









Coffee News®



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LETHBRIDGE NORTH & West Side

403-759-1002

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Everybody's Talking!

Life by the water: Anyone wanting to live in a unique, wateraccessible community might consider Het Brekkense Wiel in the Netherlands. The area's name means "The Broken Wheel" in Dutch. Located between IJsselmeer, which is the largest lake in the country, and the Frisian Lakes, this neighbourhood was built in 1992. Near the water sport destination town of Lemmer, the design of this residential area is similar to its namesake. The 230 homes are arranged in a configuration that looks like a collection of broken wheel halves. The neighbourhood's design means all of the multi-family structures have access to water frontage, as well as roads that provide access by car.

Locked up: A woman in Bangkok, Thailand, is very thankful that she has a caring sister. Not having heard from the woman for three days, the sister called the police to investigate. It turns out that the doorknob on the woman's bathroom was faulty, and she had accidentally locked herself in. She tried banging and yelling to attract attention, to no avail. Although she didn't have food to eat, she was lucky to be able to stay hydrated with tap water. Being a healthy person, it didn't take long for the woman to get her strength back after a short stint in the hospital. The moral of the story? Get those broken doorknobs fixed!

Mechanical dogs: More and more people in China are choosing a robot dog for a pet instead of a real one. The craze is becoming noticeable, as more of these mechanical pets can be seen on the street being walked by their owners. Developed by robotics companies, some models of these "dogs" can carry a small amount of weight and can be programmed to sit, roll over, and shake a paw. While such pets may not be great at cuddling, their owners don't have to feed them, clean up after them, or find a sitter to look after the pretend animals when they go on vacation.

Fake kidnapping: A young woman, her boyfriend, and his family thought it would be a good idea for her to pretend to be kidnapped, and then ask her mother to pay the ransom money. The incident happened on Tenerife, one of the Canary Islands. The con artists filmed a video of the daughter making a tearful plea for her mother to hand over €50,000 to ensure her release. The mom, luckily, called the cops, saying that this had happened before. The police were suspicious, so they started an investigation focused on the daughter and her boyfriend's family, quickly rounding up enough evidence to charge these criminals with fake kidnapping.

Quoteable Quotes

"Every relationship goes through a struggle, but only strong relationships get through it." —Unknown

"To err is human; to refrain from laughing, humane."

—Lane Olinghouse

What's Happening

- FREE Whoo-Up BBQ Monday, August 21st, 4:30 7 PM. In the parking lot at University Drive Alliance Church @ the Corner of Columbia Blvd and University Drive - West Lethbridge. Live Music - Kid's activities - BBQ (Burger, chips and a cold drink) Everyone is welcome to join us! www.udac.ca
- Wellness Through Living Society is holding a Pulled Pork Lunch Fundraising event, Aug 22nd at the Southminister United Church 1011 4th. Ave. S. (use 11th St. entrance) Time is from 11:00 am - 1:30 pm or until sold out. Cash Only Please. Contact # is 403-331-8574
- Come celebrate Whoop-Up Days with Nord-Bridge Seniors on Wednesday, August 23rd from 8am-11am at 1904 13 Ave. N. in the Multi-Purpose Hall. There will be live entertainment and a delicious breakfast of pancakes and sausages. This event is open to all!
- JAPANESE SWEET BEAN STYLE PANCAKE BREAKFAST, August 25, 10 am - 11:30 am. Presented by...The Ikigomi with help from Meiji University exchange students. Sweet bean pancakes served with bacon and eggs. FIRST COME FIRST SERVE, PAY BY DONATION. Buddhist temple of southern Alberta, 470 40 St S, Lethbridge.
- Summer Nature Walking Club! Walk in a different Lethbridge park each morning with a local naturalist. Aug. 22 and Sept. 5 from 8:30 -10:30 am. FREE to attend. Call to register: 403-320-3064. Sponsored by the Helen Schuler Nature Centre, Lethbridge Senior Citizens Organization & Nature Lethbridge.

HAVE YOUR NON-PROFIT COMMUNITY EVENTS INCLUDED FOR FREE.

Contact us at www.CoffeeNewsLethbridge.com

Irivia

- 1. Delicata, kabocha, and turban are varieties of what popular vegetable?
- 2. The study of algae is phycology, arcology, or aerobiology?
- 3. In Shakespeare, she is Polonius' daughter and Hamlet's
- 4. What is the collective noun for a group of giraffes?
- 5. This famous musician co-founded Rocket Music Entertainment.

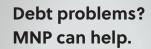
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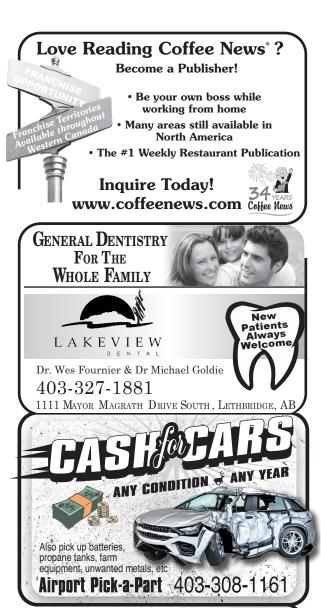
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3-Ingredient Lemon Scones



LETHBRIDGE North

<u>Ingredi</u>ents

3 cups - self-rising flour

1 cup - lemon flavored

1 cup - heavy cream

* cooking spray

RECIPE PREPARATION

- Preheat the oven to 425 degrees F (220 degrees C).
 Grease a baking sheet with cooking spray; lightly dust
- 2. Sift self-rising flour into a large bowl. Combine lemon soda and cream and pour over the flour. Mix until dough is just combined. Turn dough out onto the prepared baking sheet. Flour your hands and gently pat dough into a large rectangle. Do not overwork the dough. Cut into triangles or squares.
- **3.** Bake in the preheated oven until golden, 10 to 12

Your Weekly Horoscopes

ARIES (March 20 - April 19)



Aries sometimes may be a bulldozer, pushing their way toward what they want. For the next few weeks, you have an opportunity to be more

diplomatic in your interactions. Lucky numbers: 3, 4, 18, 23, 34, 41.

TAURUS

(April 20 - May 20)



What do you value in terms of relationships and finances? You may be experiencing stress now in one or both of

these areas, but new opportunities may also be available. Lucky numbers: 2, 8, 12, 15, 17, 26.

(May 21 - June 20)



Your mind and your emotions may not be in balance at midweek. Take a deep breath, wait a few days, and this should pass. You may

want to postpone important decisions Lucky numbers: 5, 18, 29, 36, 44, 46.

CANCER (June 21 - July 21)



Is there someone who is relying too much on your nurturing qualities? You may want to correct the situation now or risk your frustration blowing

up over the next few weeks. Lucky numbers: 1, 2, 7, 14, 17, 43.

(July 22 - Aug. 22)



Leos generally have a natural charm that radiates to others. For the next few weeks, you may be open to understanding the viewpoint of others and thus reach agreements easily. Lucky

numbers: 11, 13, 14, 21, 26, 33. **VIRGO**

(Aug. 23 - Sept. 22)



This month the Sun will return to the position of when you were born. Plan for your new solar year, but consider waiting a month to make

changes. Lucky numbers: 6, 12, 20, 31,

(Sept. 23 - Oct. 22)



The phrase "an iron fist in a velvet glove" may apply to you for the next few weeks. However, if you are conscious of its

use, the energy may help you. Lucky numbers: 7, 9, 18, 23, . 29, 47.

SCORPIO (Oct. 23 - Nov. 21)



Your emotional intensity may be increased for the first few days of this week. You may want to steer clear of those who are really sensitive to this until things ease. Lucky numbers: 9,

11, 26, 28, 36, 44. **SAGITTARIUS**

(Nov. 22 - Dec. 20)



Your natural enthusiasm and optimism may be greatly heightened this week. If you plan to engage in a new endeavour, just be sure you have properly

calculated the risks. Lucky numbers: 4, 5, 18, 27, 29, 37.

CAPRICORN (Dec. 21 - Jan. 19)



You may have experienced a long and sometimes painful period of transformation. You might be eager to enter a new phase, but be patient; this year contains echoes of the old one.

Lucky numbers: 8, 12, 28, 31, 33, 36.

AQUARIUS (Jan. 20 - Feb. 18)



Aquarians are known as humanitarians, even though personal styles often are intellectual and cool. For the next few weeks, your humanitarian ambitions might be

expressed with more warmth. Lucky numbers: 14, 18, 22, 37, 44, 45.

PISCES

(Feb. 19 - March 19)



Have you been in a stalemate the last few weeks, with yourself or another? If so, it could be broken by developing more healthy behaviours and boundaries

for yourself. Lucky numbers: 10, 13, 14, 25, 26, 39.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 33.

Did You Know...

Rising sun: The Blyde River Canyon is located in the South African province of Mpumalanga (Zulu for "the place where the sun rises"). In the eastern part of the country, this large canyon is filled with subtropical vegetation.

Cornea facts: Surprisingly, the cornea of the human eye does not have any blood vessels except at its edges. If a cornea is scratched, it will heal more quickly than any other tissue in the body.

Twisted horns: The addax is a kind of antelope that lives in Northern Africa's Sahara desert. These endangered animals have twisted horns and flat hooves that keep them from sinking into the desert sand.

Not too bad: American actor Bob Odenkirk, famous for playing Saul Goodman on the TV shows "Breaking Bad" and 'Better Call Saul," is also a comedian and writer. He comes from a family of seven children.

Pyramid count: When thinking about pyramids, Egypt naturally comes to mind. That country has about 138 of these ancient structures, but Sudan has even more: between 200 and 250 pyramids.

On the Lighter Side

Son: "Was your wedding very emotional?" Dad: "I'll say! Even the wedding cake was in tiers."

What's the easiest kind of house to lift? A lighthouse.

What is Mickey's job at school? He is the mice principal.

Knock! Knock! Who's there? Giraffe. Giraffe who? Giraffe anything to eat in there?

Those two volcanoes over there are inseparable. It's true lava.

Auswers

4. Tower 5. Elton John

Trivia answers: I. Squash 2. Phycology 3. Ophelia

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