



COMMERCIAL • RESIDENTIAL • WHOLESALE

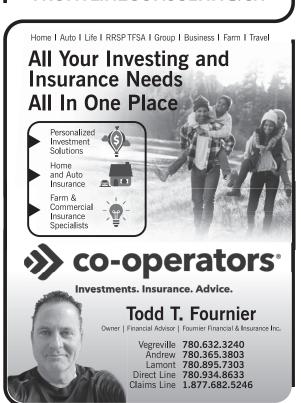
780.741.2376

Toll Free 1.855.846.7325



(780) 760-6922

FRONTLINECONSULTING.CA







"News To Be Enjoyed Over Coffee"

> Vegreville **Edition**

877-553-6397

www.coffee-news.ca

Vol. 20 No. 31 July 31, 2023

Everybody's Talking

Bee crazy: Travelers to Provincia di Matera in the southern part of Italy can now get up close and personal with bees. Airbnb owner Rocco Filomeno has found a way to incorporate bees into his accommodation. Calling his place an "air bee and bee," the host offers a one-room house that sits amid nine apiaries. The high ceiling of the wooden structure has a glass hive through which guests can watch a colony of bees hard at work. They can go to sleep at night hearing the soft buzzing and smelling the gentle scent of the bees and their honey. The accommodation is situated on Filomeno's olive farm near the village of Grottole.

Look-alike: Arthid Duangsri of Chiang Rai, Thailand, sported long hair and a beard in his younger years. Now, the bulked-up, bald man is well known as the Thai Vin Diesel, the Hollywood star from the Fast and Furious movie franchise. The fan started to transform himself into that movie's Dominic Toretto character almost a decade ago when a friend suggested he could pull it off. So he shaved his head and began working out in a gym. Today, he looks so much like Vin Diesel that people stop him in the street and ask for photographs. His brother even helped him to soup up a car to resemble the one that Dominic Toretto drives in the movies.

Dog business: A pair of animal lovers in Skagway, Alaska (U.S.), has found a way to bring the dog community together in this small mountain town. The married couple, Mo and Lee Thompson, are available to pet sit, train, and walk people's pooches. They use an intriguing way to make their rounds, picking up the dogs at their residences on a small bus. The dogs are so well trained that, after waiting patiently in their yards, they hop on the bus, greet their dog pals, and then jump up on their assigned seat to be harnessed in for the ride to the dog park. The business grew quickly for the Thompsons, who are thrilled to be involved with such a rewarding undertaking.

Keep running: Running a marathon or completing an Iron Man triathlon is a tough feat, even for someone who is in topnotch health. But an Australian man named Russell Winwood has proven that, with effort, a difficult diagnosis can be overcome to live a dream. Winwood has chronic obstructive pulmonary disease (COPD), which makes breathing difficult because it negatively affects his lung capacity. However, the Brisbane man worked on improving his respiratory fitness by training, eating well, and consistently taking his prescribed medication. Today, he runs full marathons around the world. He wears an oxygen tank on his back and runs with a partner.

Quoteable Quotes

"Nothing haunts us like the things we don't say." —Mitch Albom "When someone shows you who they are, believe them the first -Maya Angelou

What's Happening

Fundraising Opportunity Wainwright Encore Entertainment Society is looking for a youth group to run the coat check for the 2023-2024 season. Please email ceceand8@gmail.com, for a letter of expectations, return your letter expressing your interest and your project to the same.

2nd Tuesdays of Month - Stitch n' Btch Stitch 'n Btch is a name that has been used to refer to social knitting groups since at least World War II. The group meets to knit, crochet, cross-stitch and talk. Bring your WIP and join at 4B 4010 50 Ave Lloydminster the 2nd Tuesday of each month.

NON profit organizations may submit events for FREE at



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snall mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 5LA Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

Trivia

- 1. Construction of the Cathedral of Notre Dame began in 1099, 1163, or 1812?
- 2. An arcade, arch, or balustrade is a series of arches supported by columns?
- 3. Obsidian is an igneous, metamorphic, or sedimentary rock? 4. What is a piece of land almost completely surrounded by water?
- 5. A niddy noddy is a tool to wind yarn into skeins—T/F?

© Published with Permission by Capital Marketing Ltd

(Flip bottom of page for answers)

Affordable-Effective-Exclusive-CALL NOW!

THIS **SPACE**



Call 780-220-6397

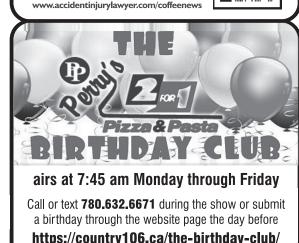




WEEKDAYS 3P

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS





https://country106.ca/the-birthday-club/







Parcel Website: www.coldshotca.com Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 🏻 's The Only Law We Do - Since 1986 Free Initial Consultation

For contest rules, visit www.accidentinjury lawyer.com/coffeenews

May I Draw Winners Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton

June I Draw Winners Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge

July I Draw Winners Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer



and Personal Directives • Probate & Administration • Estate Litigation Real Estate Sales, Purchases and Refinance

Shantelle Smith | 780.570.8453

77 Chippewa Road, Sherwood Park AB

GENERAC Prepare for power **FREE** outages today WITH A HOME STANDBY GENERATOR **REQUEST A FREE QUOTE** (888) 688-0973 GENERAC must request a quote, purchase, install and activate the pating dealer. Call for a full list of terms and conditions

Your Weekly Horoscope

(March 20 - April 19)



At midweek, you may be particularly ambitious about achieving your objectives. However, be careful of being overly aggressive with others in the process.

Instead, try to work toward a win-win. Lucky numbers: 11, 17, 19, 21, 29, 47.

TAURUS (April 20 - May 20)



The Taurus-born are usually conservative in risk taking. But now you may have a strong desire to do something big and bold. Before acting, consider

the potential risks and rewards. Lucky numbers: 13, 17, 24, 31, 34, 40.

GEMINI

(May 21 - June 20)



Your ambition level might be high right now, supported by an easy energetic flow. This might be a good time to start new creative endeavours out-

side of your comfort zone. Lucky numbers: 2, 7, 25, 28, 34, 37. **CANCER**

(June 21 - July 21)



Cancers don't usually bring attention to themselves and their accomplishments. Now may be a good time to find a hidden opportunity that could

encourage you to do so. Lucky numbers: 12, 18, 22, 23, 42, 43.

LEO (July 22 - Aug. 22)



Are you of two minds right now about an important decision? Developing a list of the pros and cons may clarify your choice. Otherwise, perhaps wait a

few days to decide. Lucky numbers: 4, 6, 10, 23, 42, 45.

VIRGO

(Aug. 23 - Sept. 22)



Virgos like to focus on achieving concrete results. Midweek, you may have the opportunity to expand your endeavours into developing deeper relationships.

Accepting this challenge is your choice. Lucky numbers: 5, 9, 12, 16, 17, 41.

(Sept. 23 - Oct. 22)



Is there something you want to do but haven't, maybe for fear of upsetting someone? At the end of the week, you might

find the courage to do so anyway. Lucky numbers: 6, 17, 21, 26, 37, 43.

SCORPIO (Oct. 23 - Nov. 21)



Do you feel that others are putting obstacles in your path right now? Is there a resolution that you could offer that does not compromise your values and

sense of self? Lucky numbers: 14, 17, 28, 33, 46, 48.

SAGITTARIUS

(Nov. 22 - Dec. 20)



Things may be flowing easily for you right now. If so, are you giving your maximum effort to achieve your objectives? If not, are those goals truly what you want? Lucky numbers: 1, 12, 14, 22,

CAPRICORN

(Dec. 21 - Jan. 19)



Capricorns often vigorously defend tradition and stabilitv. even to their detriment. Consider asking yourself where you can make an adjustment in viewpoint

without abandoning your values or authentic self. Lucky numbers: 15, 18, 24, 25, 31, 47.

AQUARIUS (Jan. 20 - Feb. 18)



This may be a good time to review your efforts over the last six months. Complete anything that needs to be wrapped up, but consider holding off on

starting new projects. Lucky numbers: 7, 12, 15, 24, 34, 41.

PISCES (Feb. 19 - March 19)



Your Pisces connection to the ethereal realm may be particularly strong now. If you feel discouraged at the end of the week, seek out allies who can help

lighten your mood. Lucky numbers: 3, 4, 14, 25, 31, 42

Lucky numbers this week: This week's odds favour Gemini winners with the luckiest number being 37.

Did You Know...

Heightened status: The Grand Canyon in Arizona (U.S.) became a National Park in 1919, while an original, smaller version of today's Grand Teton National Park in Wyoming received that status in 1929.

Long horns: A spider that looks scary but won't hurt humans is the long horned orb-weaver (Macracantha arcuata). Its distinguishing feature is the presence of two spiny "horns" that grow from its sides.

Moon time: The planet Mars has two moons, Phobos and Deimos. Phobos is close to the planet's surface and completes three orbits in each Martian day, which is about 17 minutes longer than an Earth day.

Ear movement: Not many people can move their outer ears back and forth, like a cat. However, humans have three auricular muscles that some folks are able to voluntarily engage, making for an interesting trick.

On TV: The first, full National Hockey League game on TV was on February 25, 1940, on New York's W2XBS, an experimental station. The station's 300 subscribers watched the New York Rangers beat the Montréal Canadiens, 6-2.

On the Lighter Side

Customer: Do you have a camouflage jacket? Clerk: We have dozens but I can't find them.

How does a clock put on its gloves? One hand at a time

Electric company sign: "We'd be delighted if you pay on time. If not, YOU will be de-lighted."

Knock! Knock! Who's there? Byte. Byte who? Byte you're happy to see me again!

The ship's captain had to dock in a very tiny space. He was under a lot of pier pressure.

Auswers

4. Peninsula 5. True Trivia answers: 1. 1163 2. Arcade 3. Igneous

For available franchise opportunities - visit coffeenewscanada.com

© Published with Permission by Capital Marketing Ltd













Zone 20 - Vegreville