





Everybody's Talking

Handy skill: Having strong hands is convenient, especially when a lid won't come off a jar. But a man from Germany has taken strong hands to a new level. Muhamed Kahrimanovic, who has earned the nickname "Hammer Hands," broke a record when he used his hands to break 68 baseball bats in just one minute. The man is also able to whack open coconuts using only one hand, crush aluminum cans, and smash glass bottles and slabs of concrete. Kahrimanovic gained his strength because he took part in taekwondo classes when he was a child. At first he was a student and later became an instructor.

Tree cutter: A criminal on the loose in the U.S. state of Oregon is going to be in considerable trouble when caught. The culprit is not stealing anything or hurting anyone, but the crime is serious. Since the summer of 2021, someone has been cutting down trees in the forests near the Portland suburb of Gresham. Known as the "Gresham Lumberjack," the person has felled hundreds of trees, and no one knows why anyone would do such a thing. Residents are upset by the destruction, and authorities have increased their efforts to crack the case by using hidden cameras. When the lumberjack is found, heavy fines definitely will be issued.

Rub it out: Those who make a lot of mistakes in their writing might want to consider buying something that will make erasing errors easy: the Radar S10000 eraser. Enormous in comparison to the usual small erasers found in desk drawers, this one measures $276 \times 141 \times 43 \text{ mm} (10.9 \times 5.5 \times 1.7 \text{ in.})$ and weighs over 2.2 kilograms (4.9 lbs.). It's part of the popular Radar product line of a Japanese company called Seed. Originally, they made such a large eraser as a prize giveaway. However, consumers showed such an interest that Seed produced more and made them available for purchase.

Mall skating: Citi Plaza, a mall in London, Ontario, is the venue for an occasional but unique event: an evening of roller skating. Put on by Retro Rollers, Inc., and MainStreet London, the ticketed event lets about 400 skaters whiz by store outlets to their hearts' content. It's quite an experience for people who love this retro sport. Instead of walking around and shopping, they are allowed to don their skates in a very large venue. The event also includes a family skate so that little kids don't have to worry about speedsters getting too energetic in their presence. For many, the evening provides hope that the sport will become popular again.

Quoteable Quotes

"Don't wait around for other people to be happy for you. Any happiness you get you've got to make yourself." \sim Alice Walker "If I were to wish for anything, I should not wish for wealth and power, but for the passionate sense of the potential." \sim Søren Kierkegaard

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. **Please provide three to four weeks' notice.**

← Hearts of Harmony Chorus is always looking for new members. We rehearse at 6:30 p.m on. Monday evenings and if you are interested in singing with us (a cappella), please contact Donna at 403.352.7304. If you might be interested in having us





403.550.1957



sing at your event, please contact Sheila at 403.358.6428.

← Ellis Bird Farm (39502 Range Road 26-0, Lacombe County) will be hosting its annual **Bug Jamboree** August 12 from 11 a.m. to 4 p.m.! Enjoy a day featuring guest speakers and information booths all about the wonderful world of insects. Crafts and face painting available for the kids. Admission fee of \$5 per person or \$15 per family. Full details at ellisbirdfarm.ca.



Trivia

One of the Luxor Obelisks is in Istanbul, Paris, or London?
Jell-O was invented in 1897, 1927, or 1947?
This word for knot-tying craft is from the Arabic migramah.
There are 16, 26, or 32 bones in the foot?
What number starts with 1 and is followed by 100 zeros?

(Flip bottom of page for answers)

© Published with permission by Costain Corp.





Your Weekly Horoscope

LIBRA

SCORPIO

22, 32, 35, 38.

CAPRICORN

AQUARIUS

(Jan. 20 - Feb. 18)

11, 29, 35, 41, 47.

(Feb. 19 – March 19)

PISCES

(Dec. 21 - Jan. 19)

SAGITTARIUS

(Nov. 22 - Dec. 20)

(Oct. 23 - Nov. 21)

(Sept. 23 - Oct. 22)

The current energy

more ambition for

goals. However, you may need to

actively seek out an opportunity

to manifest this potential. Lucky

numbers: 8, 25, 27, 33, 38, 48.

it may be easier to do so. How

forward? Lucky numbers: 16, 17,

may encounter some new ideas

should you incorporate them?

you may be contributing to the

that you have not seen before. How

can you cultivate this going

pattern may provide

you to accomplish your

Scorpios can see hard

truths that can be

A well-defined life

philosophy or belief

Is someone in your

orbit, especially a wo-

man, interacting with

you in a particularly

Is your personal or

business partner

win solution. Lucky numbers: 7,

be an opportunity now to make an

adjustment that encourages you to

be more optimistic going forward.

Lucky numbers: 5, 9, 19, 26, 29, 35.

putting an obstacle in

Pisces can sometimes

be discouraged about

experiences. There may

themselves and their

system is important for

ARIES

(March 20 – April 19) Did you establish a new set of goals during your birthdav month? If so, now is a good time to review how things are going and where to make

changes. Lucky numbers: 3, 8, 9, 13, 21, 46. **TAURUS**

(April 20 - May 20)

Are you craving freedom right now, especially regarding a perceived restriction in your relation-

ships? Having a heartfelt conversation with your partner may reveal a resolution you can both agree on. Lucky numbers: 4, 6, 7, 16, 21, 48. GEMINI

(May 21 - June 20)

Geminis have the ability to absorb information from the ether. This

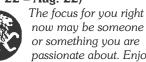
dynamic may be heightened at midweek. If it becomes overwhelming, you may want to retreat for a few days. Lucky numbers: 6, 7, 17, 19, 35, 45. CANCER

(June 21 – July 21)

At the end of the week, you may very well feel moody and out of 111 sorts. To avoid a

relationship issue, be aware of these feelings as you interact with others. Lucky numbers: 9, 13, 27, 29, 43, 48. LEO

(July 22 - Aug. 22)



or something you are passionate about. Enjoy the emotional high, but avoid making any decisions that would be difficult to reverse later. Lucky numbers: 11, 18, 27, 36, 38, 42.

VIRGO (Aug. 23 - Sept. 22)

If you aren't as assertive in your interactions with others as you

would like to be, the potential exists now to be so. The reverse dynamic may also be true. Lucky numbers: 2, 4, 13, 21, 31.32.

Lucky numbers this week: This week's odds favour Leo winners, with the luckiest number being 27.

Did You Know...

Taste test: Some folks taste things more distinctly than others because of a higher-than-normal concentration of taste buds on their tongues. These "supertasters" find some flavours strong, such as the bitterness of broccoli or grapefruit.

Based on reality: The famous television series $M^*A^*S^*H$ is based on a novel called MASH: A Novel About Three Army Doctors. The book was a collaboration between real-life army surgeon H. Richard Hornberger (pen name Richard Hooker) and writer W.C. Heinz.

Big mushroom: Zambia, as well as parts of West Africa, is home to an edible mushroom called Termitomyces titanicus. The caps on these huge fungi can measure about one metre (3 ft.)





4701-50 Street, Red Deer NO MORE D Condense all your meds down to one box containing each pill individually packaged for your daily doses.* Contact us today! SAGEWOOD PHARM 587.457.0933 | pharmacy@sagewoodrx.com | sagewoodrx.com ove to sings We offer the gift of music...and invite you to join our chorus! www.heartsofharmony.ca **HEARTS** of HARMONY

Foundation for the Arts

Chorus

across. Locals love them for their smoky flavour.

Big bunnies: Those looking for a pet rabbit might want to consider a breed called the Flemish Giant. Weighing up to about 10 kg (22 lbs.), it is the largest breed of rabbits in the world. Their gentle, relaxed personalities make them good pets.

Funny name: A town in the province of British Columbia is called Youbou. The moniker comes from the names of two staff members at a lumber company: Mr. Yount and Mr. Bouten.

On the Lighter Side

Knock! Knock! Who's there? Bond. Bond who? Bond to succeed if you keep trying!

You can't always be a Winter Olympics champion. You win some, you luge some.

Waiter: "How did you find your steak, sir?" Diner: "I moved my french fry and there it was!"

Why are pianos good with locks? They have a lot of keys. Your fences need to be horse-high, pig-tight, and bull-strong.

NAMPLA

b. Googolplex Trivia answers: 1. Paris 2. 1897 3. Macramé 4. 26

 $\ensuremath{\mathbb{C}}$ Published with permission by Costain Corp. For available franchise opportunities, visit www.coffeenewscanada.com

www.accidentinjurylawyer.com/coffeenews Graphic Design Your Catalyst for Marketing **Excellence**! Complete Digital Marketing 回教电话 Solutions C O S T A I N 403.597.3372 CORP w.costa YOUR PLACE FOR SPECIAL EVENTS & ACTIVITIES... • Whist Tournament first Thurs. each month • Crib Tournament third Thurs. each month Lunch daily, 11 a.m. - 1 p.m. Seniors' Downtown House FACILITY RENTAL AVAILABLE Call 403.346.4043 for information | 5414-43 Street, Red Deer