gmail.com.

Calgary International Pin Club 33rd Annual Festival of Pins Centennial Legion 9202 Horton Road S.W. Aug 26 - 27 - 9am to 5pm Donations of non-perishable food items will be gratefully accepted at the festival.

German Canadian Club of Red Deer County Christmas **Market.** The GCC is looking for vendors for this popular Christmas Market event on Nov 4 in Red Deer County. Please contact Henrietta at 403.346.6610 or Donna at 403.343.1744 to secure a spot.

**Didsbury Book Sale.** The Friends if the Didsbury Library Society are having a Book Sale. These weekend dates are open 10a-4p. June 23,24. July 28,29. Aug 25,26. Sept 22,23. All you support is greatly appreciated.

Nov 4. German Canadian Club of Red Deer County **Christmas Market.** Come out for this popular Christmas Market. 10a - 4p, Nov 4th at 38167 RR280 in Red Deer County.

> GET IN WHAT'S HAPPENING - Submit your event to www. bycoffeenews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

### Trivia

- 1. Construction of the Cathedral of Notre Dame began in 1099, 1163, or
- 2. An arcade, arch, or balustrade is a series of arches supported by columns?
- 3. Obsidian is an igneous, metamorphic, or sedimentary rock?
- 4. What is a piece of land almost completely surrounded by water? 5. A niddy noddy is a tool to wind yarn into skeins—T/F?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

A DIVISION OF BIGGAR DEVELOPMENTS LTD.

No Job Too Big or Too Small!

Commercial and Residential Flat-lay Laminate Countertops

Postform Laminate Countertops

DEREK BIGGAR 403-669-9396

derek@biggardevelopments.ca www.biggarcountertops.ca



Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



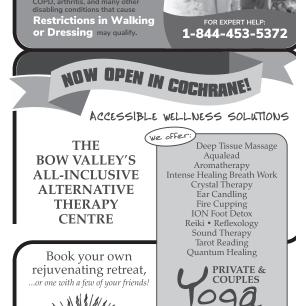
- let-outs, food/water, litter box
  - Security checks on your home while you're away Pet food delivery • Sitter available to stay in your home

403.369.2510 | 403.980.6882 | info@heavenlyhousesitting.com













403-609-87

124 River Avenue, Cochrane (above Bike Brothers)

kayla@positivehealing.ca 🖪 www.positivehealing.ca @

CRYSTALS | YOGA | ALTERNATIVE THERAPY

(Over)







Call today and receive a

FREE SHOWER PACKAGE

ourchase of a new Safe Step Walk-InTub. Not applicable with any previous ub purchase. Offer available while supplies last. No cash value. Must prese offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



### Toes On The Go Footcare Call today for more information: 403-620-7851

marion@toesonthego.care •



**Rocky View Adult Learning** soon to be

**South Central Adult Learning Society** 



We would like to take this time to thank Rocky View School division for a wonderful and supportive partnership over the years. We will continue

to serve adult learners with integrity and passion.

Alberta.

Your local Community Adult Learning Program (CALP) is excited to announce that as of July 1, 2023, we will be operating as a nonprofit, South Central Learning Society.

ADULT LEARNING

We'll offer the same great programming supported by the same dedicated staff. Our mandate has not changed.

To register for classes in September, please visit www.scals.ca info@scals.ca

# Your Weekly Horoscope

37, 43.

**SCORPIO** 

28, 33, 46, 48.

**SAGITTARIUS** 

(Nov. 22 - Dec. 20)

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

Is there something you

want to do but haven't,

maybe for fear of upset-

ting someone? At the end

of the week, you might

Do you feel that others are

putting obstacles in your path right now? Is there a

resolution that you could

offer that does not com-

promise your values and

Things may be flowing

easily for you right now. If

so, are you giving your maximum effort to achieve your objectives? If not, are

those goals truly what you

find the courage to do so anyway. Lucky numbers: 6, 17, 21, 26,

sense of self? Lucky numbers: 14, 17,

(March 20 - April 19)



At midweek, you may be particularly ambitious about achieving your objectives. However, be careful of being overly aggressive with others in the process.

Instead, try to work toward a win-win. Lucky numbers: 11, 17, 19, 21, 29, 47.

#### **TAURUS** (April 20 - May 20)



The Taurus-born are usually conservative in risk taking. But now you may have a strong desire to do something big and bold. Before acting, consider

the potential risks and rewards. Lucky numbers: 13, 17, 24, 31, 34, 40.

### **GEMINI**

### (May 21 - June 20)



Your ambition level might be high right now, supported by an easy energetic flow. This might be a good time to start new creative endeavours out-

side of your comfort zone. Lucky numbers: 2, 7, 25, 28, 34, 37.

#### **CANCER** (June 21 - July 21)



Cancers don't usually bring attention to themselves and their accomplishments. Now may be a good time to find a hidden opportunity that could

encourage you to do s 12, 18, 22, 23, 42, 43. you to do so. Lucky numbers:

### (July 22 - Aug. 22)



Are you of two minds right now about an important decision? Developing a list of the pros and cons may clarify your choice. Otherwise, perhaps wait a

few days to decide. Lucky numbers: 4, 6, 10, 23, 42, 45.

#### **VIRGO** (Aug. 23 - Sept. 22)



Virgos like to focus on achieving concrete results. Midweek, you may have the opportunity to expand your endeavours into developing deeper relationships.

Accepting this challenge is your choice. Lucky numbers: 5, 9, 12, 16, 17, 41.

# want? Lucky numbers: 1, 12, 14, 22,



adjustment in viewpoint without abandoning your values or authentic self. Lucky numbers: 15, 18, 24, 25, 31, 47.

#### **AQUARIUS** (Jan. 20 - Feb. 18)



This may be a good time to review your efforts over the last six months. Complete anything that needs to be wrapped up, but consider holding off on

starting new projects. Lucky numbers: 7, 12, 15, 24, 34, 41.

#### **PISCES** (Feb. 19 - March 19)



Your Pisces connection to the ethereal realm may be particularly strong now. If you feel discouraged at the end of the week, seek out allies who can help

lighten your mood. Lucky numbers: 3, 4, 14, 25, 31, 42.

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 37.

# Did You Know...

Heightened status: The Grand Canyon in Arizona (U.S.) became a National Park in 1919, while an original, smaller version of today's Grand Teton National Park in Wyoming received that status in 1929.

**Long horns:** A spider that looks scary but won't hurt humans is the long horned orb-weaver (Macracantha arcuata). Its distinguishing feature is the presence of two spiny "horns" that grow from its sides.

**Moon time:** The planet Mars has two moons, Phobos and Deimos. Phobos is close to the planet's surface and completes three orbits in each Martian day, which is about 17 minutes longer than an Earth day.

Ear movement: Not many people can move their outer ears back and forth, like a cat. However, humans have three auricular muscles that some folks are able to voluntarily engage, making for an interesting trick.

On TV: The first, full National Hockey League game on TV was on February 25, 1940, on New York's W2XBS, an experimental station. The station's 300 subscribers watched the New York Rangers beat the Montréal Canadiens, 6-2.

# On the Lighter Side

Customer: Do you have a camouflage jacket? Clerk: We have dozens but I can't find them.

How does a clock put on its gloves? One hand at a time

Electric company sign: "We'd be delighted if you pay on time. If not, YOU will be de-lighted."

Knock! Knock! Who's there? Byte. Byte who? Byte you're happy to see me again!

The ship's captain had to dock in a very tiny space. He was under a lot of pier pressure.

#### Auswers

4. Peninsula 5. True

Trivia answers: 1. 1163 2. Arcade 3. Igneous

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Mad Mama Marketing



 Get a new job or promotion? Be a more effective leader?

 Feel more comfortable when presenting your ideas?

www.inspired.toastmastersclubs.org vpm-597384@toastmastersclubs.org

vppr-597384@toastmastersclubs.org



for a free consultation.



- Crystals & Gems Gemstone Jewelle
- Sterling Silver Chains
  Himalayan Salt Lamps
  SongPods
- Tibetan & Crystal Singing Bowls
  Gemstone Lamps
  Books, Decks & CDs





ROSELER

COUNTRY GARDEN CRYSTALS

Located west of Crossfield — see website for directions: www.countrygardencrystals.ca Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

## Nails...Your Way! We offer a vast array of colors and nail art designs.

A Color Street Nail Bar is a party in which you spend time with your favorite people and share

Whether you host in person or Stylist to host a Nail Bar for



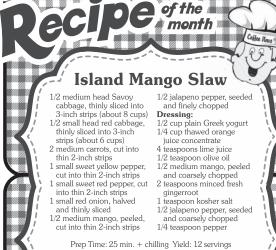


**CALL ACCESS MENTAL HEALTH TO DISCUSS** YOUR OPTIONS. We can help.

403.943.1500 1.844.943.1500 TF ADDICTION AND MENTAL HEALTH Information & Referral - Calgary Zone

Alberta Health Access





 In a serving bowl, combine first 8 ingredients Process dressing ingredients in a blender until smooth. Toss dressing with slaw at least 30 minutes before serving. Refrigerate.

https://www.tasteofhome.com

Shawarma Palace

in Airdrie



Coffee News Guy. Cameron O'Neill found "Beans" at

Coffee News

Enter today for your chance to win!

www.bvcoffeenews.ca